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Maharishi Speaks to Students*

Fruit of all knowledge through Maharishi's Science of Creative Intelligence



Direct perception can be deluding; therefore perception alone cannot be a firm criterion for right knowledge. Understanding must support perception in order for perception to be an authentic means of gaining knowledge. Perception satisfies the heart, and understanding satisfies the mind. Right understanding along with direct perception is necessary to give complete knowledge. On levels where perception and understanding differ—in the relative field of life—knowledge may remain incomplete.

At the unmanifest level of Creative Intelligence, where existence and intelligence are the same, perception and understanding are not different. At this level, where perception and understanding are most refined, knowledge is right, complete, and therefore fulfilling.

ऋतम्भरा प्रज्ञा Ritam-bhara pragya — 'that intelligence which fathoms only the truth' — is that level of awareness where mental activity is at its finest level. Perception belongs to the field of the senses,

and understanding belongs to the field of the intellect. At the level of ऋतम्भरा प्रज्ञा Ritam-bhara pragya the difference between the intellect and the senses is minimal because that is the level which is closest to Transcendental Consciousness, where no differences exist. At this level, knowledge derived from perception and knowledge derived from understanding will be in perfect accordance with each other.

Knowledge is structured in consciousness and knowledge is different in different states of consciousness. Therefore, the different means of gaining knowledge—perception and understanding—depend upon one's level of consciousness. For knowledge to be complete and fulfilling it must be based on pure consciousness. The field of Creative Intelligence, pure consciousness, is the basis of all knowledge and is the fountainhead from which all the streams of knowledge arise. Gaining this level of awareness through Maharishi's Transcendental Meditation Programme, one is able to derive the benefit of all knowledge. By developing the full potential of Creative Intelligence in one's awareness one is able to fulfil all one's desires and be successful in all fields of life.

Maharishi's Science of Creative Intelligence provides the experience and understanding of the basis of all knowledge, the field of pure Creative Intelligence. The purpose of the Science of Creative Intelligence is to develop an individual who is most progressive, creative, and able to apply his Creative Intelligence

to all fields of activity. It is vital to gain the benefit of all knowledge. This can only be accomplished by gaining the basis of all knowledge. However it is also important to study different fields of life in order to be of maximum benefit to oneself and society.

For the full development of Creative Intelligence, it is necessary to alternate meditation and activity. In this way one develops the ability to maintain inner silence along with dynamic activity and thus is able to draw upon the reservoir of Creative Intelligence to achieve maximum in life.

Maharishi's Science of Creative Intelligence, supreme knowledge Raising the knower to his infinite creative potential

Knowledge is a link between the knower and the object of knowledge: it is the product of the process of knowing. Knowledge is different in different states of consciousness. The quality of knowledge depends on the state of consciousness of the knower—the degree of Creative Intelligence expressed in his awareness. Knowledge is influenced both from the side of the object and from the side of the knower, the subject. If the subject changes, the knowledge of the object will also change.

Transcendental Meditation, the practical aspect of Maharishi's Science of Creative Intelligence, develops unbounded awareness and unfolds the full value of Creative Intelligence in the awareness of the knower, so that he is able to fully evaluate the object.

Knowledge is full and complete when the unmanifest, unbounded value of the object is cognized along with its surface values. When both these values, expressed and non-expressed, come to the awareness of the knower, he appreciates the full value of the object. Every expressed value in the phenomenal world is the projection of the non-expressed, infinite, unbounded value of intelligence. Knowledge of the object is complete only when one perceives this unmanifest, unbounded value of intelligence in the object.

When we analyse intellectually, we find that the deepest value of any object is pure intelligence, but this intellectual knowledge does not become a living reality until one's awareness is established in the omnipresent field of pure intelligence. When the same value of unbounded pure intelligence is experienced on the level of both the subject and the object, unity is established between the two. The union of the knower and the known makes knowledge complete and brings fulfilment to the process of knowing.

The Science of Creative Intelligence provides complete knowledge, because it establishes a complete relationship between the knower and the object, in which no aspect of the object is hidden from the cognition of the knower. For knowledge to be supreme, it should not only be complete, but should also enable a man to live life in fulfilment. The practical aspect of the Science of Creative Intelligence, the Transcendental Meditation Technique, is a natural, effortless, spontaneous procedure of gaining knowledge, and at the same time is a procedure for gaining fulfilment. The Science of Creative Intelligence frees the nervous system from stress, which inhibits the ability to gain knowledge, and thereby improves the quality of the knower. The Science of Creative Intelligence is supreme knowledge because it raises the knower and his evaluation of the object to the supreme level of infinity.

When the knower opens his awareness to the totality of the object, he gains the ability to make maximum use of all the values of the object. The Science of Creative Intelligence is that supreme knowledge which allows the knower to make maximum use of his environment.

Jai Guru Dev



**HAPPY
INDEPENDENCE DAY**



Our Role In Making Nation Invincible



On the occasion of 15th August 2013 when all brothers, sisters and children of our country will be celebrating 67th Independence Day, we greet them on this solemn occasion. All of us know that our great freedom fighters toiled day and night, suffered a lot socially, mentally, physically and sacrificed everything including their lives for making Mother India free from cultural and political invaders. Thereafter the journey in all these 66 years has been of mixed achievements. The laurels achieved in many fields raise our heads in pride and we salute the carriers of progress.

However when we measure the feelings of happiness among our fellow citizens, we find something still lacking. In this context Maharishi Ji has very appropriately said:

“Nations today are not living the full potential of creativity. It is time to develop fully creative men and women to unfold the full creative genius of the nation”

Maharishi Ji wanted all independent sovereign nations to become ‘Invincible’: a nation, which has conquered over ill wills, incoherence, all weaknesses, disharmonies and sluggishness. To achieve this invincibility, he had great confidence in the potential of students. He opined:

“Every student can make his country great by developing the full value of his mind and body and thereby become great himself. Every student must gain as much knowledge as possible during his student life. To be free from mistakes and always successful, student must develop the high level of coherence and alertness in his thinking. To maintain ideal relationships with everyone, his feelings must be very harmonious.”

When we say students, we mean not only the school and college going children or students but also all those who are always in the process of learning throughout their life. They should always remember the holy words of Maharishi Ji and rise above all ill-thoughts to let the creative genius blossom for the good of all fellow citizens of our country and rest of the world.

With these expectations, we from MVM Schools Group greet all our revered teachers and dear students on the occasion of 67th Independence Day. May Mother India, Shri Guru Dev and Maharishi Ji shower their blessings on everyone of us to put our best in making our country great and through India to share joy of life with all nations.

Our ancient eternal knowledge of Vedas and Vedic Literature (*shashwat vedic gyan*) received from Vedic Holy Tradition and Maharishi Mahesh Yogi Ji-the knowledge of all the laws of nature and their application in every area of life, our spiritual understanding and power, our experience of unity in diversity, our respect for every individual (knowing *sarvamkhaluidambrahma*) and every religion (knowing *vedokhilodharmamulam*), our kind hearted harmonious approach towards fellow world citizens (knowing *sahnabhavatu*), our determination to provide perfect health, our programme of alleviating poverty, total knowledge of prevention oriented administration (knowing *heyamdukhamanagatam*), enlightened blissful life to every individual, our resolution (*sankalpa*) to gift invincibility to every nation, our programme to establish ideal society and ideal life, our passion of establishing ever lasting world peace and our determination to establish Heavenly Life on Earth will bear fruits soon.

We will share all joy of life, we will share all good with every one in our world family, we will prove again Indian capabilities to bless the world. Let us put all our time, energy and resources to create abundance of coherence (*sattwa*) in collective consciousness of India and through India for the whole world.

Ved Bhumi Bharat Vijayantetaram, Jai Guru Dev, Jai Maharishi

Brahmachari Girish
Chairman, MVM Schools Group



Happy Independence Day!!



MAHARISHI MAHESH YOGI VEDIC VISHWAVIDYALAYA

MAHARISHI MAHESH YOGI VEDIC VISHWAVIDYALAYA COURSES IN MAHARISHI VEDIC HEALTH CARE

Maharishi Mahesh Yogi Vedic Vishwavidyalaya continuing to impart and spread the knowledge of all the aspects of Maharishi's Vedic Science and Technology has started three new courses in the Department of Maharishi Vedic Health Care in collaboration with Maharishi Vedic Health Center, in its Bhopal Campus. Maharishi Ayurveda is one of the Upveda among the 40 aspects of Ved and Vedic literature as restructured and restored by His Holiness Maharishi Mahesh Yogi Ji to be the expression of Pure Consciousness. Maharishi always emphasized on preventing the danger before it arises, according to the Vedic quote "Hayem Dukham Anagatam" (हेयम् दुःखम् अनागतम्). Now-a-days lot of emphasis is given in opening more & more hospitals for treating patients but not much effort is made to use our ancient Vedic knowledge to prevent the health problems and maintain good health for the individual and society. Even the knowledge of most ancient system of health care—Ayurveda is being used partially. Maharishi Mahesh Yogi Ji for last forty years has enlivened the very basis of Ayurveda or to say enlivened the Veda—the Pure Consciousness itself in Ayurveda-complete Vedic Health Care.

Through Maharishi Ji's blessings Maharishi Vedic Health Care, mainly Maharishi Ayurveda is being used all over the world with its full potential in its complete form for not only curing and treating several chronic and incurable diseases but also through its different Vedic approaches for preventing diseases and maintaining good health of the individual and society. Consciousness, the prime mover of life being the very basic element for all aspects of life, with the use of the Technologies for developing Consciousness i.e. Transcendental Meditation and TM Siddhi programme, all aspects of individual life are benefited and it is the very first step for prevention of several diseases. It has been proved through several scientific researches in different Research Institutions and Universities all over the world, that people practicing Transcendental Meditation are less prone to disease & health problems in comparison to non practitioners.

