



HIS HOLINESS  
MAHARISHI MAHESH YOGI JI

# E-Gyan

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महर्षि संस्थान भारत का मासिक सूचना पत्र

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## Maharishi Speaks to Students

### The Fundamentals of Education in the Age of Enlightenment

1. In the Age of Enlightenment all aspects of life will be ideal. An ideal educational system will develop the individual in such a way that he does not make mistakes.
2. If an individual is capable of functioning from the state of least excitation of consciousness, then every field of his life will be enriched. Scientific research has shown that through Maharishi's Transcendental Meditation and TM-Siddhi Programme all fields of life become better.
3. Knowledge is structured in consciousness, and knowledge is different in different states of consciousness. If consciousness is clear, one evaluates perception in an orderly, perfect way. If consciousness is incoherent, perception and action are weak.
4. Each state of consciousness has its own value of knowledge. To have all values of knowledge, the full potential of consciousness should be wide awake. Unity Consciousness is the fully developed, unified state of consciousness in which all values of knowledge are available.
5. An educated man should be a man of fully developed consciousness so that he has the fruit of all knowledge available to him at all times. The fruit of all knowledge is the ability to feel at home with everything. Only if one's awareness is open to the field of all possibilities, the state of least excitation of consciousness, can one really feel at home with everything.
6. Maharishi International University (MIU) has developed an ideal system of education in which the student enjoys the fruit of all knowledge while he is studying the different disciplines. On this basis, gaining knowledge is a joy to every student.
7. This system of education will keep enlightenment lively in society. On that basis progress will be free from resistance and problems. This will stabilize the Age of Enlightenment generation after generation.

### Maharishi's message to students practising the Transcendental Meditation Programme

1. Student life provides the opportunity to gain as much knowledge as possible. If one knows more, one can command a larger field of responsibility and be a guiding light for society. All those great men who have guided the destiny of nations have been those who saved their time every day to gain more and more knowledge.
2. The student age is the age to train one's mind and body so that one is balanced in every situation and helpful to everyone in the environment.
3. Every student has to be easy and simple in his daily routine, never complicated or negative in his

thinking, and always alert. The student develops leadership daily by being alert and promptly fulfilling his responsibility at school and at home.

4. The key to gaining success in life is training the mind and body to be alert, flexible, and focused. All of these qualities naturally unfold in the individual with regular practice of Transcendental Meditation. When the student is alert in class, on the play field, and at home, he learns to assume great responsibility.

5. In Transcendental Meditation, the mind experiences finer states of thought and then goes beyond the experience of thought. The mind is no longer aware of thought; it is aware of itself. This self-awareness is called Transcendental Consciousness.

6. Many times in every meditation, one experience thought in its finer states and transcends to gain unbounded awareness. As this experience develops through daily practice of Transcendental Meditation, the whole brain physiology becomes habituated to remain more alert, and very fine perceptions become very clear.

7. Daily practice of Transcendental Meditation makes the whole brain physiology function in an orderly manner. The experience of unbounded awareness through Transcendental Meditation also develops very broad thinking ability, enabling the mind to immediately understand and elaborate knowledge in every direction.

8. A huge galaxy of advantages becomes available from regular practice of Transcendental Meditation: the mind is clear and brilliant in every situation, and all thoughts and actions are spontaneously orderly and therefore evolutionary and progressive.

9. When Transcendental Meditation is practiced in a group, the whole atmosphere becomes filled with an orderly influence that radiates out to the whole community. The whole city begins to have less negativity, crime, accidents, and sickness. The people in the city become more positive, creative, progressive, and wealthy.

10. Transcendental Consciousness is the most basic level of life. From here all the Laws of Nature function. When the mind experiences the self-referral state of Transcendental Consciousness, all the Laws of Nature become lively in the awareness, making all thinking and behaviour more evolutionary.

11. After just a few years of practising Transcendental Meditation regularly, students will have made a substantial contribution to making their nation invincible. As these students grow to become leaders of society, they will feel proud of having created a happy and rewarding future for themselves and their country.

12. A group of 7,000 (now need 8000 because world population has increased) practising the Transcendental Meditation and TM-Siddhi Programme in one location produces an influence of positivity and orderliness in the entire world consciousness. This was the experience in January 1983 at Maharishi International University (MIU) when 7,000 individuals practices TM together over a three week period. With a permanent group of 7,000 practising the Transcendental Meditation Programme regularly, individuals grow to be great citizens in an ideal nation that is invincible and self-sufficient.

**E-Gyan  
Editorial Board**

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## Achievements of Maharishi Vidya Mandir Schools

