



E-Gyan

Monthly Digital News Letter of Maharishi Organisations - India

महर्षि संस्थान भारत का मासिक सूचना पत्र

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His Holiness Maharishi Mahesh Yogi Ji

Founder of :

Transcendental Meditation and TM-Sidhi Programme
Maharishi Vidya Mandir Schools
Maharishi Ideal Girls Schools
Maharishi Kids Home
Maharishi Schools of the Age of Enlightenment
Maharishi Centre for Educational Excellence
Maharishi Institute of Vedic & Management Sciences
Maharishi Universities and Institutes of Management
Maharishi Mahesh Yogi Vedic Vishwavidyālaya
Maharishi University of Management and Technology
Maharishi Vedic and Ayurvedic Universities
Maharishi Ved Vigyan Vishwa Vidyāpeetham
Maharishi World Centre for Gandharva Ved Music
Maharishi Mahavidyālaya
Maharishi Vedic Vishwa Prashāsan
Maharishi Vishwa Vyāpi Rām Rājya
Maharishi Vedic Vishwa Shanti Rashtra



EDITORIAL

T. C. PATHAK

Director, Communication & Public Relations
National Board of Directors, Maharishi Vidya Mandir Schools Group, India.

His Holiness Brahmaleen Maharishi Mahesh Yogi Ji was Maharishi in the truest sense. One of the greatest spiritual teachers of this era, he was an ambassador of Indian culture and knowledge in the world, the epitome of world brotherhood and an extraordinary union of the Vedic tradition and the modern scientific knowledge. A phenomenon such as this can be witnessed today and will continue to be evaluated in all future. Maharishi Mahesh Yogi Ji is the first and only Indian Philosopher who systematically and scientifically introduced Vedic Knowledge, Meditation & Yog in the West and the entire world and proved through scientific researches that modern science, technology and the entire social sciences have their foundation in our own Veda and Vedic literature.

A great spiritual leader, extraordinary organizer, indefatigable promoter and thinker, Maharishi Ji's personality had a divine aura, his voice carried heavenly attraction and his ideas possessed unique & divine powers of communication.

In the last several centuries there is perhaps no other Yogi or Philosopher who has defined Vedic knowledge and science from a practical and human perspective. Maharishi Ji was born only to remind the world once more of the lessons of peace, prosperity, happiness and Vasudhaiv kutumbakam (the world is one family) and to explain to the world that mantras of Lord Rama 'Ramrajya' and Lord Krishna 'victory of dharma on adharma' are still as contextual as they were in the Treta and Dwapar yugas.

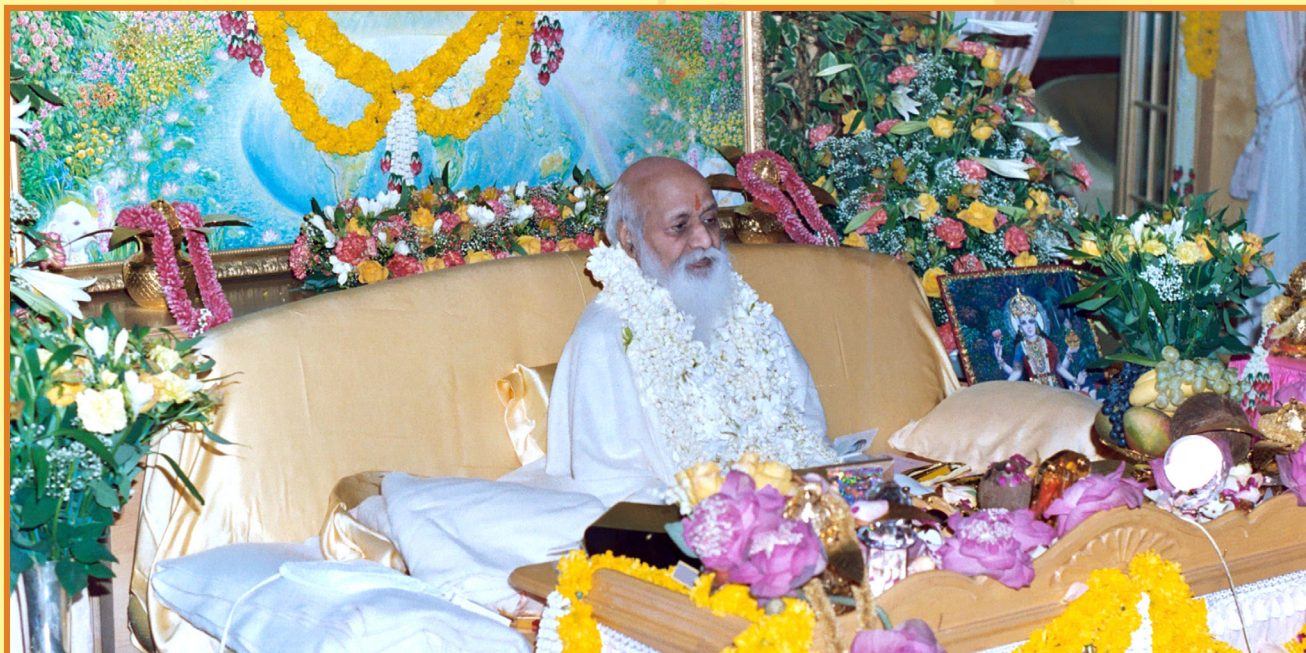
If we make a historical analysis of the last few centuries, it can be seen beyond any doubt that after Treta and Dwapar, if there is one great personality who was determined to see this planet as a united, happy, peaceful and prosperous world, it is Maharishi Ji alone. Since the time of Bhagwan Adi Shankaracharya, there is hardly any Mahapurush who descended on this Ved-bhoomi, Dev-bhoomi, Purna-bhoomi Bharat as such divine personality and worked for the betterment of the entire world at many different levels. Through scientific analysis of Vedic science and Bhawateet Dhyani Yog, Maharishi Mahesh Yogi Ji introduced it to the whole world and established the foundation for world peace, prosperity, happiness and invincibility. He reorganised and restored all values of Vedic sciences, its technology in the whole world and thus has re-established Bharat as Vishwa Guru again. To such a Brahmagyani, Yuga-drishta Maharishi Ji, I offer a million salutations. This edition of E-Gyan is dedicated to the lotus feet of Param Pujya Maharishi Ji.

With deepest gratitude, I bow down again & again in the lotus feet of His Holiness Maharishi Ji who bestowed thee upon us and upon the whole World.

*Jai Guru Dev
Jai Maharishi*

Tara Chandra Pathak
Member of E-Gyan Editorial Board

57th year of "The Age of Enlightenment"



His Holiness Maharishi Mahesh Yogi Ji

57th year of "The Age of Enlightenment"

His Holiness Maharishi Mahesh Yogi Ji inaugurated The Dawn of the Age of Enlightenment on 12 January 1975. In his inaugural speech on board the flagship Gotthard on lake Lucerne, Switzerland, Maharishi Ji said "It is through the window of science that we see The Dawn of the Age of Enlightenment".

Maharishi Ji embarked on global tour to inaugurate The Dawn of the Age of Enlightenment on all five continents — for Asia in India, New Delhi, Vigyan Bhawan Hall; for Europe in England, London, Royal Albert Hall; for North America in Canada, Ottawa, Chateau Laurier; for South America in Argentina, Buenos Aires, Cultural Centre of San Martin; and for Africa, in Ivory Coast, Abidjan, Palais Des Congress Houphouet Boigny.

This year also on 12 January 2012, we are globally celebrating 57th year of Gyan Yug— The Age of Enlightenment Day in all Maharishi Ji's organisations globally.

Jai Guru Dev, Jai Maharishi

Commendations & Messages on Gyan Yug Diwas



Shri Narendra Modi
Chief Minister of Gujarat

"Consciousness based education and imparting of most updated knowledge to our students with scientific base, will harness our young generation for enabling them to build our Nation of par excellence. Gyan Yug Diwas in the Year Gyan 2012 may emerge with pious aim for strengthening our Indian culture and values to make our country a leader around the globe.

"I appreciate the efforts and endeavour by the group in assimilating the value based education. I convey my best wishes for the event."



