



HIS HOLINESS
MAHARISHI MAHESH YOGI JI

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“Transcendental Meditation opens the awareness to the infinite reservoir of energy, creativity, and intelligence that lies deep within everyone.”

His Holiness Maharishi Mahesh Yogi Ji

"Inauguration of the Age of Enlightenment"



His Holiness Maharishi Mahesh Yogi Ji

"Inauguration of the Age of Enlightenment"

His Holiness Maharishi Mahesh Yogi Ji inaugurated The Dawn of the Age of Enlightenment on 12 January 1975. In his inaugural speech on board the flagship Gotthard on lake Lucerne, Switzerland, Maharishi Ji said "It is through the window of science that we see The Dawn of the Age of Enlightenment".

Maharishi Ji embarked on global tour to inaugurate The Dawn of the Age of Enlightenment on all five continents — for Asia in India, New Delhi, Vigyan Bhawan Hall; for Europe in England, London, Royal Albert Hall; for North America in Canada, Ottawa, Chateau Laurier; for South America in Argentina, Buenos Aires, Cultural Centre of San Martin; and for Africa, in Ivory Coast, Abidjan, Palais Des Congress Houphouet Boigny.

Messages from following Hon'ble dignitaries were received for Annual Gyan 2023

The message of good wishes and blessings were received for Gyan-2023 from following Hon'ble dignitaries from various States of the India :

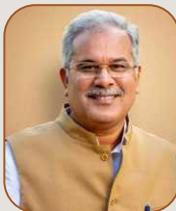
(B) From His/Her Excellencies Governors –

1. Shri Mangu Bhai Patel, His Excellency Governor of Madhya Pradesh.
2. Smt. Anandiben Patel, Her Excellency Governor of Uttar Pradesh.
3. Sushri Anusuiya Uikay, Her Excellency Governor of Chhattisgarh.
4. Shri Thaawarchand Gehlot, His Excellency Governor of Karnataka.
5. Shri Biswa Bhusan Harichandan, His Excellency Governor of Andhra Pradesh.
6. Lt. Gen. Gurmeet Singh, His Excellency Governor of Uttrakhand.



(B) From Hon'ble Chief Ministers –

1. Shri Shivraj Singh Chauhan, Hon'ble Chief Minister of Madhya Pradesh.
2. Shri Bhupesh Baghel, Hon'ble Chief Minister of Chhattisgarh.
3. Dr. Himanta Biswa Sarma, Hon'ble Chief Minister of Assam.
4. Shri Pushkar Singh Dhami, Hon'ble Chief Minister of Uttrakhand.
5. Shri Pinarayi Vijayan, Hon'ble Chief Minister of Kerala.



(C) From Hon'ble Speakers Legislative Assemblies –

1. Shri Satish Mahana, Hon'ble Speaker of Legislative Assembly Uttar Pradesh.
2. Shri Awadh Vihari Choudhary, Hon'ble Speaker of Legislative Assembly Bihar.
3. Shri A. N. Shamseer, Hon'ble Speaker of Legislative Assembly Kerala.



(E) From Hon'ble Ministers of different states –

1. Shri Inder Singh Parmar, Hon'ble Minister, School Education Govt. of Madhya Pradesh.



E) From Other Dignitaries –

1. Raja Harris Kaplan, Raja of invincible India, Maharishi Global Country of World Peace.
2. Dr. Prakash Joshi, Vice-President, Maharishi Shiksha Sansthan.
3. Prof. Bhuvnesh Sharma, Vice-Chancellor, Maharishi Mahesh Yogi Vedic Vishwavidyalaya, Jabalpur.

The Board of Directors of MVM Schools Group led by Hon'ble Chairman Brahmachari Girish Ji expresses its heartfelt gratitude to all the above dignitaries for having encouraged all of us to complete the mammoth task of not only publishing the Annual Gyan–2023 but also successfully organising the Maharishi Ji's 106th Birth Day Celebrations– Age of Enlightenment Day across the country.

Jai Guru Dev, Jai Maharishi Ji



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Maharishi Speaks to Students

Maharishi's Science of Creative Intelligence: Fulfilling the need of education



The purpose of education is to develop in every individual the full potential of mind, body, and spirit, so that he can make the best use of his surroundings and circumstances to accomplish maximum for himself and for others.

The pursuit of this holistic ideal of education is universal. What has varied with time and circumstances is the definition of what constitutes a whole man. For the great educators of antiquity, knowledge of oneself, of the core of one's Being,

was considered the highest goal.

The word 'education' comes from the Latin root meaning 'to lead out' or 'draw forth'. This drawing forth of that which is within is the essence of the educational process.

The discovery that there exists within everyone an unlimited source of wisdom, creativity, and compassion has been made so often in history that philosophers have referred to it as the central thesis of a 'perennial philosophy'. The basic principles of the perennial philosophy are that human potential is unlimited and man can rise to cosmic or universal consciousness. The perennial philosophy identifies the essential element of education as the knowledge of how to draw upon the vast resource that lies dormant in the depths of the human mind. Unfortunately, throughout history this knowledge has remained the possession of a select few.

As a means to experience and unfold full human potential was lacking, educators throughout the centuries could only formulate more limited educational systems, based on incomplete experience and appreciation of the full range of human potential. Educators today have come to realize that it is only through the development of full human potential that the high expectations and great challenges of the modern world can be met.

The Science of Creative Intelligence comes as the timely fulfilment of the quest to develop man's inner potential. This science of subjectivity, formulated by Maharishi, contains the essence of both ancient Vedic Knowledge and the knowledge of modern science. It is called the Science of Creative Intelligence because it systematically studies the nature, origin, and development of creativity and intelligence, and incorporates a natural means of experiencing the field of pure Creative Intelligence within. The present time demands that life be lived in a holistic way. This demand of time is responsible for the emergence of the Science of Creative Intelligence.

In this time of increasing specialization, a system of education is needed that brings all branches of learning together in one holistic, integrated value, so that specialization no longer localizes the individual within narrow boundaries. The requirement of the time is to put an end to the era in which life was a struggle. Through the knowledge of Maharishi's Science of Creative Intelligence and its practical aspect, the Transcendental Meditation Technique, education will enable everyone to

specialize in one field without losing the broad basis of all knowledge. The development, through Transcendental Meditation, of unbounded awareness along with the ability to focus attention will unfold the full potential of knowledge and of the knower.

Maharishi's Transcendental Meditation Technique provides deep rest to neutralize the stress caused by the fast pace of progress. On this basis one gains the ability to derive maximum benefit from the rapid growth of technology.

To enable the student to keep up with the fast pace of progress, education must develop in his awareness the fruit of all knowledge: being at home with everything. This will allow him not only to cope with any situation that may arise but also to enjoy and make maximum use of all situations. By establishing the student's awareness in pure consciousness, the basis of all disciplines and the fruit of all knowledge, the Science of Creative Intelligence structures the source and goal of education in the awareness of every student. In this way the Science of Creative Intelligence fulfils the aspiration of educators throughout time.

