



E-GYAN

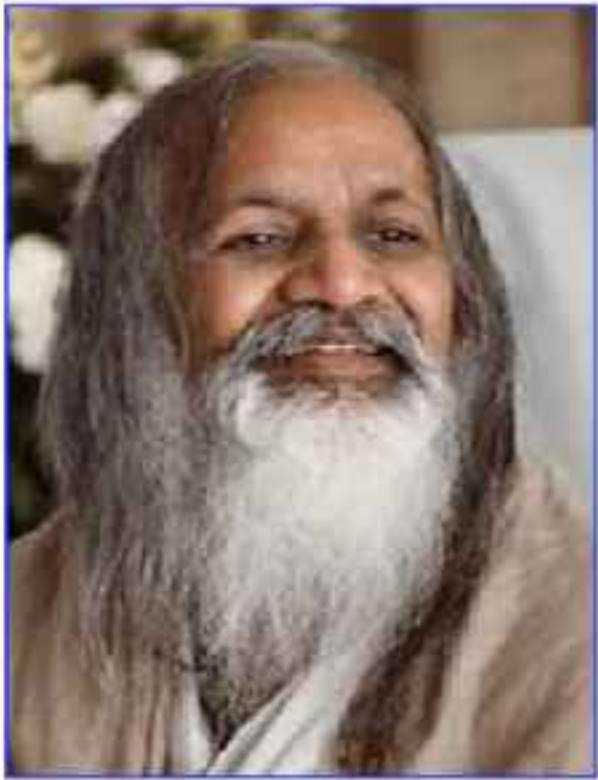
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"Just a few sittings of Transcendental Meditation will reveal to you what a wealth of bliss, what a wealth of happiness, what a wealth of Being you are. So begin to live your inner reality and that is invincibility, that is immortality, that is human life."



Maharishi Ji Speaks to Students



Laws of Thermodynamics and Maharishi's Science of Creative Intelligence: Objective and subjective approaches to the source of perfect orderliness, the field of pure intelligence, the ground state of all the Laws of Nature

Existence and intelligence are the two values at the foundation of creation. In Physics, existence is represented by energy, and intelligence is represented by order. The laws of Thermodynamics describe the most basic principles of the general behaviour of matter. The first law deals with existence, the second with entropy, and the third with the state of perfect order.

The first quantity that arises in the science of Thermodynamics is energy, which can exist in many forms. All activity, motion, and matter are forms of energy.

The First Law of Thermodynamics describes how energy behaves. It states that energy cannot be created or destroyed; it can only be converted to a different form. The whole universe can be seen as different manifestations or different forms of energy, which can be inter converted with one another while the total quantity of energy in the universe remains fixed.

In the Science of Creative Intelligence, Maharishi states that existence represents all physical values. Pure existence is the source of all existence and is neither created nor destroyed but is permanently existing.

Entropy corresponds to the idea of disorder and, because

order is the result of the functioning of intelligence, negative entropy corresponds to intelligence. The Second Law of Thermodynamics describes how entropy behaves: in non-living systems all behaviour is such that over time the disorder or entropy increases. In Physics, temperature corresponds to the degree of activity of a system. When the temperature of an object is high, its behaviour is chaotic and its entropy is high. The Third Law of Thermodynamics states that as temperature is reduced, entropy decreases and order increases. When the temperature of a system reaches absolute zero (-273°C), all activity ceases and the system is in a state of perfect orderliness, or zero entropy.

The Third Law of Thermodynamics corresponds to the principle of transcending in Maharishi's Science of Creative Intelligence. During the practice of Transcendental Meditation, the practical aspect of the Science of Creative Intelligence, mental activity gradually settles down until a state of perfect silence and orderliness is reached. This is the state of Transcendental Consciousness, pure Creative Intelligence. The Third Law of Thermodynamics implies a process of purification: as the temperature is reduced to absolute zero—the state of perfect orderliness impurities in the system are automatically eliminated. Similarly, the principle of transcending, through Maharishi's Transcendental Meditation Technique, displays the principle of purification. When mental activity is reduced, physical activity is also reduced and the

nervous system receives deep rest. Through deep rest all impurities in the nervous system are dissolved.

The state of matter at absolute zero temperature corresponds to the quantum ground state of an electron in quantum mechanics. Both these states are states of least excitation and perfect order. The state of least excitation of consciousness pure awareness is parallel to the quantum ground state in the atom. Pure awareness and the ground state of an atom are the natural resting states of each system.

There are systems in Nature whose ground state is characteristic not only of a single atom but of the whole macroscopic system. This situation is called super fluidity. A super fluid is characterized by the qualities of unboundedness, perfect orderliness, and zero viscosity or frictionless flow. These are the qualities of the quantum ground state, which is itself the consequence of the Third Law of Thermodynamics.

The state of Transcendental Consciousness is a state of unboundedness, timelessness, perfect orderliness, and frictionless flow. This phenomenon of transcendence during Maharishi's Transcendental Meditation Technique is parallel to the state of super fluidity in Physics. When we consider the thermodynamics of living systems, we find that living systems do not follow the general tendency of the Second Law of Thermodynamics. Rather than dissipating order in the course of time, living systems maintain and even

increase their level of orderliness. This is the basis of evolution of life.

At the basis of every living being is a physical structure called the DNA molecule, and that is the source of the permanent orderliness found in living systems. Although the human body exists at room temperature, the inner DNA molecule is in its quantum ground state, and therefore could be said to be at absolute zero temperature. It is thus that the quantum-mechanical nature of the DNA is responsible for the maintenance of order. The stability of the DNA molecule lies in the nature of the quantum-mechanical ground state, which is the state of zero entropy and perfect order.

Maharishi's Science of Creative Intelligence reveals that the source of order and intelligence in life lies in the innermost nature of everything in creation. A living system maintains itself by extracting order, or negative entropy, from its environment. The source of order for living systems is food, and it is not the energy but the orderliness contained in food that maintains the existence and evolution of the system.

Through Transcendental Meditation orderliness is extracted directly from the source of perfect orderliness, Transcendental Consciousness, which is the quantum ground state of the nervous system, the region of 'absolute zero'.

Scientists consider that not only life, but the entire universe had its origin in a state of zero entropy, or perfect orderliness. Similarly, Maharishi's Science of Creative Intelligence explains that there exists not only the changing relative world, but a perfectly ordered realm of existence from which the entire universe was manifested. On the basis of experiment and logic, the objective method of scientific research provides the

same basic picture of creation presented by Maharishi's Science of Creative Intelligence, which is the direct subjective method of investigation into the basis of life and Nature.

