



E-Gyan

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His Holiness Maharishi Mahesh Yogi Ji

Founder of :

Transcendental Meditation and TM-Sidhi Programme
Maharishi Vidya Mandir Schools
Maharishi Ideal Girls Schools
Maharishi Kids Home
Maharishi Schools of the Age of Enlightenment
Maharishi Centre for Educational Excellence
Maharishi Institute of Vedic & Management Sciences
Maharishi Universities and Institutes of Management
Maharishi Mahesh Yogi Vedic Vishwavidyālaya
Maharishi University of Management and Technology
Maharishi Vedic and Ayurvedic Universities
Maharishi Ved Vigyan Vishwa Vidyāpeetham
Maharishi World Centre for Gandharva Ved Music
Maharishi Mahavidyālaya
Maharishi Vedic Vishwa Prashāsan
Maharishi Vishwa Vyāpi Rām Rājya
Maharishi Global Country of World Peace

**THIS EDITION OF E-GYAN IS DEDICATED TO THE LOTUS FEET OF
PARAM PUJYA MAHARISHI JI**



EDITORIAL

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His Holiness Brahmaleen Maharishi Mahesh Yogi Ji was Maharishi in the truest sense. One of the greatest spiritual teachers of this era, he was an ambassador of Indian culture and knowledge in the world, the epitome of world brotherhood and an extraordinary union of the Vedic tradition and the modern scientific knowledge. A phenomenon such as this can be witnessed today and will continue to be evaluated in all future. Maharishi Mahesh Yogi Ji is the first and only Indian Philosopher who systematically and scientifically introduced Vedic Knowledge, Meditation & Yog in the West and the entire world and proved through scientific researches that modern science, technology and the entire social sciences have their foundation in our own Veda and Vedic literature.

A great spiritual leader, extraordinary organizer, indefatigable promoter and thinker, Maharishi Ji's personality had a divine aura, his voice carried heavenly attraction and his ideas possessed unique & divine powers of communication.

In the last several centuries there is perhaps no other Yogi or Philosopher who has defined Vedic knowledge and science from a practical and human perspective. Maharishi Ji was born only to remind the world once more of the lessons of peace, prosperity, happiness and Vasudhaiv kutumbakam (the world is one family) and to explain to the world that mantras of Lord Rama 'Ramrajya' and Lord Krishna 'victory of dharma on adharma' are still as contextual as they were in the Treta and Dwapar yugas.

If we make a historical analysis of the last few centuries, it can be seen beyond any doubt that after Treta and Dwapar, if there is one great personality who was determined to see this planet as a united, happy, peaceful and prosperous world, it is Maharishi Ji alone. Since the time of Bhagwan Adi Shankaracharya, there is hardly any Mahapurush who descended on this Ved-bhoomi, Dev-bhoomi, Purna-bhoomi Bharat as such Divine personality and worked for the good of the entire world at many different levels. Through scientific analysis of Indian Vedic science and Bhawateet Dhyani Yog, Maharishi Mahesh Yogi Ji spread it to the whole world and established the foundation for world peace, prosperity, happiness and invincibility. He reorganised and restored Vedic sciences in the world and thus has re-established Bharat as Vishwa Guru again. To such a Brahmagyani, Yuga-drishta Maharishi Ji, I offer a million salutations. This edition of E-Gyan is dedicated to the lotus feet of Param Pujya Maharishi Ji.

With deepest gratitude, I bow down again & again in the lotus feet of His Holiness Maharishi Ji who bestowed thee upon us and upon the whole World.

*Jai Guru Dev
Jai Maharishi*

Tara Chandra Pathak
Member of E-Gyan Editorial Board

Maharishi's Message

His Holiness Maharishi Mahesh Yogi founder of Maharishi Vidya Mandir Schools in India blessed all the students and members of the schools with the following message in June 1991.

“All weaknesses or problems in society have their basis in a lack of culture of the human mind, and this in turn is the result of incomplete education. Education is incomplete when it fails to develop the full creativity of the individual and fails to nurture his ability to act in accordance with the laws of nature. Problems in the field of health come from lack of education to act spontaneously in accord with the laws of nature. Any kind of failure is the seed of frustration and must be attributed to the violation of some laws of nature. Unless education opens the awareness to the state of pure consciousness, which is the home of all the laws of nature, man will continue to make mistakes and to ‘error in human’ will continue to be a feature of life even in this scientific age.

It is necessary that education “cultures” the mind to experience the simplest form of awareness, the field of all possibilities, which is the seat of man’s full creative intelligence. Knowledge is necessary, because it is the seat of organising power. Whatever knowledge of specific field is provided by education, on that basis people organise their activities in that field. Since the knowledge of the ‘knower’ is not provided by education, the educated man is not cultured to organise himself in any phase of his life. The result is that he creates problems both for himself and for his society as a whole. Thus, any problem that exists on any level of national life indicates lack of organizing power in the collective consciousness of the nation. This reflects a lack of complete and profound education. The field of pure knowledge-experienced as the state of least excitation of consciousness during the Transcendental Meditation technique – puts together the knower, knowledge, and the process of knowing in one state of Being. We are focusing on that level of knowledge – pure knowledge which is the total potential of organizing power. This is found in the simplest form of human awareness which develops through the Transcendental Meditation and TM Sidhi programme.

All problems of government can be ascribed to a lack of coherence in collective consciousness. A Government is just an innocent mirror of national consciousness and it can only achieve as much as the coherence in collective consciousness allows. If collective consciousness is incoherent, problems in government will always prevail. Education based on Transcendental Meditation and the Science of Creative Intelligence (SCI) brings solutions to all problems of government, since it raises coherence in collective consciousness.

Education in any country should produce individuals who are capable of creating such an effect of coherence in the national consciousness so that problems dissolve, and peace, harmony, and progress prevail. Society is a part of individual life, and the way of living should be such that the life of the individual is automatically of maximum benefit to himself, his family, his society and his nation.