Physics and Maharishi's Science of Creative Intelligence

The descriptions of the functioning of Nature, as brought to light in Maharishi's Science of Creative Intelligence, are on the most fundamental and simple level, the level of the Absolute.

Physics attempts to understand how Nature functions by studying grosser fields of existence. The ultimate aim of Physics is to gain a unified understanding of the deepest Laws of Nature. The knowledge offered by Maharishi Universities connects the most profound aspects of standard academic knowledge with the description of Nature from the Science of Creative Intelligence.

Maharishi's Science of Creative Intelligence reveals that Nature's functioning is effortless and that 'pure Creative Intelligence does nothing to accomplish everything.' These principles from the Science of Creative Intelligence are experienced during the practice of the Transcendental Meditation Technique and are found exemplified in Physics. Maharishi's Transcendental Meditation is an effortless process: we simply give our awareness over to the force of evolution. In a similar way, Physics explains that an object feels no force acting upon it when it is falling in a gravitational field and is fully under the influence of the force of gravity.

In Physics, laws are formulated in terms of the Principle of Least Action: of all possible paths of motion, the actual path that Nature chooses is the one that minimizes the effort or action. In this way, Physics recognizes the economical functioning of Creative Intelligence. The entire path of motion can be derived solely from the Principle of Least Action. In every case the Principle of Least Action leads to correct predictions that have been experimentally confirmed.

Every known law of Physics can be expressed in terms of this one simple principle, the Law of Least Action. Mechanical motion, the behaviour of atoms, galaxies, light, electric and magnetic fields, and all wave phenomena are governed by the Principle of Least Action. Every new law discovered in the field of Physics has been deduced from the Principle of Least Action, and even though all branches of Physics have been revolutionized in recent times, the analytical treatment of physical phenomena on the basis of the Principle of Least Action has remained intact. The simple and profound statement from the Science of Creative Intelligence that 'Nature functions in an effortless way' is a seed of knowledge, and the science of Physics is an expression of that seed.

The Principle of Least Action is expressed in its ultimate form in the Theory of General Relativity,

which states the law of motion in a gravitational field: An object under the influence of a gravitational field always follows the shortest possible path.

The ultimate expression of Natural Law in Physics is very close to Maharishi's statement that the Absolute accomplishes everything by doing nothing. This is how the principles of the Science of Creative Intelligence, brought to light by Maharishi, are found to be parallel to principles from the science of Physics. The successful insight into the functioning of Nature, provided by Physics and understood in the light of the Science of Creative Intelligence, is responsible for the present revival of man's understanding about life.

Throughout the ages life was philosophically described and practically experienced as a struggle. This situation existed because man's insight into the functioning of Nature was obscured. During the practice of Maharishi's Transcendental Meditation Technique, the mind moves in the direction of finer levels of activity and arrives at the goal of all activity, unboundedness, the field of pure silence. When individual awareness opens to this fundamental value of intelligence, the Principle of Least Action is lived spontaneously in daily life. This enables the individual to do least and accomplish most and to become the master of creation.

All the Creative Intelligence displayed in activity arises from thought, and thought arises from Being, the non-active field of Creative Intelligence. When the awareness is open to that basic level of life, creativity is infinite. Everything is done without doing. By acting from this basis of life, any desired modification can be made on the surface of life. Every activity influences the whole creation. Therefore, it is vital that we know how to act so that every action produces only a life supporting effect, enriching our individual life and the life of our family, society, nation, and world. For this the Science of Creative Intelligence advises, 'Perform action while established in Being,' Yogasthah kuru karmani, Bhagavad-Gita, 2.48).

During the practice of Maharishi's Transcendental Meditation Technique, the human nervous system derives maximum benefit from the Law of Least Action. This natural, effortless technique removes all stresses, which restrict the full use of human potential. The entire blossoming of human existence is on the basis of the Principle of Least Action.

The teaching of Physics at Maharishi Universities is not confined to the physical level of existence, but probes deeply into the laws and practical techniques that unfold the full potential of life on the physical, mental, and spiritual levels. When the Law of Least Action is utilized to purify the Physiology and develops full mental potential, then the full potential of spirituality—unbounded Bliss Consciousness—will become a living reality for every man on earth. This will be the achievement of the study of Physics at MIU. Research has verified that through the practice of Maharishi's Transcendental Meditation Technique the nervous system functions using less energy. This shows that the value of least action grows in the physiology as the individual evolves.

Practitioners of the Transcendental Meditation Technique experience more support from the Laws of Nature because they are functioning nearer to that basic level where all the Laws of Nature function. The knowledge of Natural Law can be lived on the level of our own awareness. Rk Veda says that knowledge is structured in consciousness; pure consciousness is the field of all knowledge. Action performed from that level will be enriching to everyone at all times and in all places. This teaching of Physics in the light of the Science of Creative Intelligence promises unlimited possibilities for the whole of mankind in the fields of knowledge and action.

Jai Guru Dev, Jai Maharishi



मन का नियंत्रण

ब्रह्मचारी गिरीश जी
अध्यक्ष, महर्षि विद्या मन्दिर विद्यालय समूह

एक युवक की रहस्यवाद में रुचि थी। उसे एक संत मिले। सब कहते थे कि वह अनेक रहस्य जानते हैं पर, उनसे कुछ भी जानना बहुत कठिन था। युवक ने सोचा कि वह संत को प्रसन्न करेगा। उनकी बहुत सेवा करेगा। वह वृद्ध संत के पास रहने लगा। संत ने कहा, 'तुम अपना समय नष्ट कर रहे हो। मेरे पास कुछ नहीं है। मैं बोलता भी कम हूँ, लोग सोचते हैं कि मैं कोई राज छुपा रहा हूँ।' वह आदमी नहीं माना। वह बोला 'मैं यहीं रहूँगा। आपको मुझे वह रहस्य देना होगा, जो सभी रहस्यों के द्वार खोलता है।'

