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महर्षि संस्थान भारत का मासिक सूचना पत्र

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ACADEMIC ACHIEVEMENTS | ORGANISATIONAL EVENTS | MAHARISHI JYOTISH | CELEBRATIONS | PHOTO FEATURES | CONTACT US

Vedic Culture – Global Culture Maharishi's New World Order of Peace *The Full Dignity of Culture Integrity*



His Holiness Maharishi Mahesh Yogi Ji

‘There is one world, created by Natural Law, and there is one Government of Natural Law to govern the world and the universe around it.

‘Everything in our world and our universe is governed in a perfectly orderly manner with such precision and perfection that it is obvious that the administering intelligence of the universe, which conducts this orderly evolution of everyone and everything, is a perfect administrator.

‘The secret of this perfection in administration of the vast, ever-expanding universe is in automation, evolution, and the action-independent, self-referral, self-sufficient, spontaneous functioning of Cosmic Creative Intelligence—the infinite organizing power of Natural Law.

‘The absolute order of this administration is eternally secured in its purity because it is located in the transcendental field of life—Unity—where in its absolute purity, beyond the reach of anything, nothing can disturb it, nothing can pollute it, nothing can corrupt it. It is safely secured in its own absolute, invincible, self-sufficient state. It is established in the absolute state of defence.

‘What is most fortunate is that the quality of this absolute administration of Natural Law can be inherited by any government.

‘The procedure is now available for every government to raise its administration to the level of this perfect administration of Nature’s Government, which governs through Natural Law, nourishes all life, and maintains administration always evolutionary, always free from problems.

‘Prevention of problems through evolution-based, perfect administration through Natural Law is the characteristic of administration of Cosmic Intelligence—the Government of Nature—which functions from that self-referral level where problems can never exist.

‘When all governments in the world rise to this level of perfect administration, then the world will be in accord with the same level of order that prevails in Nature. This will be the realization of the supreme quality of administration.

‘Diversity of country, culture, language, climate, and religion will continue; man-made constitutions of governments will continue; diverse governments will maintain their sovereignty just as each galaxy in the universe maintains its sovereignty; all sovereign governments will maintain their different identities just as all the galaxies maintain their individuality in the grand cosmic wholeness of the ever-expanding universe—they will all remain automatically aligned with the one unified Cosmic Administration, which maintains the unity of all diversity.’

—*Maharishi*

Celebrating Perfection in Administration, Creating Invincible India (418-page publication)

The Great Saint of the Himalayas is Coming to Shower His Blessings on the Metropolis

The Statement issued by: HIS HOLINESS MAHARISHI MAHESH YOGI JI – November 1952

It gives me a great pleasure to welcome you all and have your company here this afternoon. It gives me enough encouragement and support to acquaint you with the details of the mission for whose fulfillment His Holiness Shri Jagatguru Shankaracharya Swami BRAHMANAND SARASWATI MAHARAJ will be visiting your city about the 12th of November 1952 and stay here for about a month for Dharmopadesh.

Swami Brahmand Saraswati Maharaj, the present Shankaracharya of Jyotirmath Badarikashram (in the Himalayas) is a magnetic personality with a sweet amalgam of High Wisdom and Love of humanity. He combines in himself the Knowledge of the self with the mysterious powers - the siddhis arising out of yogic perfection and hard penances, which he has undergone throughout his life. He is a great living yogi and scholar and is revered by millions of Hindus as their Supreme Religious head.



His Holiness Shri Jagatguru Shankaracharya Swami Brahmanand Saraswati Maharaj with first president of India Dr. Rajendra Prasad.

This great Saint of the modern age was born in U.P. in a well to do and renowned Brahman family in 1871 and was enthroned to the seat of His Holiness Jagatguru Shankaracharya in 1941 at Benares, during the ninth session of the All India Sanatan Dharma Maha Sammelan convened by the Bharat Dharma Mahamandal in conjunction with a countrywide support of almost all the ruling princes and different socio-religious institutions all over the country. It may be recalled that it was a long persuasion of about twenty years, which could convince Param Virakt Swami Brahmanand Saraswati to accept the great responsibility of the Shankaracharya at the age of seventy.

From the tender age of nine when he came out of his home in Search of God, till this time, his life was mostly spent in the lonely hidden regions of the Himalayas, Vindhya Giris and the Amarkantakas, which are rarely frequented by men and are chiefly inhabited by wild animals. For years together he has lived in hidden caves and thick forests where even the midday sun frets and fumes in vain to dispel the darkness that may be said to have made a permanent abode there in those solitary and distant regions.

But today he is easily accessible as he is now the presiding head of Shri Jyotirmath, which is the greatest religious institution of the Hindus of Northern India, covering all different creeds and sampradayas and branches lying under the fold of Hindu Religions.

One unique principle of the great Sage that distinguishes him completely from other living saints of today is that he does not accept money as gift from his visitors or disciples.

This brief description attempts to mirror a few hurried and short glimpses of the life journey of this great living sage who has actually transformed into a living fact the inner latent potentiality of the soul. He has known the great universal Truth, whose realisation is the aim of the entire scheme of life. For him the mists of ignorance have completely disappeared and having known the Divine Reality he has verily become an embodiment of the great Divinity.

His aim of life, if the life of a realised soul can be said to possess any such aim, is to broadcast the message of the Great Divine light that he has himself realised, the Light that is the Soul of all human beings. Having himself attained the pinnacle of Self development; he aims at transforming the worldly minded people into the Godly

mindful, and through his inner Divine touch to change the materialistic hearts of iron into spiritual hearts of gold.

His entire personality emanates the sweet perfume of spirituality. His race radiates that rare light which comprises love, authority, serenity and self-assuredness that comes only by righteous living and Divine Realisation - one feels as if some ancient Maharishi mentioned in the pages of the Upanishads has assumed human form and feels that it is worth while leading a pious life and to strive for the realisation of the Divine.

His Spiritual teachings are simple and clear and go straight home to heart. He strictly adheres to the course of inner development laid down by the Systems of Indian Philosophy and ethics and he raises his voice never in opposition but always in firm support of the Truths and principles contained in the Hindu Scriptures.



His Holiness Maharishi Mahesh Yogi Ji with first president of India Dr. Rajendra Prasad.

According to the tradition from the worldly point of view, the dignity of the Shankaracharya's throne has got to be maintained by the rich paraphernalia around his Holiness, but those who have come in his contact know the fact that the private life of the Sage is quite simple and renunciation.

I believe that he is a living embodiment of titanic spiritual force. If I were asked on the basis of my personal experience, about the living saints of today, as to who is the greatest amongst them, I would unhesitatingly name Shri Jagatguru Shankaracharya Swami Brahmanand Saraswati Maharaj of Jyotirmath the Beacon Light of the holy sanctuaries of the Himalayas.

Shri Shankaracharya Maharaj has clear insight into the mind and the thoughts of the modern age. His teaching and commandments are based on sound reasonings which are quite agreeable to any reasonable thinker. He is a great critic of prejudices and narrow-mindedness arising out of irrational love of caste, creed, nationality or any "ism". His life is a living proof of the Truth of the Vedas and Shastras. He has opened a new era of renaissance of True Religion. He extends his recognition to anything that is good in any religion. He is accessible to all. Everyone can enjoy and derive benefit from his holy Darshan and elevating discourses.

He is coming shortly to shower his blessings on the busy and restless souls of the metropolis. I beseech you, my friends, to extend your hearty co-operation for the great cause in the interest of each individual of our society, in the interest of our nation and in the interest of the world at large. The great Saint of the Himalayas is coming in your midst and in the fitness of the great occasion, I appeal to your good sense to extend your valuable support so that his elevating discourses may reach the masses in every nook and corner of our country and abroad.