Shri Ashok Singhal
President, Vishwa
Hindu Parishad

"As knowledge, wisdom and guidance come with education and it is the key to advance justice, progress, tolerance and the dignity of all human beings, Maharishi ji promoted it intensively and extensively as an integral component of the TM movement to serve the definitive cause of happiness, health and blessedness in individual and collective life. Maharishi ji for over half a century was the most articulate global spokesman for the spiritual argument that a critical mass of people becoming enlightened through the practice of meditation and yogic discipline would ensure momentum for peace, harmony and collective consciousness in the world. Maharishi Ji emphasized that the world we want to build - and the changes that we want to make - must begin in our own hearts, and our own communities, societies and nations. Salutations to Maharishi Ji's great work for Bharat Maata and Mother Earth and may this Ishwariya Kaarya continue to work for man's and nature's wellbeing."



Shri Bhuwan Chandra Khanduri
Chief Minister of Uttarakhand

"Education is a methodical effort towards cultivating essential values in the students. Value education is always essential to shape a student's life and to give him an opportunity of performing himself on the global stage."

I extend my best wishes for the Success of the celebrations.

Commendations & Messages on Gyan Yug Diwas



अर्चना चिटनिस
स्कूल शिक्षा मंत्री, मध्यप्रदेश

“महर्षि संस्थान द्वारा भारतीय संस्कृति और मूल्यों की रक्षा के साथ वेद-विज्ञान और तकनीकी शिक्षा हेतु चलाये जा रहे वैश्विक अभियान का उद्देश्य बहुत ही पवित्र है। प्राचीन भारतीय शिक्षा का विश्व में प्रचार-प्रसार महर्षि संस्थान का भारतीय अस्मिता की रक्षा हेतु उठाया गया प्रशंसनीय प्रयास है।”

महर्षि संस्थान और उसके उद्देश्य देश हित, विश्व हित में सार्थक हों।



प्रेम कुमार धूमल
मुख्यमंत्री, हिमाचल प्रदेश

“परम् पूज्यनीय महर्षि महेश योगी जी एक युग पुरूष थे, जिन्होंने विश्व को न केवल एक नई दिशा दी है, अपितु देश भर में विभिन्न स्थानों पर विद्यालयों की स्थापना कर बच्चों में संस्कारयुक्त शिक्षा की सुविधा को सुनिश्चित बनाया है। महर्षि महेश योगी जी ने विश्व भर की मानवता के कल्याण के लिए अपना मार्गदर्शन दिया और विभिन्न संस्थानों के माध्यम से समाज की सेवा की है। योगी जी की शिक्षाएं आज के संदर्भ में अधिक प्रासंगिक हैं, जब विश्व अनेक कठिनाइयों व विपरीत परिस्थितियों से गुजर रहा है, ऐसे में उनकी शिक्षाओं को अपनाकर ही मानवता का कल्याण सुनिश्चित बनाया जा सकता है।”

मैं, आशा करता हूँ कि महर्षि विद्या मन्दिर द्वारा समाज के उपेक्षित वर्गों तक भी गुणवत्तापूर्ण व संस्कारयुक्त शिक्षा का लाभ पहुंचाने का प्रयास किया जाएगा ताकि सम्पूर्ण मानवता का कल्याण हो सके।



Shri Balmiki Prasad Singh
Governor of Sikkim

"The great pioneer of Transcendental Meditation technique, His Holiness Maharishi Mahesh Yogi was instrumental in bringing about the revival of Vedic tradition of knowledge. It is, therefore, fitting that Maharishi Ji should be associated with youth and education.

"The Maharishi Vidya Mandir Schools Group has been providing a commendable service by incorporating Maharishi's idea of consciousness based education."

I would like to wish the Maharishi Vidya Mandir Schools Group all success on this occasion.

Commendations & Messages on Gyan Yug Diwas



Shri D. Y. Patil
Governor of Tripura

"It is a matter of immense pleasure to know that Maharishi Vidya Mandir Schools Group, Bhopal is going to celebrate birthday of His Holiness Maharishi Mahesh Yogi on 12th January, 2012 as the "Gyan Yug Diwas" all over India.

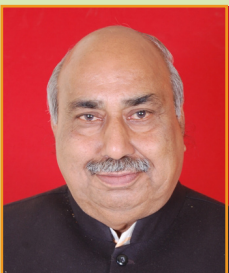
"I am also really moved to learn the pious aim of Maharishi Shiksha Sansthan to impart most updated knowledge to the students of scientific basis along with strengthening their Indian culture and values through the inculcation of Vedic Science and Technology."

Let the Happy New Year 2012 be a beginning of advancement of morality, spirituality paving the path of prosperity.



Shri Janaki Ballav Patnaik
Governor of Assam

"On the occasion of birth anniversary, I take this opportunity to pay my tributes to this great soul and I send my greetings and best wishes to all students, faculty members and the administrators of this illustrious institution and exhort them to continue to work for the upliftment and progress of the nation."



Shri Ishwardas Rohani
Speaker of MP Legislative
Assembly

"This is a matter of great pleasure that Maharishi Vidya Mandir Schools group is celebrating the Birthday of Maharishi Mahesh Yogi Ji on 12th January 2012 and going to publish its annual magazine "Gyan 2012" on this occasion.

"Maharishi Vidya Mandir Schools Group is doing great service in Spreading primary to higher education in all over India and abroad also."



Late Dr. Y. S. Rajasekhara
Reddy, Ex. Chief Minister,
Andhra Pradesh

"Maharishi Mahesh Yogi is widely regarded as the foremost scientist in the field of consciousness, and is considered one of the greatest teachers in the world. His Transcendental Meditation technique to promote ideal education through the development of consciousness is the most widely practised and extensively researched program of self-development in the world."

Global Appreciation of Maharishi Ji's Teaching & World Peace Programme

“महर्षि महेश योगी का सुयश अद्यापि सुरभित हो रहा है। विश्व के कोने-कोने में ही नहीं जन-जन से उनकी सुकृति की ध्वनि वेद ध्वनि की एकरूपता प्राप्त कर गुंजित हो रही है ऐसे वेदाश्रयी को वेद पुरुष की संज्ञा से मण्डित करना अतिशयोक्ति नहीं होगी”।

—अनन्त श्री विभूषित जगद्गुरु, श्री शंकराचार्य ज्योतिषीठाधीश्वर, श्री स्वामी वासुदेवानंद सरस्वती जी महाराज

“श्रद्धेय श्री महेश योगी जी सनातन धर्म में आस्थान्वित भगवत्पाद शिवावतार श्रीमज्जगद्गुरु – शंकराचार्य – महाभाग की परम्परा में दीक्षित सन्त थे। उन्होंने सनातन शास्त्रीय मर्यादा की सीमा में योग का विश्वस्तर पर प्रचार-प्रसार किया। वे धर्म नियन्त्रित पक्षपात-विहीन शासनतन्त्र के पक्षधर थे। उनके सम्पर्क में आनेवाले पाश्चात्य जगत के साधकों और विचारकों ने स्वयं को सनातन धर्म के प्रति आस्थाचित्तकर प्रमुदित किया”।

—पूर्वाम्नाय-श्रीगोवर्द्धनमठ-पुरीपीठाधीश्वर, श्रीमज्जगद्गुरु-शंकराचार्य-स्वामिनिश्चलानन्दसरस्वती, श्रीमज्जगद्गुरु-शंकराचार्य-महासंस्थानम्, श्रीगोवर्द्धनमठ, पुरी (उड़ीसा)

"His Divine Holiness Maharishi Mahesh Yogi brought the supreme blessings of the Vedic wisdom to millions of people throughout the world, providing the practical foundation for individual enlightenment, national invincibility, and world peace".

—Maharajadhiraj Raja Raam, The First Ruler of Maharishi Global Country of World Peace

“महर्षि महेश योगी न तो अवतार थे, न अलौकिक चमत्कारी योगी, न असाधारण साधु थे, जैसा कुछ लोग अपने बारे में प्रायः दावा किया करते हैं। श्रद्धेय महेश योगी इसके विपरीत अपने को एक जनसेवक, ईश्वर का एक विनम्र अनुयायी मानते रहे। श्री योगी जी ने विदेशों में भी रहकर भारत के ऋषियों-मुनियों की उस विरासत को अनावृत्त किया जिस पर शताब्दियों से निष्क्रियता की धूल पड़ी थी। योग, अध्यात्म, संस्कृति एवं संस्कार की पुरातन एवं समृद्ध वैदिक परम्परा को जन-जन तक पहुंचाने का भागीरथ प्रयास किया महेश योगी ने”।

—स्वामी रामदेव, अध्यक्ष, पतंजलि योगपीठ ट्रस्ट

"The impact that Maharishi Ji has had upon the world today is phenomenal, and I am sure that his message and mission will continue to blossom and flourish, teaching, touching and transforming millions and millions across the world. We are truly at a “turning point” in the world today. Will we turn toward peace or pieces? Maharishi ji has given the tools to turning toward true peace – of the body, mind, soul and spirit."

