



E-Gyan

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महर्षि संस्थान भारत का मासिक सूचना पत्र

महर्षि संवत्सर - ५८ विक्रम संवत्सर - २०७०, आषाढ शुक्ल पक्ष प्रतिपदा १, शुक्रवार, १२ जुलाई २०१३

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ACADEMIC ACHIEVEMENTS | ORGANISATIONAL EVENTS | MAHARISHI JYOTISH | CELEBRATIONS | PHOTO FEATURES | CONTACT US



श्री गुरु पूर्णिमा महोत्सव - २०१३



Editorial

V. R. Khare

Director, Communication & Public Relations
National Board of Directors, Maharishi Vidya Mandir Schools Group, India.

गुरुर्ब्रह्मा गुरुर्विष्णुर्गुरुर्देवो महेश्वरः ।
गुरुर्साक्षात् परब्रह्म तस्मै श्री गुरुवे नमः ॥

The feeling of respect and affection for Guru Dev has been the undercurrent of all the teachings of our old scriptures. To rekindle this important thought in the minds of all of us, it was decided four years ago to start publishing E-Gyan Digital Monthly News Letter.

Your E-Gyan, born on the auspicious day of Guru Purnima four years ago, is now entering in its 5th year. Under the showers and blessing of His Holiness Maharishi Mahesh Yogi Ji and constant and constructive guidance of Brahmachari Girish Ji, the E-Gyan has tried to:

1. Bring home the teaching and ideas of His Holiness Maharishi Ji for the betterment of social, spiritual and educational environment around you leading to enlightenment to every individual and invincibility to every nation.
2. Boost to the budding students and their bright teachers to do still better in future by publishing their laurels achieved in various fields.
3. Acquaint the subscribers with the latest in the field of Transcendental Meditation and Siddhi so that they can transform their lives by practicing these techniques.
4. Provide the viewers with anything good which is happening both in our country and around the globe.

The underlying philosophy in putting up the above mentioned contents is to constantly tell our readers that still there are rays of hope and happiness in this world where life otherwise, as many people mistakenly believe is all gloomy and full of stress and strains. With Maharishi Ji's blessing and following his ideas and teachings it is very certain that no one will make mistakes, no one will violate the laws of nature and no one will suffer or fall sick. If we violate Laws of Nature, some unforeseen is bound to happen. As Brahmachari Girish Ji has said:

“Catastrophe in Uttarakhand is unfortunate and cumulative stress burst out of nature not merely the bursting of clouds. It is result of collective/gross violation of laws of nature. Since it happened anyway, we should support the administration and victims in every way”

The kindness to all living being should always prevail as in gentleness and love; the life of everyone will be restored to wholeness. Each step of progress will be guided by the unseen hands of nature's perfect intelligence and infinite organizing power. Then mankind will enjoy “Heaven on Earth”. We think that we have been performing our task with success. However, the life is dynamic and everything keeps on changing

constantly. If these changes are for the better, they give feeling of “Heaven on Earth”. In the fifth year of E-Gyan, the Hon'ble Chairman Brahmachari Girish Ji intends to form the MVM Alumni Association, which will act as a platform for sharing the experience and success achieved by our graduating students for the benefit of the present ones. Apart from continuing the present good features, the E-Gyan also proposes to focus more on the following for the benefit of our readers:-

- To acquaint our readers with the teachings and ideas of His Holiness Maharishi Mahesh Yogi Ji about Laws of Nature so that life is full of happiness perpetually.
- To apprise the latest developments, researches and benefits of T. M. & Siddhi techniques.
- To provide the knowledge about simple techniques to keep well.
- To start giving information about various competitive and entrance examination to serve as a career guide.

We sincerely believe that our readers are the best judge of our work. Kindly bless us with your suggestions on following e-mails so that your E-Gyan can serve all of us better in days and years to come. Our e-mails are:

1. mvmncocpr@mahaemail.com
2. mvmncocpr@gmail.com
3. egyanmonthly@gmail.com



Jai Guru Dev, Jai Maharishi

Maharishi Speaks to Students

Consciousness and Maharishi's Science of Creative Intelligence

The seven states of consciousness—unfolding the infinite potential of Creative Intelligence

Psychological and physiological research on Maharishi's Transcendental Meditation Programme has verified that the fourth state of consciousness, Transcendental Consciousness, automatically enriches the other three states of consciousness—waking, dreaming, and sleeping. The experience of Transcendental Consciousness produces a very deep state of rest in the nervous system. Through repeated experience of this state of deep rest, it is possible to maintain Transcendental Consciousness along with the other three states of consciousness.

The fourth state of consciousness transcends the waking, dreaming, and sleeping states of consciousness. This transcendental state is un-manifest and unbounded and is experienced as pure awareness. Pure awareness is the nature of the fourth state of consciousness, while the awareness of the objective world characterizes the waking state of consciousness. The coexistence of the transcendental and waking states of consciousness is characterized by the awareness of unboundedness along with the awareness of boundaries, giving rise to the fifth state of consciousness, Cosmic Consciousness. When unbounded awareness is established on the level of the conscious mind, the comprehension of boundaries becomes more complete. In this state perception begins to appreciate deeper, more refined values of the object until the finest relative value is perceived spontaneously on the gross, surface level of the object. This is the sixth state of consciousness: unbounded awareness along with the finest relative perception. The development of the sixth state of consciousness takes place through the experience of Transcendental Consciousness along with the most refined activity guided by the level of feeling.

When the unbounded awareness of the conscious mind falls on the boundaries of the finest relative value of the object, then the unmanifest, transcendental value permeating the finest relative value of the object is enlivened. This perception of the infinite within the finite is possible only when the conscious mind is vibrant in that infinite value. In this state the value of the subject and the value of the object are found to be the same. This is the seventh state of consciousness, Unity Consciousness, in which perception has risen to its infinite value and the object of perception is cognized in terms of the pure subjective value of unbounded, unmanifest awareness.

In Unity Consciousness, the knower knows the object of knowledge in its completeness, from its finite, surface values to its ultimate, infinite value. In this unified state of awareness one gains the full value of knowledge, which bridges the gulf between the knower and the object of knowing. Unity Consciousness is the supreme state of consciousness, which can be lived by every-one through the knowledge and practice of Maharishi's Science of Creative Intelligence.

Maharishi's Science of Creative Intelligence and the means of gaining knowledge—offering a reliable, non-variable means of gaining knowledge in Unity Consciousness

The nature of Creative Intelligence incorporates within its fold the whole range of creation. Awareness can open to the pure nature of Creative Intelligence through Maharishi's Science of Creative Intelligence.

Science requires a non-variable means of gaining knowledge to ensure that knowledge is non-variable and therefore authentic. Such a system of gaining knowledge will be systematic and reliable and will produce true knowledge. There are two approaches to gaining knowledge—objective and subjective. The objective means of gaining knowledge is a non-variable means of gaining knowledge through scientific procedures. The subjective means of gaining knowledge is based upon the subjectivity of the knower, which is always changing in the relative states of consciousness—waking, dreaming, and sleeping.

The seventh state of consciousness, Unity Consciousness, is non-changing in its nature. Knowledge gained on this level of consciousness is non-variable, reliable, and complete. Only complete knowledge will be fulfilling. The objective approach to knowledge cannot bring total fulfillment, because this approach can only reveal specific, limited values of the object. In Unity Consciousness the infinite, unbounded value of the object opens to awareness. When the abstract, unmanifest value of the Absolute is perceived in every object, then knowledge is complete. This is how the subjective means of gaining knowledge makes knowledge fulfilling. By developing the pure field of Creative Intelligence in our awareness, the Science of Creative Intelligence serves as the most profound means of gaining knowledge.

Knowledge is structured in consciousness: only when consciousness is comprehensive can knowledge be comprehensive. The Science of Creative Intelligence upholds both means of gaining knowledge: objective through scientific methods of experimentation, and subjective through the daily experience of pure consciousness. In this way the Science of Creative Intelligence offers to every individual the benefit of both systems of gaining knowledge.

Jai Guru Dev

Refresher Course on Transcendental Meditation & Siddhi Programme for MVM Teachers 2013

ॐ असतो मा सद्गमय ।
तमसो मा ज्योतिर्गमय ।
मृत्योर्मा अमृतं गमय ।
ॐ शान्तिः शान्तिः शान्तिः ॥

In above Mantra, we pray God for the development of mind, body and soul. Last but not least - peace everywhere on the earth. These training programmes have emphasized on all these three aspects which are essential for the well being of any person on this earth.