Thanking you for giving me a pertinent hearing, I would like to say something, in short, about the shrine of Jyotirmath, the prime spiritual centre of Northern India and the headquarter of Shri Shankaracharya Maharaj. Jyotirmath is one of four seats established by Adi Shankaracharya in this continent - two thousand and five hundred years ago. It is situated in the heart of the Himalayas 173 miles up from Hardwar and only 18 miles south of Shri Badrinath and may be said to be the queen of the Himalayas for natural beauty and spiritual values. Jyotirmath it was that the first Shankaracharya selected for his stay in Himalayas where he taught the highest philosophy of existence - the Vedanta - to his disciples, wrote his immortal commentaries on the eleven principle Upanishads, the Bhagavad Gita and Brahma Sutras and established a seat of Spiritual light to function as sanatorium (sic), a supreme centre of the Eternal Religion of India to keep the Light of Pure civilisation and culture burning for all the millennium to come. It is an ancient culture centre of yoga, the Light House which has preserved and disseminated the Light of the Sanatan Dharma all the way down the ages.

PRESTIGIOUS NATIONAL AWARD

'BHARAT JYOTI AWARD' (THE GLORY OF INDIA AWARD)

For T. C. Pathak, Director (CPR), National Board of Directors, Maharishi Vidya Mandir Schools Group and Chairman, Kids Club Foundation, Jaipur.



Educationist T. C. Pathak has been awarded The Prestigious 'Bharat Jyoti Award' (The Glory of India Award) of The India International Friendship Society at India International Centre New Delhi for his contributions to rural development, Education & Social reform.

The Presentation of India's most coveted Institutional Presentation of 'Bharat Jyoti Award' which also includes a 'Certificate of Excellence' was presented to Shri T. C. Pathak during a National Seminar on "Economic Growth & National Integration" and Grand Annual Ceremony of the presentation on 20th December 2012 at India International Centre New Delhi.

The citation said that Shri Pathak has been awarded for his more than 3 decades meritorious services, outstanding performance and remarkable role in the field of Education, Administration, Mass Awareness, Rural Development and Social Reforms.

Shri T. C. Pathak hails from the family of freedom fighters who took Active Part in India's Freedom Movement and born & brought up at Anand Bhawan, Allahabad.

Besides this, he was closely associated with some of the projects related to mass awareness, rural development & social reforms initiated by Prof. R. N. Kapoor, Nana Ji Deshmukh, Shri Sunder Lal Behguna, Sharla Ben (Associated with Mahatma Gandhi) Ashram Uttarakhand, Hari Bhai, Prem Bhai, Meera Ben and His Holiness Maharishi Mahesh Yogi Ji.

Shri T. C. Pathak, Chairman, Kids Club School and Director (Communication & Public Relation), National Board of Directors, MVM Schools Group run and managed by Maharishi Shiksha Snasthan is successfully running and managing 142 public schools and four management institutes all over India, a University and 5 B.Ed. Colleges in different states of India.

As an Educationist & Administrator, He has spent 7 years as Head of the Department (Commerce & Management), Ishwar Saran Degree College, University of Allahabad & Registrar Maharishi Mahesh Yogi Vedic Vishwavidyalaya, Madhya Pradesh. As a Management Expert & Research Associate, he has been associated with G. B. Pant Social Science Institute, Allahabad, and Institutes of Engineering & Rural Technology, Allahabad and more than two and half decades is associated with Maharishi Mahesh Yogi's worldwide organization as Director (CPR), MVM Schools Group India.

He is also Chairman of Human Resource Development Foundation & Secretary General Environmental Health Organization and Member of The Executive Committee of many NGO's.

Others who have received this award so far include Mother Teresa, Vice President B. D. Jatti, Governor Justice M. Fathima Beevi, Election Commissioner S.V.G. Krishnamurthy, Film Stars Dev Anand, Sunil Dutt, Renowned Sarod Player, Ustad Amjad Ali Khan, Sri Sunil Gavaskar, Prof. M. Kidwai, and Vice Chancellor Jiwaji University Gwalior.



Maharishi University of Management & Technology



Maharishi University of Management Technology
Chhattisgarh

The Maharishi University of Management and Technology [MUMT] was established at Mangla, Bilaspur by Government of Chhattisgarh vide Act Number 10 of 2002 as a State Private University. It received the assent of His Excellency the Governor of Chhattisgarh on 18 April 2002. Maharishi Mahesh Yogi Ji was the first Chancellor of MUMT.

The current year has been one of all round activity, progress and development. Besides commissioning of the Academic and Education blocks, the Student Hostel and VC house are nearing completion at main campus Mangla, Bilaspur. MUMT Campuses at Raigarh, Raipur and Durg have been reactivated for benefit of students. During the year UGC recognized MUMT as a Private University and listed it on their website. The Distance Education Council wrote in to finalize inspection dates whereas the Association of Indian Universities, New Delhi, invited our student participation in sports and cultural activities. The National Council for Teachers Education, Bhopal and State Council for Educational Research and Training, Raipur conducted inspections of Bilaspur Campus and recommended introduction of courses applied. Close co-ordination with Higher Education Department, Government of Chhattisgarh, resulted in removal of all pending issues, publication of relevant Notifications/Ordinances. MUMT now participates in all meetings/conferences of Higher Education. During the CG Rajyotsav held at New Raipur from 1-7 Nov 2012 over 4 lakh visitors were privileged to visit MUMT enclosure established within 'Uch Shiksha' Dome.

The MUMT has developed state of art campus spread over more than 20 acres at Mangla, Bilaspur. The Management plans to introduce a number of new academic and skill development courses so that employment can be provided to students. Exposure to Consciousness Based Education, introduced by Maharishi Ji worldwide, provides lifelong affiliation to excellence. Digitalization of university will provide multiple benefits for management, delivery, spread of online and distance education amongst the rural/semi rural citizens so that the "benefit of higher education reaches the unreached"- so that the mission set forth by Maharishi Mahesh Yogi Ji is realized.



Conferences of Higher Education, During the Chhattisgarh Rajyotsav 2012

Jai Guru Dev, Jai Maharishi

ACHIEVEMENTS OF MVM STUDENTS IN SPORTS & OTHER CO-CURRICULAR ACTIVITIES

MVM Bilaspur

Out Standing Achievements in Sports

Chhavi Indra Pawan (Swimming):

1. Stat Open (Bhilai C.G.) won 6 Gold, Cash Prize Rs. 11,000/-.
2. National Open (Chennai) Participated.
3. CBSE West Zone (Pune) 3 Gold and 1 Silver.
4. CBSE National (Bhopal) 6th Position.
5. National Open (Bhopal) Individual Championship.
6. Senior National Open (Rachi) Participated.
7. Stat Open (Bhilai) 4 Gold and 3 Silver. (Relay)



Chhavi Indra Pawan

Vedant Dutt Nayak (Swimming):

1. Participated in CBSE West Zone Swimming Championship at Pune.
2. Participated in Chhattishgarh State Open Swimming Championship and won 2 Silver Medals.

Priyanshu Sahu (Chess):

1. Participated in 7th Chhattishgarh State Senior Championship at Rajnandgaon Chhattishgarh.
2. Participated in 26th National Open Championship at Pandicherry, organised by All India Chess Federation.