Modern Physics has come to understand the ancient reality of life: infinity, eternity, unboundedness, the non-active source of all activity lying at the basis of all boundaries. The gift of the Science of Creative Intelligence is to enable any man to intellectually understand and directly experience this non-changing truth of life. When the Science of Creative Intelligence is established as the basis of all disciplines, all the laws investigated by different sciences will express the basic, absolute reality of life. Every field of knowledge will reveal the play and display of intelligence within its own range of expression.

There are two aspects of a phenomenon: the physical aspect and the aspect of intelligence. Without the study of intelligence, the study of a phenomenon is incomplete. The Science of Creative Intelligence brings out the value of intelligence in the study of every phenomenon and every Law of Nature.

During the practice of the Transcendental Meditation Technique, all the Laws of Nature are involved in guiding the awareness through the whole range of activity, from gross to subtle to the Transcendent. When scientists begin to explain the laws governing the functioning of intelligence in the light of the laws of physical science, science will provide complete knowledge.

Scientists throughout history have made great contributions to civilization, but science until now has not been able to produce a fulfilled man. Scientists remained unfulfilled because the basis of all knowledge the pure field of Creative Intelligence was not structured

in their awareness. The ideal of education is to produce an educated man a knowledgeable man whose awareness is established in the state of Being and whose action is always orderly and beneficial for himself and for his environment.

Knowledge is structured in consciousness. When the full value of consciousness is maintained on the level of awareness, then the home of all knowledge is structured in awareness. On this basis every thought and desire is supported by all knowledge and is fully effective in accomplishing its goal. The Philosophy of Action is: 'Established in Being, the home of all knowledge, perform action' *Yogasthah kuru karmani* (Bhagavad-Gita, 2.48). The basis of all fulfilment, achievement, action, and knowledge is consciousness. The ground of life is that perfectly orderly state of Being, the ground state of Physics.

The Seers of Veda cognized in their own awareness the mechanics of creation—how the fundamental values of creation structure the infinite variety of the universe. These cognitions of the mechanics of creation can now be verified by modern science. Modern science provides verification of the principles that develop full subjectivity, and this provides a bridge between objectivity and subjectivity, thereby making available the total value of life. Every state of consciousness has its corresponding state of physiology. By refining the physiology, one grows in higher states of consciousness.

The World Plan is providing teachers of the Science of Creative Intelligence and is establishing Capitals of the Age of Enlightenment in all parts of the world. This will structure a sound foundation to pass on this knowledge in its purity to all generations and perpetuate the Age of Enlightenment.



हमारी धार्मिक परंपराओं को हमारी संस्कृति में, जीवन को आनंद से परिपूर्ण करने के लिए उत्सवों का समावेश किया है। उत्सव हमारे आंतरिक और बाह्य जीवन को मंगलमय बनाते हैं, किंतु प्रत्येक उत्सव से स्वयं को सम्बद्ध करे बिना हम मात्र बाहरी रूप से ही उत्सव मनाते आ रहे हैं। कभी हमने स्वयं से प्रश्न किया कि दीपावली को क्यों हमारी संस्कृति में सम्मिलित किया गया क्योंकि मर्यादा पुरुषोत्तम राजा राम ने दुष्ट एवं आतातायी रावण का वध कर सम्पूर्ण विश्व को उसके अत्याचारों एवं कष्टों से मुक्ति दिला कर सम्पूर्ण विश्व में आनंद व उत्साह के सूर्य की पुनः स्थापना की थी, किंतु प्रत्येक वर्ष उत्सव क्यों मनाना? वह चाहते थे कि हम स्वयं रावण के वध और आनंद के उत्सव को धारण करें। परिवर्तन ही जीवन है। प्रतिपल हम यह अनुभव करते हैं कि परिवर्तन हो रहा किंतु इसकी अनुभूति बाह्य रूप से ही हम अनुभव करते हैं। आंतरिक रूप से भी हममें होने वाले परिवर्तनों पर भी दृष्टि रखने की आवश्यकता है। क्या हम प्रतिवर्ष अपने अन्दर के रावण को खोज कर अपने हृदय में राम को स्थापित करने का प्रयास कर रहे हैं या हम मात्र बाह्य रूप से अपने शरीर एवं भौतिक वस्तुओं की स्वच्छता को ही उत्सव मान रहे हैं। इसलिए हमारे मन में चिंता, भय, आत्मग्लानि व संकोच जैसी सभी नकारात्मक भावनाओं का प्रभाव है। काम, क्रोध, लोभ, मोह, मद व मत्सर जैसे नकारात्मक आचरण को पहचान कर उनसे मुक्ति के प्रयास करना, स्वयं के जीवन को सुशोभित करने वाले प्रेम, करुणा व सत्य जैसे अति सुंदर भावों को जब चाहे, अपने मन में जगा लेने की कला ही 'उत्सव' है। परमपूज्य महर्षि महेश योगी सदैव कहते थे कि— 'ईश्वर की सृष्टि में कुछ भी अमंगल नहीं होता, जहाँ जो भी होता है, मंगल होता है। यहाँ जन्म भी मंगल होता है, तो मृत्यु भी मंगल है। आवश्यकता है हमें अपनी दृष्टि को परिवर्तित करने की। हम शरीर नहीं हम आत्मा हैं और आत्मा को न जन्म छूता है और न मृत्यु। आत्मा तो