संत के लिए वह आदमी बोझ बनता जा रहा था। संत को उसके रहने और खाने की व्यवस्था भी करनी पड़ती थी। एक दिन तंग आकर संत ने युवक से कहा, 'सुनो, यह बहुत सरल रहस्य है।' फिर संत ने एक मंत्र बोला। युवक पहले से मंत्र को जानता था। युवक ने कहा, 'मूर्ख मत बनाओ। इसे सब जानते हैं। यह रहस्य नहीं है।' उन्होंने कहा, 'मंत्र हर कोई जानता है, पर इसे खोलने की कुंजी नहीं।' युवक ने कहा, 'कुंजी?' संत ने कहा, 'तुम्हें इस मंत्र को पांच मिनट दोहराना है। बस, तब एक भी बंदर का विचार मन में नहीं लाना।' युवक ने कहा, 'यह तो सरल है। मैंने जीवन में कभी भी बंदरों के बारे में नहीं सोचा। तो अब क्यों सोचूंगा?' वह जाप के लिए जाने लगा। आश्चर्य की बात यह थी कि वह जहाँ जा रहा था, वहाँ बंदरों का विचार साथ चल रहा था। बंदर मस्तिष्क में आ गए थे। उसे हर स्थान पर बंदर अपनी ओर आते दिख रहे थे। भीड़ बढ़ रही थी। अभी जाप प्रारंभ भी नहीं किया था। उसने पूरी रात प्रयास किया तो वह थक गया। वह संत के पास गया और कहा, 'आप चाबी ले लो। मैं पागल होता जा रहा हूँ।' संत ने कहा, 'इसलिए मैं कुछ नहीं बताता। चुप रहता हूँ।' आदमी ने कहा, 'मुझे अब आपसे कुछ नहीं सुनना। आप बस चाबी ले लीजिए।' संत ने कहा, 'यदि चाबी देना चाहते हो तो कभी मंत्र भी नहीं दोहराना। दोहराओगे तो बंदर आएंगे।' आदमी चला गया। अब कोई बंदर नहीं दिखा। पर, जब वो मंत्र बोलने की प्रयास करता तो बंदर आ जाते।

उसे यह समझना था कि वह किसी विचार को दबाए नहीं। बंदर आएँ, तो आने दे। उन्हें देखकर मुस्कराए और आगे जाने दे। जितना वह किसी विचार को दबाएगा, वह उतनी ही अधिक ऊर्जा से वापसी करेगा। परमपूज्य महर्षि महेश योगी जी सदैव कहा करते थे कि मन बहुत चंचल है उसे किसी भी अन्य दबाव से शांत नहीं किया जा सकता, अतः विचारों को आने दीजिये। भावातीत ध्यान योग के नियमित अभ्यास से धीरे-धीरे मन के विचार कम होते जायेंगे क्योंकि विचारों और भावों की उथल-पुथल चलती रहती है। हम सभी कभी न कभी विचारों और भावों से घिरे होते हैं। यह आवश्यक भी है और हमें भावों और विचारों को दूर भगाने का प्रयास भी नहीं करना है। उनकी आपूर्ति आपके नियमित प्रातः संध्या के अभ्यास के साथ घटती जावेगी। ध्यान करने के लिए स्वच्छ जगह पर स्वच्छ स्थान पर बैठकर साधक अपनी आँखें बंद करके अपने मन को दूसरे सभी संकल्प-विकल्पों से हटाकर शांत कर देता है और ईश्वर, गुरु, मूर्ति, आत्मा, निराकार परब्रह्म या किसी की भी धारणा करके उसमें अपने मन को स्थिर करके उसमें ही लीन हो जाता है। कुशल साधक अपने मन को स्थिर करके लीन होता है उसे योग की भाषा में निराकार ध्यान कहा जाता है। गीता के अध्याय-6 में भगवान श्रीकृष्ण द्वारा ध्यान की पद्धति का

वर्णन किया गया है। ध्यान करने के लिए पद्मासन, सिद्धासन, स्वस्तिकासन अथवा सुखासन में बैठा जा सकता है। शांत और चित्त को प्रसन्न करने वाला स्थल ध्यान के लिए अनुकूल है। प्रातःकाल या संध्या का समय भी ध्यान के लिए अनुकूल है। ध्यान के साथ मन को एकाग्र करने के लिए प्राणायाम का भी सहारा लिया जा सकता है। ध्यान के अभ्यास के प्रारंभ में मन की अस्थिरता और एक ही स्थान पर एकांत में लंबे समय तक बैठने की अक्षमता जैसी परेशानियों का सामना करना पड़ता है। निरंतर अभ्यास के बाद मन को स्थिर किया जा सकता है और एक ही आसन में बैठने के अभ्यास से इस समस्या का समाधान हो जाता है। सदाचार, सद्दिचार, यम, नियम का पालन और सात्विक भोजन से भी ध्यान में सरलता प्राप्त होती है। ध्यान का अभ्यास आगे बढ़ने के साथ मन शांत हो जाता है जिसको योग की भाषा में चित्तशुद्धि कहा जाता है। ध्यान में साधक अपने शरीर, वातावरण को भी भूल जाता है और समय का भान भी नहीं रहता।

जय गुरुदेव, जय महर्षि



महर्षि वेद विज्ञान विश्व विद्यापीठम्

भावातीत ध्यान एवम् योग शिक्षक-प्रशिक्षण
कार्यक्रम के लिये आवेदन आमंत्रित हैं

पद - 2000

परिचय - महर्षि वेद विज्ञान विश्व विद्यापीठम् महर्षि जी द्वारा स्थापित विश्व में अपने प्रकार का एक मात्र संस्थान है। महर्षि संस्थानों ने वेद-विज्ञान के विश्व व्यापी प्रचार-प्रसार के अतिरिक्त अब तक 60,000 से अधिक वैदिक विद्वान प्रशिक्षित किये हैं। विद्यापीठ ने बड़ी संख्या में योग, भावातीत ध्यान एवं सिद्धि शिक्षकों का भी प्रशिक्षण किया है, जो भारत एवं संपूर्ण विश्व में योग की इन तकनीकों का प्रचार-प्रसार व शिक्षण कर रहे हैं।

कार्य विवरण- सफलता पूर्वक योग और भावातीत ध्यान का प्रशिक्षण प्राप्त करके शिक्षक संपूर्ण विश्व में परम पूज्य महर्षि महेश योगी जी द्वारा प्रतिपादित वैदिक ज्ञान-विज्ञान के सिद्धान्तों एवं प्रयोगों का प्रचार-प्रसार करेंगे।

प्रशिक्षण अवधि- 3 माह का आवासीय प्रशिक्षण प्रारंभ में होगा। तत्पश्चात् छः माह के अन्तराल पर एक-एक माह पुनः आवासीय प्रशिक्षण होगा।

प्रशिक्षण शुल्क- रू. 50,000 (पचास हजार) प्रति व्यक्ति (भोजन, आवास, प्रशिक्षण सामग्री इस प्रशिक्षण शुल्क में सम्मिलित है)।

आवेदकों के लिये शैक्षणिक योग्यताएँ एवं अर्हताएँ-

1. किसी भी विषय में (विज्ञान, कला, वाणिज्य, भाषा, प्रबंधन, कम्प्यूटर विज्ञान में स्नातकोत्तर अथवा चिकित्सा विज्ञान, अभियान्त्रिकी या विधि में स्नातक)
2. (अ) शुद्ध सात्विक वैदिक जीवन (ब) शुद्ध शाकाहारी (स) उत्तम स्वास्थ्य एवं व्यक्तित्व (द) भारतीय वैदिक संस्कृति एवं परम्पराओं में पूर्ण विश्वास एवं समर्पण (ई) धूम्रपान, मदिरा एवं मादक पदार्थों इत्यादि का सेवन न करते हों।