Other Achievements

1. Students presented their programme in Akash Wani BILASPUR broadcasted on 25th march 2012 in programme named kalrav. They Presented story, poem, solo song, group song etc.
2. Neeraj Kumar of class 12th PCB, participated in National Talent search Examination, 2012 conducted by Unified Council. He reached the Second level and secured 2nd position at state level.
3. In International Olympiad of English Language 2012, Priyanshu Pandey secured the position of school topper and Prakhar Shrivastava secured the 1st rank and become stat topper.
4. Musical competitions were organized in memory of SHAHID VINOD CHOUBEY from 12th July to 15th July 2012 in which our students secured 2nd position in Solo Bhajan, Poster Making, Group Song Junior, Solo Classical Dance and Orchestra



MVM Chikmagalur

1. July 30th and 31st 2012 Kalaprabhatsava district level programme, which was held at Kuvempu Kalamandir. In this programme 67 students have participated from MVM Chikmagalur and received participation certificate. Keerthana S. Rao student of class IX, secured 1st place in Kishor Pratibha, Classical Bharata Natyam in district level and she has been also selected for zonal level.
2. Karan T. D. has participated in Drawing competition and secured 2nd position. The Drawing competition was organised by LIC of India.
3. Kumari Sathvi, student of class IX, secured 5th rank and received Rs. 1000/- cash award in District Level Essay Writing Competition organised by Ramakrishna Ashram.

MVM Tiruvanmalai

All India Drawing and Hand Writing Contest 2012

- Our students participated in All India Drawing and Hand Writing contest 2011-2012 organised by the National Institute of Akhil Bharatiya Nagarik Vikas Kendra Aurangabad.

The following students have secured "Kala-Ratna Award":



M. Surya



V. Uma



S. Kavya



S. Gnana



R. Preethi



J. Janani

1. M. Surya Prakash of class I
2. V. Uma Maheshwari of class I
3. S. Kavya of class V
4. S. Gnana Karpagavalli of class IV
5. R. Preethi of class VI
6. J. Janani of Class VIII

- P. A. Rishab of class VII got I place and received Rs. 3000 cash prize in Art Competition organised by Oviya.

MVM Jagadhri

Achievements of Sports

1. Divya Saini won Gold Medal in CBSE North Zone Championship of Taekwondo.
2. Rishab Singh of class XI Science bagged gold medal in Karate Championship at District Level held at Yamuna Nagar.
3. Rishab Singh of class XI Science bagged gold medal in Karate Championship at State Level held at Karnal and silver medal held at Shahabad.
4. Rishab Singh of class XI Science bagged gold medal in Karate Championship at National Level held at Delhi.
5. Rishab Singh of class XI Science bagged Bronze medal at International Level Championship held at Nepal.

NCC

1. 8' Students appeared in 'A' certificate examination held at Guru Nanak Khalsa School, Yamunanagar. '5' out of '8' got 'A' grade and the remaining '3' got 'B' grade.
2. Seven students appeared in 'C' certificate Examination held at Ambala Group Head Quarters, Ambala. '4' gained 'B' grade and two got 'C' Grade.

Outstanding Performance in Regional Cultural Celebration – 2012-13

1. MVM Jagadhri was one of the glorious participants in the Regional cultural meet held at Gurgaon on 13 & 14 September, 2012. Participants of various dances & performances attracted the attention of each and every person and were awarded by dignitaries.
 2. In Group dance senior Shobhit, Vaishali, Dilpreet, Tanya, Naina, Kajal, Tavleen and Aakash bagged the first prize and were awarded with Rs. 11,000/- by M.L.A. Mr. Rao Dharampal of Badshahpur. Similarly in Junior Group Dance, students got appreciation from all the four corners and got a cash prize of Rs. 1100/-
 3. In Science Exhibition (Senior) Jaskaran, Parwinder of class X received first Position.
 4. In English Debate Competition (Senior) Siddharth and Vaishali of XII won first prize expressing their views emphatically.
 5. In the On Spot Painting competition (Junior) Yogita begged first position.
- **Amit Singh** and **Sandeep Singh** participated as a basketball player in 13th U. P. State Youth Basketball Championship at T. D. College, Jaunpur organised by Distt. Basketball Association Jaunpur, from 3rd to 8th July 2012, under aegis of UPBA.

MVM Sagar

- **M. Satyam Debey**, student of class 8th has been selected for MP Cricket Under 14 at Indore from 10th August to 15th September 2012 and now he will play for the National Level.

MVM Silchar

- **Debajyoti Bhattacharjee**, student of class 11th selected in **Ashish Nehra's Cricket Team** & He went to South Africa 2012.

MVM Seoni

Maharishi Regional Cultural Celebration – 2011-12

- **In Junior Classical Song:** Ankit Shrivastava of class VIII 'B' – II position.
- **In Senior Classical Song:** Yashi Chourasiya of class X 'B' – I position.
- **In Math's Exhibition:** Vishwanath Rai of class X 'B' – I position.

Maharishi's Essay writing competition

- **Essay Topic "Meditation is the best medication"**– Saaket Chawli of class X B, secured 1st position & received 3001/- cash price.

Commerce Talent Search Examination

- Nayan prathyani, student of class XI, secured 1st position.
- Sumit Ahuja, student of class XI, secured 2nd position.
- Shivam Rai, student of class XI, secured 3rd position.
- Anjali Sevlani, student of class XII, secured 2nd position.
- Ayushi Jain, student of class XII, secured 3rd position.

Kalabharti Child Art Development Institute, Pune, (Drawing Competition)

Awardees are – Deeksha Baghel – X A – Handwriting, Deepika Sanodiaya – X A – Handwriting, Kajol Rahangdale – X A – Handwriting, Sujal Tekam – III – Drawing, Lakshy Parmale – III – Drawing, Pranjali Chourasiya – VIII B – Drawing, Surbhi Sahu – X B – Handwriting, Atyam Rajnegi – VII B – Drawing.

MVM Jind

Outstanding Achievers

Vinay Punia:

- Got Gold Medal in District Level Wrestling Championship.
- Got Gold Medal in State Level Wrestling Championship.
- Participated in National Level Championship.
- Got Gold Medal in District Level Judo Championship in Haryana School Games.
- Got Silver Medal in State Level Judo Championship in Haryana School Games.
- Got Silver Medal in CBSE games in Judo at National Level held at Pratap World Sports School Kharkhod Sonapat.
- Got Bronze Medal in Shot-Put event in CBSE Games.

Deepak Punia:

- A team of students participated in Judo Competition in District Level Competition and Deepak Punia got Gold Medal in his weight category.
- He was selected for Haryana State Level Championship and got Bronze Medal.
- Participated in CBSE North Zone II Judo tournament and got Bronze Medal.

MVM Guwahati-I

Achievements in National Level 2011-2012

- Pranat Kashyap and Prabith Jyoti Kalita of class IX participated in People Friend Foundation's All Assam Open School Prize Money Environment Quiz 2012 and bagged 1st prize.
- S. P. Ganeshan, Anusikh Goswami and Dhrubajyoti Das of class XII won the 3rd prize in a quiz competition. They won a trophy and cash prize Rs. 2000/-. In the same S. P. Ganeshan bagged the Best Quizzer prize.
- Baristha Bora, Banani and Shreya Smita Bhuyan Das of class XI got Cadet Welfare Scholarship in the

year 2012 in NCC.

- Vishrut Bezbarua of class VI organized his first solo painting exhibition at the Gallery of Artist's Guild, Chand mari, Guwahati from 5th February to 10th February 2012. The Exhibition was inaugurated by senior Artist Mr. Tapan Bordoloi.

Outstanding Performance by Students



Kritika Upadhya receiving award



Drishti Medhi with Hon'ble Defence Minister Shri A. K. Antoni

- Kritika Upadhya is an upcoming Table Tennis player. She became champion in XXVI North East Games 2012 in Women's Team Event, which was held at Aizwal, Mizoram. She was the semi-finalist in the CBSE meet held in Varanasi 2011. In State level she is ranked 1st in the U-17 and U-21 Singles Event. She has been representing Assam in the National Level since the last 5 years. Recently she was awarded the best promising player in the 29th Abhiruchi Sports Day 2012.

- Drishti Medhi was a part of the contingent of NER (North-Eastern Region) which comprised the cadets of all the three wings i.e. Army, Naval and Air-force. Sgt. Drishti Medhi got the opportunity to be the Flag-Area briefer of NER. She was the MC (Master of Ceremony) for NIAP cultural programme. Being the best cadet (JW) she competed in the national level with rest of the cadets from the 16 directorates. She was awarded with Bir Chilarai award being the Best Cadet for the year 2012-13.