Students of Maharishi Vidya Mandir will study the pure knowledge – the Veda; which is the knowledge of life. They will also experience the higher states of consciousness. The collective practice of Transcendental Meditation and TM Sidhi programme, which is known as Maharishi Technology of the Unified Field; will train students to act according to the laws of nature. By doing so, life will be in accordance with the laws of the nature and nature will support the life. Peace, harmony, happiness, bliss, self- sufficiency, invincibility, friendly relations between the families of nations etc. will be the permanent features in society. Thus everyone will experience the Heaven of Earth”.

GYANYUG DIWAS CELEBRATION



His Holiness Maharishi Mahesh Yogi

This year 12 January will be celebrated as Gyanyug Diwas in three sessions.

First morning session will start at 9 am at Maharishi Vidya Mandir Vijay Nagar Campus, Jabalpur. Brahmachari Dr. Girish Chandra Varma will preside the celebration in the auspicious presence of Honourable Chief Guest Shri Ishwar Das Rohani, Speaker of Legislative Assembly of Madhya Pradesh. Vice Chancellors of Maharishi Mahesh Yogi Vedic Vishwavidyalaya Madhya Pradesh Shri Bhuvnesh Sharma, Maharishi University of Management and Technology-Chhattisgarh Brig. Balram Singh Mehta, Rani Durgawati Vishwavidyalaya Jabalpur Prof. Ram Rajesh, and Agriculture University-Jabalpur Dr. Gautam Kallu will also be present beside Dr. Harris Kapla-Raja of Invincible India, Commissioner of Jabalpur Sambhag Shri Parashar, Maj. Gen. Kulwant Singh-Global Minister of Defence, Maharishi Vishwa Shanti Rashtra.

After inaugural session, students of all 6 branches of Maharishi Vidya Mandir Schools at Jabalpur will give entertaining and celebrative performance of songs, dances and drama on different Veda based themes.

Afternoon session will start at 2.30 pm in Brahmsthan of India-Karaundi-the Maharishi Global Capital of World Peace and Ramraj. The celebration will have divine presence and blessings of Anant Shri Vibhushit Jagadguru Bhagwan Shankaracharya of Jyotirmath Himalaya Swami Vasudevanand Saraswati Ji Maharaja. Number of international guests including many Rajas and Ministers of Maharishi Vishwa Shanti Rashtra, Indian leaders and 1250 Vedic Pundits will attend the celebration. The programme will have live webcast and telecast worldwide.

In the evening session world renowned Maharishi Gandharva Veda Musicians Padma Bhushan Pundit Debavrat Chaudhury and Pundit Daya Shankar will perform duet on Sitar and Shehnai. Son and great disciple of Debu Ji, Prateek Chaudhury and son of Daya Ji Ashwini Shankar will also accompany on Sitar and Shehnai. Pundit Anand Shankar on Dukkad and Pundit Anup Ghosh on Tabla will accompany the Sitar and Shehnai duet.

Jai Guru Dev, Jai Maharishi



DIFFERENCE BETWEEN INVINCIBLE DEFENCE AND CONVENTIONAL DEFENCE

Maj. Gen. Dr. Kulwant Singh (Retd.)
Minister of Invincible Defence-Maharishi Global Country of World Peace
Director General-Maharishi Invincible Defence Programme-India

Technology of Invincible Defence has its basis in Prevention; to prevent war and violence, not by any superfluous means, but by adopting the most powerful Unified Field Based Approach. This being Consciousness oriented, human resource approach, does not need any of destructive war machinery, it is the cheapest, practical and easy to implement. It has its basis in Transcendental Meditation and its advance practices, including Yogic Flying which create coherence and improve the consciousness level of any society, nation and if applied at large scale, it has a Global reach. Any society with higher level of consciousness will not indulge in violence and will not violate the Laws of Nature.

This peace technology directly addresses the actual cause of violence; infect all negativity – Accumulated stress in society. This approach has been field tested successfully many times over at local, regional and global levels. The total emphasis is to prevent the birth of an enemy; nourishing power of this technology drawn from the Natural Law can transform the enmity of the enemy into loving friendship. Maharishi Mahesh Yogi Ji has revived this ancient Vedic Peace Technology, given it a practical shape within the reach of every one to harness the power of Natural Law into ones physiology ; one become epitome of peace.

Conventional Defence is superficial man-made technology of destruction; it does not believe in Prevention as the basic means to avoid violence, instead it advocates use of weapons to kill. Aggressor and defender both need large armies and stockpile of powerful weapons; this approach has brought the most dangerous arms race, which is now a global phenomenon. Conventional Defence is based on fear, has no real scientific theory to end violence; it only escalates bloodshed and destruction. Peace treaties and negotiations, the only means to control violence have not worked. Despite the powerful weapons, no nation is safe from the second strike capability, which means you can attack and cause damage to a nation but that nation will be able to hit back. There is no solution to enemy within the country; even missile shield becomes useless if internal enemy strikes. There are no weapons, infect no solution against increasing terrorists who remain hidden, crate effect and cause havoc; the cult of suicide bombers and the possibility of the unseen enemy acquiring weapons of mass destruction is extremely worrisome. In nut shell, the conventional system of defence has been a total failure.

Military thinkers and strategists' world over are now aware of the futility of weapon oriented destructive approach to bring lasting peace, and are thinking of an alternate means to end violence. Vedic Peace Technology with cutting edge advantages and a scientifically proven solution is the clear winner to bring lasting peace; ideally suited against terrorism. Vedic Technology of Defence is more powerful and more peaceful; can effectively diffuse enmity among the adversaries; most austere and easy to apply; creates coherent national consciousness, leading to peaceful global environment.

Expression of Enlightenment And Pure Knowledge

Blessed are we for we have you Maharishi

Cosmic figure-greater ruling intelligence-the great saint who showed us a path
to attain enlightenment- a blissful life.

You only taught us Life does not flow from fullness to
Emptiness but it flows from Fullness to Fullness

It is our birth right to lead a blissful life away from miseries, mistakes & sorrows

His Holiness Maharishi Mahesh Yogi will always be regarded as the foremost scientist in the field of consciousness and the greatest teacher in the world. Maharishi Ji, who brought “Transcendental Meditation” to the world, is the expression of Enlightenment—pure knowledge, the field of all possibilities. He has given a beautiful gift to the whole world in form of Transcendental Meditation – a simple, natural and effortless technique to achieve enlightenment. Over seven million people in all parts of the world from all life-styles, religions, background and cultures have learnt this technique and have been benefited by it.