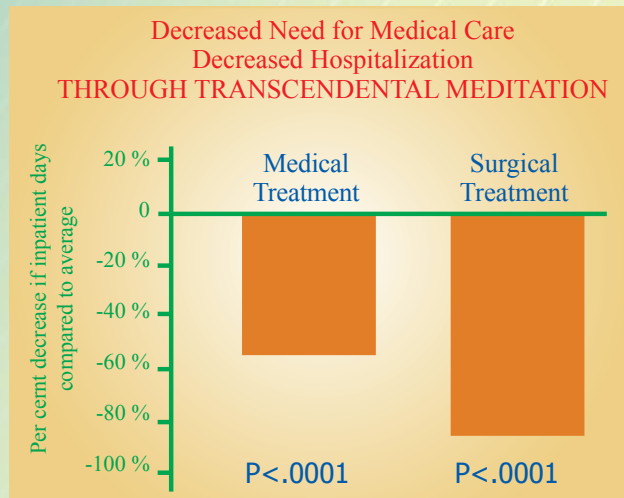
समदोषः समाग्निश्च समधातुमलक्रियः ।

प्रसन्नात्मेन्द्रियमनाः स्वस्थ इत्यभिधीयते ॥

(सुश्रुत संहिता, अध्याय-15, श्लोक-47)

According to this Vedic saying for health to be perfect there should be balance in Doshas (Vata, Pitta and Kapha) and in an addition there should be happiness in Soul, Mind and Senses. Transcendental Meditation helps to release stresses and strains from the nervous system thereby creating the basis for maintaining balance and coordination in mind and body.

As shown in the scientific chart below there is less expenditure on health care for the people practicing Transcendental Meditation.



Maharishi Vedic approach to Health uses the knowledge of Ayurveda in its complete form. Another unique characteristic of Maharishi Ayurveda is to maintain the health of healthy individual, स्वस्थस्य स्वस्थरक्षणमातुरस्य विकारप्रामनं च ॥ (चरक संहिता, अध्याय-30, श्लोक-26) There are different Vedic approaches to maintain health and prevent health problems, as mentioned above the first being the practice of TM & Siddhi programme and Yogasanas, some of the other approaches of Maharishi Ayurveda are proper daily routine, diet, nutrition and preventive

techniques like Panch-Karma, which helps to purify and detoxify the nervous system and whole physiology so that the immunity of the system increases. Even though there are many institutions training the experts in the field of Panch-Karma but as Maharishi Ji enlivened the very basis of Ayurveda through the Science and Technologies of Consciousness, Maharishi Vedic Health Care department of Maharishi Mahesh Yogi Vedic Vishwavidyalaya will be imparting knowledge and training in its complete form. All the ancient texts and techniques of Vedic Health Care and Ayurveda are at present mostly being used at more physical level, while Maharishi Ayurveda experts because of using the techniques from its all levels, finest to the grosser levels will help the person being treated not only through physical treatment but through their awareness and care also. The department of Maharishi Ayurveda has initially started 3 courses for training the experts to help the individual and society in maintaining good health and preventing future health problems by using and applying the technologies of Maharishi Vedic approach to health.

Maharishi organizations and Institutions under the divine guidance of Maharishi Ji have established and are in process of establishing Maharishi Ayurveda Clinics & Hospitals all over the world. There is a great demand for experts in the field of Maharishi Vedic Health Care and Ayurveda, visualizing this demand of experts Maharishi Mahesh Yogi Vedic Vishwavidyalaya has launched the following three courses:

1. **M.Sc in Ayurveda Dietetics** is a very unique course being launched for first time by any university in the world. Most of the universities giving courses in dietetics and nutrition are based on approach of modern medicine only while the Vedic and Ayurvedic approach to health is more holistic, it helps to develop and maintain all aspects of individual health.

M.Sc. in Ayurvedic Dietician is a two year Post Graduate course for candidates having B.Sc. degree in Dietetics and Nutrition/Bio Science/Home Science from any recognized University. The importance of this course is that such candidates will be able to advise people for Ayurvedic daily routine and proper Ayurvedic balance diet for different seasons and at different times.

2. **Diploma in Panch-Karma** course has been specially designed for qualified Ayurveda/Allopathic Doctors and Vaidyas who have basic qualification and taking this course will become experts in the Pancha-Karma therapy to help the individuals maintain better health and prevent health problem.

Diploma in Panch-Karma is for Vaidyas and Doctors having graduation with MBBS/BAMS/BHMS/ BUMS/DHMS from recognized Universities. The course duration is three months. This course has been specially designed to train Vaidyas and Doctors in the techniques of Maharishi Ayurvedic Panch-Karma.

Maharishi Ji discussed with many Ayurvedic experts and improvised the ancient system of Panch-Karma using the knowledge in its complete form. Specially when the Ayurvedic experts themselves practice the technique for developing consciousness, first of all their own health is better and besides that they treat the people with much broader comprehension from subtle level of feelings and their whole physiology specially hands also radiate harmony for better health care for the patient they treat.

Such trained physicians are in great demand in India and all over the world.

3. **Panch-Karma Therapist** is for candidate who have passed 10th grade from any recognized State/Central Board. The duration of the course is Six months and after completing the course successfully, the Maharishi Ayurvedic Pancha-Karma therapists become experts in using all the different techniques of Pancha-Karma useful in maintaining good health and preventing future health problems. Details of all the above courses and application forms may be either downloaded from the University website: www.mmyvv.com or may be collected form-

**Maharishi Vedic Health Care Center, MCEE Campus, Building No-1, Lambakheda,
Berasia Road, Bhopal (MP).**

**Maharishi Mahesh Yogi Vedic Vishwavidyalaya, City Information Office, Hall No-16,
Third Floor, Sarnath Complex, Shivaji Nagar, In front of Board office, Bhopal**

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Jai Guru Dev, Jai Maharishi

In Service Training Program for MVM Teachers of Mathematics and English of Assam Region

In modern system of education periodical training of subject teachers carries immense importance especially at secondary level. It is significant that teachers who are working in schools up to secondary level acquire updated additional knowledge on their subjects from different sources, i.e. from library, internet and expert-teachers and utilize the same for overall development of student's career. And it must be a continuous process.

With blessings from Hon'ble Chairman, Brahmachari Girish Ji, a five days in service reorientation training programme for TGTs and PRTs of English and Mathematics for Assam Region was organised at beginning of summer vacation at MVM-I Silpukhuri, Guwahati from 28th June to 2nd July 2013, where 41 teachers of Mathematics and 44 teachers of English (total 85) participated. To conduct this training programme, ten resource persons for Mathematics and English from local colleges, University and other academic institutions were invited. Course coordinator was Ms. Mala Sarma for English and Shri Akhil Goswami for Mathematics.

On 28th June 2013, the programme was introduced by Ms. Mala Sarma, teacher, MVM-I Shilpukhuri, which was followed by Guru Pujan by Shri Prashanta Bora, TM Teacher MVM schools. The programme was inaugurated by lighting lamp by the Hon'ble Chief Guest Shri K. K. Choudhury, Regional Director, CBSE, North-East Region, Guwahati. Shri C. D. Sharma, Director Education, MVM Schools Group, Shri T. P. Bhattacharjee, Regional Director, Assam region, Shri T. P. Dutta, Prof. Mathematics, Guwahati University, Dr. Bhaben Ch. Kalita, Prof. Mathematics, Guwahati University and Mr. Manoj Kr. Sarma, Asstt. Prof. Mathematics, Guwahati College were felicitated by Mrs. Manika Goswami Baruah, Principal, MVM-I, with 'Phulam Gamocho' as token of honour.

List of teachers who participated in above training programme is given below:-

A - For Mathematics

MVM Guwahati – I • Ms. Jutimala Das • Ms. Meena Goswami • Ms. Chandana Kalita • Ms. Jahnabi Bordoloi • Shri Digesh Sarma • Shri Diganta Medhi • Mrs. Biju Saikia Das • Mrs. Tanushree Sarma.

MVM Guwahati - II • Ms. Jhumpa Dutta • Shri Pranab Rajbongshi • Shri Tapan Sarmah • Shri Bula Kakati Choudhury • Shri Champak Kr. Sarma • Ms. Swarnalee Kalita.

MVM Guwahati - III • Ms. Sabita Konwar

MVM Guwahati - IV • Ms. Bandana Kalita Barman • Ms. Seema Mazumdar • Shri Padmabhadur Chetry • Shri Dipak Sarma • Shri Anupam Dutta • Ms. Trinayana Kalita.

MVM Guwahati - V • Ms. Jayashre Benarjee • Ms. Peyalee Dutta • Ms. Mina Nandi • Ms. Jhumpa Devnath • Ms. Rupa Paul • Ms. Sangeeta Paul • Shri Jayanta Pathak • Shri Pradip Kr. Roy.

MVM Jorhat • Ms. Mridusmita Sarma Baruah • Mrs. Kabita Hazarika.

MVM Karimganj • Ms. Anushree Paul • Ms. Aditi Das • Shri Nirojit Das • Ms. Anushree Paul • Ms. Aditi Das • Shri Nirojit Das.

MVM Silchar • Ms. Sujata Raichoudhury • Shri Supratim Das Gupta • Shri Sumit Kumar Dewanjee • Ms. Malabika Sen.

MVM Tangla • Shri Biswajit Bora

MVM Tezpur • Shri Rubul Baruah • Ms. Aparajita Sarkar.