Shatabdi Mahanta receiving award



National Cadet Corps, Republic Day Camp 2012

- Shatabdi Mahanta was selected as Senior Wing Cadet in the National Cadet Corps (NCC) Republic Day Camp contingent 2012 representing the entire North Eastern Region of India. She was chosen for the All-India NCC marching contingent for girls on Rajpath for Republic Day on 26 January 2012.
- Shatabdi Mahanta also got the opportunity to attend the RDC (Republic Day Camp) 2010 in Junior Wings NCC.

CBSE SCHOLARSHIP

● The Department of Science and Technology, Ministry of Science and Technology, Government of India awards scholarship for Higher Education to those students who are within top 1% at class XII examination 2012 conducted by the Board.

The following students from our school have been selected by the Central Board of Secondary Education: Angshuman Sarma, Arindam Paul, Abhinav Baruah, Aditya Newar, Manish Kumar Chowdhury, Priyansu Prasad Sarma, Smitaom Swapna Barah and Sabyasachee Baruah

● A student of class IX Prachurya Baruah organized a solo exhibition of painting 'My dream with colour' from 8th January to 13th January 2012 at Gallery of Artist Guild, Chandmari, Guwahati. The Exhibition was inaugurated by the Director of Cultural Affairs, Assam Mrs. Madhurima Baruah. He has brought laurels to school by participating in many National level painting competitions. He is the winner of Maharishi Cultural Celebration 2010 in painting competition, All India Painting Competition by Wild life Trust of India 2009. He stood 2nd position in National painting competition by Govt. of India, Ministry of Power 2008. He received CCRT scholarship on Visual Art – painting in the year 2009.

MVM Raipur-I

CATC Camp, Bhilai

● NCC cadets attended the CATC camp held in Bhilai from 06/08/12 to 15/08/12. Different competitions were organized during the camp.

The students won the following events:-

- | | | | | |
|-----------------------|---|------------------------|---|----------------|
| 1) Smriti Sneha Verma | - | Debate & Essay Writing | - | 2 Gold Medals |
| 2) V. Vibha | - | Best Anchor Award | - | 1 Silver Medal |
| 3) Mansi Singh | - | Drawing Competition | - | 1 Silver Medal |

This achievement was feasible under the guidance and motivation of Ku. Reena Verma, the Associate NCC officer.

State Level Drawing Competition

● Akash Sharma, class VIII, stood 1st position from C.G.

National Science Olympiad

- Unnati Gupta from Class-X, 1st position in state.
- Puneet Mahapatra from Class-X, 2nd position in state.

International Maths Olympiad

● Sagar Sharma, Class VIII, stood 1st position in school.



Kuldeep Thakur



Prateek Yadav



Sujay Tamoli

Badminton

● Sujev Tamboli, runner up in Senior Boys Badminton & Semi finalist in Senior Boys Single in Badminton.

State Level Judo: All Stood I Position

Student's names are:

- | | | | |
|-------------------------|------|-----------------|------|
| 1. Surya Prakash Sharma | VIII | 2. Abhiav Verma | VIII |
|-------------------------|------|-----------------|------|

3. Nitin Agrawal	VIII	4. Vikas Issrani	VIII
5. Girish Mishra	IX	6. Ku. Divya Rawat	X
7. Abhishek Kawadkar	X	8. Bhupinder Sing	X
9. Rahul Thakur	XII		

Swimming

- Mast. Kuldeep S. Thakur, class IX, stood 1st position in zonal/region.

National Level Cricket

- Himanshu Koshal, XI, Played under 16 National Games in Jammu-Kashmir.

National & State Level Cricket

- Prateek Yadav IX, Played under 14 National Games in Mumbai, State Level in Durg & Raipur.

MVM Jammu

- Dainik Jagaran the daily newspaper has organised an Sanskar Shala Competition and MVM students participated out of 15 school MVM Jammu got 2nd position
- Danik Jagaran the daily newspaper has organised an Editorial Competition maximum participation of MVM students.
- 250 students of MVM Jammu participated in the International Olympiad of Science. A number of students proved their excellence in the examination at different levels.
- **Twinkle Gupta** and **Kritika Sharma** of Class XI and Ankit & Aamish Sharma got selected for the State Level quiz competition “Bharat Ko Jano”, organized by Bharat Vikas Parishad.

Cricket: Shubam Khajuria of Class–11th played in the J&K Cricket Team against Haryana and scored 56 runs.

Cricket: Kannav Saini Class 10th (under 16) State Level Competition attended at Srinagar.

Chess: Ekjot Singh has participated in Junior Chess Championship (J&K State under 19 Chess Championship and were awarded by District Chess Association)

Football: Manjot Singh of Class 10th selected for National (under 19).

Basketball: Jatinder and Kannav Saini of class 11th participated in Inter School Competition and selected for National.

Badminton: Sahil and Jatinder of class 12th participated in State Badminton Championship 2011-2012 and selected for National

MVM Balaghat

- **Kartik Titarmare**, participated in 2nd International Karate Championship held at Goa, he secured 1st place.
- **Aditi Titarmare**, participated in 2nd International Karate Championship held at Goa, she secured 2nd place.
- **Prajwal Chourasia**, participated in 57th National School Basketball Championship held at Pali Marwar, Rajasthan.

MVM Tangla

District level science model competition

- Bridaban Bikash Nath, student of class IX is awarded with Rs. 5000/- by Department of Science & Technology, Government of India through D. C. of Udalguri District (B.T.A.D.) Assam.



Cultural Achivement

- Chiranjeeb Deka, student of class-XI secured 1st position in Wind (senior) Regional Cultural Celebration 2012.

MVM Dhar

School Level Painting Competition

- **Dipti Pavaliya**, student of class 6th, Maharishi Vidya Mandir, Dhar participated and got 1st position in School Level Painting Competition on "*Conserve water for the future*" organised by the Ministry of Water Resources, Govt. of India.

- **Deepali Bhandari**, student of class 5th, Maharishi Vidya Mandir, Dhar participated and got 2nd position in School Level Painting Competition on "*Conserve water for the future*" organised by the Ministry of Water Resources, Govt. of India.

- **Mahima Jain**, student of class 4th, Maharishi Vidya Mandir, Dhar participated and got 3rd position in School Level Painting Competition on "*Conserve water for the future*" organised by the Ministry of Water Resources, Govt. of India.



Deepti Pavaliya



Deepali Bhandari



Mahima Jain

MVM Ambikapur

Cricket:

- Master Rahul Garg, student of class IX participated as player in the 'Youth-20' cricket league session-2012 held at Bhilai Chhattisgarh under guidance of Indian Youth 20 Cricket Association.
- Master Abhishek Upadhyay, student of class X participated as player in State level cricket tournament at Korba district.

Hand Ball:

- Master Ayush Singh, student of class VII participated in U-19 National School Handball Championship tournament from Chhattisgarh held at Delhi organised by School Games Federation of India.

Chess:

- Master Ankesh Dubey, class VIII and Chetna Pathak, class VI participated in U-14 state level School Sports Championship held at Durg district.
- Master Saurabh Tiwari, Khushboo Gupta and Sakshi Singh Chandel participated in U-17 state level School Sports Championship held at Durg district.

Basketball:

● Miss Shruti Singh Rana, student of class VII participated as a player in Chhattisgarh Junior State Basket Ball championship organised by Chhattisgarh Sport & Youth Welfare Department.

Achievement of Shri Santosh Gupta: Shri Santosh Gupta, PET was awarded by certificate of 'Shikshak Samman' by Shikshak Samman Samiti Ambikapur on the occasion of Teachers Day.