### Academic Achievements - Academic Year 2011-2012

#### All India Merit List of Students of MVM Schools Group (Class 12<sup>th</sup>)

S.N.	Name of MVM	Student Name	Obtained	Out of	%	Board	Remark
1	MVM-I Guwahati	Aditya Newar	486	500	97.2	CBSE	First
2	MVM-IV Guwahati	Bhaskar Das	485	500	97.0	CBSE	Second
3	MVM-I Guwahati	Anghuman Sarma	481	500	96.2	CBSE	Third
4	MVM-IV Guwahati	Debarun Sarma	481	500	96.2	CBSE	Third
5	MVM-I Ratanpur, Bhopal	Anay Kharait	481	500	96.2	CBSE	Third
6	MVM-I Guwahati	Arindam Paul	480	500	96.0	CBSE	
7	MVM-IV Guwahati	Pragalabh Agarwal	480	500	96.0	CBSE	
8	MVM Silchar	Reyoshi Bhattacharjee	480	500	96.0	CBSE	
9	MVM-I Jabalpur	Saloni Chandak	479	500	95.8	CBSE	
10	MVM-I Guwahati	Abhinav Baruah	479	500	95.8	CBSE	
11	MVM-I Guwahati	Smitom Swapna Borah	478	500	95.6	CBSE	
12	MVM-I Guwahati	Sabyasachi Baruah	478	500	95.6	CBSE	
13	MVM-IV Guwahati	Angarparna Saikia	478	500	95.6	CBSE	
14	MVM-IV Guwahati	Udit Kamal Sharma	477	500	95.4	CBSE	
15	MVM-I Jabalpur	Perna Singh	475	500	95.0	CBSE	
16	MVM-I Guwahati	Priyanshu Sharma	475	500	95.0	CBSE	
17	MVM-IV Guwahati	Sampriti Dad	472	500	94.4	CBSE	
18	MVM-I Ratanpur, Bhopal	Arunima Rai	471	500	94.2	CBSE	
19	MVM-I Guwahati	Manish Chaudhary	471	500	94.2	CBSE	
20	MVM Orai	Mohd. Zameer	468	500	93.6	CBSE	
21	MVM-I Guwahati	Raktim Chatterjee	468	500	93.6	CBSE	
22	MVM-I Guwahati	Arijit Deka	468	500	93.6	CBSE	
23	MVM-I Guwahati	Rimiyana Baruah	468	500	93.6	CBSE	
24	MVM-I Guwahati	Angana Bhattacharya	467	500	93.4	CBSE	
25	MVM Haldwani	Vinod Pandey	466	500	93.2	CBSE	
26	MCEE Bhopal	Harshita Kapoor	465	500	93.0	CBSE	
27	MVM-I Jabalpur	Piyush Rai	465	500	93.0	CBSE	
28	MVM-I Jabalpur	Priyal Jaiswal	465	500	93.0	CBSE	
29	MVM Maihar	Shruti Rastogi	465	500	93.0	CBSE	
30	MVM-IV Guwahati	Akansha Kalita	465	500	93.0	CBSE	
31	MVM-IV Guwahati	Apeksharmit Madhukulya	465	500	93.0	CBSE	
32	MVM Jorhat	Parangam Parthasarathi	465	500	93.0	CBSE	
33	MVM Sagar	Mohit Khare	464	500	92.8	CBSE	
34	MVM-I Jabalpur	Ishita Gupta	464	500	92.8	CBSE	
35	MVM Shoranur	Vinod M	464	500	92.8	CBSE	
36	MVM-I Guwahati	Debangana Baruah	464	500	92.8	CBSE	
37	MVM-IV Guwahati	Shivangi Borah	464	500	92.8	CBSE	
38	MVM Fatehpur	Shashank Gupta	463	500	92.6	CBSE	
39	MVM-II Jabalpur	Abhansha Somvanshi	463	500	92.6	CBSE	

40	MVM-IV Guwahati	Abhijeet Biswas	463	500	92.6	CBSE
41	MVM Indore	Raksha Wadhani	462	500	92.4	CBSE
42	MVM-I Jabalpur	Avi Gupta	461	500	92.2	CBSE
43	MVM-II Jabalpur	Abhijeet Dubey	461	500	92.2	CBSE
44	MVM Hardoi	Akash Shukla	460	500	92.0	CBSE
45	MVM-I Jabalpur	Shubham Dubey	460	500	92.0	CBSE
46	MVM-I Jabalpur	Ayush Pandey	460	500	92.0	CBSE
47	MVM-I Jabalpur	Shewta N Gupta	460	500	92.0	CBSE
48	MVM-I Guwahati	Bipasa Deka	460	500	92.0	CBSE
49	MVM-I Guwahati	Pritam Kumar Bhattacharya	460	500	92.0	CBSE
50	MVM Fatehpur	Yash Rastogi	459	500	91.8	CBSE
51	MVM Seoni	Apoorva Mishra	459	500	91.8	CBSE
52	MVM - I Guwahati	Saurav Choudhary	459	500	91.8	CBSE
53	MVM-I Raipur	Avadh Singhal	458	500	91.6	CBSE
54	MVM Orai	Suyash Gupta	458	500	91.6	CBSE
55	MVM Silchar	Samadrita Paul Choudhary	458	500	91.6	CBSE
56	MVM-I, Jabalpur	Navani Jain	457	500	91.4	CBSE
57	MVM-I Ratanpur, Bhopal	Nishkarsh Shastri	457	500	91.4	CBSE
58	MVM-I Jabalpur	Varun Rai	456	500	91.2	CBSE
59	MVM - Fatehpur	Shubham Kasaudhan	456	500	91.2	CBSE
60	MVM-I Jabalpur	Soumya Choudhary	455	500	91.0	CBSE
61	MVM-I Jabalpur	Kartik Chawla	455	500	91.0	CBSE
62	MVM Indore	Archit Agrawal	455	500	91.0	CBSE
63	MVM-I Guwahati	Namrata Pathak	455	500	91.0	CBSE
64	MVM-IV Guwahati	Chiranjib Baruah	455	500	91.0	CBSE
65	MVM Jorhat	Abir Bhattacharya	455	500	91.0	CBSE
66	MVM Fatehpur	Ila Mishra	454	500	90.8	CBSE
67	MVM-I Jabalpur	Divya Soni	453	500	90.6	CBSE
68	MVM-I Guwahati	Natasha Biswas	453	500	90.6	CBSE
69	MVM-IV Guwahati	Kaustav Talukdar	452	500	90.4	CBSE
70	MVM Maihar	Nikee Daryani	452	500	90.4	CBSE
71	MVM-IV Guwahati	Jahnavi Mahanta	452	500	90.4	CBSE
72	MVM-I Guwahati	Subham Sharma	451	500	90.2	CBSE
73	MVM-I Guwahati	Victor Bordoloi	450	500	90.0	CBSE
74	MVM-IV Guwahati	Nirmali Roy Medhi	450	500	90.0	CBSE
75	MVM-IV Guwahati	Rajat Sethi	450	500	90.0	CBSE
76	MVM-IV Guwahati	Chahat Goel	450	500	90.0	CBSE

**STATE BOARD**

1	MVM Thanjavur	V.Aparna	1118	1200	93.0	STATE
2	MVM Shahdol	Nikita Jain	463	500	92.6	STATE
3	MVM Shahdol	Priya Singh	451	500	90.2	STATE
4	MVM Shahdol	Ish Kumar Jain	451	500	90.2	STATE
5	MVM Thanjavur	M. Jithesh	1078	1200	90.0	STATE

### MVM Naini Allahabad

#### Academic Achievements of Class X

Students who have secured more than 9 CGPA Grade Point

- |    |                     |        |
|----|---------------------|--------|
| 1. | Shivam Kumar Mishra | 10/10  |
| 2. | Kumar Gaurav Singh  | 10/10  |
| 3. | Shubham Kumar       | 10/10  |
| 4. | Saurabh Sukla       | 10/10  |
| 5. | Ayush Chaudhary     | 9.6/10 |

#### Akhil Bhartiya Indira Marathon



Student of MVM Naini Allahabad, who have participated in Akhil Bhartiya Indira Marathon, session 2011-12



Student of MVM Naini Allahabad, who have participated in Akhil Bhartiya Indira Marathon, session 2011-12

**Amit Singh** and **Sandeep Singh**, students of class XI participated as a team member of Basketball Team in 13th U.P. State Youth Basketball Championship at T. D. College, Jaunpur organized by Distt. Basketball Association Jaunpur from 3rd to 8th July 2012 under the aegis of UPBA.