B - For English

MVM Guwahati - I • Ms. Mary Hazarika • Ms. Sudipta Deb • Ms. Himani Devi • Ms. Meghali Singha
• Ms. Kankana Sarma • Ms. Barnana Acharjee • Ms. Monalisa Hazarika

MVM Guwahati - II • Ms. Sikhamoni Sarma • Ms. Trishna Das • Ms. Anupama Das • Ms. Sikha Chakrabarty
• Ms. Alokanda Das • Ms. Chayanika Das • Ms. Panchali Deka • Ms. Sanjukta Bhattacharya

MVM Guwahati - III • Ms. Neel Kamal Das • Ms. Neelam Yadav • Ms. Jyotshna Devi • Smt. Sabori Purkayastha
• Smt. Manjuri Choudhury

MVM Guwahati - IV • Ms. Vijaya Choudhury • Ms. Nirmali Das • Ms. Dipra Sukla Baidya • Ms. Sangeeta
Sharma Bhattacharyya • Ms. Reenu Bhattacharyya • Ms. Anamika Roy

MVM Guwahati - V • Shri Palash Gogoi • Ms. Barnalee Baruah • Shri Manoj Kumar Borah • Ms. Matoshi
Choudhury • Ms. Pratibha Baishya • Ms. Niharika Bordoloi.

MVM Tezpur • Ms. Tumpa Chakraborty Dey • Ms. Shayonee Ghosh Roy

MVM Tangla • Shri Pankaj Bora

MVM Karimganj • Ms. Tandrika Chakraborty • Shri Amritabha Purkayastha

MVM Silchar • Ms. Mahua Roy • Ms. Sangeeta Chakraborty • Ms. Geeta Charna Rajkumari • Ms. Paromita
Das Choudhury • Ms. Ruma Bhounik

MVM Jorhat • Ms. Namita Hazarika • Ms. Mousumi Boruah



Inaugural address by K. K. Choudhury, Regional Director, CBSE



Welcome address by Smt. Manika Goswami Baruah, Principal, MVM Guwahati - I



Dr. Papor Baruah, Resource Person on way through her presentation



Participants of the workshop

शुद्ध चेतना का प्रभाव

शिक्षण के क्षेत्र में महर्षि जी के कुछ मूल सिद्धान्त हैं। इसकी रूपरेखा को संक्षिप्त रूप में नीचे प्रस्तुत किया जा रहा है:-

1. मस्तिष्क की रचनात्मक क्षमता अनन्त है एवं इसका स्रोत है, मनुष्य की शुद्ध चेतना –

महर्षि जी के अनुसार मस्तिष्क के विचार एवं भाव से सीमित अभिव्यक्ति होती है, लेकिन इसके स्रोत में अनन्त रचनात्मक एवं क्रियाशक्ति जागृत है। विचारों का आधार शुद्ध चेतना या शुद्ध बुद्धि में निहित है, जो मानव एवं प्रकृति के अस्तित्व का मूल है। शुद्ध चेतना की अनुभूति से ही व्यक्ति अपने मस्तिष्क एवं शरीर की पूर्ण क्षमता का पूर्ण रूप से उपयोग कर सकता है। जब तक उस रचनात्मक बुद्धि का क्षेत्र व्यक्ति के चेतना में पूर्ण रूप से जागृत नहीं होता, तब तक व्यक्ति का एकीकृत जीवन एवं उसके सिद्धान्त उतने शक्तिशाली नहीं होते जितनी कि उनकी क्षमता है।

2. शुद्ध बुद्धि का क्षेत्र ही प्रकृति के नियमों का एकीकृत क्षेत्र है –

आधुनिक विज्ञान की खोज से यह ज्ञात होता है कि प्रकृति के सारे कणों एवं शक्ति का समावेश एक एकीकृत क्षेत्र में ही है। वैज्ञानिकों ने यूनिफाइड फील्ड या एकीकृत क्षेत्र के गुणों का विश्लेषण करने के पश्चात् इसका जो चरित्र वर्णन किया है उससे यह ज्ञात होता है कि यह स्वतः दृष्टा है, स्वतः पूर्ण है एवं अनन्त स्वतः स्फूर्त क्रिया का क्षेत्र है जहां से प्रकृति के सारे नियमों का उद्गम होता है। महर्षि वेद विज्ञान के अनुसार एकीकृत क्षेत्र उस अव्यक्त चेतना का स्तर है जहां प्रकृति के समस्त नियमों का समन्वय एक बीज के रूप में निहित है। वह चेतना तो अपने आप में अव्यक्त है, परन्तु प्रकृति में हर एक अभिव्यक्ति का स्रोत है। प्रकृति के उन नियमों का सारा समन्वय शुद्ध चेतना में है और वह शुद्ध चेतना भावातीत चेतना है। महर्षि जी के अनुसार यह एकीकृत क्षेत्र ही प्रकृति की हर क्रिया का स्रोत है जिसके द्वारा जीवन के क्रमिक विकास का संचालन होता है।

3. एकीकृत क्षेत्र या शुद्ध चेतना का अनुभव महर्षि जी द्वारा प्रणीत भावातीत ध्यान एवं सिद्धि कार्यक्रमों के द्वारा किया जा सकता है –

भावातीत ध्यान एवं भावातीत ध्यान से जुड़ा हुआ सिद्धि कार्यक्रम एक बहुत ही सरल सहज, एवं स्वाभाविक प्रक्रिया है जिसके द्वारा व्यक्ति अपनी भावातीत चेतना की स्थिति में प्रकृति के सारे नियमों का अनुभव करते हुए उनको अपनी चेतना में जागृत करता है। इस प्रक्रिया के द्वारा शरीर एवं मस्तिष्क के आपसी ताल मेल में वृद्धि होती है एवं व्यक्ति अपनी इच्छाओं की पूर्ति करने में सफल होता है।

4. भावातीत ध्यान के द्वारा शुद्ध चेतना का अनुभव जब स्थाई हो जाता है तब हमारा पूरा नाड़ी मंडल (नर्वस सिस्टम) और अधिक क्रियावान एवं स्थिर होता है जिससे मस्तिष्क की क्रियाशक्ति, स्वास्थ्य एवं सामाजिक व्यवहार में उन्नति दिखाई देती है –

भावातीत ध्यान के नियमित अभ्यास से (15 से 20 मिनट प्रति दिन सुबह एवं शाम) एकीकृत क्षेत्र की अनन्त रचनात्मक शक्ति एवं निपुण क्रमबद्धता के सभी गुण हमारे दैनन्दिन जीवन में जागृत रहते हैं। साथ ही साथ भावातीत ध्यान से शरीर एवं मस्तिष्क को जो आराम पहुंचता है इसके परिणामस्वरूप ये दोनों अपनी पूरी क्षमता से कार्य करते हैं। विश्व में अब तक हुए 500 से भी अधिक वैज्ञानिक अनुसंधानों से यह ज्ञात हुआ है कि महर्षि जी द्वारा प्रणीत एकीकृत ध्यान प्रणाली मनुष्यों की मनोवैज्ञानिक, सामाजिक एवं शारीरिक उन्नति करने में अद्वितीय हैं।

5. भावातीत ध्यान एवं सिद्धि के नियमित अभ्यास से व्यक्ति की चेतना के स्तर में उन्नति होती है, उसमें पूर्णता का आनन्द स्थाई हो जाता है एवं व्यक्ति अपने आप को एवं समाज को लाभान्वित करता है –

महर्षि जी के अनुसार जब भावातीत चेतना का अनुभव जागृत, स्वप्न एवं सुसुप्ति चेतना जैसा ही सत्य मालूम पड़ता है तो व्यक्ति बिना किसी को हानि पहुंचाये अपने उद्देश्यों की पूर्ति करने में सफल होता है। यह क्षमता प्राकृतिक रूप से व्यक्ति के नाड़ी मण्डल में निहित है। जीवन स्वयं पूर्ण है, हमें केवल उस पूर्णता को जागृत करना है। शिक्षा का उद्देश्य यही है कि हम शिक्षित बनके जीवन की पूर्णता का आनंद लें।

6. इस प्रणाली के सामूहिक अभ्यास से एक प्रभाव की सृष्टि होती है एवं इस प्रभाव से समाज में आत्मीयता, संबद्धता, सकारात्मक विवेक इत्यादि बढ़ता हुआ दिखाई देता है –

अनुसंधान के द्वारा यह ज्ञात हुआ है कि जब समाज की जनसंख्या के एक प्रतिशत के वर्गमूल के बराबर की संख्या के व्यक्ति इस प्रणाली का नियमित अभ्यास करते हैं तो समाज में अपराध, दुर्घटना, बीमारी इत्यादि नकारात्मक घटनाएं कम होती दिखाई पड़ती हैं एवं समाज में सकारात्मक विवेक जागृत होता है। किसी भी समाज में विद्यालय या महाविद्यालय के छात्र-छात्राओं द्वारा यह संभव है कि वे इस प्रभाव की सृष्टि कर पूरे समाज में सकारात्मक विवेक को स्थाई करें।

जय गुरु देव, जय महर्षि

“ई-ज्ञान”

सम्पादक मण्डल



WELLNESS NEWS

Saving a Heart Stroke Patient **Please have a look..... You could save a life**

STROKE IDENTIFICATION:

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke... totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

RECOGNIZING A STROKE

Remember the '3' steps, S. T. R. Read and Learn! Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke. Now doctors say a bystander can recognize a stroke by asking three simple questions:

STROKE: Remember The 1st Three Letters... S. T. R ... If everyone can remember something this simple, we could save some folks.

S = Ask the individual to SMILE...

T = TALK. Ask the person to SPEAK A SIMPLE SENTENCE (Coherently) (e.g. 'It is sunny out today').

R = Ask him or her to RAISE BOTH ARMS.