MVM Kalindipuram Allahabad**Achievement in Music & Others**

1. State level competitions organized by Allahabad Museum in association with Ministry of Culture, Government of India New Delhi from 14th November to 18th November 2011-12.

Our following students won following prizes:

- Stuti Pandey and Laxmi Shree got 1st & 2nd prizes in College Competition (Senior Group).
- Sangufta and Anjali Mishra got 1st & 2nd prize in College Competition (Junior Group).

2. State level competition organized by City T.V. Allahabad from January 27 to January 29.

Our students took part and got following prizes.

- Shivani Shukla (Class IX) won 2nd prize in Solo Dance Competition.
- In group dance competition our students won 2nd prize. Group consists of Vaishali Srivastava, Diksha Rawat, Santwana Jaisal, Shikha Verma, Harshita Pandey, Shivani Shukla and Shruti Nigam (All class IX). Dance prepared by Ku. Vibha Pandey (English Teacher) and Mrs. Anita Saxena (Music Teacher).
- Group song team won 1st prize members were– Vaishali Srivastava, Shivangi Jha, Rahul Singh, Avinash Singh, Shlok Srivastava (all IX class) and Shikha Mishra (VIII). Song was composed and prepared by Mrs. Anita Saxena (music teacher).

3. Regional Cultural meet held at Barabanki from 8th September to 9th September 2012.

- Our group song team consist of Shivangi Shukla, Vaishali Srivastava, Shruti Nigam, Urmi Khuswaha and Shubhanshini Tripathi (all class IX) won 1st prize. Song was composed and prepared by Mrs. Anita Saxena (Music Teacher).
- Group dance senior team won 1st prize. Members were Shivani Shukla, Malvika Kumari, Diksha Rawat, Shruti Nigam, Shikha Verma, Pratima Singh, Santawana Jaisal and Rupali Mishra. Supported and prepared by Miss. Vibha Pandey and Mrs. Anita Saxena.
- Group dance junior team won 1st prize. Members were Vanshika Rao, Nandini Singh, Anjali Gupta, Ananya Pandey, Nidhi Jaiswal, Ritika Mishra, Vanshika Srivastava, Niharika Mishra.

4. All India Music competition organized by Prayag Sangeet Samiti on 24th September, 2011.

- Vaishali Srivastava, class IX won 1st prize in 'Bhaw Sangeet' and Shivangi Jha, class IX won 2nd prize in 'Bhaw Sangeet'.

Sports

- Pallavi Srivastava, won Silver Medal in Jr. Girls High Weight State Taekwondo championship 2012 held at Lucknow 6th January 2012.



Pallavi

MVM Gurgaon

**Collective Pranayam, TM & TM Siddhi Programme
Conducted on the occasion of Last Historic date of the Century (12-12-12) for Environment
Balance & WORLD PEACE.**



MVM Ratanpur, Bhopal

“Rajiv Gandhi Vidya Gold Award – 2012” conferred to Dr. S. N. Rai



Every year International Institute of Education and Management Organises, **Rajiv Gandhi Vidya Gold Award**. This is a prestigious National Level Award, which is presented to the Academic Scholars selected from all over the country for their extra-ordinary contribution in the field of education.

It is a matter of pride and extreme delight for Maharishi Vidya Mandir family that **Dr. S. N. Rai, Principal MVM, Ratanpur**, has been awarded with “**Rajiv Gandhi Vidya Gold Award – 2012**” for his outstanding achievements and remarkable contribution in academic excellence.

This year, the prestigious Award Ceremony was held on 7th December in New Delhi, in the presence of eminent dignitaries of Govt. of India, Central Ministers & Shri Joginder Singh, Former CBI Director, Dr. G.V.G Krishnamurthy, Former Election Commissioner, Dr. Bishma

Narian Singh, Former Central Minister for Education and Former Governor and Shri O. P. Verma, Former Chief Justice, Educationists and Intellectuals from all over India.

SHADES OF TIME

The year has gone so fast,
The best year of my glorious past.
Nothing will be the same but our love will last,
And our friendship nourished in trust.

Even though, I may never return to this place,
But then too, it will always be in my happy face.
And those sweet moments I have left behind
Oh! I can't live them again but in my mind.

Those were the days so impossible to forget,
With all my pals doing everything with no regret.
And yes, there were fights too,
But what is life without a tear or two?

Many came and a few went
But i will never forget the time I spent.
Even though, it marks new beginnings
But i know, it also ended many a good things.

And all these moments I lived on
I will keep them with me until I am gone.
I wish best to all my dear peers,
With all of you i have nothing to fear.

Spondon Sarma, Class - 10th, MVM Jorhat

थे बम और वो बम

पहले बम कहते थे शंकर भोले को,
अब बम कहते है बारूद के गोले को ।
पहले बम मिलते थे पहाड़ो पर,
अब बम मिलते है सार्वजनिक स्थानों पर ।
पहले बम पीते थे शहद और दूध को,
अब बम पीते है आँसू और खून को ।
कहते है पहले जीवन देते थे बम,
अब तो जीवन लेते है बम ।
पहले बम के दर्शन करते थे लोग,
अब बम से डरते है लोग ।
बम – बम – बम आखिर क्या बला है,
इससे बचके रहें तो ही सबका भला है ।

प्राची रस्तोगी, कक्षा-8, एमवीएम महर्षि नगर

सनातन संयोग

निकल हिमालय के शिखरो से
जो गंगा निशि दिन चल करके
मर्यादा और सीमाओं के
बन्धन को प्रिय तक रख करके
सागर की गहराई में मिल
स्व अस्तित्व मिटा देती है ।

खुद वन्दित जग से होती है
कीर्ति पिता हिम को देती है ।।
लेकिन यह संबंध हे गंगे,
नहीं आज तक है या कल तक ।

पृथक न कोई कर पायेगा
सागर का अस्तित्व है जब तक ।।
ऐसे ही संयोग शिष्य का
गुरु चरणों में रहा सनातन
कभी नही ध्वंसित होगा यह
इसकी है हर नीव पुरातन ।।

गुरुजन निज दायित्व पूर्ण हो,
शिष्य करें कर्तव्य का चिन्तन ।
परम्परा यह और मधुर हो,
'कमलापति' का यह शुभ चिंतन ।।

कमलापति शर्मा, पीजीटी, एमवीएम महर्षि नगर

महर्षि ज्योतिष की दृष्टि में दिसम्बर माह

पंडित हरिशरण मिश्र (ज्योतिषाचार्य)



दिसम्बर माह मार्ग शीर्ष कृष्ण पक्ष तृतीया दिन शनिवार से प्रारम्भ होकर पौष कृष्ण पक्ष तृतीया दिन सोमवार पर्यन्त रहेगा, इस माह में पड़ने वाले विशिष्ट पर्व एवं त्यौहारों का माहात्म्य निम्नांकित है:-

1. संकष्टी श्री गणेश चतुर्थी व्रत:- यह व्रत मार्गशीर्ष कृष्ण पक्ष की चन्द्रोदय व्यापिनी चतुर्थी को करना चाहिये। इस दिन प्रातः स्नानादिक क्रिया के पश्चात् व्रत करने का संकल्प करके करना चाहिये। सायं काल में भगवान गणेश जी का गन्ध पुष्प आदि के द्वारा षोडशोपचार पूजन करना चाहिये। फिर चन्द्रोदय होने पर उत्तर पूजन करके विशेषार्घ्य प्रदान करना चाहिये। फिर प्रसाद वितरण करके तब फलहार ग्रहण करना चाहिये। ऐसा करने से घर में सुख-शांति एवं समृद्धि आती है तथा सौभाग्य की वृद्धि होती है।