3. भारत में कहीं भी कार्य करने के इच्छुक हों।

4. आवेदकों को अंग्रेजी के साथ हिन्दी या संस्कृत अथवा किसी एक क्षेत्रीय भाषा का पूर्ण ज्ञान होना चाहिए।

आयु- 22 से 40 वर्ष (40 वर्ष से अधिक आयु वाले शैक्षणिक योग्यतायुक्त, उत्साही, उत्तम व्यक्तित्व एवं उत्तम स्वास्थ्य वाले भी आवेदन कर सकते हैं)।

मासिक आय- प्रशिक्षण अवधि सफलता पूर्वक पूर्ण करने के उपरान्त योग एवं भावातीत ध्यान का शिक्षण करने पर लगभग रू. 10, 000 से रू. 30,000 के मध्य अर्जित कर सकेंगे। योग एवं भावातीत ध्यान शिक्षक के रूप में पूर्णकालिक अथवा अंशकालिक कार्य कर सकते हैं।

अभ्यर्थी अपना आवेदन समस्त प्रमाण पत्रों, पूर्ण जीवन वृत्त एवं नवीनतम पासपोर्ट आकार के रंगीन छायाचित्र के साथ तुरन्त भेजें। प्रशिक्षण 12 जनवरी 2023 से प्रारंभ होगा।

महर्षि वेद विज्ञान विश्व विद्यापीठम् :

हॉल नं. 16, तृतीय तल, सौरनाथ कॉम्प्लेक्स, बोर्ड ऑफिस के सामने,
शिवाजी नगर, भोपाल (म.प्र.) 462 016, भारत **ईमेल:** pleaseapply108@gmail.com
Mobile : 9893700746

Sahasrashirsha Purusha Mandal Thousand Headed Purusha

Residential Programme for Men

A unique opportunity for single man (age 25 to 70) to live Ideal life in vicinity of Yoga and Yagya performed daily by over 1500 Maharishi Vedic Pundits at Maharishi Global Capital of World Peace and Ramraj–Brahmsthan of India-Geographical Centre of India Jabalpur-Katni district boarder, in mist of dense forest, Madhya Pradesh

Welcome to Global Purusha Group also called as Purusha Residential Programme in India at Brahmasthan of India, a 88 double occupancy suites (80 small suites, 4 medium suites and 4 large suites) those who are free from their family responsibilities and want to live spiritual life, enjoy higher states of consciousness, gain enlightenment and contribute towards world peace through nourishing power of inner bliss and coherence. Every resident enjoys a relaxed, easy-going, blissful, peaceful and ideal daily routine at Brahmasthan of India, about 20 acre campus surrounded with lush green garden, natural forest and farms, Fully air-conditioned, Several Yoga and Meditation halls, hygienic modern kitchen and dining hall, conference hall, medical room, 24 hours WiFi, 625 KVA soundless electric generator backup, running hot water from solar heaters, ambulance and medical assistance, Medical facilities in 15-20 minutes driving distance.

After a long gap of over 40 years, The Purusha Residential programme in India has been announced on Dev Prabodhani Ekadashi, 4th November 2022 by Brahmachari Girish Ji, just after the Vedic awakening ceremony (Pujan) of Lord Vishnu and other Devatas. This programme will be offered at the International Campus of Maharishi Mahesh Yogi Vedic University, Brahmasthan of India, Umariya Paan, Katni, Madhya Pradesh.

The campus is built in the village Bijauri, as per the principles of Maharishi Sthapatya Veda–Vastu Vidya, full of all comforts required for an ideal Purusha life.

Highlights of the International campus include

- International campus of MMYVU is situated in village Bijauri, very close to Brahmasthan of India, the geographical centre of India, where 1500 Maharishi Vedic Pundits reside. These pundits practice TM, TM-Siddhi programme and Trikal Sandhya and perform Atirudrabhishek every day in the morning and Yagyas of other devatas in the afternoon.
- The campus is at the distance of about 1.5 hours drive from Jabalpur Airport. Jabalpur railway station is about 1.5 hours drive. Katni railway station is about 45 minutes drive and Sihora railway station is about 25 minutes drive.
- 88 double occupancy suites (80 small suites, 4 medium suites and 4 large suites), about 20 acre campus surrounded with lush green garden, natural forest and farms.

- Fully air-conditioned.
- Several Yoga and Meditation halls, hygienic modern kitchen and dining hall, conference hall, medical room, 24 hours WiFi, 625 KVA soundless electric generator backup, running hot water from solar heaters, ambulance and medical assistance.
- Medical facilities in 15-20 minutes driving distance.

Senior Citizens

His Holiness Maharishi Mahesh Yogi Ji has reminded us thousands of times that “Life is Bliss, not for struggle, not for suffering”. Maharishi Ji has gifted the world not only with a theoretical understanding of Vedic Science but also gave us several Vedic Technologies to live life in bliss, perfect health, peace, prosperity, harmony, enlightenment and invincibility.

Beside bringing Maharishi Ji’s total knowledge to masses around the world, we were planning to have a place where single ladies from all over the world can come together in large number and feel the taste of blissful life, life in totality, holistic life. Finally, we found a suitable place and built a beautiful campus in Bhopal– the city of lakes– Capital of Madhya Pradesh.

International campus of Maharishi Mahesh Yogi Vedic University is built in village Bijauri, very close to geographical centre of India, is ready for all who want to enjoy holistic life in comfort, care, happiness and peace. The International Campus of Maharishi University is ideal for long term men senior living with 24 hours homelike care and attention, restful activities for young men executives, spiritual attainment and enlightenment seeking corporate men leaders. Men from different walks of life and age group can stay at International Campus and enjoy their life in the best possible environment.

Different Programmes :

There will be 3 types of programmes for men:

- 1-year programme (or for life) for New Purusha or alumni from age 25 to 72 years having good mental & physical health.
- 6-month New Purusha programme for TM Meditators, Governors and Siddhas. This is for those who are considering continuing on lifelong Purusha programme but are not yet sure.
- One month "Taste of Blissful Purusha Life" programme, for those who are planning to join full time but want to have a feel of the programme to understand what life will be like on the Purusha programme–enlivening silence inside of you and experiencing peace and bliss, leading to enlightenment and heavenly life.