प्रत्येक पल आनंद की अवस्था में रहती है। मृत्यु तो शरीर की होती है और हम शरीर नहीं। यदि हम शरीर होते तो, हमारे परिजन हमारे शरीर को न जलाते क्योंकि हमारा शरीर तो मरने के बाद भी शरीर ही रहता है। जीवन के इसी रहस्य को जानकर हम अमर हो जाते हैं जिससे अंदर से मरने का भ्रम निकल जाता है। यह मृत्यु का भय ही है जो हम सभी को दुखी करता रहता है। जैसे ही हम इस भय से मुक्त हो जाते हैं, हम उसी क्षण आनंद में आ जाते हैं। जीवन आनंद है, एक उत्सव है, एक यात्रा है। एक प्रामाणिक अभियान है परिस्थितियों पर प्रभुत्व पाने का... स्वयं की दिव्यता को पहचान लेने का जीवन को उत्सव बना लेने का। हमें स्वयं को ही उत्सव बना लेना है। हम सदैव बुद्धिमान, धनी, शक्तिशाली, युवा एवं सुंदर रहना चाहते हैं किंतु आवश्यकता है कि आप जैसे भी हैं, जो भी है उसके प्रति सच्चे रहिये। स्वयं में परिवर्तन लाने के लिए आपको यथार्थवादी बनना होगा। स्वयं आप ओरिजनल हैं अतः किसी की कॉपी बनने का प्रयास न करें। उचित आचरण को धर्म मानकर धारण करने का प्रयास करें क्योंकि स्वयं होना ही आनंद है। यही हमारी सच्ची शक्ति है, धन है, बुद्धि है, सुन्दरता है, यौवनता है। जब आप अकेले खड़े होंगे या समूह में होंगे तब भी आप मणि के समान स्वयं प्रकाशित होंगे। यदि आप स्वयं को श्रेष्ठ भक्त बनाने के लिये प्रयासरत हैं तो स्वयं के कौशल को विचारिये। एक यात्रा है, अपनी यात्रा में सृजन की आवश्यकता की आकांक्षा रखते हुए उत्सव की तैयारी करें। आप स्वयं को श्रेष्ठ भक्त बनाने के लिए प्रयासरत हैं तो इसके लिए आप को अपनी इच्छाओं पर नियंत्रण करने की आवश्यकता है एवं अपनी इच्छाओं पर नियंत्रण करने के लिए प्रतिदिन प्रातः एवं संध्या के समय 15 से 20 मिनट के भावातीत ध्यान के अभ्यास से आपको आनंद प्राप्त होगा। संसारिक इच्छाओं से दूर करने में सहायता करेगा एवं आपको श्रेष्ठ भक्त बनने में सहयोग करेगा एवं जीवन को आनंदित करेगा, क्योंकि जीवन आनंद है।



"Three days Deepawali celebration at
Maharishi Organisation"



Three auspicious days of divine presence of Devis and Devatas were celebrated with full enthusiasm in all Maharishi Organisation branches all over India. At Bhopal, all three days were celebrated with Dignitaries, Vedic Acharyas, Scholars, Pundits, Students and large number of devotees.

Ved Vidya Martand Brahmachari Girish Ji, Chairman of Maharishi Group of Educational Institutions, performed puja of Bhagwan Dhanwanti Ji in auspicious muhurta on 18th October, puja of Shri Hanuman Ji on 19th October and Shri Mahalakshmi puja on Deepawali, 20th October 2025.

Praising the continuous and sustained efforts of

Maharishi Vedic Acharyas for arranging grand pujas and giving his greetings to all present, Brahmachari Ji said "These great celebrations are not just pujas or celebrations for namesake but all have great significance in our life. We invoke the Devis and Devatas and align our consciousness with their consciousness thereby we awaken all great divine qualities of these Devatas in our consciousness. With this, we can perform much better and with lot of success in our life. All followers of Sanatan Dharma must celebrate all Vedic celebrations invoking Devi-Devata's presence in our consciousness and allow us to celebrate our life in a fulfilled manner."



Deepawali Milan Programme organised



Deepawali Milan 2025 was organised by Maharishi Organisation with the theme to discuss "Transform India into Ideal India". Over 70 dignitaries from Bhopal participated in this function.

Ved Vidya Martand Brahmachari Girish Ji, the Chairman of Maharishi Group of Educational Institutions gave slide show presentation on "Maharishi Ideal India Campaign" and "Activities of Maharishi Organisation" in support of implementation of this campaign.

All present appreciated the efforts of the

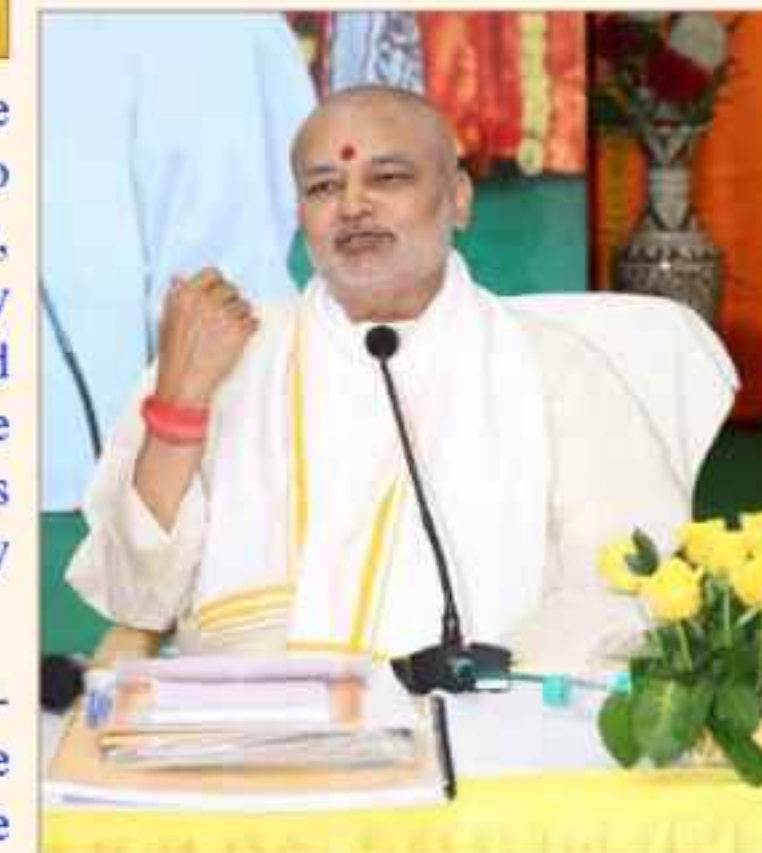
organisation to help the society for the development of spiritual life of all and to achieve the higher states of consciousness, resulting in peaceful, successful, happy, healthy and prosperous life. Brahmachari Ji invited all to spend some of their valuable time in the interest of the society and offer every citizen this great Indian Vedic Knowledge of life. All kindly accepted the invitation.

Shri Ajatshatru Shrivastava, IAS, ex-Commissioner, Bhopal also inspired everyone and said this knowledge can really help the



society to come up fast with all positivity and we all together will do it. Shri Shrivastava also said that he is very happy to learn that so much is being done by Maharishi Organisation in the interest of the society.

Smt. Rita Prakasham, Joint Director of Maharishi Vidya Mandir Schools Group, thanked all dignitaries for participating in the function and mentioned that Maharishi Ji has designed and implemented many programmes and projects of education, health, environment, rehabilitation etc. for full development of all citizens of the world, we all should take advantage of these in our life.



"Maharishi Shiksha Sansthan imbibe cultural values in children"
: Brahmachari Girish Ji

Maharishi National Cultural Celebration for Sub-Junior Group

The two-day Maharishi National Cultural Celebration 2025 for young students of Sub-Junior Group began at the Maharishi Centre for Educational Excellence in Bhopal on 7th October 2025. In this online event celebrating the rich Indian culture, many students from class I to V of Maharishi Vidya Mandir Schools participated. This is the first time the Maharishi School Group is holding the Maharishi National Cultural Celebration for Sub-Junior Group students.