—Pujya Swami, Chidanand Saraswati Ji, Parmarth Niketan, Rishikesh

"Maharishi has worked tirelessly since 1955 to open the gate of enlightenment to every individual, and to crown every nation with invincibility-with peace, prosperity and happiness, free from negativity and suffering."

—Dr. Bevan Morris, Prime Minister of the Global Country of World Peace

"It is a great joy to reflect on the enormous scope of the blessings which Maharishi Mahesh Yogi has brought to the whole world family. But, like so many around the world, I am completely at a loss

to adequately express my overflowing marvel, appreciation, and love."

—Raja Harris Kaplan, Raja of Invincible India

"Maharishi's incomparable, scientifically demonstrable global impact will become increasingly evident to the whole population as his legacy of enlightenment and peace continues to spread irreversibly throughout the world."

—Raja John Hagelin, Raja of Invincible America

"History as we know it does not record a contribution to mankind approaching that of His Holiness Maharishi Mahesh Yogi.

Maharishi's gift to humanity has been to transform the quality of life on earth to be heavenly life, on the basis of Total Knowledge of Natural Law."

—Raja Michael Dillbeck, Raja of Invincible France, Invincible Latvia, Invincible Algeria

"Maharishi has made the complicated and difficult task of spiritual development, formerly reserved only for a few, into an easy, effortless process available to any sincere seeker of truth. For Maharishi, more than any spiritual teacher in the history of mankind, वसुधैव कुटुम्बकम् the world is his family. (Maha Upanishad 6.71)

Maharishi is a true teacher of the whole world, the guiding light for every man in every nation, in every generation, for all generations to come."

—Raja John Konhaus, Raja of Invincible Japan, Invincible Hamsa, Invincible Uzbekistan

"Maharishi Ji's contribution towards achieving world peace, elevation of poverty and spreading the knowledge of Ancient Vedic practices globally is simply unmatched."

—Maj. Gen. Kulwant Singh, UYSM, (Retd.), Global Minister of Defence, Maharishi Global Country of World Peace

"What Maharishi Ji has given to the world is unfathomable. No amount of words and no level of description will be able to reach the feet of Guru Dev's blessings in the same way that our own being can, in our becoming that level that is universal and unbounded, omnipresent and transcendental. By being in the light of God on Earth, we can truly come close to basking in the blessings that Maharishi Ji has given us."

—Dr. Benjamin Feldman, Global Finance Minister, Maharishi Global Country of World Peace

"On behalf of all doctors and health professionals and all those who are engaged in improving the health care on this planet, I thank Maharishi ji for His invaluable gift of the creation of a disease free, healthy, enlightened world."

—Dr. Rainer Picha, Global Minister of Health, Maharishi Global Country of World Peace

"महर्षि महेश योगी जी कहा करते थे समाज में चारों ओर भय, आतंक व अशान्ति व्याप्त है। समाज में विभिन्न धर्म व सम्प्रदाय के लोग रहते हैं। जहां अनेक संस्कृतियां, परम्पराएं व मान्यताएं प्रचलित हैं जो व्यक्ति के चिंतन को, उसकी जीवन शैली को, जीवन की दिशा एवं उद्देश्य को प्रभावित करती है। लोगों में परस्पर मतभेद तो होंगे, लेकिन हर मतावलम्बी को न्यूनतम समसिद्धांतों के आधार पर समन्वय व एकता लाने का प्रयास करना चाहिए।"

—नवल किशोर शर्मा, पूर्व राज्यपाल, गुजरात

“भारत आध्यात्मिक रूप से बहुआयामी देश है। महर्षि महेश योगी जी भी भारत माता के आध्यात्मिक संतान थे जिन्होंने अपना सारा जीवन भारतवर्ष एवं सम्पूर्ण विश्व के निवासियों में ध्यान-योग के प्रसार-प्रचार के लिए अर्पित किया था।”

—दिनेश नंदन सहाय, पूर्व राज्यपाल, त्रिपुरा

“महर्षि महेश योगी जी ने विश्व को आध्यात्मिक चेतना प्रदान की और जीवन पर्यन्त विश्व-शांति को अक्षुण्ण बनाये रखने के लिए प्रयासरत रहे।”

—डॉ. बलराम जाखड़, पूर्व राज्यपाल, मध्यप्रदेश

“पूज्यपाद महर्षि महेश योगी जी भारतीय आध्यात्मिक परम्परा के अनन्य उपासक एवं अध्यात्म विद्या के अप्रतिम साधक थे। उन्होंने विश्व भर में योग एवं ब्रह्मविद्या का प्रचार तथा वैदिक ज्ञान का अद्भुत प्रचार किया तथा इन विधाओं की शक्ति का परिचय भी कराया।”

—डॉ. मुरली मनोहर जोशी, संसद सदस्य (लोक सभा)

“महर्षि स्वयं में एक संस्था थे। वैज्ञानिक एवं आध्यात्मिक सोच के आधार पर वैश्विक स्तर पर उन्होंने वेदों को पुनर्प्रतिष्ठित किया। उन्होंने लोक कल्याण के लिए लोकतंत्र की जो परिकल्पना की, उसमें भारतीय संस्कृति के सूत्र निहित हैं। वह वैदिक संस्कृति के संवाहक थे।”

—सुबोधकांत सहाय, पर्यटन मंत्री, भारत सरकार

“हिन्दू धर्म, संस्कृति तथा तत्त्वज्ञान की शाश्वत सत्यता, सामयिक आवश्यकता और सर्वकालिक उपयोगिता को उसके वैश्विक रूप में महर्षि ने भावातीत ध्यान के माध्यम से प्रस्तुत किया। उनके पार्थिव देह विसर्जन के बाद भी उनके द्वारा पथ तथा पाथेय प्रदान होता रहेगा।”

—मोहन भागवत-सहकार्यवाहक, राष्ट्रीय स्वयंसेवक संघ

“महर्षि आधुनिक युग में भारत की प्राचीन ऋषि परंपरा के प्रतीक पुरुषों में से एक थे, जिन्होंने अखिल विश्व में भारतीय संस्कृति और वैदिक वांग्मय के श्रेष्ठतम मूल्यों को स्थापित किया। उन्होंने ऐसे कार्य किए हैं जो आने वाले समय में विश्व के लिए युग प्रवर्तक सिद्ध होंगे।”

—राजनाथ सिंह-पूर्व अध्यक्ष, भारतीय जनता पार्टी

“महर्षि वेद के आधार पर वैश्विक प्रशासन चलाना चाहते थे। इसलिए उन्होंने दुनिया भर के लोगों को वेद आधारित शिक्षा और भावातीत ध्यान से जीवन जीने की कला सिखाई। उनके बताए कार्यक्रमों पर चलकर आर्थिक सम्पन्नता हासिल की जा सकती है।”

—केशरी नाथ त्रिपाठी-पूर्व प्रदेश भाजपा अध्यक्ष

“महर्षि जी भारतवर्ष के अद्वितीय संत थे, उनके विचारों को हम आत्मसात् करें।”

—अजय विश्नोई-पशुपालन एवं गैर पारम्परिक ऊर्जा मंत्री, मध्यप्रदेश

“भारत का हर शिशु संस्कृति समझे”

“महर्षि जी ने अपने गुरु शंकराचार्य ब्रह्मानंद जी के आशीर्वाद से भावातीत ध्यान को पूरे विश्व में पहुंचाया। इसका उदाहरण है कि विश्व के 82 देशों के उनके शिष्य जबलपुर पहुंचे हैं। महर्षि जी ने विद्यालयों की

स्थापना कर पश्चिमी संस्कृति पर रोक लगाकर भारतीय संस्कृति को अक्षुण्ण बनाए रखने का प्रयास संभव हुआ है। गिरीश जी ने प्रार्थना की कि इसका और विस्तार करें, ताकि भारत का हर शिशु भारतीय संस्कृति को समझे व उसका अनुसरण करे”।

—ईश्वरदास रोहाणी—विधानसभा अध्यक्ष, मध्यप्रदेश

“भारतीय ज्ञान प्राचीन”

“महर्षि जी ने पवित्र धरा में जन्म लिया और पूरी दुनिया में वैदिक ज्ञान और भारतीय योग से परिचित कराया। उन्होंने अत्यंत विकसित पाश्चात्य देशों को यह मानने पर मजबूर कर दिया कि भारतीय ज्ञान ही प्राचीन है और पूरी मानव जाति का कल्याण हो सकता है। आज महर्षि जी हमारे बीच नहीं हैं, लेकिन सभी का ये दायित्व है कि उनके महान संकल्प की पूर्ति में सभी योगदान दें”।

—राकेश सिंह—सांसद, जबलपुर, मध्यप्रदेश

"The greatness of His Holiness Maharishi Mahesh Yogi and his contribution to the world is beyond description—he transformed the destiny of humanity from suffering and darkness to the dawning age of enlightenment. Maharishi is the greatest saint, scientist, and teacher of pure knowledge in the long history of mankind. For millennia to come he will be recognized and appreciated for compassionately guiding the world through this precarious transition from the threat of global annihilation to the realization of Heaven on Earth."