### MVM Mankapur



**Gayatari Prasad Mishra**, Principal, Maharishi Vidya Mandir, Mankapur awarded '**Bharat Vidya Shiromani Award**' for outstanding achievement in the field of education organised by Indian Solidarity Council of India.

### MVM Ratanpur, Bhopal

## Meritorious Students of Maharishi Vidya Mandir, Ratanpur

On 4th August, 2012 Felicitation Ceremony was organized in which meritorious students of Maharishi Vidya Mandir, Ratanpur, Bhopal were felicitated with 'The Hitavada Trophies' for their excellent and outstanding performance in class X. Dr. S. N. Rai, Principal, MVM Ratanpur, Bhopal felicitated these students and blessed them to continue such performance well in the future also. He said that school will strive to achieve higher goals and will try to retain this award next year also. In this way the students felt stepping ahead a significant phase of school life. The principal of the school Dr. S. N. Rai shared some of his views on what he feels regarding building confidence among students & his views about the present education system. Hitavada had an interactive session with the students regarding their preparation during annual examination of class X and XII. Students were delighted to acquaint themselves with the information and experience shared with them. At the end of this ceremony all the student felt vivacious for getting trophies.

### MVM Chhatarpur



A Thumari Gayan by Pundit Bhola Nath Mishra, was performed on 16.07.2012 under Spic Macy presentation. Shri Rajesh Bahuguna, Collector Chhatarpur graced the programme as a chief guest with Shri Surabhi Tiwari, SDM & Shri Vinod Sonakiya, Tehsildar Chhatarpur.



A Science & Math's Exhibition was organised in the school for classes VI to XII on 11.08.2012. Dr. K. K. Chaturvedi, H.O.D, Chhatarpur Medical College attended the programme as a Chief Guest with Dr. M. P. N. Khare, Surgeon as a Guest of Honor.

**MVM Hyderabad**

**Inauguration of New Building of MVM Hyderabad**



New Building of MVM Hyderabad Inaugurated



New Building of MVM Hyderabad Inaugurated

**Maharishi Consciousness Based Education Course III**



Teachers' Training Programme on Consciousness Based Education organized at MVM Hyderabad



Teachers' Training Programme on Consciousness Based Education organised at MVM Hyderabad

**Investiture Ceremony**



Vedic Guru Parampara Pujan at MVM Hyderabad on the occasion of Investiture Ceremony



Student representative on the occasion of Investiture Ceremony at MVM Hyderabad

## MVM Dharamshala



Master Ritul Kumar, Student of M.V.M Dharamshala selected for State level competition in INSPIRES Awardees Exhibition 2012. Total 1480 Models from different school of Kangra district, displayed in the Exhibition.

### CBSE- Mentor Award 2011

It is a matter of pride that Mrs. Aneeta Mankotia, Principal, MVM, Dharamshala, Himachal Pradesh has been nominated for CBSE- Mentor Award 2011. She will receive it on 4th September 2012 in a special ceremony to be organised by CBSE in New Delhi.

## MVM Raipur-I

### Independence Day Celebration



The 67<sup>th</sup> Independence Day was celebrated in Maharishi Vidya Mandir-I, Tatibandh, Raipur in very enthusiastic manner.

The NCC cadets as well as other students showed their patriotism by march passing and saluting our National Flag. The flag was hoisted by the honorable Principal, MVM-I Raipur, Mrs. Anisha Sharma. Mrs. Sharma in her speech said:

“The value of a country is assessed not by the riches or assets it possesses but by its people. The youth of a nation determine how it shapes up future. They are the

future of the country.”

“First, India was in the clutches of the British, now it is in the clutches of Corruption and Terrorism, and the youth of our country can make the difference.” She also said that: “We are lucky to celebrate this auspicious day but we shouldn’t forget the sacrifices of our freedom fighters.”

Cultural activities and Debate competitions was organised on the occasion.

At last sweets were distributed with the vow and wish of the welfare and security of our prestigious country “India”.





## MVM Maharishi Nagar

### National Karate Championship

Maharishi Vidya Mandir, Maharishi Nagar participated in the inter school 6<sup>th</sup> National Karate Championship held at Inderprastha Global School, NOIDA on 19th August, 2012 and achieved the first rank. In this competition 18 students participated and all got medals.

#### Gold Medal

Arpit Raj, Sandeep Singh, Ajay Prohit, Kailash Sati, Joginder Singh, Piyush Dixit.

#### Silver Medal

Jatin Shrivastava, Anurodh Tiwari, Prabhat Prohit, Sanad Rai, Shobhit Bhardwaj, Aditya Pathak, Prakhar Sachan.

#### Bronze Medal

Raj Kumar , Anuj Yadav, Bunty Gupta, Rishikant, Kshitiz Sri.



### Table Tennis Competition

MVM Maharishi Nagar Noida, organized Table Tennis Competition in school premises. all the teachers, principal & chief guest, Shri Anoop Khanna encouraged the participants.

In this competition four houses Narayan, Vasisth, Parashar and Vyas have participated. Rahul Yadav, Narayan House & Jagrati Joshi, Narayan House got 1st Position, Adesh Bharadwaj, Vasisth House & Amupma Mishra, Parashar



House got the 2nd Position, Ashish Juyal, Vyas House & Anushika Shrivastava, Vasisth House got 3rd position. Shri Anoop Khanna, Shri Shishir Shrivastava, Principal, MVM Maharishi Nagar, Shri B. S. Guleria, Smt. Versha Swami honoured the winners in presence of all the students, teachers and sports teacher, Shri Praveen Sharma & Smt. Vandana Sharma played a major role in organising this competition. Such competitions play a pivotal role in the overall development of the students.

### MVM Kurukshetra

1- Sagar Parbhakar student of class 12th participated in 100 mt. race organised by Sports Authority of India on 23.06.2012 & won Gold Medal & secured 1<sup>st</sup> position by completing the race in 11:74 sec. He has made the record time of the year in 100 m race.