In addition to this more than 3,00,000 people around the world have learnt Siddhi Programme and are daily practicing “Yogic Flying” an advanced programme of Transcendental Meditation, which enhances all the benefits brought about by Transcendental Meditation for the individual and create highly purifying influences in world consciousness.

He is a Supreme Teacher for giving us an answer, a shield in the form of “Yogic Flying” that brings “Invincibility”. If a square root of one percent of total population does yogic flying at one place, it leads to Invincibility- freedom from negativity, freedom from fear. It brings coherence, harmony and peace. This effect is known as “Maharishi’s Effect” – to bring Transcendental Meditation to create coherence in collective consciousness on a permanent basis. As a result of the rising Maharishi’s effect throughout the world, peace is rising to be a permanent reality. "Tatsannidhau Vairatyagah"

Maharishi ji has also restructured and restored all forty aspects of scattered Veda and Vedic literature. Hundreds of scientific researches have been conducted in more than 215 Universities and Independent research Institutions in 35 countries conferring immense benefits of Maharishi’s Vedic Programmes.

The very start of Maharishi’s Worldwide Transcendental Meditation Movements has one word of Rk Ved at its basis – “Parame Vyoman”.

“Richo akshare parame vyoman yasmin deva adhi vishwe nisheduhu.

This timeless verse of Rk Ved has been discovered to be the source or fountainhead of intelligence, Transcendental Consciousness, from where all fields of knowledge, all theories of modern science emerge. This has created the possibility of creating a perfect man, a perfect society and a perfect world characterized by self-sufficiency and invincibility.

Maharishi will always be a cosmic figure, caring for the well-being of all mankind. The system he established to perpetuate life according to the laws of nature. Today we all are suffering - tensions and conflicts, crime and terrorism prevail and human life is full of problems. According to Maharishi Ji, “Life is bliss”, “Life is a field of all possibilities” – the self of everyone is self-referral state

of consciousness, and in this state of eternal silence is the lively field of all possibilities. When we work in accordance with the natural laws – laws of nature support us in fulfilling one’s desires and ambitions. That time the creator of the Universe becomes our charioteer “**Brahma Bhawati Sarthi**” and we are not going to commit any mistake. Life everywhere will be ideal, no one will suffer and the individual and society will rise to immortality. Abundance and affluence will belong to all.

It is the total potential of Natural Law, the common heritage of all mankind, which is at the basis of the structure and function of the human physiology; and due to this inherent field of all possibilities within the DNA of every cell of the human physiology, and due to Maharishi’s Technology of Natural Law, which being a Technology of Consciousness can stir the total field of human creativity within the human brain, every individual can gain the ability to use his total brain potential and then will allow him to rise in the ability to know anything, do anything and achieve anything through the support of natural law.

“**Jo Iksha Karihon Manmahin, Prabhu Pratap Kachhu Durlabh Naahin**”

The revival of Vedic Wisdom through Maharishi’s Vedic Science and Technology and establishment of Maharishi Vedic University, Maharishi Ayurveda University and Maharishi University of Management in many countries provided that perfect knowledge of Natural Laws which will forever continue guiding mankind on the path to perfection, daily life in full accordance with Natural Law.

Maharishi’s Vedic Science and Technology is a complete science and technology of consciousness, it is the complete science and technology of life, capable of all aspects of creating the supreme quality of life on Earth – “Heaven on Earth” – has been verified during the past fifty years by scientific researches that documents the benefits in every aspect of life – physiology, psychology, sociology and ecology has also been verified by personal experience and by the authenticity of the ancient, traditional Vedic literature.

We are the blessed ones that we have Maharishi – a greater ruling intelligence –that has been guiding the world, that has made life on earth heavenly, and has made heaven on earth a reality. He has taught us “Life does not flow from fullness to emptiness; it flows from fullness to fullness”

Researches clearly and indicate that education today is not complete, knower is missing. It does not develop the higher states of consciousness. Maharishi Ji has given “Unified field based ideal system of education” Unified field is the field of all possibilities. Unified field delivers total knowledge. It delivers fruits of all knowledge to everyone, which is the purpose of education. Through Transcendental Meditation unified field is enlivened, the life becomes mistake free and problem free. The knowledge is enlivened in two ways:-

1. The practice of Transcendental Meditation/Siddhi programme with yogic flying directly enlivens the inner intelligence of students – the unified field of natural law and the holistic functioning of brain.
2. In addition, total knowledge is enlivened through the other unique features of consciousness based curriculum, and Maharishi’s principles of Ideal Teaching, through which teachers guide their student’s progress and evolution.

Maharishi explains that all traditions of learning and teaching have their eternal seat in the nature of life, which is at once being and becoming consciousness based education enlivens the field of being

in every teacher and every student in every application of teaching and learning through direct experience, intellectual study and fundamental principles of curriculum, instruction, communication and behaviour.

The four basic components of consciousness based education contribute the same goal – awakening total knowledge, the full creative potential of human life in every student and in the society as a whole, for an increasingly problem free, progressive, and fulfilling life that brings only good to everyone.

Maharishi has given a Vedic approach to health – handles health from the level of Veda, which is from the level of consciousness. From inner intelligence of the physiology itself, the health of the entire physiology is handled. All the different aspects of the Vedic approach to health such as Transcendental Meditation, Vedic sound therapy, Vedic Vibration Technology or Graha Shanti enliven this intelligence within the body, thereby relieving any health problem, improving the function of physiology as a whole, and creating the basis for prevention. In contrast, modern medicine focuses only on isolated parts of the body and therefore the wellbeing of the whole physiology can never be taken care of.