With the divine perpetual blessings of Shri Guru Dev, His Divinity Swami Brahmanand Saraswati Ji, His Holiness Maharishi Mahesh Yogi Ji and under the dynamic & spiritual leadership of Brahmachari Girish Ji, Chairman, Maharishi Vidya Mandir Schools Group, Chancellor, Maharishi Mahesh Yogi Vedic Vishwavidyalaya Madhya Pradesh & Maharishi University of Management and Technology, CG, Refresher courses for Regional Directors, Teachers and Administrative staff of Maharishi Vidya Mandir Schools were organised on Transcendental Meditation & Siddhi Programme in collaboration with Maharishi Mahesh Yogi Vedic



Vishwavidyalaya at University's International Campus, Brahmsthan (Geographical Centre point of India). Bringing to light and popularising TM & Siddhi Programme was basis of a grand vision of His Holiness Maharishi Ji in order to create coherent world consciousness and to establish permanent world peace and harmony in the world family of nations and now it is a mission for his well trained leaders, followers and devotees.

Maharishi Ji by his scientific & intellectual brilliance, powerful oratory, magnetic divine personality, sincerity of purpose, strong will, purity of thought and highest degree of character, attracted and involved the entire brilliance and top intellects of the world community towards his noble idea of world peace through a simple, natural and effortless technique of TM. It is matter of great proud for every Indian that Maharishi Ji was first person who enlightened the world with holistic approach of Vedic knowledge received from Vedic Guru Parampara.

Thus His Holiness Maharishi Mahesh Yogi Ji was a great sage and a world class teacher who brought the light of Consciousness Based Education, Transcendental Meditation and its advance techniques- to easily enliven the prime move of life-the Consciousness-the Self-Atma.

Therefore, we are organizing Transcendental Meditation & Siddhi Training Courses for the benefits of MVM Teachers and administrators for last two sessions, allowing them to understand the theory and enjoy practical technology, to unfold their full creative genius at the holiest place Brahmsthan of India.

We had organized twelve Training courses on TM & Siddhi in the last session i.e. summer 2012. We have arranged seven courses in this session summer 2013.

Objectives:

1. To refresh the knowledge of the Teachers and Administrators of MVM School, Regional Offices and National Office.
2. To enrich Maharishi Knowledge by showing video recorded discourses of Maharishi Ji.
3. To develop the sense of Maharishi Global Family among the MVM members.
4. To give them practical experience of diving deep in to consciousness, which the home of all laws of nature, the prime mover of life and at the basis of all intelligence of physiology and life.
5. To give them taste of pure, peaceful and healthy atmosphere of Yog and Yagyas in presence of over 2000 Vedic Pundits.

Training Courses:

Seven programmes each one for one week were organized at Bijauri, Brahmsthan, India from 12th April to 17th June, 2013.

So far this year we have trained 486 teachers in seven courses number TM-13 to 19 and last year, we have trained 899 teachers and administrative staffs in 12 courses.

The teachers witnessed performance of very rare Mahayagya-Atirudrabhishek, in which 1331 Vedic Pandits chant the Rudra-ashtadhyayee and do Abhishek of Lord Shiva. It was awesome and life lasting experience for all of us. Most of teachers expressed that it is their life time achievement. It is like taking 100 holy dips in holy sangam during Mahakumbha.

The participants were very much happy with the stay arrangement and the knowledge contents provided to them by our highly experienced trainers. Feedbacks of the participant were very encouraging and every one of them expressed the desire to come again, not for seven days but at least for 15 days. Some wrote that they want to come with their family members. Some participants expressed in their feedback forms that it is their rebirth with spiritual enlightenment.

We also received feedback from the participants in that they mentioned that the Organising Officials, Vice Chancellor Prof. Bhuvnesh Ji, Resource Persons and members of the Lodging & Boarding committee are very cooperative and helpful in all respect. It was a team work and all members were whole heartedly involved honestly in this holy task of creating heaven on earth.

Gratitude: It is all because of the blessing of Shri Guru Dev Ji and His Holiness Maharishi Ji who made these programmes possible, fruitful and successful. I am thankful to Brahmachari Girish Ji whose initial idea became a great energy for this movement. He is a light house for all of us in this mission. Without his support and guidance at every step, it would have not possible to have a grand and glorious success of these training programmes of TM & Siddhi. It is important to mention that Brahmachari Girish Ji has addressed, blessed and inspired each group through video conference call.

सर्वे भवन्तु सुखिनः, सर्वे सन्तु निरामया ।
सर्वे भद्राणि पश्यन्तु, मा कश्चिद् दुःखभागभवेत् ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

M. S. Solanki, Organising Director:
Refresher Course on TM & Siddhi for MVM Teachers 2013



His Holiness
Maharishi Mahesh Yogi

Maharishi Vidya Mandir®



Refresher Course for Transcendental Meditation & Siddhi Programme - 13

Brahmasthan-Bijauri, India. From 12 April to 18 April 2013



1st.Row-Nayana Das, Aparna Ingole, Kiran Tripathi, Shweta Shukla, Anita Saxena, Sunita Bhalla, Sunita Sharma, Vibha Shukla, Rupali Maheshwari, Nidhi Shrivastava, Renuka Sharma, Jyoti Mankotia, Nisha Mishra, **2nd.Row-**Kanchan Tiwari(TMT), Kusum Srivastava(TMSA), Ajay Ku.Srivastava (TMSA), Manoj Shrivastava (TMSA), M.S.Solanki (Director A&T), Prof.Bhuvnesh Sharma (Course Director), Rajkumar Srivastava (Incharge), R.V.S.Gana (Incharge), Ankit Shukla (Housing), Sarang Mujumdar (Mgt. T & B), **3rd.Row-**Vaishali Sohani, Sukalpa Chakraborty, Leena Raghuvanshi, Minati Mishra, Vishakha Chaturvedi, Shiva Saxena, Lajwanti Sharma, Sudha Srivastava, Sunita Devi, Shashi Nigam, Pratibha Shukla, Reeta Dixit, Rashmi Pant, Sunita Rautela, Pushpa Bhatt, Radha Ratti, Sanjana Pandey, Aparna Paranjape, Lalita Singh, Lata Virmani, Monica Mishra, Sunita Saxena, **4th.Row-**Dinesh Ch. Tripathi, R.K.Dwivedi, Vimal Mishra, Ajay Saraswat, Dhrendra Ku.Srivastava, Vijay Singh Kushwaha, Sanjay Ku.Yadav, Sanjay Goyal, Vijay Pandey, Pravat Ku.Das Mohapatra, Ajit Ku.Yadav, Jitendra Singh, Indrajeet Singh, Pranam Pateriya, Tanmoy Krishna Gupta, **5th.Row-**Amit Ku.Verma, Surendra Singh Pawar, Uday Shankar Singh, Karunesh Srivastava, Ravindra Jha, Sanjay Ku.Singh, Mathura Pd.Pandey, Satish Ku.Kardam, Om Prakash Upadhaya, Saksham Bhandari.



His Holiness
Maharishi Mahesh Yogi

Maharishi Vidya Mandir®



Refresher Course for Transcendental Meditation & Siddhi Programme - 14

Brahmasthan-Bijauri, India. From 22 April to 28 April, 2013



1st.Row-Chhaya L. Meshram, Rajshri S. Kamane, Neelam Shukla, Harsha Bagde, Roopali Pathak, Kusum Kharayat, Shweta Kharayat, Neha Joshi, Pranita Joshi, Sushma Padhye, **2nd.Row-**Kanchan Tiwari(TMT), Kusum Srivastava(TMSA), Ajay Ku.Srivastava (TMSA), Prof.Bhuvnesh Sharma (Course Director), M.S.Solanki (Director A&T), Manoj Shrivastava(TMSA), Ram Vinod Singh Gaur (Incharge), V.R.Yadav(R.Director) **3rd.Row-**Alka Srivastava, Shashi Srivastava, Nishi Verma, Sarika Gupta, Renu Sharma, Sarita Srivastava, Monmi Bujar Barua, Vinita Tiwari, Usha Singh, Mamata Shukla, Anita thakur, Sobhana P.S, Radha Vasudevan, Anjana Srivastava, Ratnesh Shukla, **4th.Row-**Neetu Vishwakarma, Daisy Dutta, Anamika Pandey, Anupma Dwivedi, Babita Lahon, P.Rajbahadur Yadav, Jitendra Kr.Chaudhary, Hari Prakash Dubey, Ambika Prasad Mishra, Dhirendra Kr.Trigunait, Monika Sambyal, Anjana Sharma, Rashmi Prava Dash, **5th.Row-**Ajeet Ku.Dixit, Pankaj Ku.Gautam, Pramod Kumar, Mithilesh Mandal, Bhaskar Jyoti Bhattacharya, Rohit Bajpai, Kamlesh Chandra, Prakash Vishwakarma.