If he or she has trouble with ANY ONE of these tasks, call the ambulance and describe the symptoms to the dispatcher.

NOTE: Another 'sign' of a stroke is

1. Ask the person to 'stick' out their tongue.
2. If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke.

Please share this information with every one you know, you can save many lives.

आर्यभट्ट



आर्यभट्ट का जन्म विक्रम संवत् 533 सन् 476 में हुआ था। यह समय भारत का स्वर्ण युग था। मगध शासक गुप्त साम्राज्य के निर्देशन में समूचा भारत बहुमुखी प्रगति की ओर अग्रसर था।

आर्यभट्ट का जन्म स्थान पटना अर्थात् प्राचीन कालीन मगध की राजधानी पाटलीपुत्र के निकट स्थित कुसुमपुर नामक ग्राम है। आर्यभट्ट सुप्रसिद्ध गणितज्ञ एवं ज्योतिषी थे। खगोल विज्ञान पर भी उनका अच्छा अधिकार था। आर्यभट्ट के सबसे प्रसिद्ध ग्रंथ का नाम आर्यभट्टीय है। इस ग्रंथ की रचना उन्होंने विक्रम संवत् 556 (499 ई.सन्) में की। यह ग्रंथ छन्दों में लिखा गया है और इसे चार खण्डों में विभाजित किया गया है।

यह ग्रंथ सूत्र शैली में है। सूत्र शैली में अत्यंत संक्षेप से सिद्धांत का प्रतिपादन किया जाता है। इसे हम गागर में सागर भरना भी कह सकते हैं। उदाहरण के लिये एक ही श्लोक में गणित के पाँच नियम डाल दिए गए हैं। आर्यभट्टीय के चौथे खण्ड का नाम गोलपाद है। इसमें केवल ग्यारह श्लोक हैं लेकिन इन ग्यारह श्लोकों में सम्पूर्ण सूर्य सिद्धांत का प्रतिपादन किया गया है। आर्यभट्ट त्रिकोणमिति के भी आविष्कर्ता थे। उन्होंने त्रिकोणमिति के लिए अनेक सूत्रों की खोज की। उनके ग्रंथ आर्यभट्टीय में त्रिकोणमिति का पहली बार उल्लेख किया गया है।

आर्यभट्ट वे पहले व्यक्ति थे जिन्होंने गणित में (^) का प्रयोग किया। उन्होंने ही सर्वप्रथम अनेक सारणियों का भी प्रयोग किया। उनके द्वारा प्रतिपादित सूत्र एवं नियम वर्तमान गणित के पाठ्यक्रमों में पढ़ाए जाते हैं।

आर्यभट्ट ने ही विश्व को पहली बार बतलाया कि पृथ्वी का आकार गोल है और यह अपनी धुरी पर चक्कर लगाती है। उन्होंने नक्षत्रीय चलन के परिवर्तनों का विवेचन भी किया। अपने सूर्य सिद्धांत नामक ग्रंथ में ग्रहण के कारणों का सूक्ष्म विवेचन करते हुए स्पष्ट रूप से प्रतिपादित किया कि सूर्य ग्रहण और चन्द्र ग्रहण राहु और केतु राक्षसों के ग्रसने से नहीं होते अपितु ग्रहण चन्द्रमा अथवा पृथ्वी की छाया के परिणाम हैं।

उन्होंने जो वर्षमान निकाला यह यूनानी ज्योतिषी हालमी द्वारा निकाले गए काल से अधिक शुद्ध है। आर्यभट्ट की गणना है कि वर्ष में 365.2586805 दिन होते हैं। इससे स्पष्ट है कि अन्य देशों के ज्योतिषियों की अपेक्षा आर्यभट्ट की गणना वर्तमान काल गणना से बहुत अधिक साम्य रखती है।

आर्यभट्ट की ज्योतिष विज्ञान पर भी पूर्ण अधिकार था। वे स्वयं भी एक कुशल ज्योतिषी थे। उन्होंने ज्योतिष में गणित का समावेश किया। उन्होंने गणित को वे सूत्र दिए जिनसे त्रिभुज का क्षेत्रफल, वृत्त, शंकु, घन, गोले इत्यादि का क्षेत्रफल सहज ही ज्ञात किया जा सकता है।

आर्यभट्ट के द्वारा की गई समस्त शोधों का वर्णन निम्नांकित तीन ग्रंथों में मिलता है—

1. आर्यभट्टीय
2. दशगीतिका
3. तंत्र

आर्यभट्ट की प्रसिद्धि भारत में ही नहीं अपितु विदेशों में भी है। महान ज्योतिषी एवं गणितज्ञ होने के कारण ही अरबवासी इन्हें "अरज शर" नाम से पुकारते हैं।

भारत शासन ने इनको सम्मान देने हेतु अन्तरिक्ष में छोड़े गए प्रथम उपग्रह का नाम आर्यभट्ट रखा था।

नाम - प्रियांशी पांडव

कक्षा - ७, महर्षि विद्या मंदिर, बालाघाट

बच्चों की कलम से

पर्यावरण

जब हम ख्यालों में होते हैं,
कहीं खो से जाते हैं
देखकर इन वादियों को
जोश से भर जाते हैं,
इस पर्यावरण की आन
पेड़ पौधों की दंतुरित मुस्कान
फूलों की यह सुगंधित तान
मृतक में भी डाल देगी जान,
जब भी आती है बरसात
खिल जाते हैं फूल और पात
देखकर यह सुहाना मौसम

खुश हो जाते हैं जन जन
भंवरे जब भी गीत सुनाते
हम भी सुनकर हंसते जाते
हिचक-हिचक कर हम भी गाते
शर्माकर फिर चुप हो जाते
देख देख कर मुस्कुराते
पर्यावरण का लुत्फ उठाते
पर्यावरण का रखना मान
न करना इसका अपमान
यह है जैसे निर्मल सरिता
खत्म हुई अब मेरी कविता।।

Purnendra Dubey

Class - X, MVM Seoni

What Failure Means?

Failure doesn't mean you are a failure.

It means you haven't succeeded yet

Failure doesn't mean you will not be able to do it.

It means you have to do it in a different way.

Failure doesn't mean you have to give up.

It means you must try harder.

Failure doesn't mean you will never make it.

It means it will take a little longer.

Failure doesn't mean you have been discouraged.

It means you were unwilling to try.

Failure doesn't mean God has abandoned you.

It does mean God has a better idea for you.

Tsering

Class -X, MVM Noida

Maharishi Vidya Mandir Schools Group Reports

List of Meritorious students who have secured 90% and above Marks in
Class - XII during 2013 examination

S. No	MVM/MCEE School's Name	Board	Student's Name	Stream	Marks
1	Guwahati - I	CBSE	Arnab Saha	Science	97.20%
2	Chhindwara	CBSE	Shlok Rai	Science	96.80%
3	Thanjavur	State	S. Prasanna Venkatesan	Computer	96.58%
4	Guwahati - IV	CBSE	Nang Daisy Mowke	Humanities	96.40%
5	Fatehpur	CBSE	Anupriya Gupta	PCM	96.00%
6	Guwahati - IV	CBSE	Anuja Bhattacharjee	Commerce	96.00%
7	Haldwani	CBSE	Shivam Maheshwari	Science	95.80%
8	Jabalpur - I	CBSE	Datri Neekhra	Bio+Pe	95.40%
9	Jabalpur - I	CBSE	Satyam Rajput	PCM+Pe	95.20%
10	Haldwani	CBSE	Manju Bisht	Science	95.00%
11	Sagar	CBSE	Abhishek Kumar Tiwari	PCM	94.80%
12	Guwahati - IV	CBSE	Ankurjyoti Bordoloi	Science	94.80%
13	Naini, Allahabad	CBSE	Anurag Mishra	PCM	94.60%
14	Fatehpur	CBSE	Mauli Rastogi	PCM	94.60%
15	Ratanpur, Bhopal - I	CBSE	Ayush Vijayvargiya	Commerce	94.60%
16	Jabalpur - I	CBSE	Utsav Gupta	PCM+PE	94.60%
17	Kalindipuram - Allahabad	CBSE	Utkarsha Mittal	Commerce	94.40%
18	Guwahati - IV	CBSE	Momick Chakraborty	Commerce	94.40%
19	Jabalpur - I	CBSE	Priya Karn	PCM+San.	94.40%
20	Guwahati - I	CBSE	Sarthak Saha	Science	94.00%
21	Jabalpur - I	CBSE	Gouri Mole	PCM+C++	94.00%
22	Jammu	CBSE	Ankush Singh	PCM	94.00%