Maharishi Ji always attributed his achievements to “Shri Guru Dev”. His Divinity Brahmanand Saraswati Maharaj, Shri Jagatguru Bhagwan Shankaracharya of Jyotirpeeth, Badrikashram, Himalayas - the most illustrious embodiment of Vedic Wisdom in the eternal tradition of Vedic masters. He believed in the principle "Heyam Duhkham Anagatam" that we should do everything to avert danger before it comes.

Maharishi Ji has shown us a path to lead a blissful life, which is our birth right. Now is the time for the world to witness the full glory of life according to Natural Law – to experience the full dignity of life in peace, prosperity and happiness with enlightenment and fulfilment of daily life.

Maharishi Ji will forever be cherished as the quiet guardian of all nations. Through his brilliance in the field of knowledge and administration of Global Ram Raj, which Maharishi Ji created will continue to guide the destiny of the world through the Vedic principles of Holy Tradition of Masters.

*We pray Almighty God that your divine blessings are always
there with us to fulfil your dreams-to bring
“Heaven on this Earth”
And to achieve the ultimate goal of our lives-Enlightenment.*

Rita Pandey
Principal, Maharishi Vidya Mandir,
Bareilly

PRAYER TO MY MASTERS

Oh My Masters!

Guru Dev and Maharishi!

We offer you a devoted Mind and Heart,

You will offer to us, every blessing on Earth and in Heaven

Help us to start the day with a new attitude and plenty of gratitude

Give light to the eyes of my mind and open my ears to hear your words,

Give energy to our body and peace to our mind

Kindly look upon us, with the love of a mother for her children

Kindly grant our deepest wishes

We sing your praise day and night and devote our selves to you!

V. SURESH

Principal, MVM Rajapalayam

पूज्यपाद महर्षि जी को सादर समर्पित तुम हो प्रणम्य-तुमको प्रणाम

हे दिव्य पुरुष! हे दिव्य नाम!
तुम हो प्रणम्य तुमको प्रणाम! शत् शत् प्रणाम्।
हीरक व्यक्तित्व वयः कांत
उन्नत ललाट अरु वक्ष प्रान्त
जलनिधि इव हृद देश भान्त
दर्शन तेरा नयनाभिराम!
तुम हो प्रणम्य तुमको प्रणाम! शत् शत् प्रणाम्।
पौरुष, कर्मठता, निर्भयता
शुचिता, समन्वित अति मृदुता
ओजस्वी और वर्चस्व पूर्ण
वाणी कितनी लगती ललाम
तुम हो प्रणम्य तुमको प्रणाम! शत् शत् प्रणाम्।

मेधा-धी, बुद्धि, मनीशा का
दर्शन विज्ञान समीक्षा का
निर्देशन करता वरद् हस्त
बन जाता सुख संतोष धाम
तुम हो प्रणम्य तुमको प्रणाम! शत् शत् प्रणाम्।
हे अजर अमर! हे दिव्य प्राण ।
चिरशा वत हो यह कांत काम
जिससे प्रेरित हो शत् शत् जन
हो जावें बरबस आप्त काम
तुम हो प्रणम्य तुमको प्रणाम! शत् शत् प्रणाम्।
हे दिव्य पुरुष! हे दिव्य नाम!
तुम हो प्रणम्य तुमको प्रणाम! शत् शत् प्रणाम्।

हीमेश

महर्षि विद्या मंदिर., कोटद्वार (उत्तराखण्ड)

परम पूज्य महर्षि जी को समर्पित

युग परिवर्तन

युग परिवर्तन के लिये हुआ,
 महर्षि का शुभ अंशावतार।
 दिव्य योजनायें लेकर आये,
 करने सतयुग का संचार।।
 ब्रह्मा बन कर किया विश्व का नवसर्जन,
 विष्णु बने हुआ आस्तिकता का पालन।
 महेश बने और किया जनता का दुःख भंजन,
 विश्व कर रहा आपका अभिनंदन।।
 देवासुर ने निकाले चौदह रत्न,
 करके सागर का मन्थन।
 महर्षि ने निकाला अपौरुषेय भाष्य,
 करके ज्ञान सागर का मन्थन।
 बहुमुखी आपकी प्रतिभा से,
 विद्वत जन हैं चकित हो रहे।
 "भूतो न भविष्यति" कह कर अपना
 हर्ष व्यक्त कर रहे।।
 आध्यात्मिक पुनरुत्थान के दीप,
 कर रहे विश्व में दैवी प्रकाश।
 युग परिवर्तन के लक्षण देख धरती
 और आकाश में हो रहा रास।।
 आदिगुरु ने किया वेदों का उद्धार,
 महर्षि ने किया सारे विश्व में प्रचार।
 पुनर्प्रतिष्ठित किया भारत का जगद्गुरुत्व,
 आदर से नतमस्तक है संसार।।
 श्री गुरु परम्परा विजयन्तेतराम्
 महर्षि रामराज्य विजयन्तेतराम्
 जयगुरु देव

"अज्ञात"

वैदिक सहगान

आओ भावातीत ध्यान से करें नवोदय गान
 मंगलमय शुभ जीवन निखरे करें वेद सम्मान
 आओ भावातीत ध्यान से करें नवोदय गान
 वैदिक विश्व प्रशासन से हो भूतल स्वर्ग समान
 छा जाए विश्व में अरुणिम नया विहान
 आओ भावातीत ध्यान से करें नवोदय गान
 अब तो जन-जन मिलकर छेड़ें नवल ऋचा की तान
 विश्व वलय में हम कर पाएँ चिर नूतन उन्मान
 आओ भावातीत ध्यान से करें नवोदय गान
 अंतस तन चंचल मन चाहे जब पाना कुछ ज्ञान
 हो शरणागत गुरुओं के हम करे ब्रह्म का ध्यान
 आओ भावातीत ध्यान से करें नवोदय गान
 जीवन में तनाव क्यों पालें नित्य बढ़ाएँ मान
 हमें सहज आलोक दे रहा महर्षि वेद संस्थान
 आओ भावातीत ध्यान से करें नवोदय गान
 धर्म अर्थ से काम मोक्ष से करें जगत उत्थान
 रोशन बने विश्व में अपना प्यारा हिन्दुस्तान
 आओ भावातीत ध्यान से करें नवोदय गान
 ऋषियों का आशीष हमें है करें उन्हीं का मान
 मन से हम जो कुछ चाहेंगे सब देंगे भगवान्
 आओ भावातीत ध्यान से करें नवोदय गान
 स्वयं रथी हम स्वयं सारथी करें ज्ञान संधान
 स्वयं प्रकाशित और सत्य वेदों का यह सहगान
 आओ भावातीत ध्यान से करें नवोदय गान

