



E-GYAN

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Celebrating

**Birth Day of Hiss Holiness Maharishi Mahesh Yogi Ji
Age of Enlightenment Day - "Gyan Yug Diwas"
on 12th January 2026**



Maharishi Ji Speaks to Students

Maharishi's Science of Creative Intelligence, an ideal system of education designed to develop enlightenment in every student:

Maharishi International University (MIU)



Young people are becoming increasingly aware that the potential of human consciousness is much greater than that which has been experienced until now. Maharishi International University (MIU) is the only university in the world where a student can develop the unbounded potential of consciousness enlightenment.

His Holiness Maharishi Mahesh Yogi, the founder of MIU, has formulated a systematic, scientific procedure to develop the full potential of human consciousness. The Science of Creative Intelligence and its practical aspect, the Transcendental Meditation Programme, combine the ancient Vedic Wisdom with the principles of modern science. The principles and practice of the Science of Creative Intelligence form the basis of the educational system at MIU.

This programme for the development of higher states of consciousness is very systematic. The first stage is the experience of silence within the self pure consciousness through Maharishi's Transcendental Meditation Technique.

Through the regular practice of Transcendental Meditation, the nervous system becomes increasingly pure, and pure consciousness is experienced more and more clearly. On the basis of this growing experience of pure consciousness, the student begins the practice of Maharishi's TM-Siddhi Programme, which makes the wholeness of consciousness active within itself.

Through the TM-Siddhi Programme the student begins to experience and understand that a level of unmanifest activity exists within the Self. When the student functions from this level, all his desires are fulfilled by mere intention.

The final stage in the growth of higher states of consciousness is to experience that activity and silence are one. This is Unity Consciousness, the highest level of enlightenment, in which all values of life are

unified as a single WHOLENESS in one's awareness. In addition to the full development of consciousness, the highest standard of education in the traditional academic disciplines is enjoyed by MIU students.

The science of consciousness, Maharishi's Science of Creative Intelligence, is the focal point of all the streams of knowledge. By studying all disciplines in the light of the Science of Creative Intelligence, the student sees that his experience of the development of consciousness is based on the same principles of Creative Intelligence that are expressed in the different disciplines. The Science of Creative Intelligence thus provides a unifying basis for all the traditional academic disciplines.

The perfect education structured at MIU can easily be applied to the educational system of any country in the world. This will create an ideal society and perpetuate the Age of Enlightenment.

Higher education should be for higher consciousness. Graduates of MIU are enlightened individuals who enjoy the support of all the Laws of Nature for everything they wish to accomplish.

The leaders of society are those who best express the potential of their time. As the importance of enlightenment grows in the awareness of the world, the leaders in society will be those enlightened individuals who are established in unbounded awareness and are at home with every field of knowledge. Maharishi International University is creating the leaders of the Age of Enlightenment.



**ब्रह्मचारी गिरीश जी अध्यक्ष,
महर्षि विद्या मन्दिर विद्यालय समूह**

प्रयास...



अभ्यास...

परिवर्तन...



हम प्रेरित होकर नवीन कार्य नहीं करते, कुछ नया करके ही प्रेरित होते हैं। प्रतिदिन अभ्यास करना, बिना यह सोचे कि आज का परिणाम क्या होगा ? सबसे सच्चा नियम है जिसे हम 'रचनात्मकता' कहते हैं। जब आप नित्य अभ्यास को अपना लक्ष्य बनाते हैं, तो परिणाम स्वयं बनकर निकलता है। प्रायः हम यह सोचते हैं कि प्रेरणा पहले आएगी और फिर कार्य होगा; पर मूलतः उलट है। हम कुछ नवीन कार्य करके ही प्रेरित होते हैं। प्रतिदिन कुछ नया करने का निर्णय लें। इस प्रक्रिया को महत्व दें और जानें कि आपका यह नियम ही एक नए कौशल को जन्म दे सकता है। साहस वह है, जो सच्चाई के समीप ले जाए। कमजोरी, डर नहीं है, यह वह साहस है जो हमें इंसान बनाता है। जब हम यह स्वीकार करते हैं कि हम पूर्ण नहीं हैं, तब हम दूसरों के प्रति अधिक दयालु बनते हैं। जो व्यक्ति खुलकर कहता है— 'मुझे नहीं पता', या 'मैं गलत था', वही बहादुर

है। सच्चा साहस वही है जो हमें सच्चाई के समीप लाता है। दुनिया को उन लोगों की आवश्यकता नहीं है, जो पूर्ण हैं परंतु उन लोगों की आवश्यकता अधिक है, जो सहज और सच्चे हैं। सुखी और स्वस्थ भविष्य के लिए क्या विकल्प चुनें? अगर आपको अभी एक ऐसा विकल्प चुनना हो जिससे आपका भविष्य स्वस्थ और सुखी बने तो आप प्रत्येक महीने क्या करेंगे? बचत बढ़ाएंगे? अपना कार्यस्थल बदलेंगे? यात्रा करेंगे? या स्वयं पर कार्य करेंगे। जीवन बहुत छोटा है; यहाँ मात्र स्वयं पर कार्य करने का समय है, वह भी कम है। लोगों को अपने अनुसार बनाने का प्रयास न करें। आपके बच्चे उस कार्य में सम्मिलित नहीं होना चाहते जो आपने तय किया था, 'कोई बात नहीं'। बहुत समय और ऊर्जा ऐसे लोगों से की गई उम्मीद करने में नष्ट होती है, जो आपके अनुसार नहीं चलना चाहते। कोई आपकी आवश्यकता के अनुसार नहीं दिख रहा, तो उसे परिवर्तित करने का प्रयास न करें। आप निश्चित करें कि आपको आगे क्या करना है? सफलता कभी पैसों से नहीं आँकी जा सकती। असली सफलता यह है कि स्वयं लोगों को प्रेरित करें एवं नया सोचें। अगर हम अपने कमरे की दीवार पर किसी स्थान या कार्य का चित्र लगाते हैं और यह सोचते हैं कि वह एक दिन वहाँ जायेंगे या वह कार्य करेंगे तो यही हमारी सबसे बड़ी उपलब्धि है। जब कभी हम सब से पूछा जाता है कि इतना बड़ा संकट क्यों उठा रहे हो। हमारा उत्तर सरल होना चाहिए... सबसे बड़ा संकट तो कुछ नया न करना है। अगर आप गलतियाँ करने से डरते हैं, तो कुछ बड़ा नहीं कर सकते। हमने असफलताएँ देखी हैं, किंतु हर असफलता एक सबक लेकर आती है। असफलता कष्ट देती है, किंतु वही कष्ट आपको सुदृढ़ बनाता है। अगर सब कुछ सरल होता, तो कोई परिवर्तन नहीं होता। संकट उठाएँ, प्रश्न पूछें और कभी मत मानें कि आप किसी बड़े कार्य के लिए छोटे हैं। प्रत्येक परिवर्तन का प्रारंभ ऐसे व्यक्ति से हुआ, जिसने कहा कि मैं प्रयास करूँगा। अगर आप यह कहने का साहस रखते हैं, तो भविष्य आपका है। परम पूज्य महर्षि महेश योगी जी सदैव ही प्रत्येक दिन का शुभारंभ "भावातीत ध्यान-योग" के अभ्यास से करने को प्रेरित करते थे क्योंकि प्रतिदिन प्रातः एवं संध्या के समय 10 से 15 मिनट का ध्यान हमारे जीवन में आनंद, उत्साह एवं अतुलनीय साहस का संचार करता है, जो हमारे जीवन को आनंदमय बनाता है।