The inaugural function was graced by Hon'ble Chairman of the Maharishi Vidya Mandir Schools Group, Ved Vidya Martand Brahmachari Girish Ji. The event started with Shri Guru Parampara Pujan. Students from MCEE welcomed the guests with welcome song and Saraswati Vandana. In his speech, Brahmachari Girish Ji said, "Culture is the giver of our values. Through this celebration, children would learn and practice cultural values, helping them grow up with strong moral values and awareness. The students themselves are "flag bearers" of Maharishi Mahesh Yogi Ji's teachings, aimed at promoting world peace."

Brahmachari Ji advised students, teachers and parents of students to keep a positive attitude and avoid negative news, which can create negativity in their minds. He announced plans for a new platform to share good news with the community.

Hon'ble Chairman thanked Shri V. R. Khare, Director CPR, Smt. Reeta Prakashan, Joint Director, CPR, Smt. Aryanand Kumar, Joint Director, CPR, and Shri Ramdev Ji, Joint Director, CPR, for their hard work in organising the celebration.

Shri V R Khare expressed gratitude for support of Hon'ble Chairman of MVM Schools Group. He also praised the students for their enthusiasm and performances and thanked the Principals and teachers and parents for preparing the students for such wonderful presentation.

The students from various classes were divided into two groups: Lotus for classes 1 & 2 and Merigold for classes 3 to 5.

On the first day of this celebration, videos of performances of 214 students of classes 1 to 5 from 33 Maharishi Vidya Mandir Schools who participated in various competitions, were



displayed before the judges.

The first day competitions were - Solo Dance, Group Dance, and Fancy Dress. All participants delivered great performances, making the first day of the festival a success.

On 8th October 2025, Maharishi National Cultural Celebration for Sub-Junior Group of Maharishi Vidya Mandir Schools completed with over 250 students from various states participating in the celebration through videos of their performances.



Spreading Indian Vedic culture is our duty

: Brahmachari Girish Ji



In the group dance competition for the Lotus group, Maharishi Vidya Mandir Balaghat secured first place and Maharishi Vidya Mandir Vidyalaya Tiruvannamalai secured second place, while in the Marigold group, Maharishi Vidya Mandir Vidyalaya Aligarh secured first place and Maharishi Vidya Mandir Vidyalaya Shahdol secured second place. Similarly, in the group singing competition for the Lotus group, Maharishi Vidya Mandir Vidyalaya Haridwar secured first place and Maharishi Vidya Mandir Vidyalaya Hyderabad secured second place. In the same competition, Maharishi Vidya Mandir Vidyalaya Hyderabad got the first position in the Marigold group, while Maharishi Vidya Mandir Vidyalaya Jorhat got the second position. In the Solo Song competition for Marigold group, Maharishi Vidya Mandir Vidyalaya Rangiya Guwahati got the first position, while Maharishi Vidya Mandir Vidyalaya Khargone got the second position. In the Lotus group in Solo Dance event, Maharishi Vidya Mandir Vidyalaya Jorhat got the first position, while Maharishi Vidya Mandir Vidyalaya Hyderabad got the second position. In the Solo Dance competition for Marigold group, Maharishi Vidya Mandir Vidyalaya Lalmati Guwahati got the first position, while Maharishi Vidya Mandir Vidyalaya Raipur got the second position. For the Lotus group,

in Fancy Dress competition, Maharishi Kids Home Ayodhya Nagar Bhopal got the first position, while Maharishi Vidya Mandir Vidyalaya Jorhat got the second position. For the Marigold group in the same competition, Maharishi Vidya Mandir Vidyalaya Jabalpur first got the first position while Maharishi Vidya Mandir Vidyalaya Yamuna Nagar got the second position. In the painting competition, Maharishi Vidya Mandir Vidyalaya Balaghat got the first position in the Marigold group and Maharishi Vidya Mandir Vidyalaya Gota Nagar Guwahati got the second position. For the Lotus group in the painting competition, Maharishi Vidya Mandir Vidyalaya Balaghat got the first position and Maharishi Vidya Mandir Vidyalaya Ratanpur Bhopal got the second position. In the Ramcharitmanas and Shrimad Bhagwat Geeta recitation competition, Maharishi Vidya Mandir Vidyalaya Hyderabad got the first position in the Lotus group and Maharishi Vidya Mandir Vidyalaya Noida got the second position, whereas in the same competition, the students





of Maharishi Vidya Mandir Vidyalaya Hyderabad got the first position in the Marigold group and the students of Maharishi Vidya Mandir Lalmati Guwahati got the second position.

While announcing the awards at the closing ceremony, Ved Vidya Martand Brahmachari Girish Ji said, "We are feeling a sense of joy and satisfaction that we have done a great job by starting the Maharishi National Cultural Celebration for small children from this year. The performances of these children that we saw in these two days make it seems that the Indian Vedic culture will blossom and flourish through these young children in the future. The children gave their best performance in this cultural celebration. In the year 1971, the most revered Maharishi Mahesh Yogi Ji had promoted the Indian Vedic Culture in the entire world through educational institutions and due to which the Indian Vedic culture is continuously progressing in the world. Hence we all have to follow him and continuously move it forward."

The officials viz. Shri V.R. Khare, Shri Ved Prakash Tiwari, Shri Yatish Saxena, Shri Manish Sinha and Smt. Rita Prakasham, along with the Principal MCEE and teachers were present in the program.



NAVRATRI & DEEPAWALI CELEBRATION IN VARIOUS MAHARISHI VIDYA MANDIR SCHOOLS

Maharishi Vidya Mandir, Jammu

Maharishi Vidya Mandir, Jammu, celebrated Diwali with great joy, devotion and festive zeal on 17th and 18th October 2025. The school campus came alive with lights, colours, and cheerful smiles as students participated in various creative activities.



MVM Jammu successfully celebrated Karva Chauth under the banner of MAJA on 9th October 2025. The programme started with Shri Guru pooja and soulful recitation of Hanuman Chalisa which created a divine atmosphere in the school premises. The whole event was conducted with devotion and enthusiasm, beautifully reflecting Indian cultural traditions and values. Staff members actively participated in the rituals and festivities, making the occasion both graceful and joyous.



Maharishi Vidya Mandir - III, Bhopal

Maharishi Vidya Mandir, Trilanga, Bhopal, organised a grand Pre-Diwali function on 17th October 2025 under the banner of Sahasrasheersha Devi Mandal. The entire campus was filled with festive joy and spiritual fervour as students, teachers, and parents participated enthusiastically in a series of activities and competitions marking the occasion.