—Dr. Robert Keith Wallace, Founding President, Trustee and Professor of Physiology, Maharishi University of Management, USA

"Maharishi brings supreme enlightenment. Maharishi brings real peace on earth."

—Dr. David Lynch, World Renowned Film Producer

“महर्षि महेश योगी जी ने जो कार्य किया है, वह बहुत मूल्यवान है एवं समय—समय पर इसका मूल्यांकन किया जाता रहेगा। वर्तमान में जो महर्षि विश्वशांति आंदोलन की स्थापना की जा रही है, वह चिरस्थायित्व के लिये बहुत महत्वपूर्ण है।”

—आचार्य महाप्रज्ञ, श्वेताम्बर जैन तेरापंथ

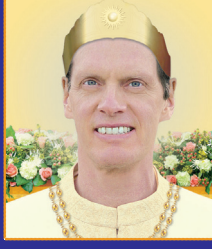
“महर्षि महेश योगी भारतवर्ष की उन विभूतियों में से एक हैं जिन्होंने न केवल भारतवर्ष वरन् सम्पूर्ण विश्व में भारतीय आध्यात्म को प्रतिष्ठा दिलायी। इस भौतिक समय में महर्षि ने मानव जाति को सनातन वेद और वैदिक वांगमय के जरिये आत्मोत्थान और विश्व शांति की प्रेरणा दी।”

—शिवराज सिंह चौहान, मुख्यमंत्री, मध्यप्रदेश शासन

“परम् पूज्य महर्षि महेश योगी जी ने भारत की अध्यात्म शक्ति का प्रचार प्रसार पूरे विश्व में सफलतापूर्वक किया। उनके अब इन प्रयासों को महर्षि विश्वशांति आंदोलन का रूप दिया जा रहा है।”

—लक्ष्मीकांत शर्मा, संस्कृति एवं जनसम्पर्क मंत्री, मध्यप्रदेश शासन

जय गुरुदेव, जय महर्षि



Raja John Konhaus

Raja of Invincible Japan, Invincible Hamsa, Invincible Uzbekistan, Invincible Egypt, Invincible Kyrgyzstan, Invincible Somalia and Invincible Chad

A Tribute to His Holiness Maharishi Mahesh Yogi Beloved Maharishi Ji

असतो मा सद्गमय
तमसो मा ज्योतिर्गमय
मृत्योर्मा अमृतं गमय

*From non-existence lead us to pure existence,
From darkness lead us to the divine light,
From death lead us to immortality and invincibility.
Brihadaranyaka Upanishad 1.3.28*

Maharishi as Jagad Guru

Throughout the history of time, man has aspired to know the ultimate reality, and to live this reality in a practical and meaningful way. But in every age, this aspiration has remained out of reach and unfulfilled by the vast majority of the population. What has been lacking has been a true global teacher with a simple, natural, universally applicable technique to achieve this goal.

The Vedic tradition of India, upheld in its purity by a long history of enlightened custodians, has always enshrined the supreme knowledge of integration of life, and from time to time, has brought about a revival of man's understanding, restoring him to a speedy path of evolution and awakening in him the reality of a heavenly life on earth.

His Holiness, Maharishi Mahesh Yogi, with the blessings and guidance of his Master, Brahmanand Saraswati has become for us, in this generation, the supreme light of that Vedic tradition. For the first time, in our scientific age, Maharishi has given every man the opportunity to dive deep within his own transcendental Self, and to experience and live the ultimate reality.

Maharishi has made the complicated and difficult task of spiritual development, formerly reserved only for a few, into an easy, effortless process available to any sincere seeker of truth. For Maharishi, more than any spiritual teacher in the history of mankind, वसुधैव कुटुम्बकम् the world is his family. (Maha Upanishad 6.71)

Maharishi is a true teacher of the whole world, the guiding light for every man in every nation, in every generation, for all generations to come. Every one of Maharishi's programs, every teaching, is universally available and applicable to the whole world. Maharishi's supreme goal was to create a world of enlightened individuals and invincible nations, living in peace and harmony, and he has already achieved the foundation of this goal.

To describe and pay tribute to a great teacher of Maharishi's stature is a task beyond human ability. Maharishi's status is truly beyond words; the meaning of his life transcends the human intellect; his

true abode is the supreme abode of Lord Krishna himself, described as: यतो वाचो निवर्तन्ते that place from which speech returns. Words can never reach Maharishi's supreme level of enlightenment. Only the language of the transcendent itself, the language of the Veda, could be truly capable of offering some small tribute to Maharishi ji, of coming to his feet in supreme reverence. Maharishi's life in our world among us was the living example of the all merciful, invincible, evolutionary power of nature expressed in: परित्राणाय साधूनां विनाशाय च दुष्कृताम् धर्मसंस्थापनार्थाय संभवामि युगे युगे To protect the righteous and destroy the wicked, to establish Dharma firmly, I take birth age after age. (Bhagavad-Gita 4.8)

Maharishi, as living Veda, throughout his 50 year teaching career, loved and revered the Vedic expressions from all the different branches of Veda and the Vedic literature. Maharishi knew the language of nature, the language of Veda, was the actual expression of Total Knowledge, and therefore had the greatest power to transmit that knowledge in the form of verbal expressions.

In this tribute, we wish to offer back to Maharishi some expressions from the Vedic Literature, which give us a glimpse of his eternal greatness. Maharishi is a rare teacher who completely embodied what he taught, and so the Vedic expressions simply, and most perfectly, describe his own state of Being.

First, from the expressions of the Siva Sutras, the sutras of Mahesh, we naturally find the supreme expressions of Maharishi's own status. For Maharishi, Knowledge of the Self is the supreme gift which he disseminates all around him. By Maharishi's very Being, our entire world has been nourished and purified by his Self awareness, the whole world consciousness has been gifted with Total Knowledge.

लोकानन्दः समाधिसुखम् His being in the ecstatic state of samadhi bestows bliss and happiness to the whole of humanity. इच्छाशक्तिरूपा कुमारी For such an enlightened Guru, any desire of his is identical with the Supreme Shakti of Purusha and hence cannot be checked by any power. Such a Yogi as Maharishi ji was and is capable of helping humanity unbounded by space and time.

सिद्धः स्वतन्त्रभावः For him the state of utter freedom, pure self-knowledge, exists spontaneously. This was Maharishi's natural state of Being, his all time reality from the moment he surrendered to his Master, Guru Dev. वितर्क श्रात्मज्ञानम् For such a realized soul, any ordinary thought was the means of expressing the totality of His own Self कथा जपः And for him, the daily routine talk was the recitation of real mantra, each word of his carried the same impact as the recitation of Vedic Scripture. This was the daily experience of all those who had the joy and blessing of floating in Maharishi's presence, of enjoying his company, of allowing his darshan to light the light within them. His words were not ordinary words; they carried within them the total intelligence of Natural Law, the totality of Veda. Maharishi's words could transform any listener, bringing his or her experience to the deepest level of meaning of any expression.

भेदतिरस्कारे सर्गान्तरकर्मत्वम् Maharishi stood aloof from relativity, and thus became the creator and destroyer of the entire universe. He had the capacity to create a different Kingdom of Nature and a new variety of life. The world around Maharishi was the unfoldment of his divine mind. Maharishi transformed the world to a greater extent than any other Master in the corridor of time, because he combined the wisdom of the ages with the language and methods of modern science. He created a world of peace, enlightenment, health and affluence by transforming every conceivable area of human endeavour, from Consciousness Based Education, to Vedic Health Care, Vedic Agriculture, Vedic Architecture, Vedic administration, and all the other major areas of our life and society.