"Understand and Practice Transcendental Meditation"

-Brahmachari Girish Ji



International Meditation Day
celebrated in Maharishi Organisations



On International Meditation Day on 21st December 2025, hundreds of people gathered at the Maharishi Mahesh Yogi Sansthan to engage in the transformative practice of Transcendental Meditation. This profound event was a collaborative effort organized by the Maharishi Vidya Mandir (MVM) Schools Group and Maharishi World Peace Movement, under the esteemed guidance of Ved Vidya Martand Brahmachari Girish Ji, the distinguished Chairman of Maharishi Group of Educational Institutions.

Addressing the audience, Brahmachari Girish Ji delivered enlightening insights into the essence of Transcendental Meditation. He passionately recalled how His Holiness Maharishi Mahesh Yogi Ji, brought Yog and Transcendental Meditation to the forefront not only in India but also in many nations around the globe. His tireless dedication was instrumental in establishing the global observance of Yoga Day and Meditation Day, a testament to the growing recognition of these practices worldwide.

Expressing heartfelt gratitude, Brahmachari Girish Ji acknowledged the efforts of Hon'ble Prime Minister Shri Narendra Modi Ji for elevating the significance of these observances on the international stage.

Diving into the realm of scientific inquiry, Brahmachari Girish Ji shared compelling insights into the research about Transcendental Meditation. He revealed that more than 700 studies conducted in 135 esteemed

research institutions and Universities in 35 countries have shown remarkable findings, underscoring Transcendental Meditation as the most effective method for enhancing brain functioning, better social behaviour and physical & mental well-being. With conviction, he asserted that world peace is not merely a dream but an achievable reality through the regular practice of Transcendental Meditation. He called upon everyone to engage in regular practice of TM, emphasizing its profound benefits for individuals, families, communities, and nations alike. Consistent practice of TM fosters a serene mind, radiating positive energy that can uplift everyone around.

Prof. Bhuvnesh Sharma, former Vice-Chancellor of Maharishi Mahesh Yogi Vedic Vishwavidyalaya, elucidated the profound mechanisms of the Transcendental Meditation technique. Shri V. R. Khare, Director CPR, highlighted the importance of Brahmachari Girish Ji's commitment for preserving the legacy of Maharishi Mahesh Yogi Ji, regarding the necessity of regular practice of TM for all.

The celebration commenced with Shri Guru Parampara Pujan, paying homage to spiritual traditions, followed by a soul-nourishing 20-minutes group Transcendental Meditation. The event brought together Directors, staff, teachers and students from the Maharishi Vidya Mandir schools, all united in their shared journey towards inner peace and collective harmony.



WORLD MEDITATION DAY CELEBRATED IN VARIOUS MAHARISHI VIDYA MANDIR SCHOOLS

On the occasion of World Meditation Day on 21st December 2025, grand programmes were organised in various Maharishi Vidya Mandir Schools in the country. At all the places, the programmes started with Shri Guru Paramapara Pujan and group practice of Transcendental Meditation. The guests were honoured with Shall and Shrifal. Everyone present on the occasion was influenced by listening to the 'Shanti Path'.

The Principals, in their speech informed everybody that learning and practicing Transcendental Meditation regularly helps the practitioner to keep the mind healthy and to take correct decisions in life. This was followed by the addresses of the chief guest and guests of honour in which they praised the contribution of His Holiness Maharishi Ji in benefiting the world population from Transcendental Meditation.

The programmes were successfully completed with Vote of Thanks. Prasad was distributed among all the people present at the functions.

These celebrations at various MVM Schools are depicted through the pictures give below :-

Maharishi Vidya Mandir, Nadaun (Main)