"The profession of Purusha is an all-time enjoyment of bliss, freedom, self-sufficiency, invincibility, and spontaneous radiation of a powerful influence of positivity, harmony, happiness and peace in the environment."–Maharishi

Vision, Mission & Values :

- **Our Vision** To create the most respected and preferred community lifestyle solutions for men citizens of our world family.
- **Our Mission** To provide the best-in-class care, comfort and security through a plush community lifestyle to men of all walks of life and age group who are most precious members of our society.
- **Our Values** Our Indian core and life supporting value system with dedicated work ethics are

instrumental in making International Campus of Maharishi University a cut above the rest.

Following values define our work standards :

- **Care:** Caring is an inherent part of Maharishi Organisation's culture and therefore we put maximum attention on care of our young and silver generation above everything else.
- **Transparency:** We are completely transparent in the way we run the community and encourage our residents to monitor and guide us always.
- **Professionalism:** We bring in the best processes and people to manage and run each community to ensure a comfortable, secure, active and independent lifestyle for all residents.

Senior Citizen's Journey Of Life

- We start our life from the role of a child, for an onward journey of sibling, friend, spouse, parent & a grandparent.
- While passing through these roles of life we are often lost, fulfilling family commitments and hardly get time to think about ourselves.
- There comes a time in our life, when all of sudden we realize that we might become dependent on our children & grand children!
- Some time we even feel embarrassed asking them for their help! Isn't it?
- Often we get nervous at this age with a fear at the back of our mind that who will take care of us?
- This is the time when even money doesn't help, you really need someone's personal care.
- Whole of your life you have spent helping everyone and have lived a dignified life in society and you do not want to look down! Isn't it?
- How would you respond, if this OLD AGE becomes a "Magical Chapter" of your life?
- This very idea, that you can live for yourself that too independent, gives you immense happiness and illuminates your soul from within.

Growing Problem Of Seniors In India And Globally

- 324 MILLION Estimated number of Indians above 60 in 2016; life spans are increasing, facilities are not.
- 38 PERCENTAGE Estimated number of joint families currently; a diminishing support system for seniors.
- 67 PERCENTAGE The number of seniors who are fully dependent on others for the simplest requirements.

Sources: Economic Times, worldbank.org, Ministry of Statistics and Programme Implementation.

It is to be noted that figures globally are worse.

Prevention Is Better Than Cure

हेयं दुःखं अनागतम्

(Avert the danger that has not yet come)

- Before it is too late ...
- Family starts feeling that you are too old for socialization and family leave you back home as care taker.
- Before you start feeling, you are becoming a liability on your children.

- Due to your bad health doctor restricts you for movements.
- You yourself lose hope... and find it's too late.
- A final question arises, how would you like to spend rest of your life.
- Weak, dependent, confined to bed, or hale and hearty?
- If the answer is hale and hearty then Thousand Headed Purusha programme- Sahasrasheersha Purusha Mandal at International Campus of Maharishi University–is the best destination for you.

Why We Want You To Be With Us

It's an important question, why should you come to us? There can be many reasons like:

- You are living alone as your children have settled abroad or live in other town.
- Though you are living in joint family but your children are too busy managing their own lives and despite their love for you they aren't able to give you desired time and attention.
- You are confined only to home and feel boredom. Apart from that you are losing health due to lack of movement/activities.
- You are living alone having lost your life partner and life is becoming meaningless for you.
- You are staying in a polluted city and pollution is playing havoc with your health.
- You are a fitness freak and want to live an independent life without too much interference by your family.
- You want to open a real Magical Chapter of your life with the consent of your children or other family members who too are interested in your well-being and may agree to send you to THP (SPM) programme at International Campus of Maharishi University but may hesitate to say so.

Why International Campus Of Maharishi University

International Campus of Maharishi University, a luxurious residential place for young and senior men living, where you are bound to notice something wonderful: Every resident is relaxed and easy-going life about them. That is the beauty of a life at International Campus of Maharishi University. A resort-like hospitality in the luxury of your living space and conveniences a push of a button away to keep you comfortable, always. Not to mention the like-minded individuals you can make friends with. Who says you can't be Super at Sixty?

We at International Campus of Maharishi University are thoroughly focused on creating such an elder-centric ecosystem, with passionate people, robust processes, and intuitive technology to help us deliver bespoke services and conveniences to seniors.

The Panchakarma healing therapy is available to detoxify the physiology, successfully prevent and eliminate disease caused by toxic elements. Government approved 50 bed Ayurveda clinic Maharishi Vedic Health Centre will provide PK facility to residents of International Campus of Maharishi University.

“Transcendental Meditation (Bhawateet Dhyam)” the greatest gift of His Holiness Maharishi Mahesh Yogi to this world is a simple, natural and effortless technique for detaching oneself from stress, anxiety and promoting harmony and attaining higher states of consciousness. Regular twice daily practicing and it's advance programmes give contentment to soul and ultimately transforms your life to new enlightened birth. International Campus of Maharishi University offers a comfortable and joyful lifestyle to aging elders through a plush, secure and rejuvenating environment.

Every aspect of International Campus of Maharishi University has been designed for the comfort of

our residents, an ambience that their soul yearns for and reconnects with truest themselves so that they can lead a happy life full of contentment.

Daily Routine

- Regular practice of TM and TM-Siddhi programme, Yoga Asanas and Pranayama
- Enjoying Vedic celebrations
- Listening to Vedic chanting live from Maharishi Vedic Pundits
- Listening to Maharishi video lectures
- Attending/listening lectures (live or video recorded) on different aspects of Maharishi Vedic Science from Vedic experts
- Bhagavad Gita and Upanishads chanting and discussion
- Experience discussion with Senior Purushas
- Visiting library and reading room
- Indoor and outdoor recreation

To join or further information on Sahasrasheersha Purusha residential programme, please visit website www.worldpeace9000.com or call +91 8770597634 or

Email on purushaindia@mssmail.org

NRI's may please write to: purushaglobal@mssmail.org



अनंत श्रीविभूषित शंकराचार्य गुरुदेव ब्रह्मानंद सरस्वती जी महाराज की १५० वीं जयंती समारोह



अनंत श्रीविभूषित शंकराचार्य जी महाराज गुरुदेव ब्रह्मानंद सरस्वती जी पीठोद्धारक ज्योतिष्पीठ बद्रीकाश्रम हिमालय की 150 वीं जयंती समारोह एवं अनंत श्रीविभूषित शंकराचार्य स्वामी शांतानंद सरस्वती जी महाराज, का आराधना महोत्सव बड़े धूमधाम से 29 नवंबर से लेकर 8 दिसंबर तक प्रयागराज में गंगा तट के किनारे मनाया गया। जयंती समारोह शुभारंभ के अवसर पर अनंत श्रीविभूषित शंकराचार्य स्वामी वासुदेवानंद सरस्वती जी महाराज पीठाधीश्वर ज्योतिष्पीठ बद्रीकाश्रम हिमालय, राष्ट्रीय स्वयंसेवक संघ के