शक्तिसंधाने शरीरोत्पत्तिः His mind established in pure Being, He could create anything, internal or external, by his mere will. Maharishi gave us a new modality of acting, of acting from the level of invincible Being, from the will of God, in harmony with all the Laws of Nature. It was the Self-acting within Itself. Maharishi had the infinite creativity of Total Natural Law as his daily expression, and he used it

with all joy and fullness. For Maharishi नर्तक आत्मा He was the actor who plays in the drama of every day life, and it was his own Self.

प्रातः समाचारे समदर्शनम् His breath moved in evenness, He had an even vision of all things. He breathed out that unified state into the universal activities of daily life. Such was the automatic, world transforming value of having Maharishi in the world with us, reviving life from its core. For Maharishi, अयमात्मा ब्रह्म This Self was Brahman. Maharishi was and is Totality. (Mandukya Upanishad 2)

What did living with such an all time enlightened soul mean for all of those who had the joy of tasting life around him? विस्मयो योगभूमिका: The steps of development to enlightenment under the guidance of the Guru are really wondrous. The growth of experience in the process of discipleship comprises indescribable astonishment and wonder. With Maharishi, every hour of every 24-hour day was a time of indescribable wonder and amazement.

Maharishi's Teaching

In offering his Vedic knowledge throughout the world, for Maharishi, consciousness was always the foundation of life, and the foundation of all his teachings. The Science of Being was always at the basis of the Art of Living. For the various aspects of life—education, agriculture, health care, government, etc—everything has its basis in consciousness. For Maharishi, चितिशक्तिरिति The power of consciousness is infinite. (Yoga Sutra 4.34)

Because of this foundational role of consciousness, Maharishi deeply understood that the knowledge of consciousness is the most powerful tool in progressing any area of life. न हि ज्ञानेन सदृशं पवित्रमिह विद्यते तत्स्वयं योगसंसिद्धः कालेनात्मनि विन्दति For Maharishi, truly there was in this world nothing so purifying as knowledge; he who is perfected in Yoga, of himself in time finds this within himself. (Bhagavad-Gita 4.38) आत्मा वा अरे द्रष्टव्यः श्रोतव्यः मन्तव्यः निदिध्यासितव्यः That Atma alone, that state of simplest form of awareness alone, is worthy of seeing, hearing, contemplating, and realizing. Yagyavalkya, Brihadaranyaka Upanishad 2.4.5)

Making the Difficult Simple

True to Maharishi's life long theme of making the difficult seem simple, Maharishi was able to explain the entire, unfathomable science of Yoga with a few, key verses of the Yoga Sutras and the Bhagavad Gita. In these verses, he captured the essence of the transcending process that one naturally experiences through Transcendental Meditation, and the subsequent establishment of Being into daily life as a result of the stabilization of that experience through practice of the TM and TM Sidhi programme. From the Yoga sutra:

योगश्चित्तनिरोधः Yoga is the complete settling of the activity of the mind. (Yoga Sutra 1.2)

तदा द्रष्टुः स्वरूपेऽवस्थानम् Then the Self is established in Itself. (Yoga Sutra 1.3)

वृत्तिसारूप्यमितरत्र Reverberations of the Self emerge from here (the self-referral state) and remain here (within the self-referral state. What you see you become. (Yoga Sutra 1.4)

From the Bhagavad Gita:

त्रैगुण्यविषया वेदा निस्त्रैगुण्यो भवार्जुन निर्द्वन्द्वो नित्यसत्त्वस्थो निर्योगक्षेम आत्मवान् The Veda's concern is with change (the three gunas,) Be without the three Gunas, O Arjuna! Freed from duality, ever firm in purity, independent of possessions, possessed of the Self. (Bhagavad- Gita 2.45) योगस्थः कुरु कर्मानि संग त्यक्त्वा धनञ्जय सिद्धयसिद्धयोः समो भूत्वा समत्वं योग उच्यते Established in Yoga, O winner of wealth, perform actions having abandoned attachment and having become balanced in success and failure, for balance of mind is called Yoga. (Bhagavad- Gita 2.48)

Two Fullness's of Life

Maharishi, at the request of his Guru, brought the knowledge of the fullness of life to all men, regardless of their age, rank, marital status, education, religion, culture, or tendencies. Householder or recluse, everyone was qualified for receiving Total Knowledge from Maharishi. This is because Maharishi deeply understood and upheld the knowledge of the two fullness's of life: absolute and relative. For Maharishi there was never any less fullness in any part or expression of life. It was all Totality for him. पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते पूर्णस्य पूर्णमादाय पूर्णमेवावाप्स्यते That is full; this is full. From fullness, fullness comes out. Taking fullness from fullness, what remains is fullness. (Shantipatha, Isha Upanishad)

Consciousness Based Education

Knowing that education was the foundation of the future of society, Maharishi put his greatest attention in this area, bringing out the Vedic science of Shikshā, education which unfolds that which is hidden from view, the transcendental Self of everyone, the field of Total Knowledge. In the Upanishads, glory is given to this one source, course, and goal of knowledge. Consciousness is seen as both the ends and the means of gaining knowledge—knowing pure consciousness enables man to know everything and achieve anything. कस्मिन्नु भगवो विज्ञाते सर्वमिदं विज्ञातं भवतीति Know that by knowing which everything else is known. (Mndaka Upanishad 1.1.3) शिवं शान्तमद्वैतं चतुर्थं मन्यन्ते स आत्मा स विज्ञेयः The peaceful, the blissful, the undivided is thought to be the fourth; that is the Self. That is to be known. (Nrisimhottaratapaniya Upanishad)

The central concept which Maharishi brought to education is ऋचो अक्षरे परमे व्योमन् यस्मिन्देवा अधि विश्वे निषेदुः which most simply means that: Knowledge is structured in consciousness. More technically, the verses of the Veda exist in the collapse of fullness (the kshara of 'A') in the transcendental field, the Self, in which reside all the devatas, the impulses of creative intelligence, the laws of nature responsible for the whole manifest universe. (Rk Veda 1.164.39)

Maharishi emphasized this one key verse throughout his teaching, which brought to light the essential relationship between Consciousness and its expression as Veda or Total Knowledge. Maharishi explained how Veda is the lively, eternal intelligence within each of us, on the level of pure consciousness and is available at all times to everyone.

And Maharishi emphasized that Education is not meant to be a long and arduous process, that अल्पकालं विद्यां सब पाई Total Knowledge can be gained in a short time. (Rama Charita Manasa, Bal Kanda 203.2) Education is the simple, natural process, of allowing the awareness to transcend and experience the Self, the field of Total Knowledge, through Transcendental Meditation, and then to come back to diversity. It is through this process of synthesizing and analyzing, of converging and emerging, that all knowledge between these extremes can be gained and mastered. Life can be lived in a unified wholeness. अन्वयव्यतिरेकाभ्यां निष्प्रपञ्चं प्रपञ्चयते By virtue of analysis and synthesis, the indivisible Unity is realized in the world of diversity.

Life is Bliss

Everyone who came into Maharishi's presence experienced the most irresistible bliss that he embodied and radiated. He taught us that the very nature of life is bliss, and through the TM and TM Sidhi programme, millions of people throughout the world directly experienced the Upanishadic expression Out of bliss these beings are born, In bliss they are sustained, And to bliss they go and merge again, (Taittiriya Upanishad 3.6.1)

Automation in Administration

Maharishi always administered for the good of the whole world through automation in administration, through the automatic, all-powerful, guiding intelligence of Total Natural Law, the Constitution of the Universe. This is expressed in his teachings in many core Vedic expressions such as: दशमेयुगे यतीनां ब्रह्मा भवति सारथिः For those established in self-referral consciousness, the infinite organizing power of the Creator becomes the charioteer of all action. (Rk Veda 1.158.6) and राम ब्रह्म परमार्थ रूपा Rama is Totality, the embodiment of supreme fulfilment, the goal of all pursuits—administration through the total creative potential of Natural Law. (Rama Charita Manasa, Ayodhya Kanda 90.7; Uttara Kanda 20.1–4)

For Maharishi, the basis of administration is found in the self-referral dynamics of consciousness, where consciousness, turning back on its own nature, becomes the source of the creative and administrative process. This is expressed in प्रकृतिं स्वामवष्टभ्य विसृजामि पुनः पुनः Ever curving back upon My own Nature, I create again and again. (Bhagavad-Gita 9.8) and, मयाध्यक्षेण प्रकृतिः सूयते सचराचरम् Under my Presidentship, Prakriti (Nature), creates both the moving and unmoving. (Bhagavad-Gita 9.10)