Maharishi Vidya Mandir, Chhapara

On 29th September 2025, Maharishi Vidya Mandir Chhapara organised the colourful and vibrant festival of Garba with great enthusiasm and joy. The school campus was filled with festival spirit as students from pre-primary to Class VIII showcased their energetic dance performances in traditional attire.

The event began with a prayer of Goddess Durga, followed by mesmerizing Garba and Dandiya performances by students. The little ones of the pre-primary section impressed everyone with their cute and rhythmic steps, while students from higher classes displayed graceful and synchronized moves. Adding to the joy, a few enthusiastic parents also joined the celebration, making the atmosphere even more lively and engaging. Their participation reflected the strong bond between the school and families in celebrating Indian culture together.

The entire celebration was a beautiful blend of tradition, joy and togetherness, spreading happiness and festive cheer all around. It truly marked a memorable beginning to the festive season at Maharishi Vidya Mandir.



Maharishi Vidya Mandir - III, Jabalpur

On the auspicious occasion of Dhanteras and Diwali, Shri Guru Parampara puja was performed with devotion. Rituals such as Hemadri Sankalp, Transcendental Meditation, and Rasayanapanam were practiced to invoke divine blessings.

For peace and prosperity, Puja of Goddess Laxmi, Lord Ganesh, and Lord Dhanwantari was performed at Maharishi Vidya Mandir, Maharajpur, Jabalpur. Various competitions were organised for students and parents. Students participated enthusiastically in greeting card making, diya decoration, and kalash decoration competitions. All students actively took part in rangoli and puja thali decoration events. The programme concluded with a message to celebrate Diwali in an eco-friendly manner, spreading joy and harmony.



Maharishi Vidya Mandir, Shahdol

The festival of lights, Deepawali was celebrated with great enthusiasm and devotion in MVM Shahdol. The whole campus was filled with a festive glow as students and teachers joined hands to welcome the spirit of light, purity, and joy.

The celebration began with the morning assembly. Principal Dr. Bhavana Tiwari addressed the students and spoke about the importance of Deepawali. She explained that Deepawali is the festival of light that removes darkness from our lives and fills it with knowledge and happiness. She also mentioned the three main days of

celebration Dhanteras, Hanuman Jayanti and Deepawali tell us that the true meaning of the festival lies in lighting the lamp of goodness within ourselves.

She also spoke about the importance of worshipping Lord Ganesha and Goddess Lakshmi, who bless us with wisdom, prosperity, and success. The Principal reminded everyone to celebrate a safe and eco-friendly Deepawali, avoid harmful firecrackers, and take proper precautions while lighting them. She also instructed the students that crackers should be burst only under the guidance and in the presence of their parents to ensure everyone's safety. She emphasized the importance of cleanliness, reminding that Deepawali is also a time to purify our hearts and surroundings.

After the Principal's address, the atmosphere turned divine as students dressed as different Gods and Goddesses entered the assembly. They were welcomed with flowers and applause, symbolizing the arrival of divinity on earth. All the deities were seated on beautifully decorated seats and the Aarti was conducted with deep devotion. The whole school echoed with bhajans sung by teachers and students, creating an atmosphere of peace and spiritual joy. Later, students and teachers together made colourful



rangolis in front of their classrooms and decorated the school with diyas and flowers. The celebration reflected the spirit of unity, creativity, and devotion. The entire school looked bright and beautiful, spreading the message of love and light.

The Principal and teachers extended their heartfelt Deepawali wishes to all the students, praying that the light of knowledge and happiness may shine in every heart. The celebration ended with cheerful smiles, divine blessings, and the fragrance of festivity everywhere.



Maharishi Vidya Mandir - IV Jabalpur



Maharishi Vidya Mandir, Nadaun (Main)



Maharishi Vidya Mandir, Nainital

On the auspicious occasion of Navratri, Maharishi Vidya Mandir, Takula, Nainital organised Kanya Poojan and Bhandara on 30th September 2025. The programme commenced with Shri Guru Parmpara Poojan and group practice TM. On this special day, the students of the school, beautifully adorned as Nav Durga, blessed everyone with their divine presence, filling the atmosphere with devotion and reverence.

The Bhandara and Prasad distribution was carried out with the wholehearted support of the entire school family. The celebration proved to be truly inspiring, instilling in the students deep faith and respect for our rich religious and cultural values.



Maharishi Vidya Mandir, Sitapur



Maharishi Kids Home, Jabalpur

Maharishi Kids Home, Jabalpur celebrated the festival of Navratri with great enthusiasm and devotion. The programme began with Shri Guru Parampara Pujan and arti of Goddess Durga, invoking her blessings for strength and wisdom. Children and parents presented beautiful Garba, showcasing India's rich culture and traditions. The school was decorated with theme in tune with festive atmosphere. The event concluded with prize distribution and a message of victory of good over evil.



EVENTS, CELEBRATIONS & CO-CURRICULAR ACTIVITIES AND SPORTS ACHIEVEMENTS

Maharishi Vidya Mandir, Jammu

MVM Jammu celebrated Gandhi Jayanti with great enthusiasm and dedication by organising a Swachh Bharat Abhiyan in the school premises. Students and teachers actively participated in the cleanliness drive, spreading the message of hygiene, discipline and responsibility towards the environment. The campaign aimed to honour Mahatma Gandhi's vision of a clean and self-reliant India. The event inspired everyone to contribute towards maintaining cleanliness in and around their surroundings.



Maharishi Vidya Mandir, Tiruvannamalai

Maharishi Vidya Mandir, Tiruvannamalai, successfully organised a five-day Transcendental Meditation (TM), Yoga, and Ayurveda Camp in the school premises from 7th to 11th October 2025. The camp was conducted under the able guidance of Smt. R. Anitha Ram, Principal, MVM Tiruvannamalai, TM Teacher and Vedic Science Teacher. The primary objective of this initiative was to promote holistic health, inner peace and balanced living.