Maharishi Vidya Mandir, Yavatmal



Maharishi Vidya Mandir, Panna



Maharishi Vidya Mandir, Shajapur



Maharishi Vidya Mandir, Haldwani



Maharishi Vidya-III Adhartal, Jabalpur



Maharishi Vidya Mandir, Gurugram



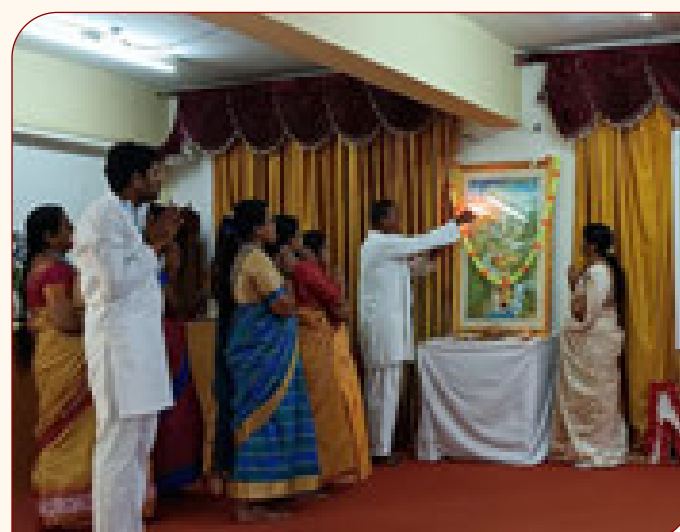
Maharishi Vidya Mandir, Dharamshala



MVM-II Napier Town, Jabalpur



MSE Chennai



Maharishi Vidya Mandir-I, Guwahati



Maharishi Vidya Mandir, Rudrapur



Maharishi Vidya Mandir, Jammu



Maharishi Vidya Mandir, Shahdol



MVM Rayagada



MVM Jhunsi, Prayagraj



MVM-III Bilaspur



MVM-III Borsajai, Guwahati



MVM-III Chhatarpur



MVM-I Gorakhpur



MVM Mankapur



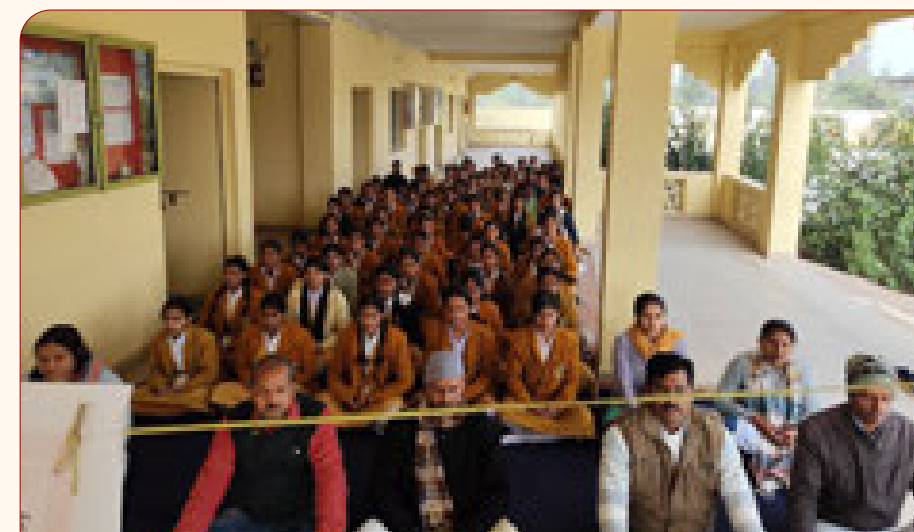
Maharishi Vidya Mandir, Gondia



MVM-II Pala Road, Aligarh



Maharishi Vidya Mandir, Amarpatan



MVM-I Ramghat Road, Aligarh



MVM Gonda



MVM Basti



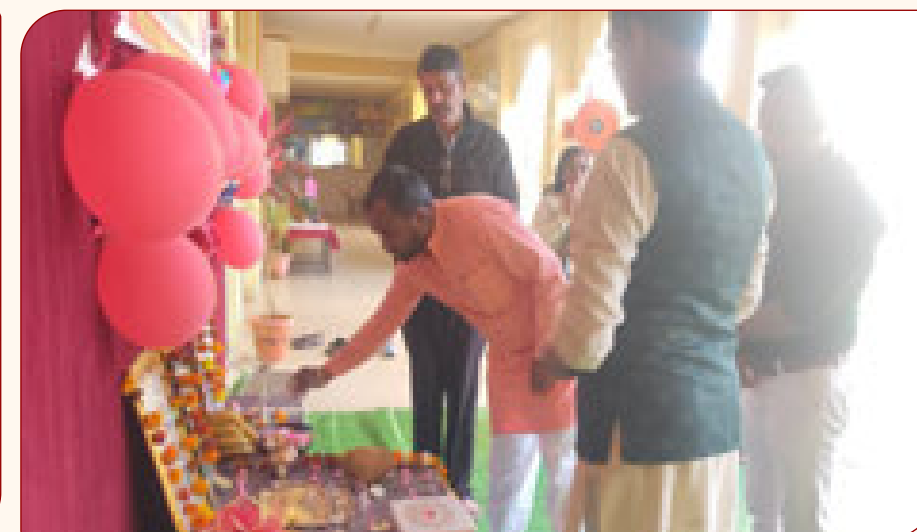
MVM Chhapara



MVM Aligarh (Main)



MVM Tumsar



Maharishi Vidya Mandir, Fatehpur



Maharishi Vidya Mandir, Hyderabad



Maharishi Vidya Mandir, Hyderabad



Maharishi Kids Home, Kalapahar Guwahati



EVENTS, CELEBRATIONS & CO-CURRICULAR ACTIVITIES AND SPORTS ACHIEVEMENTS

महर्षि विद्या मन्दिर, सरानी, छतरपुर



महर्षि विद्या मंदिर, सरानी, छतरपुर में दो दिवसीय वार्षिक खेल उत्सव का आयोजन हर्षोल्लास एवं खेल भावना के साथ किया गया। इस खेल उत्सव में विद्यालय के नन्हे-मुन्ने बच्चों से लेकर वरिष्ठ कक्षाओं के विद्यार्थियों ने उत्साहपूर्वक भाग लिया। कार्यक्रम के मुख्य अतिथि डॉ. अरविंद महलोनिया, खेल अधिकारी, महाराजा छत्रसाल बुंदेलखंड विश्वविद्यालय थे।

मुख्य अतिथि का शॉल एवं श्रीफल से सम्मान किया गया। कार्यक्रम की अध्यक्षता विद्यालय की प्राचार्या श्रीमती निशा निगम ने की।

खेल उत्सव के दौरान फुट हर्डल रेस, स्लो साइकिल रेस, आइसक्रीम रेस, जिग-जैग रेस, बॉल बैलेंसिंग रेस, मैथ्स रेस सहित अनेक रोचक प्रतियोगिताओं का आयोजन किया गया। विद्यार्थियों ने अपनी प्रतिभा, अनुशासन एवं खेल कौशल का उत्कृष्ट प्रदर्शन किया। समापन समारोह में मुख्य अतिथि द्वारा विभिन्न प्रतियोगिताओं के विजेता एवं उपविजेता विद्यार्थियों को पुरस्कार वितरित किए गए। अपने उद्बोधन में महालोनिया जी ने कहा कि खेल बच्चों में आत्मविश्वास, अनुशासन एवं नेतृत्व क्षमता का विकास करते हैं। विद्यालय की प्राचार्य श्रीमती निशा निगम ने अतिथियों का आभार व्यक्त करते हुए कहा कि इस प्रकार के आयोजनों से विद्यार्थियों के सर्वांगीण विकास को प्रोत्साहन मिलता है।