Maharishi maintained that for any action to be successful and evolutionary, it needs to be centered in Self-referral consciousness; it should be consciousness-based action, dynamic action based on the silent core of inner Being. In this way, every action is spontaneously supported by the almighty governing intelligence of nature, the Constitution of the Universe, which naturally supports the evolutionary administration of the universe in perfect harmony, and does justice to the cosmic status of man यो वै भूमा तत्सुखं नाल्पे सुखमस्ति भूमैव सुखं That which is infinite, that alone is happiness. There is no joy in smallness. The infinite alone is bliss. (Chhandogya Upanishad 7.23)

Coherence and Invincibility for Every Nation

True to his nature as a Jagad Guru or world teacher, Maharishi focused nearly all his attention in later life on enlightening nations, and the world as a whole. Having developed the consciousness of his individual followers to a very profound level, he turned to the collective value of enlightenment, and put his infinite organizing power into creating coherent, invincible nations, based on the collective practice of the Transcendental Meditation and TM-Sidhi Program. Maharishi focused on prevention of problems through coherent societies: हेयं दुःखमनागतम् Avert the danger which has not yet come. (Yoga Sutra 2.16)

Scientific research verifies Maharishi's focus on group coherence, and presents to us the Maharishi Effect, which demonstrated the ability of individuals to create exponential amounts of purity and coherence in society through their group practice of Transcendental Meditation and the TM Sidhi Programme. The Maharishi Effect is the scientific expression of the ancient Vedic expression: तत्सन्निधौ वैरत्यागः In the vicinity of coherence (Yoga), hostile tendencies are eliminated. (Yoga Sutra 2.35)

Maharishi Mahesh Yogi, Victory to Maharishi

From this brief survey of what Maharishi has given to all of us, we can only marvel and feel awe and gratitude at his “sovereign majesty,” knowing that Maharishi, like Lord Krishna was the majesty of Yoga itself, its perfect embodiment and expression. पश्य मे योगमैश्वरम् Behold the sovereign majesty of My Yoga—Samhita value, My holistic Nature. (Bhagavad-Gita 9.5)

We end this tribute with a call to victory—the victory of an enlightened and invincible world, and we know with certainty that we will achieve it through Maharishi's knowledge and grace सत्यमेव जयते Wherever there is absolute alertness, there is victory. (Mundaka Upanishad 3.1.6)

All Glory to Guru Dev, All Glory to Maharishi, All Glory to the Tradition

न गुरोरधिकम् न गुरोरधिकम् न गुरोरधिकम्
There is nothing greater than the Guru.

गुरु के चरणों में

गुरुदेव आपके चरणों में
दो फूल चढ़ाने आया हूँ।
आशीष आपका पाने को,
मैं शीश झुकाने आया हूँ।

तुम हो अखण्ड मण्डलाकार,
तुम व्याप्त चराचर में अपार।
तुम ब्रह्मा, विष्णु, महेश्वर हो,
तुम पार ब्रह्म परमेश्वर हो।।

ऐसे परमेश्वर के सन्मुख,
मैं दीप जलाने आया हूँ।
गुरुदेव, आपके चरणों में,
दो फूल चढ़ाने आया हूँ।

तुम ही गुरुदेव, पिता-माता,
तुम ही गुरुदेव, सखा-भ्राता।
गुरुदेव तुम्हीं हो विद्या धन,
हे! जय-जय-जय गुरुदेव नमन्॥

मैं अपनी विषम वेदना के,
कुछ गीत सुनाने आया हूँ।
गुरुदेव, आपके चरणों में,
दो फूल चढ़ाने आया हूँ।

प्रियांश कुमार, कक्षा छठवीं
एम.वी.एम. फतेहपुर

शत् शत् वन्दना

हे योग सिद्ध! हे सारथी!
हे शिवरूप! हे महर्षि!
अर्पित आपको श्रद्धा सुमन,
हे महर्षि! शत्-शत् वन्दन।।

हे अद्वितीय! हे अनुपमेय!
हे महासंत! हे पूज्य श्री!
अर्पित आपको हमारा तन-मन,
हे महर्षि! शत्-शत् वन्दन।।

हे ज्ञान गुरु! हे ध्यान पिता!
हे योगपथी! हे सत्य प्रवक्ता!
सम्पूर्ण विश्व करता आज नमन,
हे महर्षि! शत्-शत् वन्दन।।

हे महात्यागी! हे महानमनीषी!
हे रामराज्य उद्घोषक! हे महर्षि!
लगाते आश्रम जन आपको श्रद्धा चंदन,
हे महर्षि! शत्-शत् वन्दन।।

हे सुखकर्ता! हे युगवक्ता!
आयेगा कलियुग में सतयुग।
नमन-नमन आपको नमन-नमन
करते हैं हम सब शत्-शत् वंदन।।

दिवाकर राय, कक्षा छठवीं
एम.वी.एम. फतेहपुर

हे महर्षि! तुम्हे प्रणाम

पावन बुन्देली माटी के सपूत,
ज्ञान के पुंज भविष्य दृष्टा ।
तुमने सम्पूर्ण मानवता को गौरान्वित किया।
ज्ञानोदय का उद्घोष करके,
सारे विश्व को प्रकाशित किया।
अखण्ड अनन्त असीम सत्ता तक,
फूँक शंखनाद चेतना जागृति का,
अन्तर्मन जन-जन का जागृत किया।

दिव्य, निर्मल, अनुपम, सौम्य,
त्याग तपस्या की मूरत,
हे महर्षि जी तुम्हे प्रणाम।
ज्ञान तुमसे जो भी पाया,
साधना करते रहेंगे।
आपके आदर्श पथ पर,
अनवरत चलते रहेंगे ।

प्रमिला सागर
ध्यान एवं संगीत शिक्षिका,
महर्षि विद्या मंदिर, सागर

जय गुरु देव

परम पूज्य गुरुदेव महर्षि
सदा तुम्हारी जय रहे।
हे देवतुल्य तुम्हारे चरणों में,
हमें ना कोई भय रहे।।

मध्यप्रदेश के वासी
तुम जन्मे इस धरा में।
अपनी प्रतिभा का डंका
तुमने बजाया विश्वभर में,
हम करें कामना सदा,
हर क्षेत्र में आपकी विजय रहे।

हे देवतुल्य तुम्हारे चरणों
हे विश्व प्रणेता युग सृष्टा ।
तुम हो विश्व के सूत्रधार
इसमें कोई सन्देह नही
तुम हो कलियुग में अवतार।
यही वन्दना हमारी है।
कीर्ति तुम्हारी अजेय रहे।

हे देवतुल्य तुम्हारे चरणों में

वेद विज्ञान संहिता पर,
दी आपने स्वीकृत शिक्षा प्रणाली।
कैसे न स्वर्ग बने यह उपवन,
जब आप बने इसके माली।।
हम करें सफल उद्देश्य आपका,
ईश्वर से यही विनय रहे।

हे देवतुल्य तुम्हारे चरणों।।.....

नर-नारि दुखी, संसार दुखी,
दुखी यहाँ पर हर इन्सान,
हर कष्टों से मुक्ति का,
उपाय बतलाया भावातीत ध्यान।
नित्य इसको करने से,
हर वक्त हम निर्भय रहे।
हे देवतुल्य तुम्हारे चरणों।।

रविन्द्र शर्मा कक्षा ९
महर्षि विद्या मन्दिर, बावल

महर्षि महिमा

साँसे पुकारेगी हमारी सदैव,
जय गुरुदेव, जय गुरुदेव।।

जब अन्धकार के सागर में,
फैलेगा महर्षि ज्ञान का सन्देश।
भक्ति ज्ञान योगध्यान,
ये जगाएंगे दिल में प्रेम और विवेक।
तब साँसे पुकारेंगी हमारी सदैव,
जय गुरुदेव, जय गुरुदेव।।

जब ज्ञान की संध्या में,
गूजेंगे इक योगी के गीत।
जब अज्ञान की हार होगी,
और होगी ध्यान की जीत।
तब साँसे पुकारेंगी हमारी सदैव,
जय गुरुदेव, जय गुरुदेव।।

जब विश्व में चहुं ओर,
गूजेगा महर्षि की बातों का सारा।
जब एकता की जीत होगी,
और होगी जातीयता की हार,
तब साँसे पुकारेंगी हमारी सदैव,
जय गुरुदेव, जय गुरुदेव।।

आज वह दिन आया है,
जिसने इन्सान को जगाया है।
करके महर्षि की बातों का अभिलेख,
आओ नमन् करते हैं,
उस योग, ज्ञान के दाता का।
आओ नमन् करते हैं,
उस छात्र के भाग्यविधाता का।
जिसने बनाया ज्ञान का यह सुन्दर प्रदेश,
जय गुरुदेव, जय गुरुदेव।।