23	Ratanpur, Bhopal - I	CBSE	Jagrati Awasthi	Science	93.80%
24	Guwahati - IV	CBSE	Subhana Goswami	Humanities	93.80%
25	Badaun	CBSE	Shivika Singhal	Science	93.80%
26	Haldwani	CBSE	Sukanksha Goley	Science	93.60%
27	Jabalpur - I	CBSE	Aditya Kumar Gupta	PCM+PE	93.60%
28	Guwahati - I	CBSE	Rajnandan Sikdar	Science	93.60%
29	Guwahati - I	CBSE	S. P. Ganeshan	Science	93.60%
30	Fatehpur	CBSE	Shreyansh Singh	PCM	93.40%
31	Guwahati - I	CBSE	Mridugunjan Deka	Humanities	93.40%
32	Guwahati - IV	CBSE	Kaustav Basak	Science	93.20%
33	Fatehpur	CBSE	Nitin Kumar	PCM	92.80%
34	Silchar	CBSE	Sumana Nath	Commerce	92.80%
35	Aligarh Main	CBSE	Neelisha Varshney	PCB	92.80%
36	Haldwani	CBSE	Deeksha Joshi	Science	92.60%
37	Haldwani	CBSE	Divya Bisht	Science	92.40%
38	Guwahati - I	CBSE	Joydeep Rabha	Science	92.20%
39	Fatehpur	CBSE	Divyanshi Yadav	PCM	92.00%
40	Ratanpur, Bhopal - I	CBSE	Aiyaz Ahmad	Science	92.00%
41	Chhatarpur	CBSE	Prashant Gupta	PCM	92.00%
42	Guwahati - I	CBSE	Shatabdi Mahanta	Humanities	92.00%
43	Aligarh Main	CBSE	Deeksha Agarwal	PCM	91.80%
44	Haldwani	CBSE	Arun Nainiwal	Science	91.80%
45	Hamirpur	CBSE	Sakahi Singh	Science	91.60%
46	Fatehpur	CBSE	Shreya Bhan	PCM	91.60%
47	Fatehpur	CBSE	Shubham Agrahari	PCM	91.60%
48	Guwahati - I	CBSE	Pritam Agarwal	Science	91.60%
49	Guwahati - I	CBSE	Rishav Baishya	Science	91.60%
50	Fatehpur	CBSE	Zara Khan	PCB	91.40%

51	MCEE, Bhopal	CBSE	Himanshi Tiwari	Science	91.20%
52	Fatehpur	CBSE	Shashank Srivastava	PCM	91.20%
53	Guwahati - I	CBSE	Ankur Maheswari	Commerce	91.40%
54	Shoranur	CBSE	Rupesh Ravindran	Science	91.20%
55	Sagar	CBSE	Satyam Nayak	PCM	91.00%
56	Badaun	CBSE	Lakashya Gupta	Science	91.00%
57	Guwahati - I	CBSE	Pranami Das	Science	91.00%
58	Kalindipuram, Allahabad	CBSE	Vaibhav Srivastva	PCM	90.80%
59	Guwahati - I	CBSE	Sabbir Zaman	Science	90.80%
60	Chhatarpur	CBSE	Mayank Damele	PCM	90.60%
61	Fatehpur	CBSE	Vinita Singh	Commerce	90.60%
62	Haldwani	CBSE	Neelesh Lohani	Science	90.60%
63	Guwahati - I	CBSE	Raktim Hazarika	Science	90.60%
64	Chhatarpur	CBSE	Priya Singh	Commerce	90.40%
65	Guwahati - I	CBSE	Mayurakshi Goswami	Science	90.40%
66	Guwahati - I	CBSE	Joydeep Devnath	Science	90.40%
67	Guwahati - I	CBSE	Madhurjya P. Baishya	Science	90.40%
68	Ratanpur, Bhopal - I	CBSE	Palak Sharma	Science	90.20%
69	Basti	CBSE	Akshat Srivastva	PCM	90.20%
70	Fatehpur	CBSE	Rohan Gupta	PCM	90.20%
71	Silchar	CBSE	Saurav Acharjee	Science	90.20%
72	Guwahati - I	CBSE	Arnabjan Das	Science	90.20%
73	Fatehpur	CBSE	Archee Raj	PCB	90.00%
74	Sultanpur	CBSE	Abhishek Srivastava	Science	90.00%
75	Aligarh Main	CBSE	Pooja Gaur	PCM	90.00%
76	Nadaun	CBSE	Moksha Sharma	N. M	90.00%
77	Thanjavur	State	M. Aishwarya	Biology	90.00%

It is worth mentioning that **Barbie Baruah**, a physically challenged child, performed outstandingly in class-XII Science stream 2013. She has been studying in MVM Guwahati institution from class I to class XII.

List of Meritorious students who have secured 10 CGPA grade point in Class - X during 2013 examination

MVM Guwahati - I

- Ankita Dey
- Parijat Roy
- Rini Sarma
- Sekhar Subham Nath
- Sayantika Choudhury

MVM Guwahati - II

- Aparup Kashyap
- Manas Jyoti Das
- Prasurjya Saikia
- Riya Hazarika
- Shreyas Sarkar
- Gayatri Mishra
- Pallabi Sharma Roy
- Reeshab Pratim Upamanya
- Surupa Ghosh
- Tanmay Kakati
- Himadri Dutta
- Prayag Gogoi
- Rohit Sharma
- Sahil Choudhury

MVM Guwahati - III

- Nishank Das
- Gyanish Lahon
- Sandeep Haloi

MVM Guwahati - IV

- Ahgshumi Deka
- Ponkhi Borah
- Vaskar Vijay Mech
- Biplav Bijoy Goswami
- Prantona Bairagi
- Garbeet Saraswat
- Tasmita Das
- Aditi Senapati
- Vishal Raj Gayan
- Samujjal Aich
- Nivedita Das
- Trishalina Das
- Akshya Seal
- Nimisha Sarma
- Sanjukta Chakraborty

MVM Guwahati - V

- Ankush Khatan
- Rhtik Agarwal
- Ashmita Debnath
- Shaswata Karmakar
- Pijush Kashyap
- Ghamug Pathak

MVM Silchar

- Ankita Roy
- Purbadri Banik
- Shubham Singh
- Debanjalee Roy
- Sneha Dutta
- Sutanay Bhattacharjee
- Paliabi Roy
- Sanket Paul Choudhury

MVM Tangla

- Ananya Ghosh
- Brishmrita Mahanta Das

MVM Fatehpur

- Abhay Dwivedi
- Akarsh Pandey
- Anuja Yagik
- Ayush Mishra
- Humaira Khan
- Mukul Verma
- Sadaf Anjum
- Shivam Dixit
- Siddharth Dixit
- Vaibhav Kumar
- Adarsh Tiwari
- Amol dubey
- Anu Shree Alok
- Ayushi Pandey
- Mohd. Farhan Tahir
- Rahamati Khatoon
- Saumya Tiwari
- Shubham Mishra
- Siddharth Singh
- Vartika Mishra
- Aditya Tripathi
- Anand Prakash
- Artika Rastaogi
- Harshit Gupta
- Mohd. Yunus
- Rahul Verma
- Sharad Kumar Singh
- Swetank Gupta
- Tanmay Rastogi
- Ujjwal Srivastava

MVM Jorhat

- Akansha Phukan
- Kausthab Neog
- Dharmistha Baruah
- Lalit Kishore Gattani
- Domi Baruah
- Nikita Dutta

MVM Shoranur

- T. S. Ajay has got 10 CGPA in class X CBSE Examination.

Achievements of MVM students in different competitive exams and activities

MVM Sagar

- Abhishek Kumar Tiwari got selected in IIT with 2480 rank.
- Aditya Dubey got selected in IIT with 3191 rank.

MVM Kotdwar

Student of Class XI of MVM Kotdwar Master Deepak Negi has been selected in State Football Team. He has also been selected from district to join State Sports College/Hostel for special training. Editorial Board of E-Gyan congratulates Master Deepak Negi for this achievement.

Hon'ble Chairman and Board of Directors of MVM Schools Group congratulate all the above students, their parents, Principals & Teachers of respective schools for this commendable achievement.

Celebration



Guru Purnima was celebrated in MVM Schools on 22nd July 2013. In various schools, the function started with Guru Parmpara Pujan, Students performed many cultural programmes like classical solo-songs, group songs and speeches. Principals, teachers and students in their speeches underlined the significance of Guru Purnima.

Some of the photographs of Guru Purnima celebrations are displayed below.....

MVM Raipur - I

Guru Purnima was celebrated in MVM Raipur-I. The function started with Guru Parmpara Pujan, Students performed many cultural programmes like classical solo-songs, group songs and speeches. In welcome speech, Smt. Anisha Sharma, Principal, MVM Raipur-I, explained the significance of Guru Purnima to the students and the reasons for this celebration. Two students of class XII presented the life history of His Holiness Maharishi Mahesh Yogi Ji, which was the most impressive part of the celebration.



MVM Sitapur



MVM Pithoragarh



MVM Dharamshala



Plantation



MVM Durg

Plantation ceremony was jointly organised by Canara Bank, Smriti Nagar and MVM Durg under the leadership of Shri Arun Kumar Singh, Branch Manager, Canara Bank and Usha Talwar, Principal, MVM Durg. The school staff and students planted many plants and also took oath to protect them.



MVM Chhatarpur

ENVIRONMENTAL AWARENESS PROGRAMME

An Environmental Awareness Programme has organised in MVM Chhatarpur following activities were organised on this occasion:-

- Plantation.
- Seminar on 'Havoc of flood: causes & precautions'.
- Drawing and poster making competition on theme - 'Save Water & Save Forest'.
- Visit to surroundings by students of Nursery to class IV.

Prof. Bahadur Singh, Prof. Pushpendra Khare & Shri R. S. Nayak Engineer, Water Resources Department graced the occasion by their presence.

A knowledgeable and impressive power point presentation was given by Shri Pushpendra Khare, professor, Maharaja Degree College which enriched the knowledge of students.

In the last Shri C. K. Sharma, Principal, MVM Chhatarpur honoured the guests by presenting mementos.



A Power Point Presentation by Prof. Pushpendra Khare



Plantation by Principal, MVM Chhatarpur

MVM Dehradun

Van Mahotsav has celebrated in the MVM Dehradun on 19th July 2013. Shri Jaiveer Singh Gaharwar, Chief Manager, State Bank of India was chief guest on this occasion. The chief guest, Principal and teachers introduced the importance of Van Mahotsav to the students. The chief guest and principal of school started the ceremony by planting Mango and Blackberry trees in the school campus. The students also planted many plants. In the end, the students took oath that they will plant one tree every year on their birth day and protect them.