Maharishi Vidya Mandir, Panna Annual Sport Day organised from 22 to 24 December 2025



MVM-III Jagmal Chowk, Bilaspur Annual Sport Day organised



महर्षि विद्या मंदिर, नौगांव, छतरपुर

विज्ञान एवं कला प्रदर्शनी तथा फूड फेयर के भव्य आयोजन

महर्षि विद्या मंदिर, नौगांव, छतरपुर में तीन दिवसीय विज्ञान एवं कला प्रदर्शनी तथा फूड फेयर का भव्य आयोजन किया गया। दिनांक 5 दिसम्बर 2025 को विद्यालय में वार्षिक खेलों की अंतिम प्रतियोगिताओं का आयोजन किया गया तथा विजेताओं की घोषणा की गयी। दिनांक 06 दिसम्बर 2025 को मुख्य खण्ड चिकित्सा अधिकारी सामुदायिक स्वास्थ्य विभाग नौगांव, एवं विद्यालय द्वारा संयुक्त रूप से स्वास्थ्य परीक्षण शिविर का आयोजन किया गया। मेडिकल कैंप के आयोजन में डॉक्टर रवीन्द्र पटेल एवं सामुदायिक स्वास्थ्य केन्द्र नौगांव के समस्त दल ने निष्ठा के साथ प्रत्येक छात्र-छात्रा का परीक्षण किया।

इसका मुख्य उद्देश्य सभी छात्रों का चिकित्सा परीक्षण तथा स्वास्थ्य के संबंध में छात्रों में जागरूकता लाना था। तीसरे दिवस दिनांक 7 दिसम्बर 2025 को महर्षि विद्या मंदिर, विद्यालय में विज्ञान एवं कला, क्राफ्ट प्रदर्शनी एंड फूड फेयर का सफलतापूर्वक भव्य आयोजन किया गया जिसमें मुख्य अतिथि के रूप में श्री आर.के पाठक प्राचार्य, सी.एम. राइज उच्चतर माध्यमिक विद्यालय, श्री मानिक लाल वर्मा, प्राचार्य शासकीय इंजीनियरिंग कॉलेज नौगांव, नगर निरीक्षक नौगांव श्री बाल्मिक चौबे, प्राचार्य प्रतिनिधि श्रीमती ममता चतुर्वेदी, डायट नौगांव, श्री संतोष गंगेले कर्मयोगी, श्री देवांश उपाध्याय, प्राचार्य, महर्षि विद्या



मंदिर डेरी रोड छतरपुर, श्री रवि रिछारिया, श्री अरुण सक्सेना एवं बड़ी संख्या में अभिभावकगण और आदरणीय नागरिक उपस्थित थे। विद्यार्थियों के द्वारा विज्ञान, कला एवं फूड गैलरी में विभिन्न मॉडल एवं सामग्रियां प्रदर्शित की गयीं जिन्हें देखकर अतिथियों एवं अभिभावक गणों ने भाव विभोर होकर विद्यार्थियों की प्रशंसा की तथा इसके साथ-साथ वे सब सांस्कृतिक कार्यक्रम में नन्हे मुन्हे बच्चों की प्रस्तुतियों को देखकर आनंदित एवं प्रफुल्लित हो गए। कार्यक्रम के अंत में विद्यालय के प्राचार्य श्री ए.के पाठक ने उपस्थित सभी अभिभावकों एवं अतिथियों का आभार व्यक्त किया।



महर्षि विद्या मन्दिर, खरगोन

महर्षि विद्या मंदिर, खरगोन में श्री गीता जयंती के उपलक्ष्य में महर्षि अध्यात्मिक जन जागरण अभियान के अंतर्गत एक भव्य एवं आध्यात्मिक कार्यक्रम का आयोजन किया गया। कार्यक्रम में विद्यार्थियों एवं शिक्षक-शिक्षिकाओं ने श्रद्धा और उत्साह के साथ गुरुपूजन, हेमाद्री संकल्प, रसायन पानम, रुद्राष्टकम, द्वादश ज्योतिर्लिंग स्तोत्र तथा सामूहिक भावातीत ध्यान और सिद्धि का अभ्यास किया।



संस्कृत शिक्षक श्री प्रणय कुमार गौतम ने श्रीमद्भगवद्गीता के महत्व तथा महर्षि अध्यात्मिक जन जागरण अभियान (माजा) के उद्देश्यों पर विद्यार्थियों को विस्तार से अवगत कराया।

पूरे कार्यक्रम के समय विद्यार्थियों और शिक्षकों ने आध्यात्मिक ऊर्जा, शांति और गहन आनंद की अनुभूति की।

कार्यक्रम के अंत में विद्यालय के प्राचार्य श्री अजय जोशी ने उपस्थित सभी विद्यार्थियों व शिक्षक-शिक्षिकाओं को महर्षि विश्व शांति आंदोलन एवं माजा अभियान के बारे में जानकारी देते हुए कल्याण, सद्भावना और विश्व शांति का संकल्प दिलाया।

MVM Shajapur

'Shri Sunderkhand Path' was organised under the banner of Maharishi Spiritual Citizens Awakening Campaign.



Maharishi Vidya Mandir-III, Guwahati

Science and Social Science Exhibition 2025

Curiosity leads to broadening of horizons, inspiring inventions, creativity and new ideas. This is what Maharishi Vidya Mandir-III, Borsajai, Guwahati witness in the School Exhibition 2025 held on 22nd November 2025 in the school premises. The exhibition began with the traditional Guru Parampara Pujan followed by the encouraging speech by Dr. Amlan Kumar Dey, Principal, MVM-III Guwahati. This was a show, where young minds displayed their full potential be it in Science, Mathematics, Art & Craft, Social Science, Language leaving everyone awestruck and spell bound.