राहुल व्यास, कक्षा दस
एम.वी.एम. जबलपुर

महर्षि ज्योतिष की दृष्टि में जनवरी माह

पण्डित हरिशरण मिश्र, (ज्योतिषाचार्य)



जनवरी माह पौष शुक्ल अष्टमी दिन रविवार से प्रारम्भ हो कर माघ शुक्ल अष्टमी दिन मंगलवार पर्यन्त रहेगा। इस माह में पड़ने वाले विशिष्ट पर्व एवं त्यौहारों का माहात्म्य निम्नांकित है:-

१. पुत्रदा एकादशी - पौष शुक्ल पक्ष की एकादशी को पुत्रदा एकादशी के नाम से जाना जाता है। इस एकादशी को व्रत रखकर भगवान विष्णु का षोडशोपचार पूजन करना चाहिये। पूजनोपरान्त भगवान् विष्णु से सन्तान की कामना के लिये प्रार्थना करने पर सुसन्तान की प्राप्ति होती है तथा उस सन्तान की सतत् रक्षा भी सुदर्शन चक्रधारी भगवान् विष्णु स्वयं करते हैं।

२. पौष पूर्णिमा - पौष शुक्ल पूर्णिमा का महत्व इतना ज्यादा इसलिये है कि इसी दिन से माघ स्नान का शुभारम्भ होता है। माघ, वैसाख एवं कार्तिक माह को महापुनीत माह माना गया है, इन महीनों में किसी विशेष तीर्थ पर जाकर नित्य प्रति दिन प्रातः सूर्योदय के पूर्व स्नान करके हरि स्मरण करना चाहिये। इसका अनन्त फल होता है। गंगा के किनारे पर रात्रि शयन करके सुबह गंगा स्नान करने के लिये लोग प्रयाग में जाकर एक माह तक निवास करते हैं। जिसे कल्पवास कहा जाता है। ऐसा करने पर देव विमान में आरूढ़ होकर स्वर्ग लोक जाने का सुअवसर मिलता है, शास्त्रों में अनन्त पुण्यप्रद फल का विवेचन है।

३. संकष्टी श्री गणेश चतुर्थी व्रत - माघ कृष्ण पक्ष चतुर्थी को व्रत रखकर चन्द्र अर्घ्य देना चाहिये। इस दिन विद्या वारिधि के प्रदाता भगवान श्री गणेश जी की पूजा करके सायं चन्द्र को अर्घ्य प्रदान किया जाता है। इस पूजा में श्री गणेश जी के लिये नैवेद्य में ईख, अमरूद, काला तिल, गुड़, घी और लड्डू आदि की व्यवस्था की जाती है, नैवेद्य को भगवान श्री गणेश जी को अर्पण करने के बाद रात्रि पर्यन्त उस नैवेद्य को ढंककर प्रातः सभी कुटुम्ब जनों में बांटकर स्वयं ग्रहण करना चाहिये।

४. षट्तिला एकादशी - माघ कृष्ण पक्ष की एकादशी को षट्तिला एकादशी कहते हैं। इस दिन विष्णु भगवान की पूजा करनी चाहिये तथा काले तिल एवं काली गाय का दान करने का विशेष फल होता है। षट्तिला एकादशी को छः प्रकार से काले तिल का प्रयोग करना चाहिये। जल में काला तिल डालकर स्नान करना चाहिये, काले तिल की मालिस करनी चाहिये, काले तिल को जल में डालकर जल ग्रहण करना चाहिये, भोजन में काले तिल का प्रयोग तथा काले तिल का दान करना चाहिये, इससे विष्णु भगवान प्रसन्न होते हैं तथा मनोवांछित कामना की सिद्धी होती है।

५. मौनी अमावस्या - माघ कृष्ण अमावस्या को मौनी अमावस्या के नाम से जाना जाता है, यदि सम्भव हो तो इस दिन मौन रहना चाहिये, यदि पूरे दिन सम्भव नहीं है तो प्रातः स्नान पूजन के पूर्व तक अवश्य मौन व्रत रखना चाहिये। यह अमावस्या माघ स्नान की महत्वपूर्ण पर्व के रूप में मानी जाती है। माघ मास में प्रातः स्नान करने वाले भगतजन इस दिन मौन व्रत रखते हैं।

इस माह (जनवरी) में पड़ने वाले व्रत-पर्व एवं त्यौहारों की तालिका इस प्रकार है

क्रमांक	व्रत एवं पर्व का नाम	मास	पक्ष	तिथि	दिनांक
1.	महा भद्राष्टमी व्रत	पौष	शुक्ल	अष्टमी	01.01.2012
2.	पुत्रदा एकादशी	पौष	शुक्ल	एकादशी	05.01.2012
3.	प्रदोष व्रत	पौष	शुक्ल	द्वादशी	06.01.2012
4.	पौष पूर्णिमा	पौष	शुक्ल	पूर्णिमा	09.01.2012
5.	संकष्टी श्री गणेश चतुर्थी	माघ	कृष्ण	तृतीया	12.01.2012
6.	महर्षि महेश योगी जयन्ती महोत्सव	माघ	कृष्ण	चतुर्थी	12.01.2012
7.	मकर संक्रान्ति	माघ	कृष्ण	पंचमी	14.01.2012
8.	मकर संक्रान्ति का पुण्यकाल	माघ	कृष्ण	सप्तमी	15.01.2012
9.	षट्तिला एकादशी	माघ	कृष्ण	एकादशी	19.01.2012
10.	प्रदोष व्रत	माघ	कृष्ण	द्वादशी	20.01.2012
11.	मास शिवरात्रि व्रत	माघ	कृष्ण	त्रयोदशी	21.01.2012
12.	मौनी अमावस्या (सोमवती अमावस्या)	माघ	कृष्ण	अमावस्या	23.01.2012
13.	वैनायकी श्री गणेश चतुर्थी व्रत	माघ	शुक्ल	चतुर्थी	27.01.2012
14.	सोमपदा चतुर्थी	माघ	शुक्ल	चतुर्थी	27.01.2012
15.	श्री बसन्त पंचमी, तक्षक पूजा	माघ	शुक्ल	पंचमी	28.01.2012
16.	श्री शीतला षष्ठी	माघ	शुक्ल	षष्ठी	29.01.2012
17.	रथ सप्तमी, अचला सप्तमी	माघ	शुक्ल	सप्तमी	30.01.2012
18.	भीष्माष्टमी	माघ	शुक्ल	अष्टमी	31.01.2012

६. पंचक :- दिनांक 25 जनवरी दिन बुधवार को प्रातः 3 बजकर 45 मिनट से प्रारम्भ होकर दिनांक 29 जनवरी दिन रविवार को रात्रि 11 बजकर 23 मिनट पर समाप्त होगा।

७. मास प्रभाव:- इस माह खाद्य पदार्थों के मूल्य में सस्ती का रुख रहेगा। चावल तथा हरी सब्जियों के मूल्य में सस्ती दिखेगी। सूती वस्त्र महंगे होंगे। इमारती सामान महंगे होंगे। यान दुर्घटनायें अधिक होंगीं। सीमावर्ती प्रदेशों में अराजकता की स्थिति उत्पन्न हो सकती है। शीत की अधिकता रहेगी।

इन अनेकानेक नकारात्मक प्रवृत्तियों के निवारण के लिये महर्षि भावातीत ध्यान तथा यज्ञ का आश्रय लेना श्रेयस्कर होगा।



Maharishi Movement Global News

Milestones in constructing Maharishi Vastu buildings

An integral part in the process of building a Maharishi Vastu (Vedic architecture) home is a series of three milestones, each event involving a short, unique ceremony. The first is breaking the ground, the second is laying the foundation stone when work is about to begin, and the final is inaugurating the new house, when the owners occupy the home for the first time. The ceremony for laying the foundation stone was recently performed in the city center of Erfurt, Germany.

Germany: Art students gain deeper understanding of brain mechanics of creativity

During a recent seminar presentation on creativity and the brain to art students at Munster University in Germany, Dr Fred Travis described research that clarifies commonly-held understandings about the role of the right hemisphere of the brain in the creative process. He also discussed how 'thinking outside the box' may be related to frontal lobe blood flow during creative activity.