2. श्री भैरवाष्टमी व्रत:- मार्ग शीर्ष कृष्ण पक्ष की अष्टमी को भैरवाष्टमी के नाम से जाना जाता है। इसी दिन मध्याह्न में भैरव जी का जन्म हुआ था। इस दिन व्रत रखकर भैरव देव का हर प्रहर में पूजन करना चाहिये और बाद में अर्घ्य प्रदान करके रात्रि पर्यन्त जागरण करना चाहिये। ऐसा करने से व्रती के समस्त पाप नष्ट हो जाते हैं और भैरव जी प्रसन्न होते हैं। जिससे घर में किसी प्रकार का संकट नहीं आता है।

3. उत्पन्ना एकादशी व्रत:- मार्ग शीर्ष कृष्ण पक्ष की एकादशी को उत्पन्ना एकादशी के नाम से जाना जाता है। इस दिन व्रत रखकर भगवान विष्णु की पूजा करना चाहिये। संक्षेप में इस एकादशी का माहात्म्य इस प्रकार है- सतयुग में तालजंघ का पुत्र 'मुर' नामक दानव महाबली, प्रतापी एवं विलक्षण बुद्धि वाला हुआ था। उस दानव ने एक बार स्वर्ग पर आक्रमण करके देवताओं को वहां से मार भगाया, तब सभी देवतागण शिवजी के पास गये उनसे अपने कष्ट के लिये प्रार्थना की तब शिवजी, सभी देवताओं को भगवान विष्णु के पास ले गये और प्रार्थना की तो भगवान विष्णु ने अपने शरीर से एक रूपवती कन्या को उत्पन्न किया, जिसने मुर दानव का संहार किया और देवताओं को पुनः स्वर्ग का साम्राज्य मिला। फिर भगवान विष्णु ने उस कन्या को वर दिया, कि तूने मेरे शरीर से उत्पन्न होकर देवताओं के कष्ट का हरण किया है। अतः तेरा नाम उत्पन्ना होगा और जो भी तेरा व्रत करेगा उनकी अभीष्ट सिद्धि होगी। इस वर को प्राप्त करके वह कन्या अलक्षित हो गयी। इस प्रकार इस एकादशी का व्रत रखकर मनुष्य सुख समृद्धिवान बन सकते हैं।

4. मोक्षदा एकादशी:- मार्ग शीर्ष शुक्ल पक्ष की एकादशी को मोक्षदा एकादशी कहते हैं। इस एकादशी का व्रत रखने से पूर्व दसमी तिथि को मध्याह्न में एक बार रोटी दाल का भोजन लेना चाहिये फिर एकादशी के दिन व्रत रखकर भगवान विष्णु का पूजन करना चाहिये। रात्रि में जागरण करके अगले दिन द्वादशी को एक मुक्त धारण करना चाहिये। इस एकादशी का व्रत रखने से मोह का क्षय होता है तथा मोक्ष का मार्ग सुलभ हो जाता है।

इसी दिन श्री कृष्ण भगवान ने अर्जुन को गीता का उपदेश दिया था, इसीलिये इसे गीता जयन्ती भी कहा जाता है। इस दिन गीता व्याख्यान आदि का उत्सव रखना चाहिये।

इस माह दिसम्बर में पड़ने वाले प्रमुख पर्व एवं त्यौहारों की तालिका इस प्रकार है:-

क्रमांक	व्रत एवं पर्व का नाम	मास	पक्ष	तिथि	दिनांक
1.	सौभाग्य सुन्दरी तृतीया व्रत	मार्ग शीर्ष	कृष्ण	तृतीया	01.12.2012

2.	संकष्टी श्री गणेश चतुर्थी व्रत	मार्ग शीर्ष	कृष्ण	चतुर्थी	02.12.2012
3.	श्री भैरवाष्टमी व्रत	मार्ग शीर्ष	कृष्ण	अष्टमी	06.12.2012
4.	उत्पन्ना एकादशी	मार्ग शीर्ष	कृष्ण	एकादशी	09.12.2012
5.	भौम प्रदोष व्रत एवं मास शिवरात्रि	मार्ग शीर्ष	कृष्ण	त्रयोदशी	11.12.2012
6.	मार्ग शीर्ष अमावस्या	मार्ग शीर्ष	कृष्ण	अमावस्या	13.12.2012
7.	वैनायकी श्री गणेश चतुर्थी व्रत	मार्ग शीर्ष	शुक्ल	चतुर्थी	16.12.2012
8.	श्रीराम विवाहोत्सव पंचमी	मार्ग शीर्ष	शुक्ल	पंचमी	17.12.2012
9.	स्कन्द षष्ठी एवं चम्पा षष्ठी व्रत	मार्ग शीर्ष	शुक्ल	षष्ठी	18.12.2012
10.	महानन्दा नवमी	मार्ग शीर्ष	शुक्ल	नवमी	21.12.2012
11.	मोक्षदा एकादशी व्रत	मार्ग शीर्ष	शुक्ल	एकादशी	23.12.2012
12.	भौम प्रदोष व्रत	मार्ग शीर्ष	शुक्ल	द्वादशी	25.12.2012
13.	दत्रात्रेय अवतार	मार्ग शीर्ष	शुक्ल	पूर्णिमा	27.12.2012
14.	मार्ग शीर्ष पूर्णिमा	मार्ग शीर्ष	शुक्ल	पूर्णिमा	28.12.2012
15.	संकष्टी श्री गणेश चतुर्थी व्रत	पौष	कृष्ण	चतुर्थी	31.12.2012

पंचकः— दिनांक 18 दिसम्बर, दिन मंगलवार को प्रातः 01 बजकर 15 मिनट से प्रारम्भ होकर दिनांक 22 दिसम्बर, दिन शनिवार को दिन में 03 बजकर 08 मिनट पर्यन्त रहेगा।

मास प्रभावः— इस माह खाद्य पदार्थों के मूल्य में मंहगी का रूख रहेगा। ऊनी वस्त्रों के मूल्य में तेजी का रूख रहेगा। भूमि एवं अन्तरिक्ष के उत्पातों में वृद्धि होगी। छिट-पुट वर्षा का योग भी है, दलहन के मूल्य में तेजी बनी रहेगी। पूर्वोत्तर राज्यों में जनसंघर्ष की घटनायें घटित होंगी। राजनीतिक उपद्रव भी होंगे।

इन अनेकानेक नकारात्मक प्रवृत्तियों के निवारण के लिये महर्षि भावातीत ध्यान तथा यज्ञ अनुष्ठान का आश्रय लेना श्रेयस्कर होगा।

"India Growing in Positivity with Rise of Coherence in Collective Consciousness"



Engineering students to raise funds to educate poor children

By: Pawan M V, TNN

MANIPAL: While pursuing engineering course, some students attached to Disha, a social wing of students of Manipal Institute of Technology (MIT), have cultivated the habit of helping poor children.

They will organize a fund raising event in January at Manipal University campus to sponsor free education to poor schoolchildren of Udupi district. As part of the programme, a walkathon will be held with an aim to spread awareness about the importance of education among rural people.

V 'Digital learning solutions must for education'

By: TNN

INDORE: A seminar on digital education was organized on Sunday wherein various school principals and eminent speakers took part and briefed about intervention and necessity of digital education in schools. The guest speaker was Satyanarayan Patel, founder and chairman of Vidyasagar School and Pragya Girls School.

He said that education system needs to be changed with the help of new technology and digital learning solutions can help in making education more effective. Nirmal Bhatnagar, director and founder, Dreams Achiever said that the present generation students are well-versed with technologies and it is the responsibility of all institutions to provide them digital methodology of teaching.

Another guest and educationist Y K Dubey said that digital education is gift of the modern technologies.

Regional head (North) of Extra marks educations Vikram Singh said that schools are demanding digital education for improvement of pedagogy to create hi-tech atmosphere in schools.

Plastic ban: Malls, hotels warned against violation

By: Neha Lalchandani, TNN

NEW DELHI: More than a week after the ban on plastic bags was notified in the city, teams from Delhi Pollution Control Committee and the environment department visited almost all shopping malls and five star hotels and cautioned people against using plastic bags.