डॉ. निलिम्प त्रिपाठी

आचार्य

महर्षि महेश योगी वैदिक विश्वविद्यालय
 जबलपुर (मध्यप्रदेश)

पूज्यपाद महर्षि महेश योगी जी के श्रीचरणों में सादर समर्पित

हे महामना, हे युग-प्रेरक
 हे ब्राह्मी को सन्तति पुनीत
 प्रज्वलित किया नित ज्ञान-दीप ।
 हर दिशा-दिवस जन संकुल में
 गुंजरित हुआ मन मधुर गीत ॥
 हे ज्ञान ज्योति की मंजूषा ।
 हे नव-प्रभाव की प्रत्यूषा ॥
 मैं आरुणि, नचिकेता, एकलव्य
 तुम गुरु वशिष्ठ, गुरु द्रोण दिव्य ॥
 हे महामना, हे युग-प्रेरक
 महर्षि विद्या मंदिर तेरा साध्य बना ।
 जन-जन का आराध्य बना ॥
 इस माटी को शत-शत प्रणाम,
 जहाँ खिले पुष्प नयनाभिराम ।
 अक्षर-अक्षर हो अजर-अमर
 इस माली को हो गौरिक प्रणाम ॥
 महर्षि विद्या मंदिर का महिमा मण्डन हो
 पूजन अर्चन, नव वन्दन हो ।
 शिक्षा का दीप जले प्रतिपल ।
 यह ऊर्वर भाव चिरन्तन हो ।

अरविन्द कुमार त्रिपाठी

पी0जी0टी0 (हिन्दी) सुलतानपुर (उ0प्र0)



Maharishi Vidya Mandir Schools Group

MVM MAHARISHI NAGAR

NATIONAL CONSUMER'S DAY 24th DEC 2010

National Consumer's Day was observed in Maharishi Vidya Mandir, Maharishi Nagar, on 24th Dec 2010. Dr. Soma Chakraborty enlightened the students on the provisions given in the Consumer protection Act 1986. She told a real life incident and put forth questions to the audience on the consumer's responsibilities, based on the incident. She highlighted the need of an informed consumer as well as the dos and don'ts while purchasing any commodity and hiring any services.

The Students of class XII Rahul Upadhyay, Vikash Kumar Singh, Chiranjeev Sinha, Kushagra Shrivastava, Atul Yadav, Rinki Kumari, Pooja Pandey, Yamini, Shipra and Neha performed interesting skits on the awareness, responsibilities and the rights of the consumer under the able guidance of Smt. Versha Swami and Ku. Shivani Goel. The humorous and informative skits were liked by the audience.

The audio-visual presentation was followed by the oath written by Soma Chakraborty and administered by Sachin Tiwari of class XI. The oath was taken by all the school members. Shri B. S. Guleria, Principal, Maharishi Vidya Mandir Maharishi Nagar in his erudite speech, focussed on the 'Right to information Act'. He also stressed on the consumer's rights and responsibilities through various interesting anecdotes and underlined the need to assert rights as well as discharging responsibilities as a consumer. A poster making competition on consumer's awareness for class VI, VII and VIII was also organised in the school under the supervision of Smt. Madhu Sengupta.



MVM NOIDA

MAHARISHI VIDYA MANDIR NOIDA



A great and grand Investiture ceremony was organised in Maharishi Vidya Mandir, Sector 36, Noida on 21st December 2010. The chief guest Group Captain M. J. Bagchi (Retd.) Additional Director (P&A), graced this occasion with his benign presence, he awarded crown titles to the selected 'Head Boy', 'Head Girl' and other council members. He in his address shared his thoughts and views with children and also enlightened them with his important advice and guidance.

Dr. Veena Bahuguna, Principal, Maharishi Vidya Mandir Noida congratulated the council members for their achievements. Council members, in their short speeches, pledge to fulfil their responsibilities delegated to them dutifully in future.

MVM INDORE

**INDIAN INSTITUTE OF MANAGEMENT, INDORE
STUDENTS' VISITED MAHARISHI VIDYA MANDIR, INDORE
ON 3RD DECEMBER 2010**

An event hosted by IIM, Indore called - Gordian Knot "AHVAHAN 2010" was conducted in MVM Indore under which different Top Business schools have participated. They conducted a seminar on "SUBSTITUTES FOR PLASTICS" such as – CORN, ECM Bio-film, Liquid wood, PHB Bio-composites and Glass.

IIM students interacted with MVM students in groups and parted them lots of information on the use of plastic. MVM students eagerly asked questions and also got the satisfactory answers from the team.

After the classroom interactions a written test was conducted in which all the students did very well. Abhishek Dubey class X, Priyanka Gautam class IX, Sonali Mukati class IX, Rajesh Sencha class VIII, Sayoni Badhoriya class VII and Siddhant Talwarkar class VII were the winners and got the attractive prizes. Smt. Archana Dave principal, Maharishi Vidya Mandir, Indore was also present on the occasion.

This was a golden opportunity for young impressionable minds to interact with young professionals of tomorrow. Students of Maharishi Vidya Mandir school will also play an important role in their events in future and will determine the fate of highly competitive teams.

Maharishi Vidya Mandir, Indore has been only selected for this event. IIM, Indore's top management team visited the school and were highly impressed with our children.

Jai Guru Dev, Jai Maharishi

Education News:-

Government considering if UGC should be allowed to regulate admissions, fees in deemed universities.

The Human Resource Development Ministry is considering whether it should allow the University Grants Commission to regulate admissions and fees in deemed universities in the country. Since the Supreme Court is understood to have given different rulings on the issue over the years, the HRD Ministry has now sought the advice of the Law Ministry as to whether it should approve the two rules passed by the UGC in September 2009 to regulate fees and admissions in the 130 deemed universities, about 90 of which are private institutions.