महर्षि विद्या मन्दिर, बदायूं

महर्षि विद्या मन्दिर सीनियर सेकेंडरी स्कूल बदायूं के विद्यार्थियों द्वारा जिला स्तर पर आयोजित हिंदी एवं संस्कृत राष्ट्रीय समूहगान प्रतियोगिता में प्रतिभाग करते हुए द्वितीय स्थान प्राप्त किया। इस प्रतियोगिता में सभी विद्यार्थियों द्वारा मनमोहक प्रस्तुति दी गई और राज्य स्तरीय समूहगान प्रतियोगिता के लिए चयनित भी हुये। इस अवसर पर प्रधानाचार्य श्री के. के. वर्मा ने सभी प्रतिभागियों को बधाई देते हुये उनका उत्साहवर्धन किया।



Maharishi Vidya Mandir, Uttarkashi

Gandhi Jayanti was celebrated with great enthusiasm and respect. The programme started with Shri Guru Parampara Pujan and paying tribute to Mahatma Gandhi Ji and Shri Lal Bahadur Shastri Ji for their immense contribution. On this occasion Shri Vivek Rawat, Principal of MVM Uttarkashi highlighted the life, values and contributions of Mahatma Gandhi Ji and Shri Lal Bahadur Shastri Ji. He emphasized the need of realising and imbibing the values like honesty, non-violence and peace to create an ideal society.



Maharishi Vidya Mandir, Khatima

Exhibition was held in Maharishi Vidya Mandir, Khatima on 6th October 2025 to showcase the brilliance of young minds, inspiring a brighter tomorrow where 'Curiosity Meets Creativity - A Glimpse of Innovation'.



महर्षि विद्या मन्दिर, सीतापुर

दिनांक 16 अक्टूबर 2025 को महर्षि विद्या मन्दिर विद्यालय, सीतापुर के प्रांगण में 'मिशन शक्ति' कार्यक्रम का आयोजन हुआ, जिसमें जीआरपी प्रभारी तथा उनके दल ने छात्रों को नारी सुरक्षा, सम्मान व स्वावलंबन के लिए जागरूक किया। जीआरपी प्रभारी ने बालिकाओं को सुरक्षा के सम्बन्ध में जानकारी देते हुए 1930, 101, 1090, 112, 108 आदि नम्बरों के बारे में बतलाया एवं इन नम्बरों की उपयोगिता पर प्रकाश डाला। उन्होंने यह भी समझाया कि पुलिस आपकी सुरक्षा के लिए सदैव तत्पर रहती है। आप सभी को समय पर उक्त नम्बरों का प्रयोग करना चाहिए पर इनका दुरुपयोग कभी नहीं करना चाहिये।

विद्यालय की प्राचार्या श्रीमति शिक्षा दीक्षित ने सभी का स्वागत करते हुये कहा कि विद्यालय की विभिन्न समितियों बच्चों को समय-समय पर जागरूक करती रहती हैं, जिससे छात्र-छात्राये भयमुक्त वातावरण में शिक्षा ग्रहण कर सकें। कार्यक्रम के अंत में विद्यालय की छात्रा प्रमुख शिवानी यादव ने आये हुए अधिकारियों, उनके साथ आये सदस्यों व प्रशासन के प्रति आभार व्यक्त किया और सभी को धन्यवाद ज्ञापित किया।



Maharishi Vidya Mandir - I, Chhatarpur

'Shri Sunderkhand Path' was organised under the banner of Maharishi Spiritual Citizens Awakening Campaign. Programme was conducted with great enthusiasm and spiritual fervour. Devotees from MVM Deri Road, Chhatarpur participated in large numbers to seek the blessings of Lord Shri Ram and listen to the recitation of Sunderkand from the holy Ramcharitmanas. The atmosphere was filled with devotion and positivity. The event concluded with the distribution of Prasad. Shri Sunderkand path was a spirituality enriching experience for everyone present.



Maharishi Vidya Mandir - III, Chhatarpur

Shri Sunderkhand Path was organised under the banner of Maharishi Spiritual Citizens Awakening Campaign.



Maharishi Vidya Mandir, Karimganj

MVM Karimganj has achieved outstanding success by securing first and second positions in different categories at the Group Song Competitions organised by Bharat Vikas Parishad.



Maharishi Kids Home, Bhopal

With the divine blessings of His Holiness Maharishi Ji student of MKH Ayodhya Nagar, Bhopal Aarav Soni brought glory by emerging as the champion of the GIA Badminton Tournament, Bhopal. Adding to his remarkable achievement, Aarav was also selected as the "Best Player of the Tournament" for the second consecutive year, showcasing his exceptional skill, dedication, and sportsmanship. The Prize Distribution Ceremony was graced by the Chief Guest, Shri Ashish Ji, Additional Collector, Bhopal, who congratulated Aarav for his outstanding performance and consistent excellence.



Maharishi Vidya Mandir, Hyderabad

Student of MVM Hyderabad Sai Suman of class 8th who represented INDIA in 1st Asian Open International Taekwondo Championship, secured one gold medal (U-14 speed punching), one bronze (kyorugi U-14) and one bronze (U -14 poomsae) medals. The competition was held at Gachibowli Stadium recently.



Maharishi Vidya Mandir, Fatehpur



Bharat Vikas Parishad organised a 'Guru Dev' programme for students felicitation. With aim of fostering connection, cooperation, values, service, and dedication among the nation's future children, the Vivekananda Branch of Bharat Vikas Parishad, Fatehpur, honoured the students of MVM Fatehpur Maitreya Singh, Suyash Pandey, Akshita Shukla, and Kanak Mishra who scored the highest marks in Class 10th with mementos, certificates, and medals.



महर्षि विद्या मंदिर, देरी रोड, छतरपुर विद्यालय परिसर में जिला प्रशासन एवं पुलिस विभाग द्वारा संयुक्त रूप से नारी सशक्तिकरण हेतु जागरूकता कार्यक्रम चलाया गया। कार्यक्रम का शुभारम्भ गुरु पूजन एवं माँ सरस्वती जी की प्रतिमा पर दीप प्रज्वलन व पुष्पार्चन से हुआ। कार्यक्रम के मुख्य अतिथि श्री रविंद्र सिंह जिलाधिकारी व विशिष्ट अतिथि श्री पवन कुमार मीना, मुख्य विकास अधिकारी रहे।

विद्यालय के प्रधानाचार्य श्री प्रमोद कुमार त्रिपाठी ने अतिथियों को पुष्पगुच्छ भेंट कर उनका स्वागत अभिनन्दन किया। मुख्य अतिथि ने अपने उद्बोधन में कहा कि सरकार द्वारा मिशन शक्ति अभियान महिलाओं को जागरूक करने के उद्देश्य से चलाया जा रहा है। सामाजिक सशक्तिकरण के बारे में उन्होंने बताया कि राज्य सरकार द्वारा बनाये गये कानून और टोल फ्री नंबरों की जानकारी अवश्य होनी चाहिए जिससे वे अपने अधिकारों का प्रयोग कर सकें। उन्होंने विद्यालय की छात्राओं का आह्वान किया कि बालिकाओं में अदम्य साहस ज्ञान, ऊर्जा और बल है। अपनी क्षमता अनुसार जिस प्रतियोगिता में रुचि हो उसमें प्रतिभाग करना चाहिए। अपने संकल्प के साथ आगे बढ़कर कभी हतोत्साहित नहीं होना चाहिए। विशिष्ट अतिथि ने टोल फ्री नं० 1930 का उल्लेख करते हुये कहा कि यह टोल फ्री नम्बर सामान्यतः हमारी जानकारी में नहीं होता किंतु सोशल मीडिया पर हो रहे किसी भी अपराध के लिए हम इसका प्रयोग कर सकते हैं। उन्होंने कहा कि आज समाज में महिलाओं की भागीदारी बढ़ी है। सिविल सर्विसेज में 40 प्रतिशत से अधिक महिलाएं चयनित होकर जीवन के