2- Rajguru student of class 6th participated in 100 m. race organised by Sports Authority of India on 23.06.2012 & won Bronze Medal getting 3rd position by completing the race in 14:39 sec.

3- Trigun student of class 3rd participated in Poster Making Contest organised by Kurukshetra Panorama & Science Centre on 28.07.2012 & won consolation Prize.

### MVM Jabalpur-I



Sagar Gangoly, Mohit Jharia & Ayush Yadav got Gold & Bronze Medals in International & National Sport Session 2012.



Master Mukul Datten, Student of Class 10th got Silver Medal in Silent Knight Asia Karate Cup 2012

### MVM Pithoragarh

## गुरु पूर्णिमा महोत्सव

03 जुलाई 2012 को गुरु पूर्णिमा पर्व महर्षि विद्या मन्दिर पिथौरागढ़ में हर्षोउल्लास के साथ मनाया गया। पर्व का शुभारम्भ, गुरु पूजन एवं वैदिक मंत्रोच्चार के साथ हुआ। इस अवसर पर विद्यालय में यज्ञ एवं हवन करवाया गया एवं विद्यार्थियों ने विभिन्न सांस्कृतिक कार्यक्रम प्रस्तुत किये।



## महर्षि ज्योतिष की दृष्टि में सितम्बर माह

पंडित हरिशरण मिश्र (ज्योतिषाचार्य)



सितम्बर माह अधिक भाद्रपद कृष्ण पक्ष प्रतिपदा दिन शनिवार से प्रारम्भ होकर शुद्ध भाद्रपद शुक्ल पक्ष पूर्णिमा दिन रविवार पर्यन्त रहेगा। इस माह में पड़ने वाले विशिष्ट पर्व एवं त्यौहारों का माहात्म्य निम्नांकित है—

**1. अधिक मास व्रत—** अधिक मास में माह पर्यन्त यदि सम्भव हो तो व्रत रखना चाहिये, यदि माह भर व्रत रखने का सामर्थ्य नहीं है तो एक भुक्त व्रत रखना चाहिये। प्रतिदिन शुद्ध पवित्रासन पर बैठकर भगवान नारायण एवं लक्ष्मी की मूर्ति कलश सहित रखकर, उनका षोडशोपचार पूजन करके प्रार्थना करनी चाहिये। इससे अगणित ब्राह्मण भोजन कराने का पुण्य मिलता है, तथा धन—धान्य की वृद्धि एवं पुत्र—परिवार का विकास होता है।

**2. हरितालिका तीज व्रत—** भाद्रपद शुक्ल पक्ष तृतीया को हरितालिका तीज के नाम से जाना जाता है। इस तीज का व्रत निराहार करना चाहिये। भगवान शिव—पार्वती की पूजा करके रात्रि जागरण एवं भगवत् संकीर्तन करना चाहिये, फिर दूसरे दिन हवन शान्ति के साथ, अष्ट युग्म एवं षोडश युग्म को भोजन कराकर दान दक्षिणा देकर व्रत विसर्जन करना चाहिये।

**3. वैनायकी वरद श्री गणेश चतुर्थी व्रत—** भाद्रपद शुक्ल पक्ष चतुर्थी को भगवान गणपति का जन्म हुआ था। इसलिये इसे वरद चतुर्थी भी कहा जाता है। इस दिन भगवान गणपति की प्रतिमा रखकर षोडशोपचार पूजन करते हुये मोदक का नैवेद्य भगवान गणपति को अर्पण करना चाहिये। कहीं—कहीं भाद्रपद चतुर्थी को भगवान गणपति की प्रतिमा की स्थापना करके लोग एकादश दिन तक गणेशोत्सव धूम—धाम से मनाते हैं। यह रिद्धि—सिद्धि के प्रदाता हैं। अस्तु इनका पूजन करने से समस्त विघ्न नष्ट होकर प्रचुर धन—धान्य की वृद्धि होती है।

**4. ऋषि पंचमी—** भाद्रपद शुक्ल पंचमी को ऋषि पंचमी कहते हैं। यह व्रत चारो वर्णों की स्त्रियों को करना चाहिये। किसी पवित्र नदी में स्नान करके फिर घर पर आकर हरिद्रा आदि से अच्छा चौकोर मण्डल बना कर कलश स्थापन करके सप्त ऋषियों का आवाहन करें और गन्ध, पुष्प, धूप, दीप तथा नैवेद्य के द्वारा पूजन करके अर्घ्य देना चाहिये।

इस दिन शाकादि का आहार लेकर ब्रह्मचर्य पालन पूर्वक व्रत रखना चाहिये फिर अगले दिन सात युग्म ब्राह्मण भोजन कराकर सप्त ऋषियों का विसर्जन करना चाहिये। इससे ज्ञाताज्ञात समस्त पाप का क्षय होता है।

सितम्बर माह में पड़ने वाले व्रत, पर्व एवं त्यौहारों की तालिका निम्नांकित है—

क्रमांक	व्रत एवं पर्व का नाम	मास	पक्ष	तिथि	दिनांक
1.	अशून्य शयन द्वितीया व्रत	अधिक भाद्रपद	कृष्ण	द्वितीया	02.09.2012
2.	संकष्टी श्री गणेश चतुर्थी व्रत	अधिक भाद्रपद	कृष्ण	चतुर्थी	04.09.2012
3.	पुरुषोत्तमी एकादशी व्रत	अधिक भाद्रपद	कृष्ण	एकादशी	12.09.2012