“The government is unable to approve the new UGC regulations as it is unclear whether the commission can enforce such rules. Although the UGC Act of 1956 provides for regulating fees and admissions in private unaided institutions, the Supreme Court has given different rulings on the matter in the past few years. So, the law ministry’s views have been sought” a source said.

There are several cases where Supreme Court gave different judgments. In “P. A. Inamdar and Others versus the State of Maharashtra and Others” in 2005, Supreme Court said every institution is free to devise its fee structure. Although profiteering could be regulated.

In “Bharati Vidyapeeth and Others versus the State of Maharashtra” case in 2004, the Supreme Court had ruled that since the admission process comes in the ambit of education a body like UGC should make decisions for deemed universities.

Earlier, in “Unnikrishnan J.P. versus the State of Andhra Pradesh” in 1993, the apex court had said that the government could regulate fees and admissions in private and unaided institutions.

Presently there is no central legislation for regulating admissions and fees in higher/technical educational institutions.

The two rules passed by UGC are:-

Admission in UGC (Professional Programmes of Study at Institutions Deemed to be Universities) which says that every deemed university has to conduct an entrance test to admit students. The mode of which could be national level exam or their individual entrances.

While the second rule, the UGC (Fee Structure in Institutions Deemed to be Universities) Regulations, which aims to standardise the fees. For this, state governments are to set up a panel that will consider the cost and quality of education and suggest a fee structure.

Deemed university is a status of autonomy granted to high performing institutes and departments of various universities by HRD Ministry on the advice of the University Grant Commission, under Section 3 of the University Grants Commission (UGC) Act, 1956. The deemed university status enables not just full autonomy in setting course work and syllabus of those institutes and research centers, but also allows it to set its own guidelines for the admissions, fees, and instructions to the students.

CELEBRATIONS

SANSKRITIK MAHOTSAV, 2010 MAHARISHI VIDYA MANDIR MAHARISHI NAGAR & NOIDA

Sanskritik Mahotsav, 2010 was hosted by Maharishi Vidya Mandir, Maharishi Nagar on 17th December 2010, Friday and was attended by Group Captain M. J. Bagchi (Retd) Addl. Director, Personnel and Administration, MVM Group of Schools, Smt. Veena Bahuguna, Principal, Maharishi Vidya Mandir Noida, Parents & staff of both the schools. The cultural fiesta reflected a slice of rich Indian culture and heritage. The programme began with the welcome address by Smt. Soma Chakraborty followed by Guru Pujan and Saraswati Vandana.

Welcome song was presented by the school choir. The group dances presented by all the four houses was based on the theme – Indian Traditions. Parashar House presented 'Mahishasurmardini', Narayan House presented 'Bhasmasur', Vashishth House presented 'Raavansanhaar' and Vyas House presented 'Krishnaleela'. The captivating group dances from senior category kept the audience spellbound.

Similarly, the junior group dance presentation was based on the theme- 'Indian folk dance'. The house-wise presentation included Punjabi folkdance by Parashar House, Gujarati Dandiya by Narayan House, Fusion dance by Vyas House and Haryanvi folk dance by Vashishth House. The junior group dance reflected the rich, individualistic style as well as expression and colourful diversity of our country. The group dances were choreographed and supervised by the dance teacher Ms. Vineeta Singh, the House In-charges and the House Teachers.

The group song presented by students namely Bhakti Sangeet, Classical Ragas and a contemporary song enticed the audience. The melodious, foot-tapping songs presented by the four houses were composed and directed by the Music Teacher, Smt. Anuradha Agasty accompanied by Shri Nityanand on Tabla. In addition to the group presentations, Solo Dances by Ayushi Shrivastava, (Narayan House), Swati Juyal (Parashar House), Virali Bajpai (Vyas House) and Vaishnavi Bajpai (Vashishth House) were appreciated and applauded by the spectators. Both the song and dance presentations were judged by Smt. Versha Swami, Ms. Vineeta Singh and Smt. Meera Garolla.

The young talents performed Orchestra. Self-composed poem on Transcendental Meditation was recited by Khushboo Chauhan. Shibi Tomar put forth her experiences about her school. All the three presentations were appreciated by the audience. The flawless presentations very aptly showcased the holistic development of the students at MVM schools.

The Chief Guest Group Captain M. J. Bagchi (Retd) and the Guest of Honour Smt. Veena Bahuguna in their motivating speeches applauded the commendable efforts of the students and the teachers. Principal of the host school, Shri B. S. Guleria, in his inspiring lecture spoke on the unique feature of the school – Consciousness Based Education. He also highlighted the important role of the Parents along with the Teachers in shaping up the personality of a child. Vote of Thanks was presented by Smt. Nidhi Gupta. The programme was compered by Smt. Soma Chakraborty and Smt. Nidhi Gupta.

SANSKRITIK MAHOTSAV, 2010 MAHARISHI VIDYA MANDIR MAHARISHI NAGAR & NOIDA



महर्षि ज्योतिष की दृष्टि में – जनवरी माह

जनवरी मास का प्रारम्भ पौष कृष्ण पक्ष की द्वादशी तिथि से होकर माघ कृष्ण पक्ष की त्रयोदशी को समाप्त होगा। इस माह (जनवरी) के प्रारम्भ के साथ ही ईसवी सन् 2011 का भी शुभारम्भ हो रहा है। ईसवी सन् के नूतन वर्ष आरम्भ के रूप में द्वादशी शनिवार 1 जनवरी को भी लोग नववर्ष की शुभ कामना देकर शुभ नूतन वर्ष के रूप में मनाते हैं।

सूर्य ग्रहण— 04 जनवरी पौष कृष्ण अमावस्या को खग्रास सूर्य ग्रहण होगा इस ग्रहण का प्रारम्भ भारतीय मानक समयानुसार दिन में 12 बजकर 10 मिनट पर मध्य दिन में 2 बजकर 21 मिनट पर तथा मोक्ष दिन में 4 बजकर 31 मिनट पर होगा। ग्रहण जहाँ दिखाई पड़ता है उसका सूतक भी वहीं लगता है।