विभिन्न क्षेत्रों में अपना योगदान दे रही है।

इस कार्यक्रम में बेहतर प्रदर्शन करने वाली कक्षा 4वी की छात्राओं इप्सिता पाल, अर्पिता श्रीवास्तव, अंशी आराधना साहू एवं कक्षा 9 की छात्रा आस्था चौधरी आदि को जिलाधिकारी द्वारा प्रमाण पत्र व स्मृति चिन्ह देकर पुरस्कृत किया गया। विद्यालय के प्रधानाचार्य प्रमोद कुमार त्रिपाठी द्वारा कार्यक्रम की सफलता पर सभी अतिथियों के प्रति आभार व्यक्त किया व भविष्य में ऐसे कार्यक्रमों के लिए विद्यालय में आयोजन हेतु अपनी सहमति जताई। कार्यक्रम का संचालन अनुराग मिश्रा ने किया।



FOUNDATION DAY CELEBRATED OF SAHASRA SHEERSHA DEVI MANDAL

Maharishi Vidya Mandir - II, Almora



Maharishi Vidya Mandir, Sultanpur



Maharishi Vidya Mandir - I, Chhatarpur



NEWS CLIPPING

भारत विकास परिषद द्वारा हुआ गुरु वदन छात्र अभिनन्दन कार्यक्रम अयोजन



फतेहपुर। भारत विकास परिषद फतेहपुर की विवेकानन्द शाखा द्वारा देश के भावी भविष्य बच्चों में सम्पर्क, सहयोग, संस्कार सेवा और समर्पण विकसित करने के उद्देश्य से महर्षि विद्या मन्दिर स्कूल के कक्षा 10वीं में अधिकतम अंक प्राप्त करने वाले छात्र/छात्राओं मैत्रेय सिंह, सुयश पाण्डेय अक्षिता शुक्ला और कनक मिश्रा को विवेकानन्द शाखा के अध्यक्ष श्री केशवराम त्रिपाठी, श्री सूर्यकान्त मिश्रा महासचिव श्री लाल चन्द्र गुप्ता कोषाध्यक्ष, श्री महेन्द्र गुप्ता संरक्षक व श्री चन्द्र प्रकाश गुप्ता संयोजक संस्कार, श्री सुरेन्द्र शर्मा संयोजक शिक्षक, श्री अशोक गुप्ता सक्रिय सदस्य द्वारा संयुक्त रूप से स्मृति चिन्ह, प्रमाण पत्र व मेडल देकर सम्मानित किया

गया। वहीं महर्षि विद्या मन्दिर के प्रधानाचार्य श्री प्रमोद कुमार त्रिपाठी को शिक्षा एवं सामाजिक सेवा के क्षेत्र में किये जा रहे प्रयासों के लिए प्रशंसा की गयी एवं उत्कृष्ट प्रदर्शन किये जाने पर उनकी विशिष्ट योग्यता के लिए उन्हें अंगवस्त्र, बुके, स्मृति चिन्ह व प्रमाण पत्र देकर सम्मानित किया गया। विद्यालय के शिक्षक श्री राजेश कुमार मिश्रा को भी अंग वस्त्र, स्मृति चिन्ह व प्रमाण पत्र देकर सम्मानित किया गया। श्री केशवराम त्रिपाठी ने सभी पदाधिकारियों की ओर से आभार व्यक्त किया एवं सामाजिक कार्यों में अपनी सहभागिता हेतु प्रतिबद्धता दोहरायी। कार्यक्रम का संचालन शाखा के महासचिव श्री सूर्यकान्त मिश्रा ने किया। और आदि लोग मौजूद रहे।

स्वच्छता रैली का किया गया आयोजन



सुनहरा संसार फतेहपुर संवाददाता वैभव श्रीवास्तव

जनपद फतेहपुर के महर्षि विद्या मन्दिर सीनियर सेकेंडरी स्कूल में एनसीसी कैडेट्स द्वारा स्वच्छता रथ रैली का आयोजन किया गया। रैली में बड़ी संख्या में एनसीसी के जवानों में प्रतिभाग किया रैली में एनसीसी के कैडेट्स द्वारा गगन भेदी नारे लगाए जैसे भारत माता की जय, ग्रीन इंडिया क्लीन इंडिया आदि विद्यालय के प्रधानाचार्य प्रमोद कुमार त्रिपाठी ने रैली को हरी झंडी दिखाकर रवाना किया इस रैली को कर्नल ब्रजेश पठानिया और लेफ्टिनेंट कर्नल योगेंद्र चिनवान के निदेशानुसार 60 यूपी बटालियन एनसीसी द्वारा आयोजित किया गया। इस रैली में एक सौ आठ कैडेट्स ने भाग लिया और स्वच्छता के प्रति जागरूकता फैलाई इस अवसर पर दो एसोसिएट एनसीसी ऑफिसर, लेफ्टिनेंट रोहित दत्त और थर्ड ऑफिसर विपिन कुमार मिश्रा भी उपस्थित रहे। रैली विद्यालय से प्रारंभ होकर पुनः विद्यालय में ही सकुशल समाप्त हुई।

महर्षि विद्या मंदिर में सहस्र शीर्षा देवी मंडल का मनाया गया स्थापना दिवस

सुनहरा संसार फतेहपुर

सुनहरा संसार फतेहपुर। महर्षि विद्या मंदिर के प्रांगण में सहस्र शीर्षा देवी मंडल का स्थापना दिवस बड़े ही धूमधाम से मनाया गया। महर्षि विद्या मंदिर में अंगदोहन की महिला इकाई सहस्र शीर्षा देवी मंडल की स्थापना महर्षि जी के परम शिष्य एवं महर्षि विद्या मंदिर समूह के अध्यक्ष वेद विद्या मंदिर ब्रह्मचारी गिरिश जी के नेतृत्व 9 अक्टूबर 2013 को शारदीय पंचमि की रात को की गई। कार्यक्रम का आयोजन सहस्र शीर्षा देवी मंडल की संयोजक उपासना शिवारी के नेतृत्व में संभल हुआ। प्रधानाचार्य ने एन जगन्नाथ ने अपने उद्घोष में कहा कि महर्षि जी के सपनों की साकार रूप देने के लिए यह कार्यक्रम धरत संहिता की देखी में चलना जरूरी है। विश्व में शांति की स्थापना प्रत्येक व्यक्ति के जीवन में अवश्यता स्थापित करके की जा सकती है। महर्षि जी के द्वारा