4.	प्रदोष व्रत	अधिक भाद्रपद	कृष्ण	द्वादशी	13.09.2012
5.	मास शिवरात्रि	अधिक भाद्रपद	कृष्ण	त्रयोदशी	14.09.2012
6.	अधिक भाद्रपद अमावस्या	अधिक भाद्रपद	कृष्ण	अमावस्या	16.09.2012
7.	श्री विश्वकर्मा पूजा	शुद्ध भाद्रपद	शुक्ल	प्रतिपदा	17.09.2012
8.	हरतालिका तीज	शुद्ध भाद्रपद	शुक्ल	तृतीया	18.09.2012
9.	वैनायकी वरद् श्री गणेश चतुर्थी व्रत	शुद्ध भाद्रपद	शुक्ल	चतुर्थी	19.09.2012
10.	ऋषि पंचमी व्रत	शुद्ध भाद्रपद	शुक्ल	पंचमी	20.09.2012
11.	लोलार्क षष्ठी व्रत, श्री सूर्य षष्ठी व्रत	शुद्ध भाद्रपद	शुक्ल	षष्ठी	21.09.2012
12.	संतान सप्तमी, मुक्ता भरण सप्तमी	शुद्ध भाद्रपद	शुक्ल	सप्तमी	22.09.2012
13.	महालक्ष्मी व्रत आरम्भ	शुद्ध भाद्रपद	शुक्ल	सप्तमी	22.09.2012
14.	राधा अष्टमी	शुद्ध भाद्रपद	शुक्ल	अष्टमी	23.09.2012
15.	श्रीचन्द्र जयन्ती नवमी, महानंदा नवमी	शुद्ध भाद्रपद	शुक्ल	नवमी	24.09.2012
16.	पद्मा एकादशी व्रत	शुद्ध भाद्रपद	शुक्ल	एकादशी	26.09.2012
17.	वामन द्वादशी व्रत	शुद्ध भाद्रपद	शुक्ल	एकादशी	26.09.2012
18.	प्रदोष व्रत	शुद्ध भाद्रपद	शुक्ल	द्वादशी	27.09.2012
19.	अनंत चतुर्दशी व्रत	शुद्ध भाद्रपद	शुक्ल	त्रयोदशी	28.09.2012
20.	महालयारम्भ	शुद्ध भाद्रपद	शुक्ल	चतुर्दशी	29.09.2012
21.	भाद्रपद पूर्णिमा	शुद्ध भाद्रपद	शुक्ल	पूर्णिमा	30.09.2012

**पंचक—** दिनांक 30 अगस्त दिन गुरुवार को सायं 5 बजकर 58 मिनट से प्रारम्भ होकर दिनांक 04 सितम्बर दिन मंगलवार को प्रातः 9 बजकर 57 मिनट पर्यन्त रहेगा।

**मास प्रभाव—** इस माह खाद्य पदार्थों का मूल्य सामान्य रहेगा। बाढ़ तथा अतिवृष्टि से जन-धन की हानि होगी। पशुओं को रोग होंगे, अनाज में कीड़े लगेंगे। दुर्घटनायें अधिक होंगी। सर्राफा बाजार में सामान्य सस्ती का रुख रहेगा। ईंधन के मूल्य में तेजी बनी रहेगी।

इन अनेकानेक नकारात्मक प्रवृत्तियों के निवारण के लिये महर्षि भावातीत ध्यान तथा यज्ञ का आश्रय लेना श्रेयस्कर होगा।

## *"India Growing in Positivity with Rise of Coherence in Collective Consciousness"*



### **India: Maharashtra bans BT cotton seeds**

The Maharashtra government has banned the sale and distribution of the genetically modified BT cotton seeds of Maharashtra Hybrid Seeds Company (Mahyco), a partner of US multinational Monsanto, in the state with immediate effect for supplying inferior quality seeds. 'The government has banned the Mahyco company with immediate effect,' agriculture commissioner Umakant Dangat told IANS Thursday, when asked about the cancelling of the company's license. Certain BT cotton variants are suspected of toxicity, damaging public health and environment, and agriculture activists have been demanding a complete ban on BT technology in India.

### **India: Sikkim aims to go fully organic by 2015**

The north eastern hill state of Sikkim aims to go fully organic by 2015. At present, 50,000 farming families in Sikkim are into organic farming. By 2015, it plans to be converted into a certified organic state, sources said. In 2003, Chief Minister Pawan Chamling constituted the Sikkim State Organic Board, after which over 8,000 hectares was covered under organic certification. Under the scheme, the state banned the sale of chemical fertilizers and pesticides.

### **India approves \$4.1 billion green vehicle push over eight years**

India's government has approved a 230 billion rupee (\$4.13 billion) plan to spur electric and hybrid vehicle production over the next eight years, setting itself an ambitious target of six million vehicles by 2020. India's target to produce six million green vehicles by 2020, of which four to five million are expected to be two-wheelers, comes as China aims to have 500,000 electric and hybrid cars on its roads by 2015.

### **Iran draws India closer with talks on Afghanistan**

India, Iran, and Afghanistan will hold talks on giving greater access to landlocked Afghanistan, a move that could also ease Iran's isolation in the region, Indian officials said Saturday. The three countries will meet Sunday to discuss how best to utilize the southeastern Iranian port of Chahbahar and develop road and rail links from there to Afghanistan, Foreign Secretary Ranjan Mathai told reporters. India has been one of the largest contributors of development aid to Afghanistan. Over the past decade, it has spent more than \$2 billion to help build infrastructure, including roads, power projects, and hospitals.

### **India: Organic farming is here to stay**

The off-shore demand for organic food market is one of the major drivers of organic agriculture in India, due to relatively increased returns with lesser input costs. Organic products, which until now were mainly being exported, are now finding more consumers in India's domestic market. Awareness of the nutritional benefit of these products has resulted in more land coming under organic farming. Although health is the key reason for growing demand, other incidental benefits such as better taste and better environment are also driving growth. There is also a growing awareness of the dangers of consumable food grown with the aid of chemicals. Food contaminated by chemicals or grown from genetically-modified seeds and planting material is unhealthy as compared with naturally grown food. Organic farming does away with

these unhealthy, short-term 'production boosters' and brings into picture a diverse, healthy, and sustainable crop production system.

### **India lifts ban on investment from Pakistan**

India's government says it has lifted its ban on foreign investment by citizens and companies from neighbour and rival Pakistan. The announcement from the commerce ministry came late Wednesday. The ministry said that all investment proposals from Pakistan must be cleared by the government and will exclude the defence, space, and atomic energy sectors. The gesture is the latest sign of a thaw in relations between the historical rivals.

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## Maharishi Movement Global News

### **Celebrating the awakening of Total Knowledge**

The Global Country of World Peace celebrated the awakening of Total Knowledge, Brahm Totality, traditionally known as the festival of Krishna Janmashtami in the Vedic calendar.

In an address given on this occasion in September 2007, Maharishi Mahesh Yogi, Founder of the Global Country of World Peace, explained that Lord Krishna is the expression of Total Knowledge, the unified state of all life—the field of total silence and eternal unity which is the basis of all the diversity of the whole manifest universe.