His Holiness
Maharishi Mahesh Yogi

Maharishi Vidya Mandir®



Refresher Course for Transcendental Meditation & Siddhi Programme - 18

Brahmasthan-Bijauri, India. From 01 June to 07 June, 2013



1st Row- Archana Bhattacharjee Thakur, Ashu Saxena, Pratima Srivastava, Rekha Jaiswal, Runjun Bhuyan, Seema Sarkar, **2nd Row-** Hemlata Kachhwaha, Bhawana Sahu, Alka Saxena, Sandhya S, Malyaj Dubey, Radha Sharma, Jambawati Dwivedi, Kalpana Saxena, Renu Padalia, Sheela Bhakuni, Anita Sarswat, Poonam Khurana, G. Lata Nair, P. Ambica Satish, **3rd Row-** Geeta Srivastava (TMSA), Krishna Mishra (TMSA), Kanchan Tiwari (TMT), Archana Sharma (TMSA), Prof. Bhuvnesh Sharma (Course Director), M. S. Solanki (Director A&T), Ramvinod Singh Gaur (Incharge), Rajkumar Srivastava (Incharge), Awadhesh Kr. Srivastava (TMSA), Manoj Kumar Srivastava (TMSA), **4th Row-** Satyanarayan Tiwari, Anuj Trivedi, Rajesh Kr. Srivastava, Rajesh Kr. Rajpoot, Kameshwar Prasad Tiwari, Rakesh Kr. Gupta, Rajeshwar Chauhan, Narendra Kumar Sharma, Deepak Kr. Gupta, Laxman Kumar, Abha Sharma, Versha Swami, Asha Mishra, Sonal Bhatnagar, Vandana Saxena, Binita Kiravla, Sarita Rai, Deepa Pant, Mamta Pant, Sudha Pandey, Vimal Haswani, **5th Row-** Manish Rajak, Rajendra Kanojia, Akinchan Ghosh, Anil Singh, Vinod Swami, Vinay Kr. Srivastava, Om Prakash Tiwari, Arvind Kr. Singh, Rajeev Nandan Pandey, Shivendra Dwivedi, Mahesh Kr. Shivhare, Amod Prakash Shukla, Suresh Chandra Bala, Ashwani Singh, Jitendra Kr. Pandey, Vinay Prakash, Kedar Singh Mehta, Kapil Deo Tiwari, Shailendra Kr. Pathak, Gopal Sharma, Sudhir Kumar, **6th Row-** Siddharth Chakraborty, Narhari Prasad Mishra, Santosh Gupta, Navreen Khugshal, Abhay Shankar Choudhary, Manoj Tiwari, Sharad Kumar, Rananjay Singh, Vijayant Upadhyay, Kamla Pati Sharma, Ravindra Chaudhary, Neeraj Gupta, Rakesh Negi, Vinda Prasad, Shiv Sewak Shukla,



His Holiness
Maharishi Mahesh Yogi

Maharishi Vidya Mandir®



Refresher Course for Transcendental Meditation & Siddhi Programme - 19

Brahmasthan-Bijauri, India. From 11 June to 17 June, 2013



1st Row- Geeta Sharma, Poonam Rani Sharma, Anjana Rani, Savita Chaturvedi, Ankita Bhatt, Shweta Yadav, Snehal Deshkar, Leelawati Shukla, Anupma Saxena, Rajani Verma, K. Pramodini, Dhana Lakshmi, B. J. Subhashini, Neelam Upadhyay, Anjana Dubey, Sarita Bisen, **2nd Row-** Rajni Dhar, Sheetal Verma, Kavita, Ranjana Kapoor, Pratibha Shukla, Varsha Mandade, Madhu Chandra Borgohain, Namita Hazarika, Sapna Dwivedi, Minakshi Das Mishra, M. Richa, Renu Khajuria, Neha Sharma, Neetu Sahu, **3rd Row-** Kanchan Tiwari (TMT), Geeta Srivastava (TMSA), Awadhesh Kumar Srivastava (TMSA), Vishwanath Mishra (TMSA), Manoj Kumar Srivastava (TMSA), Prof. Bhuvnesh Sharma (Course Director), M. S. Solanki (Director A&T), Rajkumar Srivastava (Incharge), Ramvinod Singh Gaur (Incharge), Navin Kumar, Dinesh Kumar, Ankit Shukla, **4th Row-** Sadhana Shukla, Sudha Mishra, Shashi Saxena, Pratibha Pandey, Renu Kachhwaha, Narendera Verma, Satish Chandra Mishra, Ram Bahadur Verma, K. K. Pandey, Ashish Saxena, Akhilesh Kumar Gupta, Nitin Gupta, Kamal Kanojia, Ranjan Kumar Chaubey, Jyoti Shukla, Pratibha, Renu Singh Sisodia, Bipasa Thakur, Indu Singh, Kum Kum Chauhan, Madhuri Tiwari, Rashmi Pal, Manisha Khare, Pratishtha Raikwar, **5th Row-** Arvind Kumar Mishra, Amitesh Kumar Srivastava, Suresh Narayan Dwivedi, Vinod Kumar Srivastava, Alok Dixit, Rakesh Kumar Mishra, Pramod Kumar Sharma, C. P. Singh, Ravindra Kumar Nigam, R. S. Singh Kushwaha, D. K. Verma, Alok Kumar Mishra, Vipran Kumar, Rajeev Tripathi, Sanjeev Kumar Singh, Deep Deka, **6th Row-** Dinkar Dwivedi, Devendra Jain, Millind Nerkar, Sameer Kumar, Palash Gogoi, Abhishek Khare, Alok Kumar Srivastava, Bharat Dwivedi, Kamlesh Pandey, Ved Prakash Sharma, Sanjay Sharma, Mukesh Chand, Harsh Vardhan Singh, Ashok Kumar Patel.

Achievements of Maharishi Vidya Mandir Schools

Academic Achievements - Academic Year 2012-2013

MVM Fatehpur

Academic Achievements of Class XII

Students who have secured 90% above marks

1. Anupriya Gupta	96.0%	6. Shreya Bhan	91.6%
2. Mouli Rastogi	94.6%	7. Shubham Agrahari	91.6%
3. Shreyansh Singh	93.4%	8. Zara Khan	91.4%
4. Nitin Kumar	92.8%	9. Shashank Shrivastava	91.2%
5. Divyanshi Yadav	92.0%	10. Vinita Singh	90.6%

MVM-I Jabalpur

Academic Achievements of Class XII

Students who have secured 90% above marks

1. Datri Keekhra	95.4%	2. Satyam Rajput	95.2%
3. Utsav Gupta	94.6%	4. Priya Karan	94.4%
5. Gouri Muley	94.2%	6. Devasheesh Dubey	94.0%
7. Aditya Kumar	93.6%	8. Ananya Kundu	92.8%
9. Prakhar Patel	92.4%	10. Payal Tiwari	91.8%
11. Divya Gupta	91.4%	12. Shruti Gupta	91.4%
13. Arnav Sharma	91.2%	14. Shivam Roy	91.2%
15. Saurabh Yadav	91.0%	16. Saurabh Yadav	91.0%
17. Sneh Prajapati	90.4%	18. Shivam Jain	90.0%
19. Rishabh Tiwari	90.0%	20. Shubham Patel	90.0%
21. Biswajit Sahu	90.0%		

MCEE Bhopal

Academic Achievements of Class X

- Arushi Mohania got 9.6 CGPA grade points in X class examination.
- Chitranshi Bakshi got 9.2 CGPA grade points in X class examination.



Himanshi Tiwari



Chitranshi

Academic Achievements of Class XII

- Himanshi Tiwari got 91.2% marks in 12th class examination and also secured 1st position in the class.

MVM-I Shahdol**Academic Achievements of Class XII**

- Shubham Gupta got 91.40% marks in class XII (Maths) and secured first position in the school.