Maharishi Vidya Mandir, Nadaun (Main)

Inter house quiz competition Report



An exciting Inter-House Quiz Competition was successfully conducted in school with enthusiastic participation from all four houses - Narayan, Parashar, Vashisht and Vyas. The event witnessed great energy, teamwork and a healthy spirit of competition among the students. Participants showcased their knowledge, confidence, and quick thinking throughout the quiz. The programme concluded on a joyful note and all the winners

were awarded certificates in appreciation of their excellent performance. Overall, the competition was a great learning experience and a memorable event for everyone involved.

In the quiz competition, Vashisht and Vyas house secured the first position, Narayan house secured the second position and Prashar house secured the third position. Shri Sushil Awasthi, Principal, MVM Nadaun, Kuthar awarded certificates to all the winners.



Maharishi Vidya Mandir-I Nagjhar, Seoni

On 1 December 2025, on the occasion of World Gita Day, recitation of the 15th chapter of Shrimadbhagavadgita was organised at the district and block level by the District Collector, Seoni from 11:00 a.m.. In this 1100 students from government and non-government schools of Seoni city participated. 100 students of class VIII & IX of Maharishi Vidya Mandir, Nagjhar, Seoni gave their excellent presentation.



महर्षि विद्या मन्दिर, बस्ती

महर्षि विद्या मन्दिर, बस्ती के प्रांगण में दिनांक 12 से 9 दिसंबर 2025 तक वार्षिक खेल का आयोजन किया गया। कार्यक्रम का शुभारंभ महर्षि विद्या मन्दिर, बस्ती के प्राचार्य श्री ब्रजेश कुमार श्रीवास्तव एवं खेल प्रभारी श्री दीनानाथ सिंह द्वारा संयुक्त रूप से किया गया। इस अवसर पर अलग-अलग विधाओं में विद्यार्थियों ने प्रतिभाग किया। इस अवसर पर कक्षा नर्सरी के बच्चों की रेस प्रतियोगिता से खेल का शुभारंभ किया गया। इसके पश्चात् विभिन्न प्रकार के खेलों में नारायण, पाराशर, वशिष्ठ, तथा व्यास हाउस के विद्यार्थियों द्वारा विभिन्न प्रतियोगिताओं जैसे क्रिकेट, फुटबाल, 100 मी. रेस, वालीबाल, बैडमिंटन, खो-खो, कबड्डी, फ्राग रेस, लेमन रेस इत्यादि, में भाग लिया गया। प्राचार्य श्री ब्रजेश कुमार श्रीवास्तव द्वारा खेलों से होने वाले सामाजिक, मानसिक एवं शारीरिक विकास के बारे में बताया गया। उन्होंने विजेताओं का उत्साहवर्धन किया तथा आगामी 'ज्ञान युग दिवस' के अवसर पर ट्रॉफी एवं प्रशस्ति पत्र देने की घोषणा की।



Maharishi Vidya Mandir, Amarpatan

Science Exhibition, Art & Craft, Fete and Fancy Dress competitions were organised in the school premises on 6 December 2025. On this occasion chief guest was Shri Jagnandan Singh Baghel, Retired DSP. The programme was attended by students, parents and distinguished persons from Amarpatan who profusely appreciated the creativity of the students.



Maharishi Vidya Mandir, Khatima

MVM Khatima celebrated Uttarakhand Lok Sanskriti Diwas in the memory of 100th birthday of Indramani Badoni Ji popularly known as Gandhi Ji of Uttarakhand. On this occasion school's female teachers chanted traditional Kumouni songs and students performed many cultural activities.



Maharishi Vidya Mandir, Raigarh

Annual Sports



Science exhibition



Maharishi Vidya Mandir-I, Jabalpur

"Play and Grow, Discipline Leads the Way" The Annual Sports Meet 2025 of MVM-I Jabalpur was held on 12 December 2025 in an energetic and dignified atmosphere.

The programme began with lamp lighting, Guru Poojan, and torch lighting. The Principal, Shri. Rajesh Narula, welcomed the Chief Guest, Hon'ble Justice Mr. Dinesh Kumar Paliwal, and Special Guest, Dr. Vishal O. Bane, along with parents and students. Colourful welcome dances, exciting relay races and track events highlighted students' agility and sportsmanship. Graceful PT performances, powerful yoga and pyramid displays and lively Zumba and aerobics kept the audience enthralled. Winners were awarded certificates and prizes.

The event concluded with a vote of thanks by the Principal and the National Anthem, leaving everyone inspired by the spirit of sports, discipline, and teamwork.



MVM-I Jabalpur celebrated World Meditation Day under MAJA Program with great energy and positivity. The programme began with talk highlighting the importance of Transcendental Meditation and Yog for a healthy body and a calm mind. Students and teachers enthusiastically participated in Pranayama and group practice of T.M. under the guidance of TM Teacher Shri Rakesh Pandey. The session helped everyone feel relaxed, refreshed, and focused, realising the benefits of TM and yog in reducing stress and improving concentration.

One parent, Shri Vinay Verma from Reliance Company, also shared his personal experience of practicing T.M. and its positive impact on daily life, which greatly inspired the students.



Maharishi Vidya Mandir, Fatehpur

Armed Forces Flag Day Celebrated

Armed Forces Flag Day was celebrated with great enthusiasm at Maharishi Vidya Mandir School in Fatehpur. On this occasion, the school Principal Shri Pramod Kumar Tripathi hoisted the flag and addressed the NCC cadets, telling them that the soldiers of our country have sacrificed their lives for the protection of the nation. Their sacrifice should never be forgotten; we are all safe because of our soldiers.

The Principal administered the oath of patriotism to the NCC cadets and inspired them to do something for the country. Lieutenant Rohit Kumar Dutt and 72 cadets were present on this occasion. The NCC cadets sang the NCC song and the National Anthem.



Sitar Performance



Renowned sitar player Dr. Birendra Nath Mishra, Associate Professor at Banaras Hindu University, Varanasi, former Head of the Department of Music and an artist belonging to the Banaras Gharana presented performance along with his colleagues, at MVM Fatehpur.

The primary objective was to cultivate curiosity among youth about Indian cultural heritage, particularly through

Indian classical music, dance, folk music, Yog, meditation, crafts & others and to connect them with their cultural roots. Dr. Birendra Nath Mishra captivated everyone with his impressive performance. The school's Principal honoured the visiting artists by presenting them with bouquets, robes and the annual magazine "Gyan."