धर्म शास्त्रों के अनुसार चन्द्र ग्रहण में ग्रहण से पूर्व 9 घण्टे एवं सूर्य ग्रहण से 12 घण्टे पहले ग्रहण का सूतक होता है। इसमें बालक, वृद्ध और रोगी को छोड़कर अन्य लोगों के लिये भोजन निषिद्ध है। ग्रहण काल में मलमूत्र का त्याग भी वर्जित है।

श्रद्धालु जनों को ग्रहण के समय भगवन्नाम का संकीर्तन भजन करना चाहिए। किसी भी मंत्र की सिद्धि के लिये यह समय बहुत अच्छा बतलाया गया है। ग्रहण काल में मंत्र सिद्धि तुरन्त होती है।

मकर संक्रांति पुण्य काल — 14 जनवरी 2011 को सूर्य मकर राशि पर मध्यरात्रि में प्रवेश करेंगे। अतः इसका पुण्यकाल 15 जनवरी को सायं 4 बजकर 31 मिनट तक माना जायेगा। उत्तरायण सूर्य एवं शिशिर ऋतु का शुभारम्भ भी इसी दिन से हो रहा है। मकर संक्रांति पर्व को खिचड़ी एवं पोंगल के नाम से भी जाना जाता है। इस दिन तिल एवं चावल के लड्डू का दान विशेष पुण्य प्रद होता है। गंगा, नर्मदा जैसी पुण्य नदियों में स्नान करके गणेश, अम्बिका एवं शिव का पूजन दर्शन करके यथा शक्ति दान करना चाहिये। इसी दिन से देवताओं का दिन एवं दैत्यों की रात्रि का प्रारम्भ भी होता है। मकर संक्रांति से सभी शुभ कार्य प्रारम्भ हो जाते हैं।

षटतिला एकादशी — 29 जनवरी 2011 को माघ कृष्ण पक्ष की एकादशी है। इसे षटतिला एकादशी कहते हैं। इस दिन भगवान विष्णु की पूजा करनी चाहिये। इस दिन काली गाय एवं काले तिल के दान का विशेष पुण्य है। इस दिन काले तिल के तेल की मालिस या उबटन लगाना चाहिये। तिल मिश्रित जल से स्नान करना चाहिये और तिल मिश्रित जल का पान करना चाहिये। तिल मिश्रित वस्तु (मोदक) इत्यादि खाना चाहिये तथा काले तिल का हवन एवं दान करना चाहिये। इस दिन छः प्रकार से तिल का प्रयोग करने से इसे षटतिला एकादशी कहा गया है।

पंचक – 07 जनवरी 2011 दिन शुक्रवार के सांय 7 बजकर 29 मिनट से प्रारंभ होकर दिनांक 12 जनवरी दिन बुधवार को सांय 6 बजकर 36 मिनट पर पंचक समाप्त होगा।

मास प्रभाव – इस माह में खाद्य पदार्थों के मूल्य में कुछ तेजी का रुख रहेगा और सोने चांदी के मूल्य में तेजी आयेगी श्वेत पदार्थ चीनी इत्यादि में सस्ती का रुख रहेगा। किन्तु दूध, दही, इत्यादि के भाव महंगे रहेंगे। कहीं-कहीं हवा के साथ वर्षा भी होगी जिससे सर्दी का प्रभाव बढ़ेगा। पश्चिमोत्तर राज्यों में राजनीतिक उथल-पुथल की सम्भावना है। इस नकारात्मक गतिविधियों से बचने के लिये महर्षि भावातीत ध्यान साधना तथा यज्ञ का आश्रय लेना चाहिये।

जनवरी माह में पड़ने वाले व्रत पर्व त्यौहारों की सूची

क्रमांक	व्रत-पर्व-त्यौहार	मास	पक्ष	तिथि	दिनांक
1.	शनि प्रदोष	पौष	कृष्ण	द्वादशी	01.01.2011
2.	मास शिवरात्रि	पौष	कृष्ण	त्रयोदशी	02.01.2011
3.	पौष अमावस्या	पौष	कृष्ण	अमावस्या	04.01.2011
4.	वैनायकी श्री गणेश चतुर्थी	पौष	शुक्ल	चतुर्थी	08.01.2011
5.	महा भद्राष्टमी	पौष	शुक्ल	अष्टमी	12.01.2011
6.	मकर संक्रान्ति पुण्यकाल	पौष	शुक्ल	एकादशी	15.01.2011
7.	सोम प्रदोष	पौष	शुक्ल	त्रयोदशी	17.01.2011
8.	पौष पूर्णिमा	पौष	शुक्ल	पूर्णिमा	19.01.2011
9.	संकष्टी श्री गणेश चतुर्थी	माघ	कृष्ण	तृतीया	22.01.2011
10.	षटतिला एकादशी	माघ	कृष्ण	एकादशी	29.01.2011
11.	सोम प्रदोष	माघ	कृष्ण	त्रयोदशी	31.01.2011

जय गुरु देव, जय महर्षि

Maharishi Movement Global News

Indigenous Global Mother Divine Organization: First Nations women's leaders in Canada join global collaboration

Two women leaders of the Assembly of First Nations (AFN) in Canada attended the Global Mother Divine Organization's recent international women's conference in Fair field, Iowa. A month later, they were keynote speakers at a symposium hosted by AFN at the Canadian government-sponsored Global Health conference in Ottawa. In her address Kathleen McHugh, Chair of the Canadian AFN Women's Council, described a new collaboration to create the Indigenous Global Mother Divine Organisation-to support 'the rejuvenation, resurgence, and prosperity of our nations and our traditional ways of life, which have upheld balance in accord with Natural Law since the beginning of time'.