सर संघ संचालक श्री मोहन भागवत जी सहित अनेक साधु संत तथा महर्षि महेश योगी संस्थान के प्रमुख ब्रह्मचारी गिरीश जी भी उपस्थित थे।

महोत्सव का शुभारंभ करते हुए सर संघ संचालक श्री मोहन भागवत जी ने कहा कि "सनातन धर्म के धर्म सम्राट शंकराचार्य स्वामी ब्रह्मानंद सरस्वती जी महाराज और स्वामी श्रद्धानंद सरस्वती जी महाराज के सिद्धांतों और विचारों को

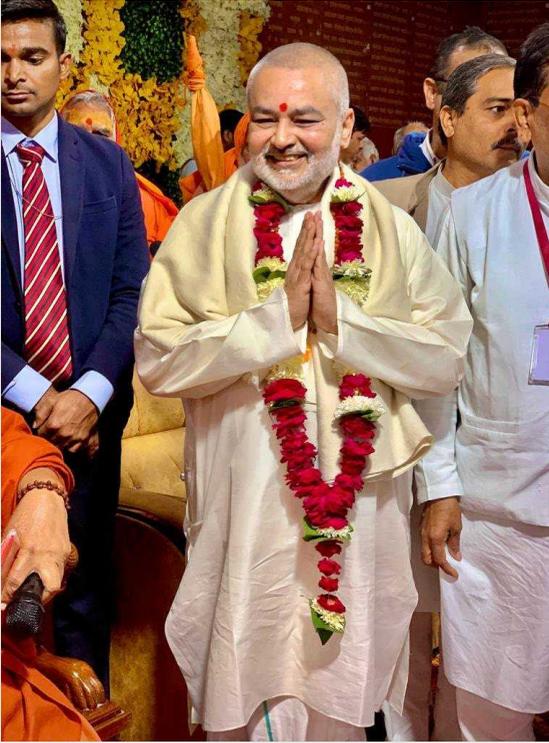
हम सभी लोगों को अपनाना चाहिए। संतों का स्मरण और आचार्यों का स्मरण करना प्रत्येक व्यक्ति के जीवन का और परिवार का आध्यात्मिक आधार होना चाहिए, क्योंकि इन्हीं महापुरुषों ने सभी समाज को जगाने और धर्म के रास्ते पर चलाने का कार्य किया है। धर्म के बिना आध्यात्म नहीं है, और आध्यात्म के बिना धर्म अधूरा है, आध्यात्मिक अध्यात्म से ही धर्म निकलता है, और यह सत्य भारत से ही उपजित हुआ है।"

इस अवसर पर ब्रह्मचारी गिरीश जी ने बताया कि "श्री गुरुदेव स्वामी ब्रह्मानंद सरस्वती जी महाराज वेद और उसके सभी 40 अंगों अर्थात् सम्पूर्ण वैदिक वाङ्मय के पूर्ण ज्ञाता थे। उनके इन्हीं गुणों के कारण भारत के दूसरे राष्ट्रपति डॉ. एस. राधाकृष्णन ने उन्हें 'वेदांत अवतार' के रूप में संबोधित किया था। ज्योतिर्मठ के वर्तमान शंकराचार्य स्वामी श्री वासुदेवानंद सरस्वती जी महाराज के नेतृत्व में परम पावन स्थान प्रयागराज में श्री गुरुदेव की 150वीं जयंती को 'आराधना महोत्सव' के रूप में मनाते हुये हम सभी अत्यंत रोमांचित हैं।

समारोह में मंच पर विराजमान जगतगुरु श्री शंकराचार्य स्वामी वासुदेवानंद सरस्वती जी, महाराज, ज्योतिष्पीठ, बद्रिकाश्रम, हिमालय, ने अपने संक्षिप्त उद्बोधन में उपस्थित लोगों को धर्म ज्ञान के बारे में बताया।

समारोह के दौरान प्रतिदिन प्रातः 6:00 बजे से लेकर सांय 6:00 बजे तक श्री रुद्र यज्ञ एवं रुद्राभिषेक प्रतिदिन सम्पन्न किया गया। श्री प्यारे मोहन जी एवं उनके सहयोगियों द्वारा श्री रामचरितमानस गायन प्रातः 7:00 बजे से दोपहर 12:00 बजे तक प्रस्तुत किया गया। इस अवसर पर प्रतिदिन दोपहर 2:00 से सांय 6:00 बजे तक श्रीमद्भागवत महापुराण का मूल पाठ कथा व्यास परम पूज्य स्वामी श्री आचार्य जितेंद्र नाथ जी महाराज, अंजनगांव, अमरावती, महाराष्ट्र द्वारा किया गया।

गुरुदेव स्वामी श्री ब्रह्मानंद सरस्वती जी महाराज, शंकराचार्य की एक सौ पचासवीं जयंती समारोह एवं स्वामी श्री शांतानंद सरस्वती जी महाराज, शंकराचार्य का यह आराधना महोत्सव श्री ब्रह्मनिवास, श्री शंकराचार्य आश्रम, प्रयागराज, उत्तर प्रदेश में मनाया गया जिसका सजीव प्रसारण रामराज टीवी के यूट्यूब एवं फेसबुक चैनलों पर किया गया।



श्रीमद्भगवद्गीता जयंती समारोह

महर्षि जी का मत था कि श्रीमद्भगवद्गीता वेदों का पॉकेट संस्करण है और यह लगभग सभी समस्याओं के समाधान का स्रोत है जो हम मनुष्य के रूप में न केवल भारत में बल्कि शेष विश्व में भी सामना करते हैं। श्रीमद्भगवद्गीता की पृष्ठभूमि महाभारत का युद्ध है। जिस प्रकार एक सामान्य मनुष्य अपने जीवन की समस्याओं में उलझकर अपने कर्तव्य से विमुख हो जाता है और जीवन की समस्याओं से संघर्ष करने के स्थान पर उससे भागने का मन बना लेता है, उसी प्रकार अर्जुन जो महाभारत के महानायक थे, अपने सामने आने वाली समस्याओं से भयभीत होकर जीवन और क्षत्रिय धर्म से निराश हो गए थे। अर्जुन की तरह ही हम सभी कभी-कभी अनिश्चय की स्थिति में या तो हताश हो जाते हैं और या फिर अपनी समस्याओं से विचलित होकर भाग खड़े होते हैं। श्रीमद्भगवद्गीता इन सभी स्थितियों का धैर्यपूर्वक एवं दृढ़ता से सामना करने का मार्ग प्रशस्त करती है। इस दृष्टि यह हम सबके लिए परम पूजनीय ग्रंथ है। यह शायद एकमात्र पुस्तक है जिसकी जयंती हर वर्ष दुनिया भर में मनाई जाती है।