National Mathematics Day Celebrated

Indian Mathematician Srinivasa Ramanujan was remembered on National Mathematics Day at Maharshi Vidya Mandir School, Fatehpur. Various programmes were organized on the occasion of National Mathematics Day to commemorate the birth anniversary of the great Indian mathematician Srinivasa Ramanujan who made ground breaking contributions to number theory and mathematical analysis.

The school Principal Shri Pramod Kumar Tripathi, inaugurated the programme by lighting lamp in front of the idol of Goddess Saraswati. On this occasion, he said that Srinivasa Ramanujan, at the young age of 32, compiled 3884 theorems through his extraordinary talent in the field of mathematics. He was awarded by the Royal Society of London in 1917. He is considered one of the greatest mathematicians of the 20th century.

School students Pranjal Dwivedi, Surya Pratap Singh Aviral, Shashank Dwivedi, Ashwin Prajapati and Akshat Tripathi presented a play based on his life. Monu Yadav, Arpit Mishra, Sarthak Patel, Saksham Agrahari and Jaisingh among others presented complex mathematical calculations in a simple and easy-to-understand manner.



The programme was organised by the Mathematics Department with the cooperation of Shri. Vinay Shankar Tripathi, Shri Vimal Mishra, Sushri Deepti Bajpai, Shri Anuj Tiwari and others making the event a success. The program was conducted by school student Maitreya Singh.



Maharishi Vidya Mandir-I Chhatarpur

Master Manas Pratap Singh Bisen student of Class VIII of Maharishi Vidya Mandir, Deri Road, Chhatarpur brought laurels to the school by getting selected for the State Level Camp of Vidyarthi Vigyan Manthan (VVM) 2025.

Vidyarthi Vigyan Manthan is a national programme designed to identify and nurture bright young minds in the field of Science and Technology. Selection for the state-level camp reflects Manas's scientific curiosity, analytical skills, and dedicated academic efforts. His accomplishment will inspire other students to pursue excellence in scientific learning and innovation.



Maharishi Vidya Mandir-I Rustampur, Gorakhpur

'Shri Sunderkhand Path' was organised under the banner of Maharishi Spiritual Citizens Awakening Campaign. Programme was conducted with great enthusiasm and spiritual fervour.



MVM Hyderabad

Shrimadbhagavadgita chanting was organised under the banner of Maharishi Spiritual Citizens Awakening Campaign by the students of MVM Hyderabad on the occasion of Gita Jayanti celebration in school premises. Programme was conducted with great enthusiasm and spiritual fervour.



Maharishi Vidya Mandir, Rayagada

On 2nd December 2025 the spiritual programmes under the banner of Maharishi Spiritual Citizens Awakening Campaign (MAJA) were organised at MVM Rayagada, Odisha. Programmes such as Guru Poojan, Hemadri Sankalp, group Transcendental Meditation, Vishnu Sahasranam Path, Sunderkand Path, Bhagavad Gita chanting and Hanuman Chalisha path were conducted.



Maharishi Vidya Mandir-II, Napier Town, Jabalpur

Annual Sports Day

With the blessings of His Holiness Maharishi Mahesh Yogi Ji, MVM-II Jabalpur Annual Sports Day was celebrated on 13th December 2025 with great enthusiasm, discipline and sportsmanship. The event was organised in a grand and well coordinated manner.

The programme was graced by Shri Arvind Singh Rajput, Former Registrar, Maharishi Mahesh Yogi Vedic University, Jabalpur as the Chief Guest whose esteemed presence added dignity to the occasion.



The distinguished guests present on the occasion included Shri Ashok Ishwardas Rohani, Hon'ble MLA, Sadar (Cantt Area), Shri Ashish Saxena, Joint Director, Shri Rikunj Viz, Chairman, Municipal Corporation, Jabalpur, Shri Akhilesh Jain, Treasurer, Bharatiya Janata Party, Madhya Pradesh, Shri Jagat Bahadur Singh Annu, Mayor, Jabalpur City, and Smt. Chanranjeet Khanna, Revenue Superintendent, Jabalpur, all the Principals of MVM Schools of Jabalpur and many dignitaries.

Students from Maharishi Vidya Mandir, Adhartal, Maharishi Vidya Mandir Madan Mahal, and Maharishi Kids home, Napier Town also actively participated in the event, making it more vibrant and competitive. All the students participated enthusiastically in various sports events and showcased remarkable talent. The entire Annual Sports Meet was conducted in a splendid, disciplined, and dignified manner, and was widely appreciated by all the guests present.



Report on Career Counselling Sessions for Class XI Students



The two 'Career Counselling Sessions' was conducted for the students of class XII. The first counselling on 18 December 2025 was organised in collaboration with Chandigarh University and second session conducted on 19 December 2025 in collaboration with Parul University with the objectives

of guiding students towards informed career choices.

The resource persons from both Universities provided valuable insights into emerging and modern technologies, with special emphasis on Artificial Intelligence (AI), Robotics, Data Science, and other futuristic career domains. The session highlighted current industry trends, future career prospects, required skill sets, and academic pathways to pursue careers in these fields.



The interactions were highly informative and engaging. Students actively participated, asked relevant questions and gained clarity about higher education opportunities and career planning in the rapidly evolving technological landscape.

Maharishi Vidya Mandir, Mankapur celebrated 'Winter Carnival and Science Exhibition'



महर्षि विद्या मन्दिर, शहडोल

अन्तरराष्ट्रीय गीता महोत्सव के अवसर पर कलेक्टर शहडोल के आमंत्रण पर महर्षि विद्या मंदिर के विद्यार्थियों ने सरस्वती विद्यालय के सभागार में प्रस्तुति दी। इस विशेष प्रस्तुतीकरण हेतु कलेक्टर एवं माननीय विधायक द्वारा विद्यार्थियों को सम्मानित व पुरस्कृत किया गया।



MVM Bhowali

Two students Deepika and Priyanshi Goswami students of class VII got their story book published. Also Saksham Joshi achieved a remarkable success in field of science. His theory 'Based on the flow of time' has been published in International Curiex Academic Journal and ZENEDO.