Nuclear war prevented by Maharishi's Technology of Consciousness: Historical look at Germany, 1978

A leader of the Global Country of World Peace in Germany recalled dramatic events of 1978 in Cold War Germany, and the historic course created by Maharishi Mahesh Yogi-the 'Centre Invincibility Course for the Survival of Germany'. The course was held over Christmas 1978 on the island of Fehmarn in the Baltic Sea, near the border with East Germany. Years later it became clear that the powerful coherence and bliss generated in collective consciousness by the course averted the very real danger of nuclear war imminently threatening the nation and world.

Holland: Special residence course for Transcendental Meditation participants from Germany held in MERU

A large number of Teachers and practitioners of the Transcendental Meditation Programme from Germany recently had the opportunity to enjoy a special residence course at the Capital of the Global Country of World Peace in MERU, Holland. Participants enjoyed the knowledge and programmes of Maharishi Mahesh Yogi and created an influence of harmony and coherence in the environment through their group practice of Transcendental Meditation. The success of this course inspired organizers to plan for many more such courses in MERU.

Transcendental Meditation inspired new album: British pop singer Tim Burgess

British pop singer Tim Burgess learned the Transcendental Meditation Technique last year as part of a new, healthier lifestyle. 'I do it twice a day now. . . . I don't get fazed by hardly anything anymore', he said in a recent interview. 'His newfound clarity led straight into productivity,' the San Francisco Examiner reported recently-he wrote most of his new album soon after learning the technique.

Benefits of Transcendental Meditation for veterans presented by WWII fighter pilot, US Army colonel

A US Army colonel and a WWII fighter pilot discuss how the Transcendental Meditation can benefit soldiers and veterans with post-traumatic stress disorder (PTSD). They spoke along with filmmaker David Lynch at the David Lynch Foundation's recent Second Annual 'Change Begins Within' benefit gala in New York City.

Dr Oz: Make Transcendental Meditation your New Year's resolution - Huffington Post reports

Dr Mehmet Oz, heart surgeon and practitioner of the Transcendental Meditation Programme, recommends the technique to help reduce stress and support heart health.

New global wave of support for permanent peace through groups of Vedic Pandits

A delegation of directors of the Global Country of World Peace in Canada recently travelled to India to visit various campuses of Maharishi Mahesh Yogi's programmes, and to explore how to mobilize support for permanent world peace through groups of Maharishi Vedic Pandits.

E-Gyan Monthly News Letter

Reminder

Dear Readers,

My best wishes for Gyan Yug Diwas — 12th January 2011

I am happy to release this 19th edition of E-Gyan Monthly Digital News Letter. Previous editions of E-Gyan have been published and circulated amongst you. In every edition of E-Gyan I am requesting you to send news from your relevant field. But we are not receiving enough news. Please start sending the news in either Hindi or English. E-Gyan Monthly News Letter will be released in the first week of every calendar month. E-Gyan matter must be received by 15th of every month.

E-Gyan Monthly Digital News Letter will be circulated to all members, employees, well wishers and students of all Maharishi Organizations in India and also to millions of Meditators, Sidhas, Governors, leaders and devotees of Maharishi Global Organisations around the Globe.

E-Gyan Monthly News Letter contains the following:

1. Courses currently run by Maharishi schools/colleges/institutions and universities.
2. Information on any new course/programme added in Maharishi schools/colleges/institutions and universities.
3. Present student strength course wise, subject wise, class wise, branch wise in different Maharishi Educational Institutions.
4. Announcement of any new course offering and its schedule with course details and venue.
5. Starting of new building construction, report on Bhumi puja or vastu puja or foundation stone ceremony.
6. Inauguration or graha pravesh or public offering of new building.
7. Special achievement of any Maharishi Organisation.
8. Special achievement of Staff or faculty of any Maharishi Educational Institution.
9. Special achievements or award received by Students in the field of academics, sports, arts, music, culture, language, general knowledge, quiz, talent search or any other competition on district, state, national and international level.
10. Report on NCC, NSS, Scouts, Adventure programme/trip.
11. High-level placement of graduates in national, international or multinational organisations/corporations.
12. Outstanding performance of ex-students.
13. Publication of any paper by Faculty, Students, Staff, research department or Organisation.
14. News coverage in local, state, national level newspapers, TV, radio, website.
15. Selection of students in civil services, IIM, IIT, PMT, IIT, NDA, IMA, IFS, IRS, Armed Force or in any other institution of national importance.
16. List of outstanding government or private special projects taken by the organisation.
17. Launching of new product with details, availability, and price.
18. Details of products already in market.
19. Creative writings on different topics, such as cultural/social and historical issues.

20. Offering Vedic solution to any social problem.
21. Performance of any special Anushthan or Yagyas.
22. Vedic celebration reports.
23. Excursion tour reports.
24. Corporate visit, corporate training etc.
25. Visit of national and international dignitaries and their remarks.
26. Appreciation, recognition or awards received by Maharishi Organisations.
27. Report on academic or commercial collaborations.
28. Report on Maharishi Vedic Organic Agriculture.
29. Report on monthly Initiations in TM, Sidhi course and Advance Techniques.
30. Report on activities of Maharishi Global Movement.
31. Report on any other similar subject or area, which is not covered here but worth reporting.

We invite news, articles and reports from all Maharishi Organisations, leaders, members, faculty, staff, students, Meditators, Sidhas and all readers. Please note that all news reports must be authentic, original, true and correct. The writers of articles should send a note that the article is their original article.

Please also note that all contents should be sent in soft copy through email (egyan@mahaemail.com and egyanmonthly@gmail.com) as word document file (or in a CD to Dr. T. C. Pathak, Maharishi Centre for Educational Excellence Campus, Building No-5, Lambakheda, Berasia Road, Bhopal, Madhya Pradesh, PIN 462018). Hard copy should be neatly typed (“Times New Roman” font for English and “Devnagri” or “Chanakya” font for Hindi) and should be sent to above-mentioned address. High quality/resolution pictures and graphics will be very useful to make your report better looking and will be much interesting for readers.

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With All the Best Wishes in Maharishi's Fourth Year of Invincibility - Global Ram Raj.

Jai Guru Dev, Jai Maharishi

Dr. T. C. Pathak

For Editorial Board, E-Gyan Newsletter

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