**MVM-I Bilaspur****Academic Achievements of Class X**

Students who have secured 10 out of 10 CGPA Grade Point

- | | | |
|-------------------------|------------------|--------------------|
| 1. Prakhar Shrivastava | 2. Pranav Vaidya | 3. Shreya Saluja |
| 4. Shreyansh Pateriya | 5. Pooja Sahu | 6. Harshita Shukla |
| 7. Chandan Kumar Pandey | 8. Shruti Karri | 9. Jyotsna Singh |
| 10. Paritosh Thakur | | |



Prakhar



Pranav Vaidya



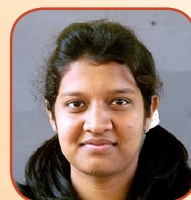
Shreya Saluja



Shreyansh



Pooja Sahu



Harshita



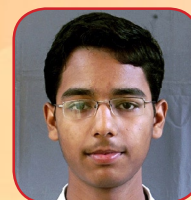
Chandan Kumar



Shruti Karri



Jyotsana Singh



Paritosh Thakur

Academic Achievements of Class XII

Students who have secured 90% above marks

- | | | | | |
|----------------------|-------|-----------------|-------|--------------------------|
| 1. Nikhil Kumar | 93.4% | 2. Shivani Sahu | 92.6% | 3. Piyush Tiwari – 90.6% |
| 4. Taranpreet Bhatia | 90.4% | 5. Megha Nishad | 90% | |

MVM-I Raipur**Academic Achievements of Class X**

Students who have secured more than 9 CGPA Grade Points

- | | | | |
|--------------------|-----|------------------------|-----|
| 1. Yugshree Gupta | 9.8 | 2. Suruchika Tiwari | 9.6 |
| 3. Unnati Gupta | 9.6 | 4. Shubhra Dewangan | 9.6 |
| 5. Himangi Sahu | 9.4 | 6. Vaibhav Kashyap | 9.4 |
| 7. Masoon Agrawal | 9.2 | 8. Alok Gaur | 9.2 |
| 9. Swaraj Gurvekar | 9.2 | 10. Shriyashree Tiwari | 9.0 |
| 11. Riya Thakur | 9.0 | 12. Shraddha Tikariha | 9.0 |
| 13. Tanmay Sharma | 9.0 | 14. Harshit Sharma | 9.0 |

MVM Chhatarpur**Academic Achievements of Class X**

Students who have secured 10 out of 10 CGPA Grade Points

1. Bhanu Pratap Singh Parmar	2. Chirayu Asati	3. Mayank Patel
4. Shubham Mishra	5. Ashwarya Agrawal	6. Samidha Agrawal
7. Saumya Asati	8. Shubhansh Awasthi	9. Aman Shrivastava
10. Ayush Khare	11. Sanskar Rawat	12. Somil Gupta
13. Tarun Gupta	14. Hrishika Sahu	15. Soumya Jain
16. Vivek Kumar Mishra	17. Akрати Goswami	19. Twinkle Rana
20. Krishnakant Dubey	21. Shilpi Agrawal	22. Hukum Chandra Verma
23. Ritik Deo Chaturvedi	24. Jyothir Latha Aakula	

Academic Achievements of Class XII

Students who have secured 90% above marks

1. Prashant Gupta	92.0%	2. Mayank Damele	90.6%
3. Priyanka Singh	90.4%		

Subject Wise Topper Students

HINDI			MATH'S		
S. N.	Name of Students	Marks	S. N.	Name of Students	Marks
1.	Archita Pateriya	95	1.	Prashant Gupta	95
2.	Sakshi Raja Parmar	95	2.	Chandra Mauli Gupta	95
3.	Neelanchal Mishra	94	3.	Ankita Yadav	92
4.	Surabhi Agrawal	94	4.	Priya Singh	91
5.	Vishal Mishra	91	5.	Mayank Damele	91
6.	Mayank Damele	91			
7.	Kanchan Chauhan	91			
Chemistry:			ENGLISH		
S. N.	Name of Students	Marks	S. N.	Name of Students	Marks
1.	Prashant Gupta	98	1.	Archita Pateriya	95
2.	Mayank Damele	98	2.	Neelanchal Mishra	93
3.	Maona Ranjan	95	3.	Shweta Gupta	92
4.	Sakshi Raja Parmar	94			

MVM Hyderabad**Academic Achievements of Class X**

Students who have secured 10 out of 10 CGPA Grade Points

1. R. Anusha	2. R. Suneeti	3. U. Divya
4. Navodita Mathur	5. T. Niharika	6. D. Shree Harika

MVM-IV Guwahati**Academic Achievements of Class X**

Students who have secured 10 out of 10 CGPA Grade Points

- | | | |
|--------------------------|----------------------|--------------------------|
| 1. Angshumi Deka | 2. Garbeet Saraswat | 3. Nivedita Das |
| 4. Ponkhi Borah | 5. Tasmita Das | 6. Trishalina Das |
| 7. Vaskar Vijay Mech | 8. Aditi Senapati | 9. Akshya Seal |
| 10. Biplav Bijoy Goswami | 11. Vishal Raj Gayan | 12. Nimisha Sarma |
| 13. Prantona Bairagi | 14. Samujjal Aich | 15. Sanjukta Chakraborty |



Angshumi Deka



Nibedita Das



Ponkhi Borah



Tasmita Das



Trishalina Das



Vhaskar Bijoy



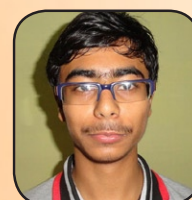
Aditi Senapati



Biplav Bijoy



Vishal Raj



Samujjal Aich

Academic Achievements of Class XII

Students who have secured 90% above marks

- | | | | |
|----------------------------|--------|--------------------------|-------|
| 1. Nang Daisy Mowke | 96.4% | 2. Anuja Bhattacharjee | 96.0% |
| 3. Ankur Jyoti Bordoloi | 94.8% | 4. Moumik Chakraborty | 94.4% |
| 5. Subhana Goswami | 93.8% | 6. Sarmistha Tarat | 93.6% |
| 7. Parijat Nath | 93.4 % | 8. Kaustav Basak | 93.2% |
| 9. Ankur Gogoi | 93.2 % | 10. Arnab Kr Das | 93.8% |
| 11. Manish Hazrika | 92.6 % | 12. Jupitora Dutta | 92.6% |
| 13. Subham Das | 92.6% | 14. Neha Roy | 92.4% |
| 15. Nabaraj Chetry | 92.2% | 16. Indrani Singh | 92.0% |
| 17. Tushar Kanti Kashyap | 91.8% | 18. Priyanka Chakraborty | 91.8% |
| 19. Sukanya Bhattacharya | 91.6% | 20. Namrata P. Singh | 91.6% |
| 21. Gangotri Kashyap | 91.6% | 22. Manosij Deb | 91.4% |
| 23. Distripriya Boragohain | 91.4% | 24. Barsha Borthakur | 90.8% |
| 25. Mridupabam Deka | 90.4% | 26. Raghav Agarwal | 90.2% |
| 27. Atreyee Deka | 90.2% | 28. Harshad P. Baruah | 90.2% |
| 29. Vishal J. Das | 90% | 30. Sudeshna Goswami | 90.0% |
| 31. Pallabi Saikia | 90% | | |

MVM Bhandara**Academic Achievements of Class X****Students who have secured 10 out of 10 CGPA Grade Points**

1. Chinu Chetule	2. Sneha Ramteke	3. Somesh Rathi
4. Megha Giripunje	5. Sanket Kapse	6. Prachi Bagade
7. Prajval Rathore	8. Akshay Banjari	9. Vaidehi Gabhane
10. Pranali Supare	11. Achal Chavhan	12. Sachin Parthi
13. Shivam Sharma	14. Aditya Borkar	15. Chetesh Nagrikar
16. Shubham Sarve	17. Kamna Sonagwala	18. Suchitva Ambade

Students who have secured 9.8 CGPA Grade Points

1. Goatam Tyagi	2. Pranali Banvade	3. Chetan Raut
4. Sheetal Panchbuddhe	5. Prachi Giri	6. Swarali
7. Himanshu Ramteke	8. Ruchir Tidke	9. Purva Madan

Students who have secured 9.6 CGPA Grade Points

1. Sanket Narharshetywar	2. Rishiya Agrawal	3. Devshree Hedao
4. Shreyash Ohaley	5. Ankit Wansik	

MVM Ratanpur Bhopal**Academic Achievements of Class X****Students who have secured 10 out of 10 CGPA Grade Point**

1. Devashish Bharadwaj	2. Gunjan Mishra	3. Akhilesh Prajapati
4. Neha Verma	5. Harsha Dubey	6. Ankit Sahu
7. Sahil Shiva	8. Hritika Maran	9. Ankit Verma
10. Shrey Jain	11. Megha Roshan	12. Mohit Kumar Patel
13. Vinisha Pathak	14. Nikita Giri	15. Pallavi Purohit
16. Arpit Raj Khare	17. Seemant Patel	18. Preeti Prajapati
19. Prachi Markandey	20. Abhansi Sharma	21. Richa Meghani
22. Deepak Singh Verma	23. Aditya Singh Thakur	24. Upendra Kumar Shrivastava
25. Yashashvi Gupta	26. Yashaswini Reddy	27. Gyanendra Kumar Dwivedi
29. Nitin Singh	30. Priyesh Dubey	