MVM Raipur - I

MVM Raipur-I celebrated plantation event in two phases. In the first phase school celebrated Environment Day on Monday i.e. 8 July 2013. On this day, Disaster Management was the topic based on Utrakhand disaster of 16 June 2013. The students depicted the whole disaster through lectures, charts and slogans.

In the second phase, the school had Plantation Day. School's students went to a square and plantation was done there as well as in the school campus. NCC Cadets also participated in this event. This was a little contribution of our Maharishians in conservation of soil.



MVM Raigarh



MVM Bareilly

Van Mahotsav was celebrated in MVM Bareilly with enthusiasm. Students took part with great zeal. Under the title "Chalo Dharti Bachayen", students made banners and posters depicting the importance of plants & how to take care of them. More than 100 plants have been planted by Guests, Principal, staff members and students. A short play was organised by students showing the dangerous effects of deforestation. The programme ended with taking of oath by all to plant a larger number of trees and protect them to make the earth more beautiful.



MVM Chhatarpur

WELCOME OF OLYMPIAN SHUSHIL KUMAR

Shri Shushil Kumar, an Indian wrestler and Olympic medalist, has been welcomed & greeted by students of Maharishi Vidya Mandir, Chhatarpur at Airport. He inspired the students to make a specific goal and try to fulfill it.

Shri Shushil Kumar had also given a brief description about his life, his struggle & ultimate successes. He stayed with students for one hour at the Khajuraho airport.



Shri Shushil Kumar is welcomed by the students

महर्षि ज्योतिष की दृष्टि में अगस्त माह

पण्डित हरिशरण मिश्र,
(ज्योतिषाचार्य)



अगस्त माह श्रावण कृष्ण पक्ष दशमी दिन गुरुवार से प्रारम्भ होकर भाद्रपद कृष्ण पक्ष दशमी दिन शनिवार पर्यन्त रहेगा।

इस माह में पड़ने वाले विशिष्ट पर्व एवं त्यौहारों का महात्म्य निम्नांकित है:

१. नाग पंचमी - श्रावण शुक्ल पंचमी को नाग पंचमी कहते हैं। इस दिन नागों की पूजा की जाती है। सोने, चांदी या काठ की कलम बनाकर हल्दी या चन्दन की स्याही से पाँच फन वाले नाग का चित्र बनाकर नाग देवता का आवाहन कर अक्षत्, पुष्प, गंगाजल, पंचामृत, धूप, दीप एवं नैवेद्य आदि से विधिवत नागों की पूजा करनी चाहिये। पूजा के बाद ब्राह्मणों को भोजन एवं प्रसाद वितरण करना चाहिये। ऐसा करने से नाग देवता का आशीर्वाद प्राप्त होता है और वर्ष पर्यन्त सर्प भय या विष भय की संभावना नहीं रहती है।

२. पुत्रदा एकादशी - श्रावण शुक्ल पक्ष की एकादशी को पुत्रदा एवं पाप नाशिनी एकादशी के नाम से जाना जाता है। इस एकादशी का व्रत रखकर भगवान विष्णु की भक्ति भाव से पूजन करना चाहिये। अनेक प्रकार के फल, पत्र, पुष्प और नैवेद्य अर्पण करना चाहिये। फिर रात्रि में गायन, वादन, कीर्तन और कथा श्रवण करते हुये जागरण कर व्रत का पारण करना चाहिये। इस व्रत से पुत्र की प्राप्ति होती है तथा समस्त पापों का क्षय होता है।

३. रक्षा बन्धन - श्रावण शुक्ल पूर्णिमा को रक्षा बन्धन का पर्व मनाया जाता है। यह पर्व हिन्दुओं के प्रमुख चार पर्वों में से एक है। इस दिन स्नानादि क्रियाओं से निवृत्त होकर कलश स्थापना कर श्रीगणेश, अम्बिका, चारों वेद एवं ऋषि पूजन करना चाहिये। इसके बाद सभी का आशीर्वाद ग्रहण करके तब रक्षा सूत्र का पूजन करके उस रक्षा सूत्र या राखी को अपने इष्ट जनों के हाथ में मंत्रोच्चारण के साथ बांधना चाहिये। इसके बांधने से वर्ष पर्यन्त तक सभी सपरिवार सुख शान्ति का अनुभव करते हैं। इस संदर्भ में संक्षिप्त कथा इस प्रकार है:-

एक बार देवता और राक्षसों में बारह वर्ष तक युद्ध हुआ, पर देवता विजयी नहीं हुये। तब देवताओं के गुरु बृहस्पति जी ने कहा कि अभी युद्ध रोक दो, समय ठीक नहीं है। फिर श्रावण शुक्ल पूर्णिमा को देव गुरु श्री बृहस्पति जी ने पूजन करके इन्द्र के हाथ में रक्षा सूत्र बांध कर विजय का आशीर्वाद प्रदान कर युद्ध के लिये भेजा। तब युद्ध में देवताओं की विजय हुई।

यह त्यौहार मुख्यतया भाई बहन के स्नेह का भी त्यौहार है। इस दिन बहन, भाई के हाथ में राखी बांधती है और माथे पर तिलक लगाकर उसे दीर्घायु होने का आशीर्वाद देती है तथा भाई भी अपनी बहन की रक्षा का संकल्प लेता है।

4. हल षष्ठी (ललही छठ)- भाद्रपद कृष्ण पक्ष की षष्ठी तिथि को भगवान श्रीकृष्ण के बड़े भाई बलराम जी का जन्म हुआ था। बलराम जी का प्रधान शस्त्र हल तथा मूसल है। उन्हीं के नाम पर इस पर्व का नाम हल षष्ठी पड़ा। इस दिन प्रातः काल स्नानादिक क्रियाओं से निवृत्ति के पश्चात् पृथ्वी पर एक छोटा सा तालाब बनाया जाता है, जिसमें झरवेरी, पलाश, कुश तथा गूलर की एक-एक शाखा बांध कर बनाई गई हरछठ को गाड़ देते हैं। फिर सतनजा आदि की भुनी हुई सामग्री का नैवेद्य तैयार कर उससे हल षष्ठी का पूजन करना चाहिये। यह व्रत सन्तान की कामना एवं सन्तान की दीर्घायु के लिये किया जाता है।

इस माह (अगस्त) में पड़ने वाले व्रत, पर्व एवं त्यौहारों की तालिका इस प्रकार है-

क्रमांक	व्रत एवं पर्व का नाम	मास	पक्ष	तिथि	दिनांक
1.	कामदा एकादशी व्रत	श्रावण	कृष्ण	एकादशी	02.08.2013
2.	प्रदोष व्रत एवं मास शिव रात्रि व्रत	श्रावण	कृष्ण	त्रयोदशी	04.08.2013
3.	श्रावण अमावस्या	श्रावण	कृष्ण	अमावस्या	06.08.2013
4.	मधुश्रवा तृतीया एवं स्वर्ण गौरी तृतीया	श्रावण	शुक्ल	तृतीया	09.08.2013
5.	वैनायकी श्री गणेश चतुर्थी व्रत	श्रावण	शुक्ल	चतुर्थी	10.08.2013
6.	श्री नागपंचमी, तक्षक पूजा	श्रावण	शुक्ल	पंचमी	11.08.2013
7.	कल्कि अवतार षष्ठी	श्रावण	शुक्ल	षष्ठी	12.08.2013
8.	गोस्वामी तुलसी दास जयन्ती	श्रावण	शुक्ल	सप्तमी	13.08.2013
9.	बुधाष्टमी	श्रावण	शुक्ल	अष्टमी	14.08.2013
10.	पुत्रदा एकादशी व्रत	श्रावण	शुक्ल	एकादशी	17.08.2013
11.	प्रदोष व्रत	श्रावण	शुक्ल	द्वादशी	18.08.2013
12.	रक्षा बन्धन	श्रावण	शुक्ल	चतुर्दशी	20.08.2013
13.	श्रावणी पूर्णिमा	श्रावण	शुक्ल	पूर्णिमा	21.08.2013
14.	विन्ध्याचली भीम चण्डी देवी जयंती	भाद्रपद	कृष्ण	द्वितीया	22.08.2013
15.	कज्जली तृतीया	भाद्रपद	कृष्ण	तृतीया	23.08.2013
16.	संकष्टी (बहुला) श्री गणेश चतुर्थी व्रत	भाद्रपद	कृष्ण	चतुर्थी	24.08.2013
17.	हल षष्ठी (ललही छठ)	भाद्रपद	कृष्ण	षष्ठी	26.08.2013
18.	श्री कृष्ण जन्माष्टमी व्रत	भाद्रपद	कृष्ण	अष्टमी	28.08.2013

पंचक- दिनांक 21 अगस्त दिन बुधवार को प्रातः 1 बजकर 27 मिनट से प्रारम्भ होकर दिनांक 25 अगस्त दिन रविवार को 11 बजकर 22 मिनट पर मध्याह्न में समाप्त होगा।

मास प्रभाव - इस माह खाद्य पदार्थों का मूल्य सामान्य रहेगा। वर्षा अच्छी होगी। खण्ड वृष्टि के कारण कहीं-कहीं वर्षा की कमी भी दिखाई पड़ेगी। मौमान्तरिक्ष उत्पात भी होंगे यान दुर्घटना, बाढ़ एवं वर्षा से यत्र तत्र जन धन की हानि होगी। ईंधन तथा तिलहन के मूल्यों में तेजी बनी रहेगी। सर्राफा बाजार में सामान्य सस्ती का रुख रहेगा। गृह उपकरण मंहगे होंगे।

इन अनेकानेक नकारात्मक प्रवृत्तियों के निवारण के लिये महर्षि भावातीत ध्यान एवं सिद्धि तथा यज्ञ का आश्रय लेना श्रेयस्कर होगा।

जय गुरु देव, जय महर्षि जी

"India Growing in Positivity with Rise of Coherence in Collective Consciousness"



India's very own Navigation System: Goodbye GPS

With the launch of India's first navigational satellite, ISRO's Navigation System is all set to free us from the sole dependence on GPS for finding our way through the streets of our country. Here are few must know facts about our very own Navigation System.