### **India: A tribute to Maharishi's revival of Vedic knowledge**

Standing high above the confluence of the rivers Ganges, Yamuna, and Saraswati, the Maharishi Smarak is a spectacular sight.

Located on the west bank of the confluence opposite the city of Prayag (Allahabad), the building is visible from all over and is a fitting tribute to Maharishi Mahesh Yogi's revival of the ancient Vedic knowledge, including Maharishi Vedic architecture.

The building uses only the best and most advanced Samadhi Mandir construction. It is fully carved inside and out with no iron support of any kind, completely built with interlocking stones and beams. Every aspect of the construction is being overseen by a Sthapati (Vedic architect) whose expertise is in this type of Vastu building.

The core of the main building is the Hall of Silence whose walls will be lined with skillfully executed marble panels displaying the most significant themes of the Vedic knowledge as revived by Maharishi.

### **MBA student teams sparkle in international business simulation**

Four MBA teams from Maharishi University of Management finished in the top 10 out of 97 MBA teams who participated in the international CAPSIM Foundation Business Simulation. This performance marks the third consecutive year in which the university's MBA Accounting students have placed at least one team in the top 10. Members of the four MUM teams come from Cambodia, Cameroon, China, Egypt, Ethiopia, Ivory Coast, Mongolia, Nepal, Philippines, and the USA.

### **A Consciousness-Based approach to art education**

The Excellence in Action page of Global Good News is featuring this article with colourful photos.

In the conclusion to the thoughtful new essay, 'Tapping into the wellspring: Art, creativity, consciousness, and education', Dr Craig Pearson and Matthew Beaufort explain that throughout history, the artist has served as a visionary, providing images in all manner of media that point toward the field of infinite creativity that is our own innermost being.

The profession of art rests at the pinnacle of culture. Ideally, the artist's work serves to awaken individuals and the culture as a whole to the spiritual ground of existence. Maharishi Mahesh Yogi explains this in the following way, using the term being to describe the field of unbounded pure consciousness deep within everything:

'If the artist is really living being, Infinity, his piece of art will speak of the maximum value of life. . . . The initial and most vital need of an artist . . . is living Being—maximum Being, fullness of Being. If

fullness of Being could be a living reality in the life of the artist, every piece of his art would breathe life and eternity.'

### **'TM saved my life' - Afghanistan war veteran who suffered from PTSD**

Military police sergeants, civilian police officers and SWAT team members are all supposed to be tough, writes Mark Newman in the Ottumwa Courier. Luke Jensen was all three, so when the stress of combat began eating away at him, he felt so ashamed, he wanted to die. Transcendental Meditation helped correct that desire--and he believes it could help other soldiers and veterans.

### **Why 'TM' is making a comeback - Healthy Woman reports**

Healthy Woman editor Tamara Eberlein provides insights about why America has reawakened to the profound and practical value of the practice of the Transcendental Meditation technique.

### **Singing the song of life**

After learning Transcendental Meditation, Valerie Jan Lois experienced positive changes in her life that allowed her to naturally and effortlessly fulfill her desire to create beautiful music professionally.

### **How one soldier regained his life with help from Transcendental Meditation**

It's called Operation Warrior Wellness. It is helping war veterans of all ages with Post Traumatic Stress Disorder (PTSD) regain control of their lives through Transcendental Meditation.

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# News Clippings

MONDAY • AUGUST 6 • 2012 • BHOPAL • The Hitavada

## HITAVADA'S UNIQUE FELICITATION HONOUR TO MAHARISHI VIDYA MANDIR'S STUDENTS

■ Staff Reporter

MERITORIOUS students of Maharishi Vidya Mandir, Ratnapur were felicitated with The Hitavada trophies for their excellent performance in class X. The principal of the school Dr SN Rai felicitated the meritorious students and blessed them to continue performing well in the future as well. The students were happy to receive the trophies and shared their future aims and the preparations done by them to perform well in class X. While talking to The Hitavada, the principal of the school Dr SN Rai, shared some of his views on what he feels regarding the confidence building of the students and his views about the present education system.

Q) What do you want to say about the performance of the meritorious students?

Ans. The performance of the students who have been felicitated has been good. Not only academically but in extracurricular activities also the meritorious students have been performing well. Since the beginning they have given their best in various fields and I wish that they keep excelling in the future as well. My blessings are with them and I wish that they achieve what they want in their life.

Q) What steps do you initiate to build the confidence level of the students who are low in morale?

Ans. Every child has an individual capability and a hidden talent which needs to be encouraged. The students are unaware of their hidden talents and this is where the role of principal and teacher becomes important. By giving a positive environment to the students where they can excel and improve their limitations helps them to build up their confidence level.

To explore their talents in proper direction and provide them constant opportunities for participating in various activities boosts their confidence level and increases their will to move ahead.

Q) As meditation is an important part of your school and how far do you think that it is the powerful

method to help in the development of the students?

Ans. Meditations are of different ways and each has its own importance. The meditation that we follow is the transcendental meditation which removes negativity from an individual's mind and it has even given many positive results in the context of the students. Many researchers have been done on this method of meditation and it has proved that the method is powerful in giving out positive results.

We encourage the students to perform meditation regularly and make it a part of their life. The students in our school follow it and it is the result of meditation that they are excelling in various fields with lots of positivity.

Q) Other than handling the administrative responsibilities if students want to take your guidance on any matter then how much free are they to approach you?

Ans. They are free to approach me whenever they need me. Other than the support of parents when the students want that they need guidance from me on any matter then they are free to do so. I consider it as my top priority when a student is approaching me for any guidance or help. Students do approach me with respect to their career counselling and I always try my best that I am able to guide them in the best possible way I can.

Q) What do you want to say to the parents of students who have a different opinion with respect to the career option of their children?

Ans. Counselling of the parents is necessary so as to help the students to choose the field of their choice and excel in it. Many parents are not satisfied with the streams chosen by their wards and they are not able to judge the actual strengths of their children. In such circumstances it becomes essential that a proper counselling is given to both students and their parents.

There are even conditions where students opt for a stream which is opted by their friends and later on they are not able to excel in it so counselling is important both for the parents and the students so that the parents are able to support their children and in return students give out their best in the field chosen by them.



Principal of the school Dr SN Rai along with the meritorious students.

### A word with the merit....

It was all possible due to the parents, teachers and principals support that I was able to perform well.