Students who have secured 9.8 CGPA Grade Point

1. Akansha Sharma	2. Pranav Tiwari	3. Namrata Soni
4. Mayank Sharma	5. Samruddhi Raut	6. Rupali Ghosh
7. Mayank Soni	8. Taitiksh Sharma	9. Apurva Malviya
11. Yogesh Gupta	12. Lokesh Chandrol	13. Ankit Yadav
14. Raj Shikhar Dubey		

Students who have secured 9.6 CGPA Grade Point

1. Abhavya Ghosh	2. Sanyam Jain	3. Saurabh Pandey
------------------	----------------	-------------------

- | | | |
|------------------|------------------|----------------------|
| 4. Aditya Vaidya | 5. Shivam Pandey | 6. Ankit Kumar Patel |
| 7. Komal Gupta | | |

Students who have secured 9.4 CGPA Grade Point

- | | | |
|------------------|--------------------|-----------------|
| 1. Jyoti Sharma | 2. Ayushi Sharma | 3. Piyush Pawar |
| 4. Anamika Dubey | 5. Vikas Choudhary | 6. Ashish Verma |

MVM Aligarh Main

Academic Achievements of Class X

Students who have secured more than 9 CGPA Grade Points

- | | | | |
|--------------------|-----|---------------------|-----|
| 1. Divyanshu Gupta | 10 | 2. Bul-Bul Varshney | 9.8 |
| 3. Anshul Varshney | 9.8 | 4. Meenakshi Gupta | 9.8 |
| 5. Apoorv Agarwal | 9.4 | 6. Gaurav Varshney | 9.4 |

Academic Achievements of Class XII

Students who have secured 90% above marks

- | | | | |
|----------------------|-------|--------------------|-------|
| 1. Neelisha Varshney | 92.8% | 2. Deeksha Agarwal | 91.8% |
| 3. Pooja Gaur | 90.0% | | |

MVM Chikmagalur

Academic Achievements of Class X

Students who have secured more than 9 CGPA Grade Points

- | | |
|-------------------|-----|
| 1. Shreshta C. M. | 9.8 |
| 2. Athmashree | 9.0 |

MVM Tangla

Academic Achievements of Class X

Students who have secured more than 9 CGPA Grade Points

- | | | | |
|--------------------------|-----|---------------------------|-----|
| 1. Ananya Ghosh | 10 | 2. Brishmrita Mahanta Das | 10 |
| 3. Brindaban Bikash Nath | 9.4 | 4. Debajyoti Talukdar | 9.0 |
| 5. Dolipriya Boro | 9.0 | 6. Kalyani Rabha | 9.0 |

MVM Shajapur

Academic Achievements of Class X

Students who have secured more than 9 CGPA Grade Points

- | | | | |
|-----------------------------|-----|---------------------------|-----|
| 1. Pramod Nahar | 9.8 | 2. Krishnvallbh Patidar | 9.8 |
| 3. Govind Patidar | 9.6 | 4. Devendra Patidar | 9.4 |
| 5. Jayvardhan Singh Rathore | 9.2 | 6. Priyanka Kanthia | 9.0 |
| 7. Madhavi Patidar | 9.0 | 8. Ravindra Singh Parihar | 9.0 |

***A Rare Opportunity for
Maharishi Vidya Mandir Schools Students
to Study at
Maharishi University of Management, USA
with annual savings of \$ 23,000 (12,50,000/-)***

Very dear graduating Students of Maharishi Vidya Mandir Schools and their Parents,

"The Board of Trustees of Maharishi University of Management (MUM) Fairfield, Iowa, USA and Board of Directors of Maharishi Vidya Mandir Schools Group (MVM) have jointly developed a very unique and rare opportunity with very high scholarship programme for Maharishi Vidya Mandir graduating Yogic Flyer students.

MUM is the very first educational institution Maharishi Ji established in the world in 1971. Initially the university was named as Maharishi International University and later on was renamed to MUM. MUM is spread over a 250 acre campus with world class scientists, faculty and academic standards with ample opportunity to grow in almost every field of life. MUM has a highly reputable history of over 40 years and many successful graduates are placed world wide in Fortune 500 corporations, institutions and governments.



MUM is offering for this Fall (academic session starts from mid August 2013) a very special scholarship that reduces study costs to only \$10,000 per year for tuition, room and board (double rooms). In addition students need only about USD 2,000 for fees, health insurance and incidental expenses annually for their undergraduate study at MUM, providing the student maintains a 3.0 GPA and superlative Yogic Flying attendance in the beautiful Golden Domes, the centre of creating Coherence-Satoguna for the United States and through the USA for the whole world joining in the daily participation in the Invincible America Assembly.

Another unprecedented opportunity for MVM students is, that they can continue in Masters programme Graduate study at MUM's standard programmes at the same rate and terms.

MUM would accept MVM students for study in MUM's various degree programmes including: Computer Science, Management, Media and Communications, Sustainable Living, Fine Arts, Education and Maharishi

Vedic Science. In some of those majors, there are a limited quota of seats available, so it will be first come first served and based on merit.

Please note that the current annual standard fee/charges at MUM are \$26,430 for tuition and \$7,400 for Room and Board, amounting to a total of \$33,830 (INR 18,60,650). MVM students have to pay only \$10,000 (INR about 5,50,000), saving more than \$23,000 (INR 12,50,000) per year. This is a very generous, kind, attractive and exclusive offer of MUM administration, only for its affiliated MVM students, who are practicing TM, TM-Siddhi Programme and Yogic Flying for many years, already have thorough knowledge of Maharishi Vedic Science and Consciousness Based Education and have a good academic record.

If students come from wealthy families and are able to pay more, that will go towards offering scholarships to other deserving MVM students. You should also know that many Indian banks offer educational loans for study in the US, students can avail this facility.

Mr. Alwin Hesse will be the admissions officer at MUM for this special programme, who will be handling online applications. Students can review the website at www.mum.edu and the special India Scholarship Programme page at: <http://www.mum.edu/vidya-mandir> to learn all the details on MUM, courses, housing etc.

In case further details are required, students may send email to Mr. Hesse at alhesse@mum.edu or can call +1 800 369 6480 on office days and hours.

Special secured residential campus is being arranged for MVM students with special Indian meals, Indian staff and some of Indian faculty.

Please note that passport making, USA visa charges, travel within India and USA and air fair are to be done by Students. Please also note, if selected for MUM admission, students will have to go through at least 2 weeks residential training at one of MVM's locations.

I hope large number of graduating students of MVM schools will take advantage of this unique opportunity to study in USA with historic scholarship programme. I wish my students a very bright future with Indian Sanskaras and World Class Education in Maharishi University."

With all the best wishes
Jai Guru Dev, Jai Maharishi

Brahmachari Girish
Chairman, Maharishi Vidya Mandir
Schools Group

महर्षि ज्योतिष की दृष्टि में जुलाई माह

पंडित हरिशरण मिश्र (ज्योतिषाचार्य)



जुलाई माह आषाढ़ कृष्ण पक्ष नवमी दिन सोमवार से प्रारम्भ होकर श्रावण कृष्ण पक्ष नवमी दिन बुधवार पर्यन्त रहेगा। इस माह में पड़ने वाले विशिष्ट पर्व एवं त्यौहारों का माहात्म्य निम्नांकित है:-

1. योगिनी एकादशी:- आषाढ़ कृष्ण पक्ष की एकादशी को योगिनी एकादशी कहते हैं। इस एकादशी का व्रत करके भगवान शालिग्राम का पूजन करना चाहिये, पूजनोपरान्त भगवान शालिग्राम के चरणोदक का मार्जन पूरे शरीर में करना चाहिये, इससे कुष्ठ जैसे रोगों से छुटकारा मिलता है।

प्राचीन काल में कुबेर के कोप से हेममाली को कुष्ठ रोग हो गया था। उसने महामुनि मार्कण्डेय जी की आज्ञानुसार योगिनी एकादशी का व्रत किया जिससे उसके शरीर की समस्त व्याधियाँ नष्ट हो गयी और कुबेर ने अपनी सेवा में उसे फिर से वापस बुला लिया। इस प्रकार योगिनी एकादशी का व्रत रखने से कुष्ठ रोग जैसी गम्भीर बीमारी से मुक्ति प्राप्त की जा सकती है।

2. रथ यात्रा:- आषाढ़ शुक्ल पक्ष द्वितीया को भगवान जगन्नाथपुरी में भगवान जगन्नाथ एवं सुभद्रा जी की रथ यात्रा निकाली जाती है। रथारूढ़ भगवान का दर्शन करने से समस्त विपत्तियों का नाश हो जाता है और वर्ष भर के लिये मंगलमय समय का शुभारम्भ हो जाता है।

रथ यात्रा के दिन प्रायः सभी शहरों में भगवान की मूर्तियों को रथारूढ़ करके परिक्रमा-पूजन कराने की प्रथा हो गयी है और प्रायः हर जगह भगवान् की झोंकी निकाली जाती है।