Officials said that names of all shops where the inspection was carried out have been noted so that in future if the same shops are found to be violating the rules, immediate action will be taken against them.

"The department covered practically all malls and five star hotels on Saturday. By next week, we will move down to other kinds of shops. There are several other agencies, which have the power to issue challans. Once the majority of shops are covered, the second wave of inspection will see action being taken against violators. We are more focused on first creating awareness and only then will we start with the prosecution," said an official.

The plastic bag ban came into force in Delhi on November 23 and violations can be prosecuted under section 15 of the Environment Protection Act. This will invite a penalty ranging from Rs 10,000 to a maximum of Rs 1 lakh.

Musical event helps trace classical heritage

DHAKA: A bond that takes you back to your roots and helps you grow stronger should be nurtured. Taking this motto forward, the Bengal Foundation of Dhaka and the ITC-SRA of Kolkata have forged a unique partnership, that of helping each other preserve indigenous music of Bengal.

On Friday, more than 10,000 people at the Army auditorium were left mesmerized as Ustad Rashid Khan performed his signature Puriya Dhaneshree.

Khan performed as part of the ongoing four-day classical music festival at Dhaka, which is a debut to this musical partnership. The second innings of the musical fest, Bengal Sanskriti Sammelan, will be held on the SRA's Tollygunj campus from February 8 onwards. While the hint is on classical music this time that saw performances by Buddhadeb Dasgupta, Kaushiki Desikan and Pandit Shiv Kumar Sharma, the upcoming event will focus on Bengali music from the two sides.

Kolkata towards the beginning of the year and an SRA like academy in Dhaka to propagate classical music. While the Bengal Foundation will set up this academy, the gurus who will teach music to students in Dhaka and the courses to be followed will all be given by SRA.

M S University comes to poor students' aid

VADODARA: M S University (MSU) will launch a scheme to support education of students from poor financial background from mid-December.

The university will start inviting applications from students from low income groups after which it will select the beneficiaries of the Economically Disadvantaged Students Support Fund.

Nearly 150 students have already submitted applications to get benefit from the fund on blank papers.

The scheme is to completely waive off fees of students belonging to economically weaker sections by not only providing them free studentship, but also free hostel accommodation.



Maharishi Movement Global News

Serbia: International congress on Ayurveda health care planned

This year the third annual Bio Balkan Expo in Belgrade, Serbia, a fair devoted to a healthy and organic lifestyle, again featured an exhibit on Maharishi Ayurveda natural health care. The founder of the Expo, Branko Cicic, a longtime teacher of Transcendental Meditation, is committed to improving the quality of life in the region; one area of recent focus is to make Maharishi Ayurveda health products available to the public. Mr Cicic is also in process of organizing an international congress on Ayurveda in Belgrade next May, in which many medical doctors are expected to participate.

\$2.4 million grant to study Transcendental Meditation and PTSD in veterans

Maharishi University of Management Research Institute in partnership with the San Diego Veterans Administration Medical Center received a \$2.4 million grant from the US Department of Defense to study the effect of the Transcendental Meditation technique on post traumatic stress disorder (PTSD) in veterans.

A multi-faceted appeal: Dr. Norman Rosenthal speaks to interests of a wide range of audiences

December 2012 - During Dr. Norman Rosenthal's recent speaking tour of London, the renowned psychiatrist, mental health researcher, and bestselling author displayed a many faceted appeal that enabled him to bring his message to very different audiences, with very different interests.

CNN discusses Transcendental Meditation's effect on veterans with PTSD

With the rising concern among Americans about the plight of veterans, CNN's Soledad O'Brien interviewed Russell Simmons and Bob Roth of the David Lynch Foundation about the increasing use of the Transcendental Meditation technique for helping veterans suffering from post-traumatic stress disorder (PTSD).

New study finds Transcendental Meditation reduces death, heart attack, and stroke in heart patients

Hundreds of articles have appeared in news media around the world about the results of a new scientific study published 13 November in the American Heart Association journal, *Circulation: Cardiovascular Quality and Outcomes*. The randomized, controlled study found that African Americans with heart disease who regularly practised the Transcendental Meditation technique were 48 per cent less likely to have a heart attack, stroke, or die from all causes compared with those who attended a health education class over more than five years. 'It appears that Transcendental Meditation is a technique that turns on the body's own pharmacy-to repair and maintain itself,' said Robert Schneider, MD, lead researcher and director of the Institute for Natural Medicine and Prevention at Maharishi University of Management.

Transcending 'winter blues' in UK: Professionals learn how Transcendental Meditation can help in treatment of Seasonal Affective Disorder

In early October at Regent's College in London, Norman E. Rosenthal, MD, addressed 70 members of the SAD (Seasonal Affective Disorder) Association. Dr. Rosenthal is a psychiatrist and researcher who achieved international recognition for identifying SAD and pioneering its treatment with light therapy. More recently he has suggested that, in addition to its many other benefits, Transcendental Meditation can also help in the treatment of SAD.

Reducing tension in the Mideast: Israel's military recommended to quickly implement peace-creating groups of advanced Meditators

As several Latin American countries have done, the military of Israel is recommended to establish peace-creating groups of advanced Transcendental Meditation practitioners to quickly reduce tensions in the Middle East. This could be a scientific experiment, using objective measures and independent, outside observers-with the predicted outcome of accelerated progress towards a just, equitable, lasting peace, conclude Dr David Orme-Johnson and Dr. David Leffler. 'Are we as nations to go on like rats trapped in a conditioning cage, reacting the same way decade after decade?' They write. 'Or shall we step out of the cage into the transcendental level of our own consciousness and grow up into enlightened human beings, rather than continuing to resort to destroying and killing? This is the choice we have right now.'

Clarity, creativity, freedom from stress' - Documentary highlights value of Transcendental Meditation for teenage girls

Dana Farley, a junior at Bucknell University in the USA, has made a documentary-'Beyond the Noise: My Transcendental Meditation Journey'-on her experience with Transcendental Meditation. She feels that the technique can help make a huge difference in teens' lives. 'Instead of running away from or avoiding the problems and hassles you have by taking drugs or fooling around in other ways, TM helps brings a sense of inner freedom, of being "high" in a completely natural way,' says Dana. 'It gives you a lift in your spirits-a freedom from the stress you are feeling, while giving you the clarity of thought and creativity to deal with people and situations in productive ways.'

Mozambique: Former President Chissano's organic farm a model of simplicity, profitability for his country

A 600-hectare organic farm near Maputo, the capital of Mozambique, established by former President Joaquim Chissano, was one of several places Dr. Bevan Morris visited in Mozambique earlier this year. Dr Morris, President of Maharishi University of Management, learned about how the farm employs local labour and utilizes simple harvesting methods. With these methods farmers can grow crops efficiently and sell the harvest at a profit. President Chissano wants to set an example for the country of how to farm profitably using this system.