Indian Regional Navigation Satellite System (IRNSS), developed by ISRO, is India's independent regional navigation satellite system.

The IRNSS is designed to provide position accuracy better than 10m over India and the region extending about 1500 kms around India. It will provide an accurate real time Position, Navigation and Time (PNT) services to users on a variety of platforms with 24×7 service availability under all weather conditions.

This indigenous navigation system will ease India's dependence on America's GPS and even to some extent on Russia's Glonass as access to these systems are not guaranteed in hostile situations.

The IRNSS would provide two services, with the Standard Positioning Service open for civilian use and the Restricted Service, encrypted one, for authorised users (military).

The IRNSS system mainly consists of three components, namely, Space Segment (Constellation of Satellites & Signal-In-Space), Ground Segment and User Segment. A number of ground stations responsible for the generation and transmission of navigation parameters, satellite control, satellite ranging and monitoring, etc., have been established in as many as 15 locations across the country.

IRNSS-1A, the first satellite in the IRNSS, was successfully launched by PSLV on 1st July 2013. This is the twenty third consecutively successful mission of PSLV. On 17th July the satellite was placed in its designated Geo-Synchronous Orbit.

IRNSS constellation consists of seven satellites. Three Satellites will be placed in the Geostationary Equatorial orbit and two satellites each will be placed in the Geosynchronous orbit (GSO). The entire IRNSS constellation of seven satellites is planned to be completed by 2015-16.

While other global systems have their satellites placed in middle earth, at a height of about 20,000 km, ISRO chose to go up another 15,000 km. In that orbit, choosing how to place a minimum number of satellites at what degrees so as to cover the entire Indian region was a challenge and the team went through about 100,000 combinations.

The navigation software for IRNSS has being indigenously developed at ISRO Satellite Centre.

Nishit becomes youngest Indian to complete Ironman triathlon in Austria

Nishit Biniwale from Pune has become the first Indian to complete Ironman triathlon in Austria by swimming 3.86 km, cycling 180.25 km and running full marathon of 42.2 km in 13 hours, 18 minutes and 25 seconds.

Nishit is son of national badminton champion Dr Atul Biniwale and international veteran swimmer Dr. Avanti Biniwale. He is a student of Bharati Vidyapeeth Medical College and is studying in the third year for his MBBS. He was the youngest participant in the Ironman Austria this year.

The World Triathlon Corporation had organised this Ironman. Those who complete the race by finishing all the three events in stipulated time are allowed to term themselves as Ironman since the racing conditions are harsh and demanding.

"Kishore Vaigyanik Protsahan Yojana (KVPY)"

The Kishore Vaigyanik Protsahan Yojana (KVPY) is an on-going National Programme of Fellowships in Basic Sciences, initiated and funded by the Department of Science and Technology, Government of India, to attract exceptionally and highly motivated students for pursuing basic science courses and research career in science. The objectives of the Programme are to identify students with talent and aptitude for research; help them realize their potential in their studies; encourage them to take up research careers in Science, and ensure the growth of the best scientific minds for research and development in the country.

The advertisement for the KVPY Fellowship appears in all the national dailies normally on Technology Day the (May 11) and the Second Sunday of July every year. The selection of students is made from those studying in XI standard to 1st year in any undergraduate Program in Basic Sciences namely B.Sc./B.S./B.Stat./B.Math./Int. M.Sc./M.S. in Mathematics, Physics, Chemistry and Biology having aptitude for scientific research. Special groups/committees are set up at IISc, to screen the applications and conduct an aptitude test at various centres in the country. Based on the performance in the aptitude test, short-listed students are called for an interview which is the final stage of the selection procedure. For receiving a fellowship, both aptitude test and interview marks are considered.

Generous scholarships are provided up to the pre-Ph.D. level to the selected KVPY Fellows. Budding Kishore Vaigyanik, who are studying in class XI and XII are requested to apply to give the country and the world their latent quality's output in the coming future.



Maharishi Movement Global News

Bringing Maharishi Vedic Architecture to Indonesia.

Last year Gde Brawishwara Putra, a business executive from Bali, Indonesia, completed a course on Maharishi Vedic Architecture in the Netherlands, and he has been involved in locating suitable land in Bali for the construction of a Maharishi Vastu development. Gde was also happy to discover that Maharishi University of Management offers an MBA degree in sustainable business. He feels this is the right education he needs to create a business back home that aims not only to maximize profit, but to care for the people and the environment.

Transcendental Meditation brings deep rest, inner peace, improves mental health.

An interview with Dr. Nick Argyle, author of the recently published book, *From Anxiety to Peace*, brings out benefits he has found from practicing Transcendental Meditation: 'Establishing a level of inner calm has helped me enjoy working as a psychiatrist in stressful circumstances.' He has also seen good results in patients who learn the technique. Dr. Argyle is based in New Zealand, and is currently working with refugees in Australia and the Pacific.

Healthy, Happy Mother and Baby course: Recognizing the contributions of esteemed Ayurvedic Physicians.

The College of Maharishi Ayur-Veda, MERU, Switzerland, offered Part One of the new four-part course, 'Healthy, Happy Mother and Baby' introducing to women health professionals the practical, time-tested knowledge of Maharishi Ayur-Veda health care in the context of mother and baby care. In addition to the distinguished faculty, other specialists, doctors, and health professionals made substantial contributions to the series' creation-and particularly the very experienced Ayurvedic Physicians who have worked extensively to ensure that no valuable aspect of knowledge is overlooked.

War veterans hail Transcendental Meditation as beneficial, cost-effective PTSD treatment.

War veterans struggling with Post Traumatic Stress Disorder (PTSD) are increasingly turning to alternative therapies in an effort to overcome the psychological scars left by conflict. In the United States and Australia, PTSD is an unfolding generational catastrophe affecting an estimated 20 to 30 per cent of veterans. ABC News in Australia reported that like many others, US war veteran Jason Lebrecht struggled with anxiety, loneliness, and depression. Eventually he found the answer to his problems lay within, and is now one of a growing number of damaged veterans turning to meditation, in particular Transcendental Meditation.

'More creative and more calm': Australian company's staff talks about Transcendental Meditation benefits.

More good effects of Transcendental Meditation in the workplace, from managers at Oliver's Real Food in Australia. They related their experiences with the programme after the CEO offered it to all the staff. 'Transcendental Meditation has helped me be more creative and more calm at work, with people, with everything in life,' said Gotam, executive chef.

Meditation helping war veterans: Sydney Morning Herald reports US expert's Australia tour.

Veterans with post-traumatic stress disorder can be treated successfully with Transcendental Meditation, says a leading US expert on the practice. Dr. Fred Travis of Maharishi University of Management in Iowa spoke in Sydney, Australia, last month, during a four-city tour across the country. Citing several US studies on combat veterans showing remarkable results with Transcendental Meditation, Dr. Travis said he believes its application with Australian Defence Force staff should also be investigated.

'Meditation Changes the Brain' - World-renowned neuroscientist touring Australia.

Internationally renowned neuroscientist Dr. Fred Travis, a pioneering researcher in the study of meditation, consciousness, and the brain, has begun a two-week tour from east to west across Australia. On the tour, which began yesterday in Sydney, and continues in Melbourne, Adelaide, and Perth, Dr. Travis is meeting with leaders in education, mental health, business, and the arts, discussing his ground breaking research on Transcendental Meditation and development of the full potential of the brain. He is also giving public lectures in major cities.

Ecuador to expand Prevention Wing of security forces.

The recently established Prevention Wing of 400 Yogic Flyers in the security forces of Ecuador is already large enough to create an invincible state of peace and progress for the nation, and soon even more officers will be participating in the programme. Other Latin American countries are consolidating their progress towards invincibility and introducing Maharishi Mahesh Yogi's programmes in schools.

Latin America: Six countries reach required number of Yogic Flyers for national invincibility
Six countries in Latin America have now reached the number of Yogic Flyers needed to create invincibility for the nation through the Maharishi Effect of coherence in national consciousness. These countries are Bolivia, Peru, Colombia, Mexico, and Curacao; a sixth nation, Ecuador, also attained this status.

New Zealand: Psychiatrist incorporates Transcendental Meditation in treatment of anxiety.

Dr. Nick Argyle is a psychiatrist with a background in both conventional and alternative medicine. He has worked in Cambridge, London, New York, and Auckland; based in New Zealand, he is currently working with refugees in Australia and the Pacific. In his new book, *From Anxiety to Peace*, Dr. Argyle shows how the therapeutic approaches of modern psychology and psychiatry can be integrated with the natural approach to health care from the Vedic tradition of India, including Transcendental Meditation.

New Zealand: Christchurch doctor backs Transcendental Meditation.

A Christchurch, New Zealand, doctor is endorsing a recent report issued by the American Heart Association which encourages the use of Transcendental Meditation in clinical practice for the treatment of hypertension in the prevention of heart attack and strokes. Christchurch GP, Dr. David Lovell-Smith, has previously documented the clinical role of Transcendental Meditation in his book *Perfect Blood Pressure Naturally* and for many years has recommended the technique to his patients as a side-effect free method to reduce stress and improve wellbeing.

MVM contributes in conservation of soil



Students and teachers of MVM Raipur posing during the first phase of Plantation Day celebration. (R) NCC cadets planting a sapling during the second phase of event.