श्रीमद्भगवद्गीता जयंती (गीता जयंती के रूप में भी जाना जाता है) का आयोजन दिनांक 03 दिसंबर 2022 को देशभर में स्थित सभी महर्षि संस्थानों में बड़े ही हर्षोल्लास के साथ किया गया। इस अवसर पर परम पूज्य महर्षि महेश योगी जी के परम शिष्य ब्रह्मचारी गिरीश जी ने कहा कि “गीता जयंती समारोह का मुख्य उद्देश्य बिना किसी लगाव के मानवता के हित के लिए काम करने का संदेश पूरे विश्व में फैलाना है जो पूर्ण संतुष्टि की ओर ले जाता है और विश्व शांति और समृद्धि की स्थापना का एक साधन है।”

विभिन्न महर्षि शैक्षणिक संस्थानों में आयोजित गीता जयंती के चित्रमय दर्शन :



महर्षि विद्या मन्दिर, जबलपुर विजय नगर



महर्षि विद्या मन्दिर, जबलपुर विजय नगर



महर्षि विद्या मन्दिर, अम्बाला



महर्षि विद्या मन्दिर, अम्बाला



महर्षि विद्या मन्दिर, बालासौर



महर्षि विद्या मन्दिर, बालासौर



महर्षि विद्या मन्दिर, बस्ती



महर्षि विद्या मन्दिर, बस्ती



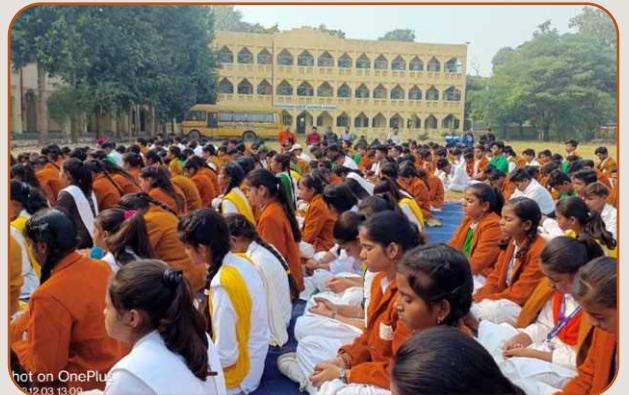
महर्षि विद्या मन्दिर, छिंदवाड़ा



महर्षि विद्या मन्दिर, छिंदवाड़ा



महर्षि विद्या मन्दिर, हरदोई



महर्षि विद्या मन्दिर, हरदोई



महर्षि विद्या मन्दिर, हरिद्वार



महर्षि विद्या मन्दिर, हरिद्वार



महर्षि विद्या मन्दिर-४, जबलपुर



महर्षि विद्या मन्दिर-४, जबलपुर



महर्षि विद्या मन्दिर-६, जबलपुर



महर्षि विद्या मन्दिर-६, जबलपुर



महर्षि विद्या मन्दिर, खरगौन



महर्षि विद्या मन्दिर, खरगौन



महर्षि विद्या मन्दिर, प्रतापपुर



महर्षि विद्या मन्दिर, प्रतापपुर



महर्षि विद्या मन्दिर, शहडोल



महर्षि विद्या मन्दिर, शहडोल



महर्षि विद्या मन्दिर, तंजावुर



महर्षि विद्या मन्दिर, तंजावुर



महर्षि विद्या मन्दिर, तिरुवन्नामलाई



महर्षि विद्या मन्दिर, तिरुवन्नामलाई



महर्षि विद्या मन्दिर, तुमसर



महर्षि विद्या मन्दिर, तुमसर



महर्षि विद्या मन्दिर, उत्तरकाशी



महर्षि विद्या मन्दिर, उत्तरकाशी



महर्षि विद्या मन्दिर, राउ इंदौर



महर्षि विद्या मन्दिर, राउ इंदौर



महर्षि विद्या मन्दिर, नैनी प्रयागराज



महर्षि विद्या मन्दिर, नैनी प्रयागराज

अंतर्राष्ट्रीय वन मेले में महर्षि शिविर



दिनांक 21 से 25 दिसम्बर 2022 तक मध्यप्रदेश राज्य लघु वनोपज सहकारी संघ द्वारा भोपाल में आयोजित अंतर्राष्ट्रीय हर्बल मेला 2022 में महर्षि शिविर आकर्षण का केन्द्र रहा। अंतर्राष्ट्रीय वन मेले के आयोजन पर महर्षि विद्या मन्दिर विद्यालय समूह के अध्यक्ष ब्रह्मचारी गिरीश जी ने अपने संदेश में कहा कि महर्षि महेश योगी जी ने 'हेयम दुखम अनागतम' अर्थात् जो दुख आया ही नहीं है उसके भी निदान हेतु हम सभी को भावातीत ध्यान, महर्षि आयुर्वेद, महर्षि ज्योतिष, यज्ञ अनुष्ठान, स्थापत्य वेद की तकनीकों से परिचित कराया है। उन्होंने अनुरोध किया कि हम सभी इन तकनीकों का लाभ उठाकर अपना जीवन सुखी और शान्तिमय बना सकते हैं।

इस अवसर पर ब्रह्मचारी गिरीश जी ने कहा कि हमारे संगठन के 'महा नेचर' और 'महा हर्बल' द्वारा निर्मित सभी उत्पाद पूरी तरह से शुद्ध और स्वास्थ्य के लिए लाभकारी हैं। ब्रह्मचारी गिरीश जी ने अंतर्राष्ट्रीय वन मेले में अन्य स्टालों का भ्रमण कर उनमें विक्रय की जा रही विभिन्न सामग्रियों के बारे में जानकारी प्राप्त की एवं अंतर्राष्ट्रीय वन मेला आयोजित करने के लिए राज्य सरकार की प्रशंसा भी की।

महर्षि शिविर में महर्षि हर्बल्स फार्मसी रिसर्च सेंटर, महा नेचर प्राइवेट लिमिटेड, महर्षि विद्या मंदिर विद्यालय समूह, महर्षि किड्स होम, महर्षि इंस्टीट्यूट ऑफ मैनेजमेंट, महर्षि खादी एवं ग्रामोद्योग, महर्षि कौशल विकास एवं प्रशिक्षण संस्थान, महर्षि आयुर्वेद, महर्षि वैदिक स्वास्थ्य केन्द्र, महर्षि ज्योतिष, महामीडिया मासिक पत्रिका, महर्षि ब्लिस मीलस आदि के बारे में जानने हेतु उत्सुक हजारों व्यक्तियों ने शिविर का भ्रमण किया। शिविर में अनुभवी वैद्यों द्वारा महर्षि आयुर्वेद के सिद्धांतों के आधार पर कई व्यक्तियों का स्वास्थ्य परीक्षण किया गया। साथ ही महर्षि ज्योतिष शास्त्र के विद्वानों द्वारा शिविर में पधारे व्यक्तियों को उनकी जन्म कुंडली के आधार पर भविष्य में किये जाने वाले यज्ञानुष्ठान बतलाये गये।