Special thanks to Sachin Thakur sir, my class teacher who guided us throughout the session and his constant support encouraged us at every level. My parents were confident enough about my performance and when the result was out they were extremely happy. My future aim is to become a software engineer.

Special thanks to The Hitavada for felicitating us for our performance and I would also like to thank my parents, teachers and VVN Rai sir, my class teacher who constantly helped me out for a better performance.

I am happy to get the trophy. The school's environment is very positive and the teachers are always ready to help us. It is a very special moment for me.

Q) What do you want to say about the students of today's generation?

Ans. Today's generation is very fit and they are excelling in different fields. They have the zeal to move ahead and want to give their best. There has been drastic changes in

the times when we were in school and the resources available were also less. Now the technology has become vast and the availability of the resources has become easy. With the enhancement in technology the students have become smart enough.



Principal of the school Dr SN Rai felicitating the meritorious students of the school who have made the name of Maharishi Vidya Mandir very proud.

हलद्धानी, 18 अप्रैल 2012 दैनिक जागरण

पिथौरागढ़ के महर्षि विद्या मंदिर के परीक्षा परिणाम घोषित होने के बाद प्रधानाचार्य के साथ अवल रह विद्यार्थी।

## विद्या मंदिर के परीक्षा परिणाम घोषित

पिथौरागढ़, जागरण कार्यालय: महर्षि विद्या मंदिर के परीक्षा परिणाम भगलवार को घोषित किए गए। अवल रह विद्यार्थियों को विद्यालय में आयोजित एक कार्यक्रम में पुरस्कृत किया गया।

विद्यालय के प्रधानाचार्य ने परीक्षा परिणाम घोषित किए। 11वीं कक्षा के कमिर्स वर्ग में प्रियांशु धामी, विज्ञान वर्ग में जेतन चौहान, चेतना चंद, नर्सरी में गगनदीप कोरगा, कजी में प्रजवल एर

**आयोजन**

अवल विद्यार्थियों को प्रधानाचार्य ने किया पुरस्कृत

चौहान; कक्षा प्रथम में हर्षिल जोशी, कक्षा द्वितीय में अदित्य चौहान, कक्षा तृतीय में प्रगति, कक्षा चतुर्थ में मंजीत बीर, कक्षा पांच में सोनिया जोहर, कक्षा छ में निषी

भट्ट, कक्षा आठ में एकता जोशी, कक्षा नौ में दीपली राणा अवल रहे। अवल को सम्मानित किया गया सजीव पांडेय ने कहा कि अपना लक्ष्य निर्धारित कर होगा। उन्होंने विद्यार्थियों अनुशासन का महत्व अवसर पर विद्यालय शिक्षाकार मौजूद थी।

## CITY भास्कर

भोपाल, बुधवार, 5 सितंबर, 2012 • 18

### प्रियांशु जीके ओलंपियाड में फर्स्ट

सिटी रिपोर्टर शहर के नन्हे स्टूडेंट प्रियांशु पानीग्रही को इंटरनेशनल जीके ( जनरल नॉलेज ) ओलंपियाड में देश में फर्स्ट रैंक हासिल हुई है। इस कॉम्पटीशन में उन्होंने 100 में से 100 मार्क्स प्राप्त किए। यह कॉम्पटीशन सोसायटी ऑफ साइंस, नई दिल्ली की ओर से आयोजित कराया गया था। प्रयांशु महर्षि सेंटर फॉर एजुकेशनल एक्सीलेंस (एमएसईई) में क्लास 2 के स्टूडेंट हैं। वे इससे पहले कंप्यूटर ओलंपियाड में गोल्ड मेडल भी प्राप्त कर चुके हैं। क्लास में अवल रहने वाले प्रियांशु की रुचि कंप्यूटर एवं जीके में है। उन्हें ड्रॉइंग, पेंटिंग व कंप्यूटर गेम्स से काफी लगाव है।

**कॉम्पटीशन**

## ई-ज्ञान मासिक सूचना पत्र

### स्मरण पत्र

प्रिय पाठकों,

हमें ई-ज्ञान डिजिटल समाचार पत्र के 39 वें संस्करण को प्रकाशित करते हुये बड़ा हर्ष हो रहा है। ई-ज्ञान के पिछले सभी प्रकाशित संस्करण ई-मेल के माध्यम से आप सभी को भेज दिये गये हैं। ई-ज्ञान के प्रत्येक संस्करण में, हम आपसे, आपके सम्बंधित क्षेत्रों की सूचना भेजने के लिए अनुरोध कर रहे हैं परन्तु हमें पर्याप्त समाचार एवं उपलब्धियां प्राप्त नहीं हो रही हैं। आपसे अनुरोध है कि अपने क्षेत्र एवं संस्थान से सम्बंधित सूचना एवं समाचार हिन्दी अथवा अंग्रेजी में भेजें। ई-ज्ञान सूचना पत्र, प्रत्येक माह के प्रथम सप्ताह में प्रकाशित किया जा रहा है। ई-ज्ञान सूचना पत्र से सम्बंधित सूचना एवं समाचार हमें प्रत्येक माह की 15 तारीख तक प्राप्त हो जाना चाहिये।

ई-ज्ञान मासिक सूचना पत्र महर्षि संस्थान के सभी सदस्यों, कर्मचारियों, शुभचिंतकों एवं सभी विद्यार्थियों के साथ-साथ ध्यान शिक्षकों, सिद्धि शिक्षकों, ध्यान-साधकों एवं जनप्रतिनिधियों की बड़ी संख्या तक पहुँच रहा है। इसके साथ ही साथ ई-ज्ञान सूचना पत्र सम्पूर्ण विश्व में महर्षि संस्थान के वैश्विक प्रतिनिधियों एवं अनुयायियों तक भी पहुँच रहा है।