प्रदत्त वैदिक ज्ञान एवं भावार्थित ध्यान के विरला से हर व्यक्ति में आहार, व्यवहार, स्वास्थ्य एवं शिक्षा के द्वारा प्रत्येक व्यक्ति अज्ञेयता की प्राप्ति कर सकता है। इस प्रकार समाज की सबसे छोटी इकाई परिवार से लेकर समाज, राज्य राष्ट्र और विश्व में अज्ञेयता एवं विश्व शांति की स्थापना होगी। सहस्र शीर्षा देवी मंडल की चालेरियर छात्रा अमन्या चौधरी व रिटिमा बिहारी तथा रिमा विहारी,

आधुनी सिंह ने इसकी स्थापना के उद्देश्यों पर बर्णन करते हुए विश्व में शांति की स्थापना, भावार्थित ध्यान एवं वैदिक ज्ञान के महत्व पर अपना विचार रखा। महिला इकाई की संयोजक उपासना शिवारी के नेतृत्व में विद्यालय की छात्राओं एवं अभ्यासिकाओं ने समूहिक हनुमान चालीसा व दुर्गा स्तोत्र का पाठ पढ़े। सुंदर रंग से सज्ज हुआ। तत्पश्चात सभी ने समूहिक भावार्थित ध्यान का

अभ्यास किया। तबसे पूरे बच्चों ने मां दुर्गा की विभिन्न रूपों के चित्रों को धारण कर उनके विभिन्न रूपों से लोगों को परिचित करती हुए अपनी महिमा का गुच्छान किया। सभी कार्यक्रम को बहुत ही वादरता की। सभी संयोजक कार्यक्रम अनुष्ठान द्विपदी के संकोचन में संलग्न करार जाते हैं। तबत अवसर पर विद्यालय के समस्त शिक्षक-विशिक्षिकाओं सहित शिक्षणरत कर्मचारी व छात्राएं उपस्थित रही।

Just to remind your goodself

Dear Readers,

We are very pleased to release 197th edition of E-Gyan Monthly Digital Newsletter. All previous editions of E-Gyan Monthly Newsletter have been sent to you through e-mails. In every edition of E-Gyan, we are requesting you to send related information of your field. The response has been good but not total. We want to have information from all of our India's Maharishi Organisations so that the students and others get proper encouragement when they find themselves on the E-Gyan pages.

E-Gyan Monthly News Letter is released in the first week of every calendar month. You must send E-Gyan matters so that they are received by us before 15th of every month. E-Gyan Monthly Digital News Letter is circulated to all members, employees, well-wishers, students, millions of Meditators, Siddhas, Devotees of Maharishi Global Organisations around the globe and people's representative and other members of the civil societies.

E-Gyan Monthly News Letter contains the following:

1. Courses currently run by Maharishi schools/colleges/institutions and universities.
2. Information on any new course/programme added in Maharishi schools/colleges/institutions and universities with its schedule, course details and venue.
3. Starting of new building construction, report on Bhumi puja or vastu puja or foundation stone ceremony.
4. Inauguration or graha pravesh or public offering of new building.
5. Special achievement of any Maharishi Organisation.
6. Special achievement of Staff or faculty of any Maharishi Educational Institution.
7. Special achievements or award received by Students in the field of academics, sports, arts, music, culture, language, general knowledge, quiz, talent search or any other competition on district, state, national and international level.
8. Report on NCC, NSS, Scouts, Adventure programme/trip.
9. High-level placement of graduates in national, international or multinational organisations/ corporations.
10. Outstanding performance of ex-students of Maharishi Educational Institutions.
11. Publication of any paper by Faculty, Students, Staff, research department or organisation.
12. News coverage in local, state, national level newspapers, TV, radio, web site.
13. Selection of students in civil services, IIM, IIT, PMT, IIT, NDA, IMA, IFS, IRS, Armed Force or in any other institution of national importance.
14. List of outstanding government or private special projects taken by the organisation.
15. Launching of new product or programme with details, availability, and price.
16. Details of products already in market.
17. Creative writings on different topics, such as cultural/social and historical issues.
18. Offering Vedic solution to any social problem.
19. Performance of any special Anushtan or Yagyas.
20. Vedic celebration reports.
21. Excursion tour reports.

22. Corporate visit, corporate training etc.
23. Visit of national and international dignitaries and their remarks.
24. Appreciation, recognition or awards received by Maharishi Organisations.
25. Report on academic or commercial collaborations.
26. Report on Maharishi Vedic Organic Agriculture.
27. Report on monthly Initiations in TM, Siddhi course and Advance Techniques.
28. Report on activities of Maharishi Global Movement.
29. Report on any other similar subject or area, which is not covered here but worth reporting.

We invite news, articles and reports from all Maharishi Organisations, their leaders, members, faculty, staff, students and all readers. Please note that all news reports must be authentic, original, true and correct. The writers of articles should send a note that the article is their original article.

Please also note that all contents should be sent in soft copy through e-mail cpr@mssmail.org as word document file or in a CD to Shri V. R. Khare, Director CPR, Maharishi Vidya Mandir Schools Group, MCEE Campus, Building No-5, Lambakheda, Berasia Road, Bhopal, Madhya Pradesh, PIN 462038). Hard copy should be neatly typed ("Times New Roman" font for English and "Devnagri" or "Chanakya" font for Hindi) and should be sent to above-mentioned address. High quality/resolution pictures and graphics will be very useful to make your report better looking and will be much interesting for readers. Editorial Board of E-Gyan Monthly News Letter will not be responsible for any copyright issues of reports.

Once a matter of false reporting comes to the Board, E-Gyan Monthly Newsletter will never publish reports of the sender in future and will inform it's readers about this.

Please recommend all your friends and relatives to subscribe E-Gyan Monthly Digital News Letter and to visit web site www.e-gyan.net.

With All the Best Wishes
Jai Guru Dev, Jai Maharishi

V. R. Khare
For Editorial Board,
E-Gyan Monthly Digital Newsletter

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