Maharishi Vidya Mandir, Jammu

Achievement at 18th Inter-District Music, Dance & Art Competition

Students of MVM Jammu brought laurels to the institution by delivering outstanding performances at the 18th Inter-District Music, Dance and Art Competition – “Satyug Sangeet Utsav”, organised by Satyug Darshan, Faridabad. The competition was held at Abhinav Theatre, Canal Road, Jammu, where our talented students showcased exceptional artistic skills and achieved remarkable success.



'Bharat-Ko-Jano' Quiz Competition at MVM Jammu

The Bharat-Ko-Jano Quiz Competition, a prestigious state-level event, was successfully hosted at MVM Jammu by Bharat Vikas Parishad, JK. The competition witnessed participation from 19 teams across the State, showcasing their knowledge and competitive spirit. In this programme chief guest was Shri Dilip Thakur Ji, Director, IIMC Govt. of India and guest of honour was Shri Shreyansh Jain, President Indian Yoga Association.



Achievement in 22nd State level Matsogi-Do championship

The 22nd State Matsogi-Do Championship was held at Indoor Sports Complex, Bhagwati Nagar, Jammu from 27th to 29th November 2025. The event was organised by Matsogi-Do Association of Jammu and Kashmir in which more than 1300 students from 30 schools participated including Maharishi Vidya Mandir, Jammu.

The students of Maharishi Vidya Mandir Jammu Kartik Singh, Vikhyat Balotra, Ayaan Tickoo and Krithvik Mahajan won 4 gold medals and Akash Maurya, Vansh Dev Manhas, Shaurya Pratap Singh, Prince Vaishnav, Mohd. Asad, Mehak Verma, Navya Choudhary & Arshita secured 5 silver medals and Shraddha Rajput, Prachi, Renaksh, Abid, Sanchit, Jaskirat, Tanish, Karan Dhar, Harshvir, Arav, Bhavya, Mrityunjay & Rudra Slathia got 12 Bronze medals.



Maharishi Kids Home, Napier Town, Jabalpur

MKH Jabalpur organised an exhibition on the theme of “Means of Transport” with the active participation of students. The name of the exhibition was "Wheel, Wings and Waves".

Children displayed creative models of land, water and air transport using simple and eco friendly materials. The exhibition helped students to understand different modes of transport, safety rules and their importance in daily life. Parents appreciated the efforts and creativity of the children. Overall the exhibition was informative and successful.



सरानी दरवाजा स्थित महर्षि विद्या मंदिर में
दो दिवसीय वार्षिक खेल उत्सव आयोजित

संस्कृत-संज्ञा-संग्रहः

शहर के संगीत दरवाजा स्थित महर्षि विद्या मंदिर में दो दिवसीय वार्षिक खेल उत्सव का आयोजन हर्षोल्लास एवं खेल भावना के साथ किया गया। इस खेल उत्सव में विद्यालय के नन्हे-मुठ्ठे विद्यार्थियों से लेकर वॉलेंट कक्षाओं तक के विद्यार्थियों ने उत्साहपूर्ण भाग लिया।

कार्यक्रम के मुख्य अतिथि महाराजा छत्रसाल सुंदरसिंह सुनिवासिंदी के स्पোর্ट्स ऑफिसर डॉ. अतकिंद महलोनिया रहे। उपेन्द्र द्विवेदी द्वारा मुख्य अतिथि का शौल एवं शीफरल देकर सम्मान किया गया। कार्यक्रम की अध्यक्षता विद्यालय की प्राचार्य निशा निगम ने की। खेल उत्सव के दौरान फुट हॉल रेस, सलो साइकिल रेस, ओइसब्रेज रेस, जिन-जैन रेस, बॉल बैलैमिंग रेस, मैथ्स रेस सहित अनेक रोचक प्रतियोगिताओं का आयोजन किया गया। विद्यार्थियों ने अपनी प्रतिभा



अनुशासन एवं खेल कौशल का उत्कृष्ट प्रदर्शन किया। सम्मान सम्मरोह में मुख्य अतिथि द्वारा विभिन्न प्रतियोगिताओं के विजेता एवं उपविजेता विद्यार्थियों को पुरस्कार वितरित किए गए। अपने उद्बोधन में महाश्वेतिष्य ने कहा कि खेल बच्चों में आत्मविश्वास, अनुशासन एवं नेतृत्व क्षमता का विकास करते हैं। विश्वस्वतंत्रता की प्राचार्य निरुद्ध निगम ने अतिथियों का आभार व्यक्त करते हुए कहा कि इस प्रकार के आयोजनों से विद्यार्थियों के सर्वांगीण विकास को प्रोत्साहन मिलता है।

**महर्षि विद्या मंदिर सीनियर सेकेंडरी स्कूल, फतेहपुर
में सशस्त्र सेना दिवस धूमधाम से मनाया गया**

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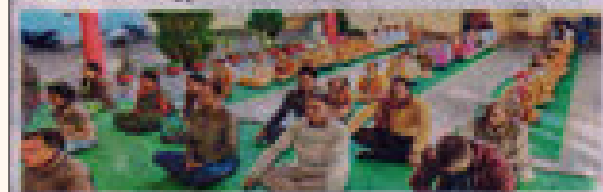
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महानि में शीघ्रता से ही प्रयास होना चाहिए। इस प्रणाली को बढ़ावा देने के लिए सरकार को प्रोत्साहित करना चाहिए। इस प्रणाली को बढ़ावा देने के लिए सरकार को प्रोत्साहित करना चाहिए।

संविधान के अंतर्गत सभी पदाधिकारी नियुक्ति के लिए सरकार को संसद की सलाह लेनी पड़ेगी। विधानसभा के सभी विधायकों की शक्तों और अधिकारों का संरक्षण भी संविधान में किया गया है।

रविवार, 21 दिसंबर, 2025 | 5

महर्षि विद्या मंदिर में मनाया
अंतरराष्ट्रीय विश्व ध्यान दिवस



— *संस्कृत-संज्ञा-संग्रहः* (संस्कृत-संज्ञा-संग्रहः) ॥ १॥

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खेलो इंडिया अस्मिता वूमेन'एस लीग पेंचक
सिलाट प्रतियोगिता का हुआ समापन

Figure 1

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जन जागरण सेंट्रल

UNCLASSIFIED

100

महर्षि विद्या मंदिर सीनियर सेकेंडरी स्कूल के कॉमर्स छात्रों ने किया इंडस्ट्री विजिट, उत्पादन प्रक्रिया से लेकर पैकेजिंग तक समझी बारीकियाँ