**ई-ज्ञान मासिक सूचना पत्र में निम्नलिखित सूचनाओं तथा समाचारों को सम्मिलित किया जाता है:**

1. वर्तमान समय में महर्षि विद्या मन्दिर, महाविद्यालय, महर्षि संस्थानों एवं विश्वविद्यालयों में संचालित पाठ्यक्रम।
2. ऐसे नये पाठ्यक्रम व कार्यक्रम जो महर्षि विद्या मन्दिर/महर्षि महाविद्यालय/महर्षि शिक्षा संस्थान/महर्षि विश्वविद्यालय में जोड़े गये हों।
3. वर्तमान में महर्षि शिक्षा संस्थान के विद्यार्थियों की संख्या विषयवार, वर्गवार एवं कक्षावार।
4. किसी भी नये पाठ्यक्रम का प्रारम्भ, पाठ्यक्रम का विवरण एवं स्थान का विवरण।
5. नये भवन निर्माण, भूमि पूजन, वास्तु पूजन एवं शिलान्यास की जानकारी।
6. नये भवन का उद्घाटन व प्रवेश की जानकारी।
7. किसी भी महर्षि संस्थान की विशेष उपलब्धि।
8. महर्षि शिक्षा संस्थान के प्राचार्यों, शिक्षकों एवं कर्मचारियों की विशेष उपलब्धियां।
9. शिक्षा, खेल, कला, संगीत, संस्कृति, भाषा, सामान्य ज्ञान, प्रतियोगिता एवं प्रतिभा खोज आदि के क्षेत्र में विद्यार्थियों की विशेष उपलब्धियां।
10. एन.सी.सी., एन.एस.एस., भारत स्काउट एवं गाईड एवं एडवेंचर कार्यक्रम की जानकारी।
11. महर्षि शिक्षण संस्थानों के विद्यार्थियों की राष्ट्रीय, अंतरराष्ट्रीय एवं बहुराष्ट्रीय संगठनों में उच्च पदों पर नियुक्तियां।
12. भूतपूर्व छात्रों की अभूतपूर्व उपलब्धियां।
13. शिक्षकों, छात्रों, कर्मचारियों, अनुसंधान विभाग एवं संगठन के सदस्यों के उच्च स्तरीय लेखों के प्रकाशन की सूचना।
14. विद्यार्थियों के स्थानीय, राज्य एवं राष्ट्रीय स्तर के समाचार पत्रों, न्यूज चैनल एवं वेब साईट में उपलब्धियों का प्रकाशन।
15. विद्यार्थियों का राष्ट्रीय स्तर की प्रतियोगिताएँ जैसे: लोक सेवा आयोग, भारतीय प्रशासनिक सेवा, आई.आई.एम., आई.आई.टी., पी.एम.टी., राष्ट्रीय रक्षा अकादमी, विदेश सेवा, आई.आर.एस. एवं सेनाओं में विभिन्न पदों पर चयन एवं नियुक्ति।
16. संस्था द्वारा ली गई शासकीय एवं निजी क्षेत्र की परियोजनाओं का विवरण।

17. नये उत्पाद की जानकारी, विवरण एवं उसके मूल्य का उल्लेख।
18. वर्तमान में बाजार में उपलब्ध उत्पादों की जानकारी।
19. सांस्कृतिक, सामाजिक एवं ऐतिहासिक विषय पर लेखों की जानकारी एवं विवरण।
20. किसी भी सामाजिक समस्या का वैदिक उपायों द्वारा समाधान।
21. किसी भी यज्ञ एवं अनुष्ठान का विवरण।
22. वैदिक महोत्सवों का विवरण।
23. भ्रमण कार्यक्रमों का वृतांत।
24. औद्योगिक निकायो का भ्रमण एवं प्रशिक्षण।
25. राष्ट्रीय एवं अंतरराष्ट्रीय स्तर के गणमान्य अतिथियों के आगमन का विवरण।
26. संस्थान द्वारा प्राप्त पुरस्कार, प्रशंसा पत्र एवं मान्यता।
27. शैक्षिक एवं वाणिज्यिक सहयोग का विवरण।
28. महर्षि वैदिक कृषि का विवरण।
29. महर्षि वैश्विक आंदोलन का ब्यौरा।
30. किसी अन्य समान विषय या क्षेत्र जिसका उल्लेख अग्रलिखित नहीं है उसका विवरण।

हम महर्षि संस्थान के सभी राष्ट्रीय व वैश्विक प्रतिनिधियों, सदस्यों, प्राचार्यों, शिक्षकों, कर्मचारियों, छात्रों, ध्यान साधकों एवं सभी पाठकों के लेख एवं समाचार आमंत्रित करते हैं। कृपया ध्यान दें की सभी समाचार सही, प्रमाणिक एवं मूल रूप में होना चाहिये। केवल अपने स्वयं के लेखों को ही भेजें।

कृपया ध्यान दें कि सभी सामाग्री की एक सॉफ्ट कापी वर्ड फारमेट में निम्न ईमेल पर भेजें –

([egyan@mahaemail.com](mailto:egyan@mahaemail.com) एवं [egyanmonthly@gmail.com](mailto:egyanmonthly@gmail.com)) या सभी दस्तावेजों की एक मूलप्रति, सी.डी. के माध्यम से निम्न पते पर भेजें— **टी. सी. पाठक, राष्ट्रीय निदेशक, संचार एवं जनसम्पर्क, महर्षि विद्या मंदिर समूह, महर्षि सेन्टर फॉर एज्युकेशनल एक्सीलेंस, बिल्डिंग न. 5, लाम्बाखेड़ा, बैरसिया रोड़ भोपाल-462018**, दस्तावेजों की सॉफ्ट कापी एवं हार्ड कापी हिन्दी के देवनागरी लिपि/चाणक्य एवं अंग्रजी के टाईम्स न्यू रोमन फॉन्ट में अग्रलिखित पतों पर भेजे। तस्वीरें एवं चित्र उच्च गुणवत्ता में भेजें ताकि आपकी रिपोर्ट को उच्च स्तरीय बनाने में तथा पाठकों को पढ़ने में उपयोगी हो सके।

ई-ज्ञान, सम्पादक मण्डल किसी भी कॉपी राइट जानकारी या लेखों के लिये उत्तरदायी नहीं होगा। यदि किसी असत्य जानकारी को सम्पादक मण्डल के पास भेजा जाता है तो प्रेषक के लेखों या रिपोर्ट को भविष्य में प्रकाशित नहीं किया जायेगा।

कृपया अपने सभी मित्रों, सहयोगियों एवं पारिवारिक सदस्यों को ई-ज्ञान सूचना पत्र की सदस्यता ग्रहण करने एवं वेबसाईट [www.e-gyan.net](http://www.e-gyan.net) पर अवलोकन के लिये अनुरोध एवं प्रोत्साहति करें।

जय गुरुदेव जय महर्षि

**टी. सी. पाठक**  
**सम्पादक मण्डल**  
**ई-ज्ञान मासिक सूचना पत्र**

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