ई-ज्ञान मासिक सूचना पत्र

स्मरण पत्र

प्रिय पाठकों,

हमें ई-ज्ञान डिजिटल समाचार पत्र के 42 वें संस्करण को प्रकाशित करते हुये बड़ा हर्ष हो रहा है। ई-ज्ञान के पिछले सभी प्रकाशित संस्करण ई-मेल के माध्यम से आप सभी को भेज दिये गये हैं। ई-ज्ञान के प्रत्येक संस्करण में, हम आपसे, आपके सम्बंधित क्षेत्रों की सूचना भेजने के लिए अनुरोध कर रहे हैं परन्तु हमें पर्याप्त समाचार एवं उपलब्धियां प्राप्त नहीं हो रही हैं। आपसे अनुरोध है कि अपने क्षेत्र एवं संस्थान से सम्बंधित सूचना एवं समाचार हिन्दी अथवा अंग्रजी में भेजें। ई-ज्ञान सूचना पत्र, प्रत्येक माह के प्रथम सप्ताह में प्रकाशित किया जा रहा है। ई-ज्ञान सूचना पत्र से सम्बंधित सूचना एवं समाचार हमें प्रत्येक माह की 15 तारीख तक प्राप्त हो जाना चाहिये।

ई-ज्ञान मासिक सूचना पत्र महर्षि संस्थान के सभी सदस्यों, कर्मचारियों, शुभचिंतकों एवं सभी विद्यार्थियों के साथ-साथ ध्यान शिक्षकों, सिद्धि शिक्षकों, ध्यान-साधकों एवं जनप्रतिनिधियों की बड़ी संख्या तक पहुँच रहा है। इसके साथ ही साथ ई-ज्ञान सूचना पत्र सम्पूर्ण विश्व में महर्षि संस्थान के वैश्विक प्रतिनिधियों एवं अनुयायियों तक भी पहुँच रहा है।

ई-ज्ञान मासिक सूचना पत्र में निम्नलिखित सूचनाओं तथा समाचारों को सम्मिलित किया जाता है:

1. वर्तमान समय में महर्षि विद्या मन्दिर, महाविद्यालय, महर्षि संस्थानों एवं विश्वविद्यालयों में संचालित पाठ्यक्रम।
2. ऐसे नये पाठ्यक्रम व कार्यक्रम जो महर्षि विद्या मन्दिर/महर्षि महाविद्यालय/महर्षि शिक्षा संस्थान/महर्षि विश्वविद्यालय में जोड़े गये हों।
3. वर्तमान में महर्षि शिक्षा संस्थान के विद्यार्थियों की संख्या विषयवार, वर्गवार एवं कक्षावार।
4. किसी भी नये पाठ्यक्रम का प्रारम्भ, पाठ्यक्रम का विवरण एवं स्थान का विवरण।
5. नये भवन निर्माण, भूमि पूजन, वास्तु पूजन एवं शिलान्यास की जानकारी।
6. नये भवन का उद्घाटन व प्रवेश की जानकारी।
7. किसी भी महर्षि संस्थान की विशेष उपलब्धि।
8. महर्षि शिक्षा संस्थान के प्राचार्यों, शिक्षकों एवं कर्मचारियों की विशेष उपलब्धियां।
9. शिक्षा, खेल, कला, संगीत, संस्कृति, भाषा, सामान्य ज्ञान, प्रतियोगिता एवं प्रतिभा खोज आदि के क्षेत्र में विद्यार्थियों की विशेष उपलब्धियां।
10. एन.सी.सी., एन.एस.एस., भारत स्काउट एवं गाईड एवं एडवेंचर कार्यक्रम की जानकारी।
11. महर्षि शिक्षण संस्थानों के विद्यार्थियों की राष्ट्रीय, अंतरराष्ट्रीय एवं बहुराष्ट्रीय संगठनों में उच्च पदों पर नियुक्तियां।
12. भूतपूर्व छात्रों की अभूतपूर्व उपलब्धियां।
13. शिक्षकों, छात्रों, कर्मचारियों, अनुसंधान विभाग एवं संगठन के सदस्यों के उच्च स्तरीय लेखों के प्रकाशन की सूचना।
14. विद्यार्थियों के स्थानीय, राज्य एवं राष्ट्रीय स्तर के समाचार पत्रों, न्यूज चैनल एवं वेब साईट में उपलब्धियों का प्रकाशन।
15. विद्यार्थियों का राष्ट्रीय स्तर की प्रतियोगिताएँ जैसे लोक सेवा आयोग, भारतीय प्रशासनिक सेवा, आईआईएम, आईआईटी, पी.एम.टी., राष्ट्रीय रक्षा अकादमी, विदेश सेवा, आईआर.एस. एवं सेनाओं में विभिन्न पदों पर चयन एवं नियुक्ति।
16. संस्था द्वारा ली गई शासकीय एवं निजी क्षेत्र की परियोजनाओं का विवरण।
17. नये उत्पाद की जानकारी, विवरण एवं उसके मूल्य का उल्लेख।

18. वर्तमान में बाजार में उपलब्ध उत्पादों की जानकारी।
19. सांस्कृतिक, सामाजिक एवं ऐतिहासिक विषय पर लेखों की जानकारी एवं विवरण।
20. किसी भी सामाजिक समस्या का वैदिक उपायों द्वारा समाधान।
21. किसी भी यज्ञ एवं अनुष्ठान का विवरण।
22. वैदिक महोत्सवों का विवरण।
23. भ्रमण कार्यक्रमों का वृतांत।
24. औद्योगिक निकायो का भ्रमण एवं प्रशिक्षण।
25. राष्ट्रीय एवं अंतरराष्ट्रीय स्तर के गणमान्य अतिथियों के आगमन का विवरण।
26. संस्थान द्वारा प्राप्त पुरस्कार, प्रशंसा पत्र एवं मान्यता।
27. शैक्षिक एवं वाणिज्यिक सहयोग का विवरण।
28. महर्षि वैदिक कृषि का विवरण।
29. महर्षि वैश्विक आंदोलन का ब्योरा।
30. किसी अन्य समान विषय या क्षेत्र जिसका उल्लेख अग्रलिखित नहीं है उसका विवरण।

हम महर्षि संस्थान के सभी राष्ट्रीय व वैश्विक प्रतिनिधियों, सदस्यों, प्राचार्यों, शिक्षकों, कर्मचारियों, छात्रों, ध्यान साधकों एवं सभी पाठकों के लेख एवं समाचार आमंत्रित करते हैं। कृपया ध्यान दें की सभी समाचार सही, प्रमाणिक एवं मूल रूप में होना चाहिये। केवल अपने स्वयं के लेखों को ही भेजें।

कृपया ध्यान दें कि सभी सामाग्री की एक सॉफ्ट कापी वर्ड फारमेट में निम्न ईमेल पर भेजें –

(egyan@mahaemail.com एवं egyanmonthly@gmail.com) या सभी दस्तावेजों की एक मूलप्रति, सी.डी. के माध्यम से निम्न पते पर भेजें— **टी. सी. पाठक, राष्ट्रीय निदेशक, संचार एवं जनसम्पर्क, महर्षि विद्या मंदिर समूह, महर्षि सेन्टर फॉर एज्युकेशनल एक्सीलेंस, बिल्डिंग न. 5, लाम्बाखेड़ा, बैरसिया रोड़ भोपाल-462018**, दस्त. तावेजों की सॉफ्ट कापी एवं हार्ड कापी हिन्दी के देवनागरी लिपि/चाणक्य एवं अंग्रजी के टाईम्स न्यू रोमन फॉन्ट में अग्रलिखित पतों पर भेजे। तस्वीरें एवं चित्र उच्च गुणवत्ता में भेजें ताकि आपकी रिपोर्ट को उच्च स्तरीय बनाने में तथा पाठकों को पढ़ने में उपयोगी हो सके।

ई-ज्ञान, सम्पादक मण्डल किसी भी कॉपी राइट जानकारी या लेखों के लिये उत्तरदायी नहीं होगा। यदि किसी असत्य जानकारी को सम्पादक मण्डल के पास भेजा जाता है तो प्रेषक के लेखों या रिपोर्ट को भविष्य में प्रकाशित नहीं किया जायेगा।

कृपया अपने सभी मित्रों, सहयोगियों एवं पारिवारिक सदस्यों को ई-ज्ञान सूचना पत्र की सदस्यता ग्रहण करने एवं वेबसाईट www.e-gyan.net पर अवलोकन के लिये अनुरोध एवं प्रोत्साहति करें।

जय गुरुदेव जय महर्षि

नव वर्ष की शुभकामनाओं सहित

टी. सी. पाठक
सम्पादक मण्डल
ई-ज्ञान मासिक सूचना पत्र

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