3. श्री विष्णुशयनी एकादशी:- आषाढ़ शुक्ल एकादशी को देवशयनी एकादशी कहा जाता है। इस दिन उपवास रखकर भगवान विष्णु की तांबे या पीतल की मूर्ति बनवा कर उसको सुसज्जित शैय्या पर शयन करा करके चार माह पर्यन्त तक नित्य पूजन करते रहना चाहिये। फिर देव उठावनी एकादशी के आने पर भगवान का जागरण करा करके मूर्ति का दान कर देना चाहिये। ऐसा करने से समस्त मनोकामनाओं की पूर्ति होती है और अन्त में मोक्ष प्राप्त होता है।

4. श्री गुरु पूर्णिमा:- आषाढ़ शुक्ल पूर्णिमा को गुरु पूर्णिमा या व्यास पूजा पूर्णिमा भी कहते हैं। इस दिन प्रातः स्नानादिक क्रिया से निवृत्त होकर एक काष्ठ की चौकी पर सफेद कपड़ा बिछाकर उसमें बारह खाना गन्धादि से बनाकर व्यास पीठ निश्चित करें, फिर दिक् बन्धन करके भगवान विष्णु, ब्रह्मा, वशिष्ठ जी, पराशर व्यास, शुक्रदेव, और शंकराचार्य भगवान व सम्पूर्ण गुरु परम्परा का नाम मंत्र से आवाहन करके अपने दीक्षा गुरु के सहित देव तुल्य षोडशोपचार पूजन करना चाहिये, फिर पुष्पांजलि देकर प्रार्थना करनी चाहिये। ऐसा करने से गुरु परम्परा की सिद्धि होती है। अर्थात् भगवान नारायण का परम्परागत प्रतिबिम्ब व्यक्ति को प्राप्त होता है, तब व्यक्ति स्वयं सर्व समर्थ एवं सत्तावान बनता है।

इस माह मई में पड़ने वाले प्रमुख पर्व एवं त्यौहारों की तालिका इस प्रकार है:-

क्रमांक	व्रत एवं पर्व का नाम	मास	पक्ष	तिथि	दिनांक
1.	योगिनी एकादशी	आषाढ़	कृष्ण	एकादशी	03.07.2013

2.	प्रदोष व्रत	आषाढ़	कृष्ण	द्वादशी	05.07.2013
3.	मास शिवरात्रि व्रत	आषाढ़	कृष्ण	त्रयोदशी	06.07.2013
4.	आषाढ़ सोमवती अमावस्या	आषाढ़	कृष्ण	अमावस्या	08.07.2013
5.	रथ यात्रा द्वितीया	आषाढ़	शुक्ल	द्वितीया	10.07.2013
6.	वैनायकी श्रीगणेश चतुर्थी व्रत	आषाढ़	शुक्ल	चतुर्थी	12.07.2013
7.	श्री स्कन्द षष्ठी व्रत	आषाढ़	शुक्ल	षष्ठी	14.07.2013
8.	सोमपदा दशमी	आषाढ़	शुक्ल	दशमी	18.07.2013
9.	श्री विष्णु शयनी एकादशी	आषाढ़	शुक्ल	एकादशी	19.07.2013
10.	शनि प्रदोष	आषाढ़	शुक्ल	द्वादशी	20.07.2013
11.	गुरु पूर्णिमा	आषाढ़	शुक्ल	पूर्णिमा	22.07.2013
12.	श्रावण मासारम्भ	श्रावण	कृष्ण	प्रतिपदा	23.07.2013
13.	अशून्य शयन द्वितीया	श्रावण	कृष्ण	द्वितीया	24.07.2013
14.	संकष्टी श्री गणेश चतुर्थी व्रत	श्रावण	कृष्ण	तृतीया	25.07.2013
15.	कालाष्टमी व्रत	श्रावण	कृष्ण	अष्टमी	29.07.2013

पंचकः— दिनांक 23 जुलाई दिन मंगलवार को सायं 5 बजकर 17 मिनट से प्रारम्भ होकर दिनांक 29 जुलाई दिन सोमवार को प्रातः 3 बजकर 38 मिनट पर समाप्त होगा।

मास प्रभावः— इस माह खाद्य पदार्थों के मूल्य सामान्य रहेंगे। सर्राफा बाजार में उतार-चढ़ाव की स्थिति बनी रहेगी। वाहन दुर्घटना एवं भौमान्तरिक्ष उत्पातों की अधिकता रहेगी। गृह उपकरण के सामान महंगे होंगे। यत्र-तत्र वर्षा होगी। तिलहन एवं दलहन के मूल्यों में तेजी का रुख रहेगा। फल तथा हरी सब्जियों के मूल्यों में तेजी का रुख रहेगा।

इन अनेकानेक नकारात्मक प्रवृत्तियों के निवारण के लिये महर्षि भावातीत ध्यान तथा यज्ञ अनुष्ठान का आश्रय लेना श्रेयस्कर होगा।

WELLNESS NEWS

GINGER MAY RELIEVE ASTHMA SYMPTOMS : STUDY

Purified components of the humble ginger have properties that can help asthma patients breathe more easily, a new study has found.

Asthma is characterised by bronchoconstriction, a tightening of the bronchial tubes that carry air into and out of the lungs.

Bronchodilating medications called beta-agonists are among the most common types of asthma medications and work by relaxing the airway smooth muscle (ASM) tissues.

Researchers from Columbia University in New York looked at whether specific components of ginger could help enhance the relaxing effects of bronchodilators. "Asthma has become more prevalent in recent years, but despite an improved understanding of what causes asthma and how it develops, during the past 40 years few new treatment agents have been approved for targeting asthma symptoms," said lead author Elizabeth Townsend, post-doctoral research fellow in the Columbia University Department of Anesthesiology.

"In our study, we demonstrated that purified components of ginger can work synergistically with beta-agonists to relax ASM," said Townsend.

To conduct their study, the researchers took human ASM tissue samples and caused the samples to contract by exposing them to acetylcholine, a neurotransmitting compound that causes bronchoconstriction.

Next, the researchers mixed the beta-agonist isoproterenol with three separate components of ginger: 6-gingerol, 8-gingerol or 6-shogaol.

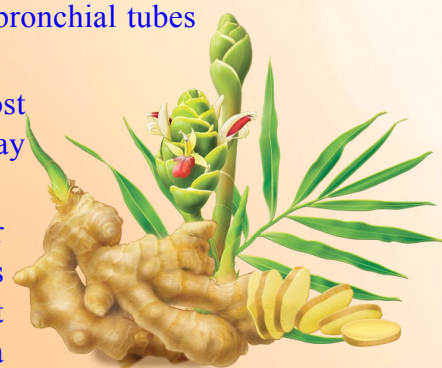
Contracted tissue samples were exposed to each of these three mixtures as well as unadulterated isoproterenol and the relaxation responses were recorded and compared.

Results showed that tissues treated with the combination of purified ginger components and isoproterenol exhibited significantly greater relaxation than those treated only with isoproterenol; of the three ginger components, 6-shogaol appeared most effective in increasing the relaxing effects of the beta-agonist.

Researchers wanted to determine if the ginger components might work by affecting an enzyme called phosphodiesterase4D (PDE4D). Using a technique called fluorescent polarisation, they found that all three components significantly inhibited PDE4D.

Next, the study looked at F-actin filaments; a protein structure which previous studies have shown plays a role in the constriction of ASM, and found that 6-shogaol was effective in speedily dissolving these filaments.

"Taken together, these data show that ginger constituents 6-gingerol, 8-gingerol and 6-shogaol act synergistically with the beta-agonist in relaxing ASM, indicating that these compounds may provide additional relief of asthma symptoms when used in combination with beta-agonists," Townsend noted.



"India Growing in Positivity with Rise of Coherence in Collective Consciousness"



Indian girl in finals of Google Science Fair

15-year-old Srishti Asthana has been named among the top 15 finalists of the Google Science Fair, 2013. Her project on a Green Technique for treating water polluted with detergents competed against entries from across the world to make it to the finals. She proposes nano ZnO assisted photo catalytic degradation using solar light for the treatment of contaminated water.

Speaking to an English daily about her inspiration for the project, Srishti said, "As a part of a field trip, I went to Ludhiana last year and was taken aback to see how the dyes from the textile industries got drained out in the water bodies, thus polluting it. On querying from an owner on how they treated the water before draining out, he counter questioned me on whether do we treat the detergent water before draining that out. The question triggered an idea in me of doing the same."



Srishti Asthana

The advantages of her method as mentioned in her project are: fast reaction, short treatment time, less costs, less exposure for workers, complete reduction pathway to non-toxic end products is possible and less equipment.