■ Staff Reporter
RAIPUR, July 12

PLANTATION Day is celebrated every year in the month of July at Maharishi Vidya Mandir, Raipur. Carrying the same trend this year, the event was celebrated in two phases. According to Principal of the school Anisha Sharma, in first phase Environment Day was celebrated in which 'Disaster Management' was the topic based on Uttarakhand hav-

oc that took place on June 16. The students depicted the whole disaster through lectures, charts and slogans.

In second phase of the same, the school witnessed Plantation Day. Students went to a square and plantation was done there as well as in the school campus. The NCC Cadets also participated in this event.

नईदुनिया

19

रावपुर, शनिवार 13 जुलाई 2013

एनसीसी कैडेट्स ने लगाए पौधे

रावपुर। महर्षि विद्या मंदिर के एनसीसी कैडेट्स ने बुधवार को एलएनटी चौक, इस्कान मंदिर एवं विद्यालय प्रांगण में पौधे लगाए। विद्यालय में 8 एनसीसी गल्स बटालियन की कैडेट्स ने पर्यावरण की सुरक्षा और उत्तराखंड त्रासदी विषय पर विचार व्यक्त किए। कार्यक्रम में प्राचार्या अनीषा शर्मा, रीना वर्मा, प्रार्थना तिवारी, पंखुरी सहित बड़ी संख्या में कैडेटों ने भाग लिया।

क्रांतिकारी संकेत

रावपुर, शनिवार 13 जुलाई 2013

पौधों की उचित देखभाल भी जरूरी: पांडेय

महर्षि विद्या मंदिर में पौधरोपण संपन्न



अनीषा शर्मा / म्यूज

रावपुर। आज महर्षि विद्या मंदिर में पौधरोपण का आयोजन किया गया। इस कार्यक्रम को मुख्य अतिथि विद्या मंदिर महर्षि महेशयोगी संस्थान के प्राचार्या अनीषा शर्मा ने उद्घाटन किया। कार्यक्रम में प्राचार्या अनीषा शर्मा ने कहा कि पौधों की उचित देखभाल भी जरूरी है।

के प्राचार्या अनीषा शर्मा ने पौधरोपण के संबंध में इसकी देखभाल की विस्तृत जानकारी विद्यार्थियों को अक्सर बताया। इस अवसर पर प्राचार्या अनीषा शर्मा ने कहा कि पौधों की उचित देखभाल भी जरूरी है।

प्रस्तुत किया गया। अनेकों पौधों का रोपण इस दिन हुआ। इस अवसर पर प्राचार्या अनीषा शर्मा ने कहा कि पौधों की उचित देखभाल भी जरूरी है।

हरियाली से ही पर्यावरण होगा प्रदूषण मुक्त

एन सी सी कैडेट्स ने बुधवार को एलएनटी चौक, इस्कान मंदिर एवं विद्यालय प्रांगण में पौधे लगाए। विद्यालय में 8 एन सी सी गल्स बटालियन की कैडेट्स ने पर्यावरण की सुरक्षा और उत्तराखंड त्रासदी विषय पर विचार व्यक्त किए। कार्यक्रम में प्राचार्या अनीषा शर्मा, रीना वर्मा, प्रार्थना तिवारी, पंखुरी सहित बड़ी संख्या में कैडेटों ने भाग लिया।

4 | सहारा

देहरादून | शुक्रवार • 31 मई • 2013

छू लिया आसवां

महर्षि विद्या मंदिर में गुंजन व शिवानी ने मारी बाजी

उत्तरकाशी (एसएनबी)। सीबीएसई बोर्ड के 10वीं के नतीजे घोषित होने के बाद छात्र छात्राओं में उत्साह है। महर्षि विद्या मंदिर के 72 छात्र छात्राओं में से दो छात्राओं ने प्रथम स्थान हासिल कर बार फिर छात्रों को पछड़ दिया है।

जबकि एक छात्र ही द्वितीय स्थान पर काबिज हो सका है। तृतीय स्थान की लड़ाई में भी एक छात्र व एक छात्रा ने स्थान कब्जाया है।

विद्यालय की गुंजन भंडारी व शिवानी नेगी ने जहाँ सीजीपीए 10.0 एक समान अंक पाकर प्रथम स्थान हासिल किया वहीं मोहित कुमार ने सीजीपीए 9.8 अंक लेकर द्वितीय स्थान पर

रहे। विद्यालय में तृतीय स्थान पर लक्ष्मी त्रिपाठी व आयुष नौटियाल सीजीपीए 9.0 अंको के साथ सयुक्त रूप से तीसरे नम्बर पर रहे। छात्रों के परिणामों से उत्साहित विद्यालय के प्रधानाचार्य ने कहा कि विद्यालय में शिक्षण

को अपनी सफलता का आधार बताया।



गुंजन भंडारी

शिवानी नेगी

लक्ष्मी त्रिपाठी

व्यवस्थाएँ व कुशल अध्यापकों के मार्ग दर्शन से ही छात्र-छात्राएँ उच्चतम अंक हासिल कर पाये हैं। वहीं छात्र-छात्राओं ने भी विद्यालय प्रबंधन के सही मार्गदर्शन व अपनी कड़ी मेहनत

हिन्दुस्तान 04

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हमारे होनहार



सीबीएसई दसवीं के नतीजों में भी गढ़वाल के स्कूलों ने किया बेहतर प्रदर्शन

उत्तरकाशी



गुंजन, महर्षि विद्या मंदिर



शिवानी, महर्षि विद्या मंदिर



मोहित, महर्षि विद्या मंदिर



लक्ष्मी, महर्षि विद्या मंदिर

Just to remind your goodself

Dear Readers,

We are very pleased to release 50th Edition of E-Gyan Monthly Digital Newsletter. All previous edition of E-Gyan Monthly Newsletter have been sent to you through e-mails. In every edition of E-Gyan, we are requesting you to send related information of your field. The response has been good but not total. We want to have information from all of our organization so that the students and others get proper encouragement when they find themselves on the E-Gyan pages.

E-Gyan Monthly News Letter is released in the first week of every calendar month. You must send E-Gyan matters so that they are received by us before 15th of every month. E-Gyan Monthly Digital News Letter is circulated to all members, employees, well-wishers, students, millions of Meditators, Siddhas, Devotees of Maharishi Global Organisations around the globe and people's representative and other members of the civil societies.

E-Gyan Monthly News Letter contains the following:

1. Courses currently run by Maharishi schools/colleges/institutions and universities.
2. Information on any new course/programme added in Maharishi schools/colleges/institutions and universities.
3. Present student strength course wise, subject wise, class wise, branch wise in different Maharishi Educational Institutions.
4. Announcement of any new course offering and its schedule with course details and venue.
5. Starting of new building construction, report on Bhumi puja or vastu puja or foundation stone ceremony.
6. Inauguration or graha pravesh or public offering of new building.
7. Special achievement of any Maharishi Organisation.
8. Special achievement of Staff or faculty of any Maharishi Educational Institution.
9. Special achievements or award received by Students in the field of academics, sports, arts, music, culture, language, general knowledge, quiz, talent search or any other competition on district, state, national and international level.
10. Report on NCC, NSS, Scouts, Adventure programme/trip.
11. High-level placement of graduates in national, international or multinational organisations/ corporations.
12. Outstanding performance of ex-students.
13. Publication of any paper by Faculty, Students, Staff, research department or organisation.
14. News coverage in local, state, national level newspapers, TV, radio, web site.
15. Selection of students in civil services, IIM, IIT, PMT, IIT, NDA, IMA, IFS, IRS, Armed Force or in any other institution of national importance.
16. List of outstanding government or private special projects taken by the organisation.
17. Launching of new product with details, availability, and price.

18. Details of products already in market.
19. Creative writings on different topics, such as cultural/social and historical issues.
20. Offering Vedic solution to any social problem.
21. Performance of any special Anushtan or Yagyas.
22. Vedic celebration reports.
23. Excursion tour reports.
24. Corporate visit, corporate training etc.
25. Visit of national and international dignitaries and their remarks.
26. Appreciation, recognition or awards received by Maharishi Organisations.
27. Report on academic or commercial collaborations.
28. Report on Maharishi Vedic Organic Agriculture.
29. Report on monthly Initiations in TM, Siddhi course and Advance Techniques.
30. Report on activities of Maharishi Global Movement.
31. Report on any other similar subject or area, which is not covered here but worth reporting.

We invite news, articles and reports from all Maharishi Organisations, their leaders, members, faculty, staff, students and all readers. Please note that all news reports must be authentic, original, true and correct. The writers of articles should send a note that the article is their original article.

Please also note that all contents should be sent in soft copy through e-mail (egyan@mahaemail.com and egyanmonthly@gmail.com) as word document file (or in a CD to Shri V. R. Khare, Director CPR, Maharishi Vidya Mandir Schools Group, MCEE Campus, Building No-5, Lambakheda, Berasia Road, Bhopal, Madhya Pradesh, PIN 462018). Hard copy should be neatly typed (“Times New Roman” font for English and “Devnagri” or “Chanakya” font for Hindi) and should be sent to above-mentioned address. High quality/resolution pictures and graphics will be very useful to make your report better looking and will be much interesting for readers. Editorial Board of E-Gyan Monthly News Letter will not be responsible for any copyright issues of reports.

Once a matter of false reporting comes to the Board, E-Gyan Monthly Newsletter will never publish reports of the sender in future and will inform it’s readers about this.

Please recommend all your friends and relatives to subscribe E-Gyan Monthly Digital News Letter and to visit web site www.e-gyan.net.

With All the Best Wishes
Jai Guru Dev, Jai Maharishi

V. R. Khare
For Editorial Board,
E-Gyan Monthly Digital Newsletter

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