[illegible]

...and, after an intense focus
and work all across the line
we are all confident in their
future, and all across it

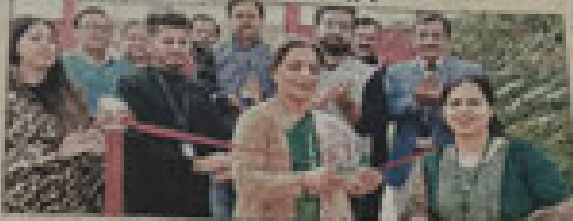
in tutto, questo lavoro progressivo, soffice che gli italiani si presentino nei paesi stranieri, che non si spaventino subito quando glielo vedono e che per lo meno non vengano in mente di ucciderlo come fanno gli altri; e che gli americani e gli inglesi facciano il possibile per aiutarlo, per non renderlo inutile, per non farlo diventare un oggetto di derisione.

any other work in the area of
energy, power, or the environment
is also available at no charge.

[illegible]

न्यूज पत्रिका

रोजगार मेलों में छात्रों ने लिया भाग



संस्थापक सचिव का पदभार संस्थापक सचिव का पदभार संस्थापक सचिव का पदभार

अनुप्र. यहाँ विद्यापीठ की ओर से वर्ष 17वीं से 12वीं तक के छात्रों के लिए करियर कौशल कार्यक्रम। कार्यक्रम में 12 प्रतिभाग विभागीयस्तरीय में भाग लिया, विद्यार्थी जानकारीपूर्ण दिग्दर्श, पहचान और पुष्टिकरण योजना के माध्यम से विभिन्न क्षेत्रों के अवसर, चुनौतियों के पहलू और बुद्धिमत्ता योजना के बारे में जाना। कार्यक्रम को सुप्रसन्न भावनाओं से भरा था। छात्रों द्वारा यह प्रशंसित किया गया। कार्यक्रम के दौरान अवैधानिक विभागीयस्तरीय की अपनी द्वारा करियर मार्गदर्शन योजना किया गया। छात्रों ने विभागीयस्तरीय के प्रतिनिधियों के साथ सम्मेलन में भाग लिया। 15वीं

Just to remind your goodself

Dear Readers,

We are very pleased to release 199th edition of E-Gyan Monthly Digital Newsletter. All previous editions of E-Gyan Monthly Newsletter have been sent to you through e-mails. In every edition of E-Gyan, we are requesting you to send related information of your field. The response has been good but not total. We want to have information from all of our India's Maharishi Organisations so that the students and others get proper encouragement when they find themselves on the E-Gyan pages.

E-Gyan Monthly News Letter is released in the first week of every calendar month. You must send E-Gyan matters so that they are received by us before 15th of every month. E-Gyan Monthly Digital News Letter is circulated to all members, employees, well-wishers, students, millions of Meditators, Siddhas, Devotees of Maharishi Global Organisations around the globe and people's representative and other members of the civil societies.

E-Gyan Monthly News Letter contains the following:

1. Courses currently run by Maharishi schools/colleges/institutions and universities.
2. Information on any new course/programme added in Maharishi schools/colleges/institutions and universities with its schedule, course details and venue.
3. Starting of new building construction, report on Bhumi puja or vastu puja or foundation stone ceremony.
4. Inauguration or graha pravesha or public offering of new building.
5. Special achievement of any Maharishi Organisation.
6. Special achievement of Staff or faculty of any Maharishi Educational Institution.
7. Special achievements or award received by Students in the field of academics, sports, arts, music, culture, language, general knowledge, quiz, talent search or any other competition on district, state, national and international level.
8. Report on NCC, NSS, Scouts, Adventure programme/trip.
9. High-level placement of graduates in national, international or multinational organisations/ corporations.
10. Outstanding performance of ex-students of Maharishi Educational Institutions.
11. Publication of any paper by Faculty, Students, Staff, research department or organisation.
12. News coverage in local, state, national level newspapers, TV, radio, web site.
13. Selection of students in civil services, IIM, IIT, PMT, IIT, NDA, IMA, IFS, IRS, Armed Force or in any other institution of national importance.
14. List of outstanding government or private special projects taken by the organisation.
15. Launching of new product or programme with details, availability, and price.
16. Details of products already in market.
17. Creative writings on different topics, such as cultural/social and historical issues.
18. Offering Vedic solution to any social problem.
19. Performance of any special Anushthan or Yagyas.
20. Vedic celebration reports.
21. Excursion tour reports.

22. Corporate visit, corporate training etc.
23. Visit of national and international dignitaries and their remarks.
24. Appreciation, recognition or awards received by Maharishi Organisations.
25. Report on academic or commercial collaborations.
26. Report on Maharishi Vedic Organic Agriculture.
27. Report on monthly Initiations in TM, Siddhi course and Advance Techniques.
28. Report on activities of Maharishi Global Movement.
29. Report on any other similar subject or area, which is not covered here but worth reporting.

We invite news, articles and reports from all Maharishi Organisations, their leaders, members, faculty, staff, students and all readers. Please note that all news reports must be authentic, original, true and correct. The writers of articles should send a note that the article is their original article.

Please also note that all contents should be sent in soft copy through e-mail cpr@mssmail.org as word document file or in a CD to Shri V. R. Khare, Director CPR, Maharishi Vidya Mandir Schools Group, MCEE Campus, Building No-5, Lambakheda, Berasia Road, Bhopal, Madhya Pradesh, PIN 462038). Hard copy should be neatly typed ("Times New Roman" font for English and "Devnagri" or "Chanakya" font for Hindi) and should be sent to above-mentioned address. High quality/resolution pictures and graphics will be very useful to make your report better looking and will be much interesting for readers. Editorial Board of E-Gyan Monthly News Letter will not be responsible for any copyright issues of reports.

Once a matter of false reporting comes to the Board, E-Gyan Monthly Newsletter will never publish reports of the sender in future and will inform it's readers about this.

Please recommend all your friends and relatives to subscribe E-Gyan Monthly Digital News Letter and to visit web site www.e-gyan.net.

With All the Best Wishes
Jai Guru Dev, Jai Maharishi

V. R. Khare
For Editorial Board,
E-Gyan Monthly Digital Newsletter

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