शिविर के संचालक श्री विकास बाकड़े एवं राष्ट्रीय समन्वयक भावातीत ध्यान एवं सिद्धि कार्यक्रम श्री रामविनोद सिंह गौड ने शिविर में पधारे हुये व्यक्तियों को भावातीत ध्यान एवं सिद्धि कार्यक्रम के विषय में विस्तार से जानकारी दी एवं इसके नियमित अभ्यास से होने वाले शारीरिक एवं मानसिक लाभों के बारे में बतलाया। साथ ही उन्होंने उपस्थितजनों को और अधिक जानकारी या परामर्श हेतु महर्षि संस्थान के लाम्बाखेड़ा एवं एम.पी.नगर स्थित राष्ट्रीय स्तर के कार्यालयों में संपर्क करने का अनुरोध भी किया।

अंतर्राष्ट्रीय वन मेले में महर्षि शिविर का चित्रमय दर्शन



Jigyasa Quiz Competition

5 days Jigyasa workshop session 2022–23 which was held from 23 to 26 November 2022. Students of Maharishi Vidya Mandir-6 Jabalpur were participated in it.

1. Aasheen Khan class X got 1st prize in essay writing competition .
2. Shubham Kushwaha class IX got 2nd prize in science model competition ,
3. Muskan Chakravarti class XI got consultation prize.



Matter of Honor to First Look of Vande Bharat Train

Principal, teachers and students of Maharishi Vidya Mandir, Tumsar were invited by Railway officials to attend the welcome function of newly introduced Vande Bharat Superfast Express on 11/12/2022. On this occasion students of class IX & X along with Principal and teachers witnessed this special event and had first inside look of the train also.



Matter of pride for MVM Fatehpur & Shahdol



Shri Pramod Tripathi
Principal, MVM Fatehpur



Smt. Bhavana Tiwari
Principal, MVM Shahdol

Shri Pramod Tripathi, Principal MVM Fatehpur who was already functioning as Coordinator of CBSE schools of district Fatehpur, has now been assigned the responsibility of Banda & Chitrakoot districts also by CBSE.

Smt. Bhavana Tiwari, Principal MVM Shahdol is City Coordinator and Chief Nodal Practical Supervisor of CBSE of four Districts namely Anuppur, Umaria, Dindori and Shahdol since last year.

The Board of Directors of MVM Schools Group under the chairmanship of Brahmchari Girish Ji congratulates both the Principals for being bestowed with this honour.

Annual Day Function – MVM Nainital



Annual Day Function – MVM Jabalpur Nepier Town



E-Gyan Digital Newsletter

Best wishes for Maharishi Gyan Yug Diwas Celebrations

Dear Readers,

We are very pleased to release 164th Edition of E-Gyan Monthly Digital Newsletter. All previous editions of E-Gyan Monthly Newsletter have been sent to you through e-mails. In every edition of E-Gyan, we are requesting you to send related information of your field. The response has been good but not total. We want to have information from all of our India's Maharishi organisations so that the students and others get proper encouragement when they find themselves on the E-Gyan pages.

E-Gyan Monthly News Letter is released in the first week of every calendar month. You must send E-Gyan matters so that they are received by us before 15th of every month. E-Gyan Monthly Digital News Letter is circulated to all members, employees, well-wishers, students, millions of Meditators, Siddhas, Devotees of Maharishi Global Organisations around the globe and people's representative and other members of the civil societies.

E-Gyan Monthly News Letter contains the following:

1. Courses currently run by Maharishi schools/colleges/institutions and universities.
2. Information on any new course/programme added in Maharishi schools/colleges/institutions and universities with its schedule, course details and venue.
3. Starting of new building construction, report on Bhumi puja or vastu puja or foundation stone ceremony.
4. Inauguration or graha pravesh or public offering of new building.
5. Special achievement of any Maharishi Organisation.
6. Special achievement of Staff or faculty of any Maharishi Educational Institution.
7. Special achievements or award received by Students in the field of academics, sports, arts, music, culture, language, general knowledge, quiz, talent search or any other competition on district, state, national and international level.
8. Report on NCC, NSS, Scouts, Adventure programme/trip.
9. High-level placement of graduates in national, international or multinational organisations/corporations.
10. Outstanding performance of ex-students of Maharishi Educational Institutions.
11. Publication of any paper by Faculty, Students, Staff, research department or organisation.
12. News coverage in local, state, national level newspapers, TV, radio, web site.
13. Selection of students in civil services, IIM, IIT, PMT, IIT, NDA, IMA, IFS, IRS, Armed Force or in any other institution of national importance.
14. List of outstanding government or private special projects taken by the organisation.
15. Launching of new product or programme with details, availability, and price.
16. Details of products already in market.

17. Creative writings on different topics, such as cultural/social and historical issues.
18. Offering Vedic solution to any social problem.
19. Performance of any special Anushthan or Yagyas.
20. Vedic celebration reports.
21. Excursion tour reports.
22. Corporate visit, corporate training etc.
23. Visit of national and international dignitaries and their remarks.
24. Appreciation, recognition or awards received by Maharishi Organisations.
25. Report on academic or commercial collaborations.
26. Report on Maharishi Vedic Organic Agriculture.
27. Report on monthly Initiations in TM, Siddhi course and Advance Techniques.
28. Report on activities of Maharishi Global Movement.
29. Report on any other similar subject or area, which is not covered here but worth reporting.

We invite news, articles and reports from all Maharishi Organisations, their leaders, members, faculty, staff, students and all readers. Please note that all news reports must be authentic, original, true and correct. The writers of articles should send a note that the article is their original article.

Please also note that all contents should be sent in soft copy through e-mail (cpr@mssmail.org) as word document file or in a CD to Shri V. R. Khare, Director CPR, Maharishi Vidya Mandir Schools Group, MCEE Campus, Building No-5, Lambakheda, Berasia Road, Bhopal, Madhya Pradesh, PIN 462038). Hard copy should be neatly typed (“Times New Roman” font for English and “Devnagri” or “Chanakya” font for Hindi) and should be sent to above-mentioned address. High quality/resolution pictures and graphics will be very useful to make your report better looking and will be much interesting for readers. Editorial Board of E-Gyan Monthly News Letter will not be responsible for any copyright issues of reports.

Once a matter of false reporting comes to the Board, E-Gyan Monthly Newsletter will never publish reports of the sender in future and will inform it’s readers about this.

Please recommend all your friends and relatives to subscribe E-Gyan Monthly Digital News Letter and to visit web site www.e-gyan.net.

With All the Best Wishes
Jai Guru Dev, Jai Maharishi

V. R. Khare
For Editorial Board,
E-Gyan Monthly Digital Newsletter

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