Re-establishing balance in nature for the world family to enjoy peace and happiness

Maharishi Global Country of World Peace celebrated the quality of natural law representing the function of 'commander in chief', taking the lead to overcome any opposition to evolution and re-establishing balance in nature. In November 1985, Maharishi Mahesh Yogi said that as a result of enlivening these qualities in our awareness every year in this celebration, in our whole world family no one, nowhere, will ever face defeat. All the wishes of everyone will be fulfilled.

Maharishi's address on Thanksgiving Day in America, 24 November 1983

The traditional American holiday of Thanksgiving was honoured with the webcast of a historic address given by Maharishi Mahesh Yogi on Thanksgiving Day in 1983 in Washington, DC. In a beautiful three-hour lecture, Maharishi praised America as the most creative country in the world, with its roots in the infinite creativity of the Unified Field of all the laws of nature, the source of all creation. He went on to give a profound discourse encompassing the total range of knowledge of his Vedic Science and technologies of consciousness.

India: Harnessing the power of a large group of peace-creating experts for the world

Published research indicates that one large group of 9,000 experts (approximately the square root of one percent of the world's population) in peace-creating technologies of consciousness, in one place, would be sufficient to produce a positive, peaceful influence of sufficient magnitude to defuse global tensions and prevent the outbreak of violence and conflict anywhere on earth.

Maharishi Ayurveda Hospital becomes first in North India to get NABH accreditation

In a grand recent function, Maharishi Ayurveda-India announced that Maharishi Ayurveda Hospital, Shalimar Bagh, New Delhi has become the first Ayurveda hospital in North India to be accredited by the National Hospital Accreditation Board of Hospitals (NABH) for Health Care Services. With this it has also joined the select group of one hundred hospitals Accredited by NABH in India.

Thousands of Buddhist monks in Asia learn Transcendental Meditation

More than 3,000 Buddhist monks in 100 monasteries throughout Southeast Asia have learned the Transcendental Meditation Technique, as a result of the work by a revered Japanese Buddhist monk, Reverend Koji Oshima, who is a longtime TM practitioner and certified TM teacher. According to Rev Oshima, the Buddhist monks appreciate the simplicity, effortlessness, and profound experience of transcendence, which is gained almost immediately after starting Transcendental Meditation practice.

Asian nations applying Maharishi's technologies of consciousness

In Sri Lanka, India, and Nepal, interest is rising in applications of Maharishi Mahesh Yogi's programmes and technologies of consciousness in education, health, agriculture, and world peace.

Canada continues programmes to create a better world

Canadians at Maharishi Invincibility Centres across the country recently celebrated the 50th anniversary of Maharishi Mahesh Yogi's first visit to their nation. Transcendental Meditation teachers and Meditators in Canada and around the world are continuing to offer Maharishi's programmes to bring a better quality of life to every area of society.

Canada: A great moment for Consciousness-Based Education

Consciousness-Based Education is expanding in Canada through new support for the programme, allowing many more students to enjoy this effective system of education, which includes the Transcendental Meditation Programme and its wide-ranging benefits for students, teachers, and parents.

European Union — 15 minutes is all it takes with the MERU Master Builder System

In a short video, British architect Jonathon Phillips reports on the MERU Master Builder System as it has just been implemented in the city of Erfurt in Germany. This is the construction site of a Maharishi Vastu (Vedic architecture) building that will serve as the local Centre for Transcendental Meditation and related programmes. In this system, developed in MERU, Holland, the pre-cast, all natural, self-insulating, liapor (popped clay) outside wall elements are erected in an astonishing 15 minutes per panel.

Who's Who of European Women features Ayurvedic expert Dr Karin Pirc

Dr Karin Pirc, medical director of the Maharishi Ayurveda Private Clinic in Bad Ems, Germany since 1992, has been included in the first edition of the directory 'Who's Who of European Women'. Dr Pirc has played a leading role in the expansion of Ayurvedic health care in the western world.

Holland: Limburg province's 'spiritual tourism' campaign to include Transcendental Meditation, Maharishi Ayur-Veda health care

A campaign to promote 'spiritual tourism' begins next week in Limburg, Holland; it originated with the Chamber of Commerce, in response to rising interest among the Dutch population in spirituality, especially meditation. Of all the Dutch provinces, Limburg was chosen because it has the most places of spiritual interest, including Maharishi European Research University (MERU) in Vlodrop. Programmes offered by 28 participating organizations will include courses to learn the Transcendental Meditation Technique and wellness programmes of Maharishi Ayur-Veda natural health care.

E-Gyan Monthly News Letter

Reminder

Dear Readers,

Happy New Year

I am happy to release this 31th edition of E-Gyan Monthly Digital News Letter. Previous editions of E-Gyan have been published and circulated amongst you. In every edition of E-Gyan I am requesting you to send news from your relevant fields. But we are not receiving enough news. Please start sending the news in either Hindi or English. E-Gyan Monthly News Letter will be released in the first week of every calendar month. E-Gyan matter must be received by 15th of every month. Now E-Gyan is also reaching to large number of global leaders of Maharishi Organisation worldwide.

E-Gyan Monthly Digital News Letter will be circulated to all members, employees, well-wishers and students of all Maharishi Organisations in India and also to large number of Governors, Meditators, Sidhas, leaders and devotees of Maharishi Global Organisation.

E-Gyan Monthly News Letter contains the following:

1. Courses currently run by Maharishi schools/colleges/institutions and universities.
2. Information on any new course/programme added in Maharishi schools/colleges/ institutions and universities.
3. Present student strength course wise, subject wise, class wise, branch wise in different Maharishi Educational Institutions.
4. Announcement of any new course offering and its schedule with course details and venue.
5. Starting of new building construction, report on Bhumi puja or vastu puja or foundation stone ceremony.
6. Inauguration or graha pravesh or public offering of new building.
7. Special achievement of any Maharishi Organisation.
8. Special achievement of staff or faculty of any Maharishi Educational Institution.
9. Special achievements or award received by students in the field of academics, sports, arts, music, culture, language, general knowledge, quiz, talent search or any other competition on district, state, national and international level.
10. Report on NCC, NSS, Scouts, Adventure programme/trip.
11. High-level placement of graduates in national, international or multinational organisations/ corporations.
12. Outstanding performance of ex-students.
13. Publication of any paper by faculty, students, staff, research department or organisation.
14. News coverage in local, state, national level newspapers, TV, radio, website.
15. Selection of students in civil services, IIM, IIT, PMT, IIT, NDA, IMA, IFS, IRS, Armed Forces or in any other institution of national importance.
16. List of outstanding government or private special projects taken by the organisation.
17. Launching of new product with details, availability and price.

18. Details of products already in market.
19. Creative writings on different topics, such as cultural/social and historical issues.
20. Offering Vedic solution to any social problem.
21. Performance of any special Anushthan or Yagyas.
22. Vedic celebration reports.
23. Excursion tour reports.
24. Corporate visit, corporate training etc.
25. Visit of national and international dignitaries and their remarks.
26. Appreciation, recognition or awards received by Maharishi Organisations.
27. Report on academic or commercial collaborations.
28. Report on Maharishi Vedic Organic Agriculture.
29. Report on monthly Initiations in TM, Sidhi course and Advance Techniques.
30. Report on activities of Maharishi Global Movement.
31. Report on any other similar subject or area, which is not covered here but worth reporting.

We invite news, articles and reports from all Maharishi Organisations, leaders, members, faculty, staff, students, meditators, sidhas and all readers. Please note that all news reports must be authentic, original, true and correct. The writers of articles should send a declaration that the article is their original article.

Please also note that all contents should be sent in soft copy through email (egyan@mahaemail.com and egyanmonthly@gmail.com) as word document file (or in a CD to Dr. T. C. Pathak, Maharishi Centre for Educational Excellence Campus, Building No-5, Lambakheda, Berasia Road, Bhopal, Madhya Pradesh, PIN 462018). Hard copy should be neatly typed (“Times New Roman” font for English and “Devnagri” or “Chanakya” font for Hindi) and should be sent to above-mentioned address. High quality/resolution pictures and graphics will be very useful to make your report better looking and will be much interesting for readers.

Editorial Board of E-Gyan Monthly News Letter will not be responsible for any copyright issues of reports/articles etc. Once a matter of false reporting comes to the Board, E-Gyan Monthly Newsletter will never publish reports/article of the sender in future and will inform it's readers about this.

Please recommend all your friends and relatives to subscribe E-Gyan Monthly Digital News Letter and to visit www.e-gyan.net web site.

***With All the Best Wishes in Maharishi's Fifth Year of Invincibility - Global Ram Raj.
Jai Guru Dev, Jai Maharishi***

***T.C. Pathak
For Editorial Board, E-Gyan Newsletter***

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