The Google Science Fair is an online competition. It was first started in 2011 and is open to students in the age groups of 13-18 to widen science projects and share their findings.

Indian researchers develop food poisoning detection sensor

Researchers at the Center for Biomedical Engineering, IIT, Delhi have developed a new sensor that can quickly detect even small traces of Salmonella typhimurium, the bacterium that causes salmonellosis, a type of food poisoning.



Consuming contaminated meat, eggs and poultry introduces the bacteria into our body, causing abdominal pain, nausea and occasional vomiting. Currently, there is no vaccine for preventing salmonellosis. Existing techniques for detecting this bacterium are not very sensitive and thus a better detection technique is needed.

The team of Sruti Chattopadhyay, Avneet Kaur, Swati Jain and Harpal Sing made the sensor using polyacrylonitrile fibers. Scientists coated an 'antibody' (a chemical used by our body's immune system to attack harmful objects) against an 'antigen' (a substance that causes the antibodies to be produced) on the sensor to detect the harmful bacterium from food samples. The research showed that this sensor was far more effective than the existing commercial products.

Salmonella is the most common bacterium in food and current health standards require mandatory food testing for its presence. The conventional methods used to detect it involve a series of chemical treatments, which are time-consuming and labor-intensive. Moreover, the sensitivity of this newly developed sensor is far better than that of presently available techniques.

E-Gov App store launched

Ministry of Communications and Information Technology (MCIT) has recently launched the pilot programme on e-Gov application store (<http://apps.nic.in/>) aiming to streamline efficiency of the public sector as well as enabling citizens to receive better services.

The e-Gov Appstore aimed to be a National level common repository of productised applications, components, and web services used by various government agencies from the federal and state level, he added.

Developed and hosted on the National Cloud by Department of Electronics and Information Technology through National Informatics Centre, the e-Gov Appstore currently has 20 applications, eight components and one web service. These applications are from eight different states and Union Territories and offer variety of government services both to citizens and business.

Key and common applications that are on high demand and replicable across the central and state levels will also be available on the e-Gov Appstore.

India's Bilal Habib gets UNESCO's Young Scientist Award

India's Bilal Habib was on Monday named as one of the six winners of the UNESCO's Young Scientist Awards for 2013.

Habib won the award for designing and developing an Ecological Monitoring Programme involving local communities in the Nanda Devi Biosphere Reserve in Uttarakhand, a statement from the UNESCO said.

The announcement was made by the International Co-coordinating Council of the Man and the Biosphere (MAB) Programme. The MAB programme has been granting awards of up to USD 5,000 to each winner since 1989.

These grants are intended to encourage young researchers to undertake work on ecosystems, natural resources and biodiversity. An additional two special awards have been financed by the Austrian MAB Committee since 2010.

The 2013 laureates of Young Scientist Awards in the MAB programme were selected from all over the world.

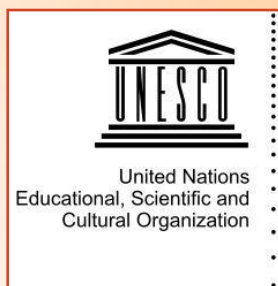
The other five winners of this year's award are Julio Blas Garcia from Spain, Angela Camargo from Mexico, Hilaire Kouakou from Cote d'Ivoire, Atieh Kazemi Mojarad from Iran and Claudia Munera from Nicaragua.

First of its kind Green Ashram in Gujarat

The Muni Seva Ashram (MSA) or the Green Ashram as it is popularly known is unique in the way it has used renewable energy technologies. Located at Goraj near Baroda, the ashram is home to the world's first and largest commercially executed Solar Air Conditioning System and the world's first and only Solar Crematorium among other innovative green solutions.

It installed a solar power plant to provides electricity and lighting to the 400 residential students in its school.

The ashram runs a state-of-the-art Cancer hospital. It needs constant air conditioning because of the medical equipment it operates. The ashram has installed a Lithium Bromide based Vapour Absorption Chiller (VAC) refrigeration system that can achieve cooling up to 6 degree Celsius. Necessary heat was provided by two



bio-boilers of 1.5 ton and 3 ton capacity. The machine required 5000 kg of wood per day.

To reduce wood consumption, the Green Ashram has installed a solar steam generating system which employs 100 parabolic dishes for concentrating sun's heat. This allows water to reach a temperature of 180 degree Celsius and converts water to steam at 8 to 10 kg/cm² pressure. The temperature at the receivers reaches 500o C. For backup purpose, a wood fired boiler is used. This solar steam generating system which generates enough steam to run a 100 TR of air conditioning is world's first and largest commercially executed Solar Air Conditioning System using Scheffler Concentrators.

One of the very unique feature of the Ashram is the installation of World's First and only "Solar Crematorium".



When a person dies, 200-300 Kg of wood is required to cremate the body. Recognizing the need to conserve the wood, ashram installed a 50 Sq meter dish to burn dead bodies. When operational, the system will use biogas as backup and will burn a body in 100 minutes.

Besides all of this unique technologies the Green Ashram has also has 76 home lighting systems each lighting 3 CFL. Each panel converts solar radiation to electrical energy which is stored in batteries for later use. Solar Water heater at various ashram buildings are installed of about 8000+ liters capacity in total along with Solar-LED based street lighting's.



Maharishi Movement Global News

Chinese university to offer scholarships to MUM students for study in China

A new partnership agreement with Beijing Union University, Maharishi University of Management's fifth partner institution in China, will include scholarships for MUM students to study at BUU in China for a semester or a year, taking classes taught in English or in both Chinese and English.

The scholarships, which can accommodate a significant number of students, will cover all tuition costs.

The collaboration agreement, similar to those with the other China partners, allows undergraduate students at BUU to spend up to two years at MUM as part of their degree. This allows them to earn a "dual degree"—a prestigious degree in China that means that they have officially graduated from both universities.

The collaboration also entails training BUU faculty in Consciousness-Based Education in the future, as well as affording BUU faculty the opportunity to earn a PhD from MUM.

Dr. Zhu Yunxiang, MUM vice president of Asia expansion, and MUM President Dr. Bevan Morris visited BUU last September to explore a collaboration.

Europe: Invincible Defence programmes aim to promote harmony, social coherence

Several initiatives to promote the rise of unity and harmony in Europe have taken place in the past year, applying Maharishi Mahesh Yogi's Invincible Defence Technology through various programmes and events in different countries.

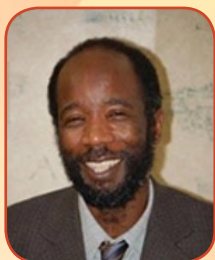
Maharishi's Invincible Defence programme is designed to reduce violence and conflict, and increase coherence and positivity in the collective consciousness of society, through the group practice of Transcendental Meditation and its advanced techniques. Lt Col (Ret.) Gunter Chassé, an international expert in Maharishi's Invincible Defence Technology, recently reported on these developments in Europe.

George Stephanopoulos talks benefits of meditation at The Third Metric women's conference

Acclaimed American television journalist George Stephanopoulos, anchor of the ABC network's 'Good Morning America' and 'This Week', described the benefits of meditation at an important women's conference in Washington, DC, USA, earlier this month. Mr. Stephanopoulos learned Transcendental Meditation several years ago and has featured on 'Good Morning America' its scientifically documented benefits for reducing stress and cardiovascular risk factors. At the conference, 'The Third Metric: Redefining Success Beyond Money and Power', he spoke on a panel on 'Managing a Frenetic Life', about how meditation has been 'a lifesaver' for him. 'It's easier to tap into that quiet when you have to make a decision . . . especially during big breaking news situations, being able to be calm in frenetic situations, it's easier to find that space.'

New study finds Transcendental Meditation boosts student grades, graduation rates: Psych Central reports

A new study published in the June 2013 issue of the Journal Education (Vol. 133, No. 4)* shows practice of the Transcendental Meditation technique was associated with higher graduation rates, compared to controls.



Robert D. Colbert

The online science news site, Psych Central, reports on the study.

Researchers believe improved graduation rates (versus dropping out) translates into higher earning potential, less crime and incarceration, and less dependence on government assistance programs.

The most recent data shows that only 69 percent of students graduate from U.S. schools.

"While there are bright spots in public education today, urban schools on the whole tend to suffer from a range of factors which contribute to poor student academic performance and low graduation rates,' according to lead author Robert D. Colbert, Ph.D., Associate Professor, and Director of Neag School of Education's Diversity Council at University of Connecticut.

"Students need to be provided with value-added educational programs that can provide opportunities for school success. Our study investigated one such program, Transcendental Meditation, which appears to hold tremendous promise for enriching the lives of our nation's students."

ई-ज्ञान मासिक सूचना पत्र

स्मरण पत्र

प्रिय पाठकों,

हमें ई-ज्ञान डिजिटल समाचार पत्र के 49 वें संस्करण को प्रकाशित करते हुये बड़ा हर्ष हो रहा है। ई-ज्ञान के पिछले सभी प्रकाशित संस्करण ई-मेल के माध्यम से आप सभी को भेज दिये गये हैं। ई-ज्ञान के प्रत्येक संस्करण में, हम आपसे, आपके सम्बंधित क्षेत्रों की सूचना भेजने के लिए अनुरोध कर रहे हैं परन्तु हमें पर्याप्त समाचार एवं उपलब्धियां प्राप्त नहीं हो रही हैं। आपसे अनुरोध है कि अपने क्षेत्र एवं संस्थान से सम्बंधित सूचना एवं समाचार हिन्दी अथवा अंग्रेजी में भेजें। ई-ज्ञान सूचना पत्र, प्रत्येक माह के प्रथम सप्ताह में प्रकाशित किया जा रहा है। ई-ज्ञान सूचना पत्र से सम्बंधित सूचना एवं समाचार हमें प्रत्येक माह की 15 तारीख तक प्राप्त हो जाना चाहिये।

ई-ज्ञान मासिक सूचना पत्र महर्षि संस्थान के सभी सदस्यों, कर्मचारियों, शुभचिंतकों एवं सभी विद्यार्थियों के साथ-साथ ध्यान शिक्षकों, सिद्धि शिक्षकों, ध्यान-साधकों एवं जनप्रतिनिधियों की बड़ी संख्या तक पहुँच रहा है। इसके साथ ही साथ ई-ज्ञान सूचना पत्र सम्पूर्ण विश्व में महर्षि संस्थान के वैश्विक प्रतिनिधियों एवं अनुयायियों तक भी पहुँच रहा है।

ई-ज्ञान मासिक सूचना पत्र में निम्नलिखित सूचनाओं तथा समाचारों को सम्मिलित किया जाता है:

1. वर्तमान समय में महर्षि विद्या मन्दिर, महाविद्यालय, महर्षि संस्थानों एवं विश्वविद्यालयों में संचालित पाठ्यक्रम।
2. ऐसे नये पाठ्यक्रम व कार्यक्रम जो महर्षि विद्या मन्दिर/महर्षि महाविद्यालय/महर्षि शिक्षा संस्थान/महर्षि विश्वविद्यालय में जोड़े गये हों।
3. वर्तमान में महर्षि शिक्षा संस्थान के विद्यार्थियों की संख्या विषयवार, वर्गवार एवं कक्षावार।
4. किसी भी नये पाठ्यक्रम का प्रारम्भ, पाठ्यक्रम का विवरण एवं स्थान का विवरण।
5. नये भवन निर्माण, भूमि पूजन, वास्तु पूजन एवं शिलान्यास की जानकारी।
6. नये भवन का उद्घाटन व प्रवेश की जानकारी।
7. किसी भी महर्षि संस्थान की विशेष उपलब्धि।
8. महर्षि शिक्षा संस्थान के प्राचार्यों, शिक्षकों एवं कर्मचारियों की विशेष उपलब्धियां।
9. शिक्षा, खेल, कला, संगीत, संस्कृति, भाषा, सामान्य ज्ञान, प्रतियोगिता एवं प्रतिभा खोज आदि के क्षेत्र में विद्यार्थियों की विशेष उपलब्धियां।
10. एन.सी.सी., एन.एस.एस., भारत स्काउट एवं गाईड एवं एडवेंचर कार्यक्रम की जानकारी।
11. महर्षि शिक्षण संस्थानों के विद्यार्थियों की राष्ट्रीय, अंतरराष्ट्रीय एवं बहुराष्ट्रीय संगठनों में उच्च पदों पर नियुक्तियां।
12. भूतपूर्व छात्रों की अभूतपूर्व उपलब्धियां।
13. शिक्षकों, छात्रों, कर्मचारियों, अनुसंधान विभाग एवं संगठन के सदस्यों के उच्च स्तरीय लेखों के प्रकाशन की सूचना।
14. विद्यार्थियों के स्थानीय, राज्य एवं राष्ट्रीय स्तर के समाचार पत्रों, न्यूज चैनल एवं वेब साईट में उपलब्धियों का प्रकाशन।
15. विद्यार्थियों का राष्ट्रीय स्तर की प्रतियोगिताएँ जैसे: लोक सेवा आयोग, भारतीय प्रशासनिक सेवा, आईआईएम., आईआईटी., पी.एम.टी., राष्ट्रीय रक्षा अकादमी, विदेश सेवा, आईआर.एस. एवं सेनाओं में विभिन्न पदों पर चयन एवं नियुक्ति।
16. संस्था द्वारा ली गई शासकीय एवं निजी क्षेत्र की परियोजनाओं का विवरण।
17. नये उत्पाद की जानकारी, विवरण एवं उसके मूल्य का उल्लेख।

18. वर्तमान में बाजार में उपलब्ध उत्पादों की जानकारी।
19. सांस्कृतिक, सामाजिक एवं ऐतिहासिक विषय पर लेखों की जानकारी एवं विवरण।
20. किसी भी सामाजिक समस्या का वैदिक उपायों द्वारा समाधान।
21. किसी भी यज्ञ एवं अनुष्ठान का विवरण।
22. वैदिक महोत्सवों का विवरण।
23. भ्रमण कार्यक्रमों का वृतांत।
24. औद्योगिक निकायो का भ्रमण एवं प्रशिक्षण।
25. राष्ट्रीय एवं अंतरराष्ट्रीय स्तर के गणमान्य अतिथियों के आगमन का विवरण।
26. संस्थान द्वारा प्राप्त पुरस्कार, प्रशंसा पत्र एवं मान्यता।
27. शैक्षिक एवं वाणिज्यिक सहयोग का विवरण।
28. महर्षि वैदिक कृषि का विवरण।
29. महर्षि वैश्विक आंदोलन का ब्यौरा।
30. किसी अन्य समान विषय या क्षेत्र जिसका उल्लेख अग्रलिखित नहीं है उसका विवरण।

हम महर्षि संस्थान के सभी राष्ट्रीय व वैश्विक प्रतिनिधियों, सदस्यों, प्राचार्यों, शिक्षकों, कर्मचारियों, छात्रों, ध्यान साधकों एवं सभी पाठकों के लेख एवं समाचार आमंत्रित करते हैं। कृपया ध्यान दें की सभी समाचार सही, प्रमाणिक एवं मूल रूप में होना चाहिये। केवल अपने स्वयं के लेखों को ही भेजें।

कृपया ध्यान दें कि सभी सामाग्री की एक सॉफ्ट कापी वर्ड फारमेट में निम्न ईमेल पर भेजें –

(egyan@mahaemail.com एवं egyanmonthly@gmail.com) या सभी दस्तावेजों की एक मूलप्रति, सी.डी. के माध्यम से निम्न पते पर भेजें— **व्ही. आर. खरे, निदेशक, संचार एवं जनसम्पर्क, महर्षि विद्या मंदिर समूह, महर्षि सेन्टर फॉर एज्युकेशनल एक्सीलेंस, बिल्डिंग न. 5, लाम्बाखेड़ा, बैरसिया रोड़ भोपाल-462018**, दस्तावेजों की सॉफ्ट कापी एवं हार्ड कापी हिन्दी के देवनागरी लिपि/चाणक्य एवं अंग्रजी के टाईम्स न्यू रोमन फॉन्ट में अग्रलिखित पतों पर भेजे। तस्वीरें एवं चित्र उच्च गुणवत्ता में भेजें ताकि आपकी रिपोर्ट को उच्च स्तरीय बनाने में तथा पाठकों को पढ़ने में उपयोगी हो सके।

ई-ज्ञान, सम्पादक मण्डल किसी भी कॉपी राइट जानकारी या लेखों के लिये उत्तरदायी नहीं होगा। यदि किसी असत्य जानकारी को सम्पादक मण्डल के पास भेजा जाता है तो प्रेषक के लेखों या रिपोर्ट को भविष्य में प्रकाशित नहीं किया जायेगा।

कृपया अपने सभी मित्रों, सहयोगियों एवं पारिवारिक सदस्यों से ई-ज्ञान सूचना पत्र की सदस्यता ग्रहण करने एवं वेबसाईट www.e-gyan.net का अवलोकन करने के लिये अनुरोध करने के साथ साथ उन्हें इस हेतु प्रोत्साहति भी करें।

जय गुरुदेव जय महर्षि

व्ही. आर. खरे
सम्पादक मण्डल
ई-ज्ञान मासिक सूचना पत्र

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